Loblaws

plus...save & fly travel coupons

ground beef Limit - 10 lbs. per family kg 2.18
freshly ground regular lb. .99

lean ground beef freshly ground kg 4.17 lb. 1.89

frozen predressed utility grade frying or roasting 1 to 2 kg size limit 3 chickens per family
oven ready chickens kg 1.74 lb. .79

fresh boneless chicken breasts pay only kg 8.36 lb. 3.79 1.00 per lb. off

Valuplus wieners 454 g pkg. .99

frozen regular 500 g pkg. Bonus Item
Schneiders mini sizzlers Schneider's brand sale instore 1.99

stew beef boneless cut from Canada grade 'A' beef kg 4.17 lb. 1.89

ground veal freshly ground kg 4.17 lb. 1.89

chicken thighs frozen Family Delight Brand sold only as packaged kg 2.18 2 kg box lb. .99

grade 'A' cornish chickens frozen predressed kg 3.28 lb. 1.49

Canadian roast sweet pickled back bacon centre cut kg 5.49 lb. 2.49

back bacon sweet pickled store packaged sliced kg 5.93 lb. 2.69

fresh **pork leg roasts** whole or shank portion kg 3.06 lb. 1.39

pork schnitzel fresh cut from the loin pay only kg 6.37 lb. 2.89 1.00 per lb. off

strip loin steaks frozen no name™ tenderized 142 g pkg. 1.39

filet mignon cut from Canada grade 'A' beef tenderloin whole kg 13.21 lb. 5.99

frozen whole dressed head on **whitefish** kg 2.18 lb. .99

sole fillets frozen store packaged kg 5.27 lb. 2.39

pork chops fresh shoulder butt kg 3.51 lb. 1.59

pork loin boneless roast centre cut save 1.00 per lb. kg 6.37 lb. 2.89

rib eye steaks frozen no name™ tenderloin 142 g pkg. 1.39

filet mignon steaks cut from Canada grade 'A' beef tenderloin store sliced kg 15.41 lb. 6.99

fillets Boston Bluefish frozen store packaged kg 3.06 lb. 1.39

peeled and cleaned shrimp frozen no name™ 100 to 300 count per pound 454 g pkg. 4.59

apple juice Martin's Pure choice 48 fl. oz. tin .88

assorted colours, 2 ply, 2 roll pkg.
White Swan paper towels .88

product of U.S.A. Florida grown
white grapefruit pay only 6/.99 1/2 price

assorted colours, 2 ply, 200's box
facial tissue Kleenex .88

product of U.S.A. Canada #1 grade
large size tomatoes kg 1.30 lb. .59

product of P.E.I. Canada #1 grade 20 lb. bag
potatoes 1.99

cereal Nabisco shreddies 675 g box 1.83

white liquid honey Billy Bee 500 g jar 1.99

tea bags Tetley 36's, 4 oz. box 1.17

navel oranges product of U.S.A. California grown 4 lb. bag 1.88

broccoli product of U.S.A. fresh bunch .99

nectarines product of Chile new crop 2.18 .99

more Loblaws low price specials

shortcake, digestive, nice, arrowroot, petit beurre or gingersnap, 200 g pkg
Peek Freans biscuits .79

beef, chicken or liver, 25.5 oz. tin
1/3 off Pep dog food .56

beef flavour, beef'n cheese flavour or beef'n bacon flavour, 2 kg box
Top Choice dog food 3.99

3 regular bars banded, 265 g pkg. 1/3 off
Irish Spring deodorant soap 1.15

Velour white or beige, 1 ply, 4 roll pkg.
bathroom tissue 1.49

Kotex Lightdays, deodorant or regular, 30's box
feminine napkins 2.29

gel, winterfresh or regular, 150 mL tube 1/2 price
Colgate toothpaste 1.39

normal to dry or oily, 225 mL btle
1/2 price Halo shampoo 1.24

Honeydew, frozen concentrated, 355 mL tin
premium orange juice .99

Niblet whole kernel corn or sweet peas, 350 g poly bag
Green Giant frozen vegetables .79

Lays - regular, home style regular sour cream and onion, simulated vinegar, barbeque, or ruffles - regular, 200 g bag Lays or ruffles 1/3 off
potato chips .99

