

Prices effective thru Saturday,
January 29th, 1983.

A&P reserves the right to limit
quantities to normal family requirements!

You'll do

The Butcher Shop
with supermarket prices

CUT FROM CANADA'S FINEST GRADE "A" BEEF

SAVE
2.21/kg
1.00 lb

**T-Bone or Wing
Steaks & Roasts**

6⁵⁹ / 2⁹⁹
/kg / 2 lb

OUR REGULAR PRICE 8.80/kg-3.99 lb

SAVE 2.21/kg-1.00 lb

CUT FROM CANADA'S FINEST GRADE "A" BEEF

Sirloin Steak

6¹⁵ / 2⁷⁹
/kg / 2 lb

OUR REGULAR PRICE 8.36/kg-3.79 lb

SAVE 1.54/kg-.70 lb

WHOLE OR HALVES

Fresh Boneless Hams

5⁰⁵ / 2²⁹
/kg / 2 lb

OUR REGULAR PRICE 6.59/kg-2.99 lb

SAVE .70

REGULAR

Pride of Canada Wieners

1.19
1-lb vac pac

OUR REGULAR PRICE 1.89

FRESH Lean Ground Beef 4 ³⁹ / 1 ⁹⁹ /kg / 1 lb	NEW ZEALAND, FROZEN, SHOULDER, SPRING Lamb Chops 4 ³⁹ / 1 ⁹⁹ /kg / 1 lb	PRIDE OF CANADA, SLICED, ASST VAR. TRIPLE PACK 375 g vac pac 1 ⁵⁹	SHOPSY'S Potato Salad 500 g ctn 1 ³⁹
SWEET PICKLED, END CUTS/CENTRE CUTS 5.49/kg-2.49 lb Back Bacon 5 ⁰⁵ / 2 ²⁹ /kg / 2 lb	A&P REGULAR OR THICK SLICED Side Bacon 500 g vac pac 2 ⁴⁹	PRIDE OF CANADA, 8 VARIETIES Sausage Sticks 500 g size 2 ⁴⁹	SHOPSY'S, CORNED BEEF OR Pastrami pkg of 4 50 g envs 2 ⁴⁹
PREVIOUSLY FROZEN, SLICED Beef Liver 1 ⁷⁴ / .79 /kg / .79 lb	SHOPSY'S Cole Slaw 500 g cont 1 ³⁹	BURNS, COIL Campfire Sausage 3 ⁵¹ / 1 ⁵⁹ /kg / 1 lb	LAND O'FROST, 6 VARIETIES Cooked Meats 71 g pouches .59
LAND O'FROST 6 VARIETIES Cooked Meats 71 g. pkg. .59	BREAKFAST Burns Sausages 3 ⁷³ / 1 ⁶⁹ /kg / 1 lb	PRIDE OF CANADA, SLICED Cooked Ham 175 g vac pac 1 ⁴⁹	CANADIAN QUEEN, HOT OR SWEET Italian Style Sausage 3 ⁹⁵ / 1 ⁷⁹ /kg / 1 lb
	PRIDE OF CANADA, VAC PAC Bologna Chunks 3 ⁰⁶ / 1 ³⁹ /kg / 1 lb	PRIDE OF CANADA, SLICED, 5 ASSORTED VARIETIES Cooked Meats 175 g vac pac .89	CANADIAN QUEEN, SMOKED Back Bacon 11 ⁰⁰ / 4 ⁹⁹ /kg / 4 lb
	PRIDE OF CANADA, SWEET PICKLED Cottage Rolls 4 ³⁹ / 1 ⁹⁹ /kg / 1 lb	PRIDE OF CANADA, PRESSED (2 TO 3 LB AVERAGE) Dinner Hams 6 ⁵⁹ / 2 ⁹⁹ /kg / 2 lb	CANADIAN QUEEN, HALVES OR QUARTERS Boneless Hams 6 ³⁷ / 2 ⁸⁹ /kg / 2 lb
	PRIDE OF CANADA Sliced Bologna 375 g pkg 1 ²⁹	PRIDE OF CANADA, SLICED Side Bacon 500 g vac pac 2 ⁸⁹	SWIFT'S LAZY MAPLE, SLICED Side Bacon 500 g vac pac 2 ⁶⁹

