



details at
Simpsons
and
Loblaws

free Christmas dollars

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Note: Loblaws weekly specials are not available in Loblaws superstore warehouse. Prices effective to Tuesday Nov. 6/82 except produce & bakery effective to Saturday Nov. 9/82. Steers reserve the right to limit quantities.

cut from Canada grade 'A' beef
steaks or roasts kg **5.05**
outside round lb. **2.29**

cut from Canada grade 'A' beef
sirloin tip or rump kg **5.93**
boneless roasts lb. **2.69**

fresh no backs attached limit 5 lbs. per family kg **2.18**
chicken legs lb. **.99**

boiogna, mock chicken, meat & liver loaf, luncheon meat or macaroni & cheese loaf 175 g pkg.
Loblaws sliced 5 varieties
cooked meats **.89**

Weston English
muffins 8's pkg. **.75**

Martins pure choice **apple juice** 48 fl. oz. tin **.89**

granny smith product of France, Canada fancy grade kg **1.08**
apples lb. **.49**

fresh product of Ontario, Canada #1 grade 5 lb. bag **.69**
carrots

fresh product of U.S.A. pkg. **.69**
spinach

Italia product of Italy, Canada No. 1 grade kg **2.18**
grapes lb. **.99**

white Westcane 2 kg granulated bag **granulated sugar** control number 901 Westcane white 2 kg with this coupon **99¢** bag pay only limit one coupon per family coupon expires Tues. Nov. 9/82 coupon valid only at Loblaws

Nescafe 10 oz. jar **you pay 1/3 off** instant coffee 4.66

freshly ground lean ground beef kg **4.39** lb. **1.99**

cut from Canada grade A beef **boneless stew beef** kg **4.39** lb. **1.99**

frozen Family Delight Brand sold in 2 kg boxes **chicken wings** kg **2.18** lb. **.99**

sliced reg. or thick **Loblaws side bacon** 500 g pkg. **2.99**

assorted varieties, 8 fl. oz. tin **Habitant ready-to-serve soups** **3/95**

Uncle Ben's 2 kg cello bag **converted rice** **3.79**

assorted varieties 175 g cup **Gay Lea Swiss yogourt** **.59**

with this coupon **25¢ off** the special price of one 355 mL tin frozen concentrated **Honeydew orange juice** premium **.99** Special Price \$1.24 without coupon you pay **.99** limit one coupon per customer coupon expires Nov. 9/82 coupon valid only at Loblaws control no. 903

regular or conditioning 350 mL btl. **Head and Shoulders lotion shampoo** **3.69**

regular or winterfresh 200 mL tube **Colgate toothpaste** **2.69**

White Swan all colours 2 ply, 200's box **facial tissue** **.99**

liquid 1 L btl. **Palmolive dish detergent** **2.89**

Ice Magic chocolate mint or chocolate, 200 mL btl. **ice cream coating** **1.75**

Neilson instant, regular or with marshmallows, 10's, 284 g box **hot chocolate** **1.69**

Blue Bonnet 2 lb. bowl **soft margarine** **1.89**

175 g pkg **ziggys cooked ham** **1.89**
375 g pkg **ziggys sliced summer sausage** **2.59**
ziggys 454 g pkg **frankfurters** **2.39**
300 g pkg **Bratenschwager Loblaws liver sausage** **1.48**
175 g pkg **Loblaws smoked ham steaks** **1.99**
previously frozen sliced **calves liver** kg **5.05** lb. **2.29**
Loblaws cooked pork **smoked cottage rolls** kg **6.59** lb. **2.99**
frozen dressed **whole whitefish** kg **2.18** lb. **.99**

1 to tin **Maple Leaf cooked ham** **4.09**
Budget white or yellow 1 ply 4 roll bag **bathroom tissue** **1.39**
Scott, decorated 180's pkg **family napkins** **1.99**
McClen, frozen 4's 14 oz. box **pepperoni and cheese pizza** **2.55**
McClen, frozen deep'n delicious **deluxe pizza** **2.65**
Aunt Jemima frozen assorted varieties, 10 oz. box **jumbo waffles** **1.29**
Kraft soft (250 g tub) or plain (1250 g pkg) **Philadelphia cream cheese** **1.49**
Lacta, cheese or cheese flavour, 125 g bag **Hostess tortillas** **1.09**

meat or sticks 200 g bag **Hostess pretzels** **1.29**
chocolate chip or chocolate **Dare cookies** **2.69**
then or regular sliced white, 24 oz. loaf **Weston sandwich bread** **.89**
Dietrich 12's poly bag **country style rolls** **.95**
10's box **Granny's butter tarts** **1.49**
Lamy's taco 128 g box **seasoning mix and shells** **1.99**
Maple Leaf 6 1/2 oz. tin **flakes of ham** **1.89**
Loblaws **deep-browned beans** **.85**

