


MAPLE LEAF HOCKEY BROADCAST
GOAL RUSH CONTEST
 YOU COULD WIN
\$50.00 Gift Certificate
 each time a
 Maple Leaf player scores a goal

Name: _____
 Address: _____
 Phone: _____

Leave this ballot with the A&P Food Store cashier
 or mail to A&P Goal Rush, P.O. Box 249,
 Stn. W. Toronto

You'll do



SAVE .40

JANE PARKER, SLICED
100% Whole Wheat Bread
 675 g (24 OZ) LOAF

.49

MADE WITH 100% PURE VEGETABLE SHORTENING
 OUR REGULAR PRICE .89



SAVE 1.00

JANE PARKER
Angel Cake
 390 g CAKE

.99

OUR REGULAR PRICE 1.99



SAVE .70

A SUPERB BLEND, RICH
 IN BRAZILIAN COFFEES
8 O'Clock Bean Coffee
 1 LB BAG

2.69

3 lb bag 7.99
 our reg price 10.09
 save 2.10

OUR REGULAR PRICE 3.39



SAVE UP TO 1.26

REGULAR OR KING
Canadian Cigarettes
 CARTON OF 20'S OR 25'S

11.49

WARNING: Health & Welfare
 Canada advises that danger to
 health increases with amount
 smoked - avoid inhaling.

OUR REGULAR PRICE UP TO 12.75

JANE PARKER
Rhubarb-Apple Pie

SAVE .70

.99 624 g size

OUR REGULAR PRICE 1.69



THE FARM
 For Freshness & Savings

PROD. OF CALIFORNIA, SIZE 138'S

Navel Seedless Oranges each **10**

SUPER BUY!

ASSORTED VARIETIES, DEL MONTE
Pudding Cups

SAVE .50

1.49 pkg of 4 5 oz tins

OUR REGULAR PRICE 1.99

PROD. OF TEXAS, SIZE 48'S
Ruby Red Grapefruit

8/1.99

PROD. OF TEXAS
Fresh Spinach

BUY 2 SAVE .49

2.149 10 oz pkgs

OUR REGULAR PRICE .99 PKG

CANADA FANCY, PROD. OF ONTARIO
Ida Red Apples

SAVE .30

1.99 5 lb bag

OUR REGULAR PRICE 2.29

SILVERWOOD, ASSORTED FLAVOURS
Deluxe Ice Cream

SAVE .70

2.79 2 litre carton

OUR REGULAR PRICE 3.49

PROD. OF CHILE
Fresh Nectarines 2¹⁸ /kg /**.99** lb

PROD. OF FLORIDA, INDIAN RIVER'S FINEST WHITE
Jumbo Grapefruit 4/ **1.99**

CANADA EXTRA FANCY, PROD. OF B.C., RED OR GOLDEN
Delicious Apples 1⁵² /kg /**.69** lb

CANADA NO. 1 GRADE, PROD. OF ONTARIO
Green Cabbage 2/ **.99**

CANADA NO. 1 GRADE, PROD. OF ONTARIO
Onions or Carrots 2² /bags **.99**

CANADA NO. 1 GRADE, PROD. OF CHILE, SEEDLESS
Green Grapes 4³⁹ / **1.99** lb

PROD. OF CALIFORNIA
Fresh Lemons 5/ **.99**

CANADA NO. 1 GRADE, PROD. OF P.E.I., ALL PURPOSE
20 lb Bag Potatoes 2.69

PROD. OF CALIFORNIA
Fresh Broccoli bunch **.99**

PROD. OF ONTARIO
Fresh Mushrooms 12 oz pkg **1.99**

CAN NO. 1 GRADE, PROD. OF CALIF. LONG
White Potatoes .73 / 3 lbs **.99**

PROD. OF ONTARIO
Hanging Basket Pothos 8 inch pot **7.99**

YOU'LL DO BETTER WITH Valentine Chocolates from A&P

SMILES 'N CHUCKLES, REGULAR OR DARK CHOCOLATE

Turtles **3.99** 400 g box **SAVE 1.00**

OUR REGULAR PRICE 4.99

SMILES 'N CHUCKLES Nutchos 300 g box 3.99 OUR REGULAR PRICE 4.79	LOWNEYS, ASST 450 g OR MILK CHOCOLATE Pot of Gold 400 g box 3.99 OUR REGULAR PRICE 4.99	LOWNEYS Cherries 300 g box 1.99 OUR REGULAR PRICE 2.99
SMILES 'N CHUCKLES Minuet Cherries 300 g box 2.29	LOWNEYS, ASST (900 g BOX 6.99) Select Chocolates 300 g box 2.99	LOWNEYS Almondillos 400 g box 3.99
SMILES 'N CHUCKLES, ASST Elegante Chocolates 600 g box 4.99	LOWNEYS All Nuts 340 g pkg 4.99	
SMILES 'N CHUCKLES Fiesta Jellies 300 g box 1.99		

HEALTH & BEAUTY AIDS

FACIAL TISSUE, ASST COLOURS BOX OF 200 SHEETS
Kleenex Tissue **SAVE BUY! .89**

REGULAR OR WINTERFRESH FLAVOURS
Colgate Toothpaste 150 ml tube **1.99**

NORMAL OR OILY
Pert Shampoo 300 ml plast bot **3.29**

DISPOSABLE
Bic Shavers 2 pkgs of 5 **1.49**

HOT SHOT
Hand Warmers pkg of 2 **1.19**

STONEWARE
Coffee Mugs each **.99**

SANI
Cat Litter 10 lb bag **1.49**

QUAKER
Corn Bran Cereal 450 g pkg **1.89**

DRY CAT FOOD (SPECIAL MENU)
Puss 'N Boots 1 kg pkg **1.99**

ORANGE PEKOE PKG OF 120
Red Rose Tea Bags **SAVE .60 3.79**
 OUR REGULAR PRICE 4.39

BAKED GOODS

JANE PARKER (PKG OF 12-1.49) PKG OF 8
Hot Cross Buns **SAVE .40 .99**
 OUR REGULAR PRICE 1.39

JANE PARKER, SLICED (100% PURE VEG SHORT) 450 g (16 oz) loaf
Raisin Bread **.79**

JANE PARKER, SLICED (100% PURE VEG SHORT) 450 g (16 oz) loaf
Protein Bread **.59**

JANE PARKER
Spanish Bar Cake 539 g cake **1.19**

JANE PARKER, PLAIN, SUGAR OR CINNAMON pkg of 8
Cake Donuts **.99**

MARVEL
Wiener Rolls pkg of 12 **.79**

SILVERWOOD, FRUIT ON BOTTOM
Yogurt 2 175 g tubs **.99**

CORN OIL MARGARINE
Fleischmann's 1 lb tub **1.29**

BLACK DIAMOND
Mozzarella Cheese 340 g pkg **2.99**

CARAMEL, MILLE FEUILLES, BLACK JACK PKG OF 6
Vachon Pastries **SAVE BUY! 1.69**