SAVE 1.00

Monarch Margarine

3 LB PKG

1.99

OUR REGULAR PRICE 2.99

SAVE .26

Sliced White Bread

MARVEL

675 g (24 OZ) LOAF

.49

Made with 100% pure vegetable shortening

OUR REGULAR PRICE .75

BUY 3 SAVE .33

Heinz Baby Foods

STRAINED, MEATLESS VARIETIES

4.5 FL OZ JAR

3/.99

OUR REGULAR PRICE .44 EACH

GROCERIES

PRINTED, ASSORTED COLOURS PKG OF 2

White Swan Towels **SAVE .60** .99

OUR REGULAR PRICE 1.59

PURE CORN 1.5 L cont

St. Lawrence Oil 3.29

KELLOGG'S 675 g pkg

Corn Flakes 1.59

CHEFMASTER 330 g tin

Corned Beef 1.49

COUNTRY GOOD, MIXES 90 g pkg

Heinz Onion Soup .89

DETERGENT 500 mL plast bte

Dove Liquid 1.39

POWDERED 3 litre box

Sunlight Detergent 1.99

ASSORTED COLOURS pkg of 2 rolls

Viva Towels 1.19

BEEF, IRISH, CHICKEN-TURKEY OR MEATBALL 24 fl oz tin

Clark Stews 1.79

TOMATO 19 FL OZ TIN

Heinz Soup **BUY 3 SAVE .33** 3/.99

OUR REGULAR PRICE .44 EACH

BAKED GOODS

JANE PARKER 624 g SIZE

Apple Pie **SAVE .70** .99

OUR REGULAR PRICE 1.69

STONEMILL FARMS, SLICED 675 g loaf

Bran Bread .59

JANE PARKER, SLICED 675 g loaf

Italian Bread .59

JANE PARKER, SNOWFLAKE OR 12

Twin Rolls .89

JANE PARKER (PKG OF 8-.99) 12

Hot Cross Buns 1.49

JANE PARKER 510 g cake

Gold Pound Cake 1.29

KRAFT, MILD, MEDIUM OR OLD 1 kg pkg

Cracker Barrel Cheese 3.99

SILVERWOOD 500 mL cont

Sour Cream 1.19

GAY LEA 250 g tub

Chip Dip .89

ORANGE PEKOE PKG OF 72

Tetley Tea Bags **SAVE .44** 1.99

OUR REGULAR PRICE 2.43

GROCERIES

YORK, SMOOTH 1 kg JAR

Peanut Butter **SAVE 1.40** 3.59

OUR REGULAR PRICE 4.99

5 ASSORTED VARIETIES 14 fl oz tin

Green Giant Vegetables .69

3 ASST VAR INCL WHOLE KERNEL NIBLETS (12 FL OZ) 14 fl oz tin

Green Giant Vegetables .79

EXTRA CREAMY, REG OR MARSHMALLOW INSTANT 500 g cont

Nestle Hot Chocolate 2.59

BETTY CROCKER, ASSORTED VARIETIES 170 g box

Frosting Mixes 1.49

BURNS, CHICKEN, HAM OR TURKEY 6.5 oz tin

Tenderflaked Meats 1.69

CLOVER LEAF 7 1/4 oz tin

Pink Salmon 1.49

MINUTE, LARGE FLAKE OR QUICK COOKING 1.35 kg pkg

Old Mill Oats 1.69

REGULAR OR SUGAR FREE (PLUS BOTTLE DEPOSIT) 750 mL btl

Pepsi-Free .49

REGULAR OR SUGAR FREE 10 FL OZ TINS

Case of 24 Pepsi-Free **SAVE 4.00** 5.99

OUR REGULAR PRICE 9.99

6 pack of 300 mL btl. available at regular price.

GROCERIES

ASSORTED VARIETIES 900 g PKG

Primo Pastas **SAVE .50** .99

OUR REGULAR PRICE 1.49

PRIMO, PLAIN 28 fl oz tin

Spaghetti Sauce 1.19

ASSORTED VARIETIES INCLUDING CHICK PEAS 19 fl oz tin

Primo Beans .69

A&P 19 fl oz tin

Choice Tomatoes .89

CHICKEN OR PORK (B.B.Q. CHICKEN 7.5 OZ PKG 1.19) 5 oz pkg

A&P Coating Mixes .89

A&P ASSORTED FLAVOURS 48 fl oz btl

Fruit Drinks .69

LIPTON, ASSORTED VARIETIES pkg of 4 envs

Cup-A-Soup Mix .99

THOMPSON 2 lb pkg

White Beans .99

KAL KAN LUXURY, ASSORTED VARIETIES 3 1/2 oz tin

Cat Food 3.99

A&P "IN PEAR JUICE", ASST VAR 28 FL OZ TIN

Canned Fruit **SAVE .30** 1.29

OUR REGULAR PRICE 1.59