M&M's instant 700 mL btl. **chocolate syrup** **2.59**
120's, 16 oz. box **Salada tea bags** **4.09**
Kellogg's 675 g box **corn flakes cereal** **1.89**
Robin Hood 2.5 kg bag **all purpose flour** **2.57**
in tomato sauce, beef flavour, then or regular, 200 g tin **Chef Boy-Ar-Dee pastas** **1.85**
Chef Boy-Ar-Dee 28 lb. tin **meat sauce for spaghetti** **1.69**
10 lb. bag **Cat's Pad cat litter** **1.29**
6 L btl. **ABC laundry detergent** **3.79**

super-strength, coral or white bath bar, 1 unit pkg **Lifebuoy toilet soap** **.51**
green or white, 3 regular bars banded, 270 g pkg **Palmolive toilet soap** **1.49**
Dow 425 g aerosol in **bathroom cleaner spray foam** **1.89**
dispenser box 90's pkg **Rite white serviettes** **1.19**
regular or deodorant 30's box **New Freedom maxi pads** **3.79**
Carnation, frozen 2 lb. poly bag **hash brown potatoes** **1.09**
Cavendish Farms Sweeney frozen straight or crinkle cut, 1 kg poly bag **oven-crisp fries** **1.53**
Savarin, frozen 8 oz. box **macaroni and cheese casserole** **.65**

product of U.S.A. Can #1 grade **tomatoes** kg **2.18** lb. **.99**
product of U.S.A. **yams** kg **.64** lb. **.29**
product of U.S.A. **green beans** kg **1.52** lb. **.69**
product of U.S.A. Can #1 grade **red grapes** kg **2.18** lb. **.99**
Canada fancy grade **red delicious apples** product of U.S.A. 3 bag **1.38**
product of U.S.A. fresh **broccoli** bunch **.99**
product of Holland 1/2 price African **violets** each **.99**
product of Ont. 1/2 price fresh cut **roses** 5 in bunch **1.49**

30% off lowest priced holidays
Save & Fly \$5
AIR CANADA TOURAM INC.
Save & Fly Holiday Package Pricing Policy
Air Canada Touram Save & Fly Holiday Package price will, subject to government approval, be as low as, or lower than, any comparable holiday package regular price to the same destination from the same point of origin offered by any of its major competitors.
*List of major competitors may be obtained from Air Canada Touram.
Some airfare options only. See your participating travel agent or Air Canada for details. Prices subject to change without notice. Check with your travel agent for more details.
*Holiday packages dependent on availability and time of year.

holiday specials

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| York, choice, halves or slices, 14 1/2 oz. tin yellow cling peaches .95 | Carnation 3 1/2 oz. tin smoked mussels .79 | disposable, vented rim or waffle mesh, 8 oz. tin General Foods instant coffee 2.89 | California style or french onion 8 oz. tub Dip-A-Chip .83 |
| Clover Leaf 10 1/2 oz. tin mandarin orange segments .75 | Clover Leaf 3 1/2 oz. tin smoked oysters 1.09 | Peak, French, dark or milk 200 g pkg chocolate digestive biscuits 1.69 | assorted flavours 2 1/2 carton Neilson ice cream 2.99 |
| New England clam or scallop, 14 1/2 oz. tin Highliner chowder 1.09 | Dalman, regular 4 oz. tin small shrimp 2.99 | Coca-Cola or sugar-free Fresca Sprite or Tab Cola soft drinks 24 x 280 mL cans 5.69 | gentle or regular or sugar-free, extra apple or cherry, Tom Coburn, Wild or G-Pine orange 750 mL can (plus 30¢ deposit) Canada Dry soft drinks .59 |