Puss'n Boots, seafood or chef's blend 1 kg box
special menu cat food 2.09

4 kg bag
new and improved kitty litter 2.35

assorted varieties, 6 or 6.5 oz. tin
9-Lives cat food 2/.89

Kleenex, white, 2 ply 2 roll pkg.
boutique paper towels 1.79

Stouffer's, frozen, 283 g box fettucini alfredo or with meat sauce
spaghetti 1.99

frozen, banana, chocolate coconut or lemon
Farm House cream pies 12 oz. box 1.49

Mrs. Smith's, frozen, 24.6 oz. box apple or
apple crumb pie 2.19

frozen, 500 g carton
Rich's coffee rich .49

Rhodes, frozen, 5 loaves, 5 lb. bag
white bread dough 2.79

Grandma Martin's, 200 g box
frozen quiche lorraine 1.59

puffed or crunchy, 200 g bag
Cheetos cheese sticks 1.29

Jacks 225 g bag
cheese balls or twists 1.29

Fritos (regular or barbecue), Doritos tortilla nacho or Tostitos nacho cheese flavour, 225 g bag
corn chips 1.69

Schneiders frozen, regular, 500 g pkg.
mini sizzlers 1.99

no name™, product of Ont., 10 kg bag
super de-icer traction aid 2.69

product of U.S.A.
pressed dates pkg. 2.29

Maple Leaf, 6.5 oz. tin
flakes of turkey ham or corned beef 1.99

Robin Hood, 3.5 kg bag
all purpose flour 4.15

regular, 400 g box
Grissol melba toast 1.99

more specials

frozen no name™, 2 kg box, tenderized, sold as pkgd.
12 wing steaks 14.98

Corresponding flavours available in 300 mL returnable bttles, at regular price plus deposit.
Coca-Cola or Sugar Free Tab Cola, Sprite or Fresca 24 x 280 mL tins case 5.99

product of Ont., 1st off
no name™ fire logs case 7.99

Loblaws
30% off the lowest priced holidays
save&fly $5 travel coupons one free with every $50. Loblaws order.
AIR CANADA TOURAM INC. complete details in store

product of Ontario
fresh mushrooms package 1.98

product of Ontario, Canada fancy grade
5 lb. bag McIntosh apples 1.99

product of Ontario
floor plants each 11.95

product of U.S.A. Canada #1 grade
celery stalks each .88

product of U.S.A. spinach package .98

product of Ontario
Belgium endive kg 4.39 lb. 1.99

concentrate, concord or white, 40 fl. oz. btle.
Welch's grape juice 2.49

Welch's 500 mL jar
pure grape jam or jelly 1.69

fine, medium, broad or extra broad, 375 g cello pkg
Lancia egg noodles .99

Thompsons, 32 oz. cello bag
white pea beans 1.09

with lemon oil, 200 g aerosol tin
Aerowax furniture polish 2.14

mint, gel or regular, 150 mL tube
Crest toothpaste 2.25

frozen, straight cut french fries, 1.5 kg poly bag
McCain superfries 2.15

McCain, frozen, chocolate or marble
deep'n delicious cake 19 oz. box 2.39

250 g tub
Gay Lea chip dip .99

Coca-Cola, Sprite (regular) or Tab Cola (sugar-free), 1.5 L btle (plus 60c deposit)
soft drinks .99

Weston white (thin or regular sliced) 24-oz loaf
white or 60% whole wheat bread .87

assorted varieties, 10.6 oz. tin
Stokely vegetables .59

York, 7 fl. oz. tin, whole kernel
corn or fancy peas 2/.99

with pork in tomato sauce
Van Camp's beans 10 fl. oz. tin .63

McCain, reconstituted, 3 x 250 mL boxes - packaged
apple juice orange juice or revive citrus beverage 1.25

Loblaws supports Y.W.C.A.

Fortune, fancy, 28 fl. oz. tin
peach slices, fruit cocktail or bartlett pear halves 1.39

Fortune, 12 oz. tin
(Australia) corned beef 1.99

Red Rose, 100's, 12 oz. box
economy tea bags 2.09

large flake, quick cooking or minute, 1.35 kg bag
Old Mill rolled oats 1.59

Monarch, chocolate, devils food white or golden, 520 g box
Added Touch cake mix 1.09

Manning 350 g box
arrowroot biscuits 1.65

Note: Loblaws weekly specials are not available in Loblaws superstore warehouse. Prices effective Wed. Jan. 26 until Tues. Feb. 1 except bakery & produce effective to Sat. Jan. 29/83. **Stores reserve the right to limit quantities.**

Georgetown only

Loblaws