

Stu Robbins interview

Phys-ed studies are branching out

The Herald had the chance to interview Dr. Stuart Robbins, chairman of the faculty of physical education at York University, at his home recently.

A native of Sussex county, England, the 141 Rexway Dr. resident first came to Canada to implement an elementary phys-ed program at the University of Alberta in Edmonton.

Dr. Robbins graduated from Exeter's St. Lukes College where he majored in religion and phys-ed. Torn between either medicine or teaching, he believed at the time and still does that education can affect society.

While at the University of Alberta Dr. Robbins coached the Golden Bear soccer team to a national championship in 1973. He was also the springboard diving coach and the national springboard diving coach. Dr. Robbins also coached tennis and track and field.

He was the associate dean for the faculty of Phys-ed at York University before taking over the chairmanship of the department.

Dr. Robbins has specialized in the effects of physical education on grade one children and on teacher behavior.

The following is the second of a three part series on a taped interview with Dr. Robbins revolving around a wide range of topics dealing with physical education.

The Herald: "What are some of the different programs available at York in phys-ed?"

Dr. Robbins: "...within the York program it's possible for a student to follow a concentration of courses. We call them certificate programs and they can move into a teaching area, they can move into a coaching area, in which they take courses specializing in coaching.

They can take fitness counselling and assessment stream and a sports administrative stream. So as well as their core studies they can branch out."

The Herald: "Would it be fair to say that the whole area of physical education has branched out in the past while?"

Dr. Robbins: "Physical education has changed tremendously. The area of physiology has become biochemistry and cell physiology. Some of the work that some of our researchers are doing seems to be way away from physical education.

One of them is doing the effect of insulin on rats and the effect of exercise on that insulin. So there is potential that the research could be quite important.

Another person is doing research on fitness and firemen. He carries out fitness tests when people enter the firefighting force, but they don't have to continue any fitness training. He is contending that it would be useful if not obligatory that firefighters are fit, because suddenly they're demanded... demands are made on them for vigorous physical activity: running stairs and carrying people...he's been doing some research into that area - very applied sort of things.

So the field of knowledge in physical education has increased dramatically. It's a very young discipline. The sort of knowledge that I got in a Master's program students are getting in undergraduate programs now."

The Herald: "As far as research is concerned, can you think of anything in the past 10 years that has become prominent?"

Dr. Robbins: "In my area of physical activity of young children, I think of the work of Donald Bailey at the University of Saskatchewan in which he took a twelve-year growth study. His conclusion was that kids go downhill by the time we put them behind a desk in grade one.

He also found that of the 10 best athletes in the group, I think it was eight of them graduated. Within the 10 worst athletes only three or four of them graduated. And therefore maybe it's some of the fringe areas that keeps kids and students in schools."

The Herald: "Would you like to see more time spent in the elementary and high schools for physical education?"

Dr. Robbins: "I think we should be aiming for a daily period of quality physical education. I don't think recess is sufficient. Recess is an essential time for children to be on their own and

doing their own thing whereas physical education is a teaching time on educating children. And I think we need a daily class.

As long as we see that in opposition to the teaching of reading or other things I think we're fighting a losing battle, because they're aren't enough hours in a day.

But if we see physical education as an opportunity to enrich language development, to enrich math concepts such as measurement. Where children are performing a long jump, they're



STU ROBBINS

dealing with measurement, they can deal with averages, they can deal with where they stand and so forth and so forth."

The Herald: "You're talking about the close relationship between the mind and body?"

Dr. Robbins: "That's right. If physical education fulfils that role, then we can justify that it's not taking time from those other subject areas. I think at the moment a lot of work is being spent on integration such as dance, music...the course academic areas are being linked together."

The Herald: "There seems to be a general trend towards physical fitness now. Do you see that as just a trend? Because we are having more leisure time will we be spending it more on physical activity?"

Dr. Robbins: "I think people seem to be much more aware of the need for activity. I have a fear that people are going into some things with just a little too much commitment that it has a danger, therefore, of becoming a fad.

I think people need to find a meaningful form of outlet and not make it a religion almost. That it becomes a meaningful part of their lifestyle rather than something they become a slave to."

Georgetown advances to semi-final round

Cruise earns hat trick in tournament

Georgetown journeyed to Orangeville Dec. 20 and despite having the edge in play fell behind by three goals by the end of the second period. Steve Brown assisted by Sean Guistini and John Cruise opened scoring at the 0:25 mark of the final frame. Orangeville countered again before Brian Brooker assisted by Brad Dudy and Trevor Elinesky added another major for Georgetown.

Adam Hillts brought the score to 4-3 at 14:12. Unfortunately time ran out before Georgetown could even the score.

The next evening Georgetown took their vengeance out against visiting Burlington. Jason Smith assisted by Steve Brown wasted no time scoring at 1:04 of the first period. Duane Lewis added another goal at 3:27 and John Cruise assisted by Jason Smith and Duane Lewis made the score 3-0 before the buzzer ended the first period.

In the first game against the Royal Nationals John Cruise opened the scoring with the help of Steve Brown at just 0:43 of the first period. The Royal Nats went out in the net but Brian Brooker assisted by Duane Lewis and Adam Hillts evened the score at 3:01 of the middle frame. The Royal Nats added one before the end of the period.

The third period was all Georgetown however. Sean Guistini evened the score at 1:28 with assists going to Steve Brown and Bobby Dezeuw. John Cruise assisted by Adam Hillts put Georgetown ahead to stay. The insurance goal gave John Cruise a well earned hat trick with assists going to Adam Hillts and Adam Hagen. Final score 5-3 Georgetown.

At 7:00 a.m. on Dec. 27 Kitchener were the opponents. Adam Hillts struck early putting Georgetown ahead at 0:29 of the first period. Kitchener added two before the end of the second period. Sean Guistini assisted by Jason Smith and Steve Brown tied the game.

Adam Hillts put Georgetown ahead and Steve Brown assisted by Jason Smith added an extra goal before the final buzzer. Final score 4-2 Georgetown.

The same day Georgetown met Niagara Falls and jumped into a two goal lead with goals by Adam Hillts assisted by Sean Guistini and Steve Brown and Adam Hagen assisted by Adam Hillts and Brad Amato.

Niagara Falls however bounced back with three goals before the end of the second period. Once again the third period was

all Georgetown. John Cruise tied the game at 0:46 of the final frame. Brian Brooker added the winner at 3:12 with the help of Trevor Elinesky. Adam Hillts assisted by John Cruise and Adam Hillts assisted by Adam Hagen put the game out of reach. Final score 6-3 Georgetown.

Georgetown advanced to the semi final round Dec. 28 meeting the host team Milton. Georgetown proved the superior team for the first two periods. Adam Hillts opened the scoring with the help of Steve Brown.

Unfortunately Milton never gave up and tied the game at 8:35 of the period. At 2:29 in overtime on a power play Milton scored the winner. Final score 5-4 Milton. A great experience for the boys and a fine tournament.

Brian Brooker assisted by Adam Hagen made the score 2-0 before the first period ended. Jason Smith assisted by Steve Brown added to the count and then Bobby Dezeuw assisted by Brian Brooker and Peter Lee ended the scoring in the second period.

John Warnock who is running for the Thundering Herd of West Virginia set a personal best time for his home course while finishing in the top 10 in two other cross country meets.

In one track meet Warnock set a distance record as part of a medley team. Milton's Ray Poloni was also on that medley team. On the academic stream, John made the dean's list and thus has been granted an academic as well as an athletic scholarship.

Ian Clark told The Herald the season went progressively better for him and his Berkeley, California squad. In one race in Arizona, in November he beat his time from two years ago by 25 seconds.

At the Berkeley Invitational Clark was seventh in the October race. The team as a whole was fifth at

the Conference finals. To advance to the national level the team had to place within the top three.

For Clark (who was fifth in the World Junior Cross-Country championships in 1979), the 1982

season for him was virtually injury-free. Doug Smith, at Mississippi State was the second runner on his school team.

Track athletes doing well

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JOHN WARNOCK... making the dean's list as well as being part of a record-setting medley team.

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Silver medallions for Major Bantams

By KEITH HODGINS
Herald Special
Georgetown's M and M Pro Sports Major Bantams played some of their best hockey to date this season at the Hespeler Minor Olympics hockey tournament this past week. The result was second place silver medallions for their trophy boards.

Georgetown's 3-1-1 record was only one point behind first place Oshawa.

The local squad played Oshawa to a 3-3 tie during round robin play but unfortunately had dropped

really got going. After a scoreless first period Hespeler tallied 24 seconds into the second period. Georgetown pulled even half way through the period but the rest of the play belonged to Hespeler with four unanswered goals.

For the balance of the tourney, however, Georgetown played the kind of disciplined hockey that demonstrated the talent the squad has and which prompted most observers to rate them as the class of the tournament. A 3-3 tie with Oshawa, a 2-1 win over

scoring championship. M and M Pro Sports team members this year are John Lanz, Steve Tucker, Dan Kent, Mark Pries, Louis De Paoli, Dean Irvine, Mike Teetzel, Brian Doherty, Chris

Hodgins, Lance Reid, Jeff Sholdice, Dave Bertrand, Jim Beck, Chris Marling, Jon Hammer, Graham Shepherd. Congratulations to each member for bringing home the silver.

Products lose three games

By SID HARRIS
Herald Special
The Standard Products Pee-wees, along with two other Georgetown teams travelled to Ottawa during the Christmas holidays to participate in the 9th annual international hockey tournament in the capital city.

Our boys came up against some exceptionally good and well disciplined hockey clubs and

just couldn't come up with a win. In the first game against Detroit Computers we played with them for the first period. Then we lost Dave Chatten with a serious injury on a late hit and Detroit picked up three fast goals.

The roof really came down for the rest of the game. The final score being 10-1. Jason Arnold was our lone marksman.

Tuesday against Cornwall was a game we might have won. Cornwall went ahead in the first, then Dave Harris tied it by shoving in a rebound. Cornwall again went ahead only to have Jason Arnold tie it up again. That was all we could do however as Cornwall came back with two goals

making the final score 4-2. Mark Lorito had two assists in this game. The next day Georgetown played their billets Ottawa South who ended up the division winners. We opened fast with Jeff Brady scoring early in the first however despite playing a pretty good first period were soon behind. Continued on page B8

Industrial						
	TM	GP	G	A	TP	PM
Chris Milne	AC	12	13	22	35	6
Ray Peacock	DBM	13	18	18	34	2
Doug Thompson	AC	10	10	15	25	29
Chuck Williams	M.M	11	7	18	25	0
John Kwant	DAS	9	18	6	24	24
Ian Syme	HT	12	15	9	24	8
Steve Crossman	M.M	13	10	12	22	49
Brian Beaumont	HT	10	10	11	21	0
Marty Weaver	DBM	11	10	7	17	18
Andy Broadbent	M.M	12	8	13	19	34
Todd McIntyre	Act	13	10	7	17	14
Bill Taylor	DBM	9	8	7	15	23
Bill Lemon	DAS	12	7	8	15	12
Terry Mostard	DAS	12	5	10	15	0

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Year end review

Continued from page B3 Orangeville in quarter-final playoff action.

The Georgetownettes eliminated Erin in two games to advance to the girls intercounty fastball finals.

During the week of Sept. 15 a majority of House League voters agreed to merger with the Support Group (rep) team.

Gemini players Bob Dean and Chris Peavoy refused to return to training camp, both saying they wanted to be traded.

In Limehouse fastball, Abitibi Price ousted the Hawks in three straight games. The bodybuilders came to Georgetown to demonstrate their skills. The Powderpuff base-

Continued on page B8



The Royal Canadian Legion Royals girls fastball team (seen here in their early days) finished off a 10 year reign as a competitive girls team.

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