



details at
Simpsons
and
Loblaws

free Christmas dollars

Note: Loblaws weekly specials are not available in Loblaws superstore warehouse. Prices effective to Tuesday Nov. 2/82, except produce & bakery effective to Saturday Oct. 30/82. Stores reserve the right to limit quantities.

boneless cut from Canada grade 'A' beef **4.39**
blade roasts kg **1.99**

oven ready frozen prepressed utility grade 2 to 3 lb. size **1.74**
chickens kg **.79**
limit 3 utility chickens per family

boneless cut from Canada grade 'A' beef, chuck **4.39**
short rib roasts kg **1.99**

fresh jumbo prepressed, Canada grade 'A' chicken **2.84**
roasters kg **1.29**
over 5 lb. size

boneless cut from Canada grade 'A' beef, chuck Texas broil **4.39**
blade steaks kg **1.99**

fresh boneless **8.36** kg **3.79** lb. **1.00**
chicken breasts kg **1.00**
YOU PAY

lean freshly ground **4.39**
ground beef kg **1.99**

fresh whole or shank portion **3.28**
pork legs kg **1.49**

fresh boneless cut from the leg **8.80**
veal cutlets kg **3.99**

fresh pork cut from the leg **6.59**
schnitzel kg **2.99**

frozen, concentrated, unsweetened **pay only .44**
Picnic 355 mL tin **1/2** price
limit 4 tins per customer

deluxe (chocolate coated) 400 g box **pay only 1.84**
digestive biscuits **1/2** price

100% whole wheat **pay only 1/2**
bread **.49** price
Dietrich 24 oz. loaf

Loblaws, Canada 1st grade **with this coupon**
1 lb. print **pay only 1.88**
limit 1 coupon per family coupon expires Tues. Nov. 2/82. coupon valid only at Loblaws control #902

Heinz 1 L bottle **pay only 1/3**
keg o' ketchup **1.99** off

Billy Bee white liquid, 500 g jar **pay only 1/3**
honey **1.66** off

Coca-Cola, Sprite (regular or sugar free) or Tab (sugar free) **pay only 1/2**
soft drinks **.37** price
(plus 30c deposit)

white product of U.S.A., Florida grown **9c**
grapefruit ea.

fresh product of Ontario **3.29** kg **1.49** lb. **1/2** price
mushrooms **1.49** price
reg. price 12 oz. pkg. 2.38

green seedless product of U.S.A. Canada #1 grade **2.18**
grapes kg **.99**

freshly ground **4.39**
ground veal kg **1.99**

frozen Family Delight Brand part back attached sold in 2 kg boxes **2.62**
chicken thighs kg **1.19**

frozen Family Delight Brand sold in 2 kg boxes **2.18**
chicken wings kg **.99**

in tomato sauce, vegetarian, with pork or with pork and molasses. **.89**
Heinz beans 14 lb. oz. tin

choice unsweetened vitaminized. **1.39**
Allens apple juice 48 fl. oz. tin

fancy **1.29**
Heinz tomato juice 48 fl. oz. tin

flaked light **1.35**
Bye the Sea tuna 6.5 oz. tin

regular, fine or, extra fine grind. 369 g vacuum pack **2.99**
Nabob Tradition coffee

Capri yellow or white 1 ply 4 roll pkg **1.19**
bathroom tissue

white, 2 ply 400's box **1.79**
facettes facial tissue

Reynolds 12 x 100 roll box **3.79**
aluminum foil wrap

Schneders, wedges 375 g pkg **2.89**
medium cheddar cheese

Sealtest plain 500 g tub **1.67**
creamed cottage cheese

ginger ale (regular or sugar free), tonic water or club soda. 750 mL, 100% (plus 30c deposit) **.55**
Pure Springs soft drinks

assorted flavours, 1/2 price 175 g cup **.39**
Gay Lea fiesta yogurt

assorted varieties 8 fl. oz. tin **3/1.00**
ready-to-serve Heinz soup

Betty Crocker, assorted flavours, 510 g box **1.49**
Super Moist cake mix

creamy or super chunk **2.45**
Skippy 500 g jar peanut butter

spaghetti, spaghetti or elbows **.69**
Primo pasta 500 g cello bag

Hunt's 28 fl. oz. tin **1.29**
tomato sauce

assorted flavours 6 oz. tin **.39**
Kat Kan cat food

concentrated, powder. 3 L box **4.59**
All laundry detergent

Wisk 1 L bottle **2.79**
liquid laundry detergent

Musk, Floral or Herbal 350 mL bottle, \$1.00 off **1.69**
Essence Magique wet soap

100 mL tube **1.59**
Pepsodent dental cream

Loblaws, coloured or white, 12 oz bar **2.69**
old cheddar cheese

Black Diamond single thin slices, 1 kg pkg **6.45**
process cheese food

1 lb. tub or (2 x 8 oz tubs) 1 lb. sleeve **1.49**
Becel soft margarine

regular (300 g) or berpeque, 275 g bag **1.59**
Fritos corn chips

Jacks 225 g bag **1.29**
cheese balls or twists

product of Ontario Can. fancy grade **1.99**
McIntosh apples 5 lb. bag
free book with each plant purchased

product of U.S.A. assorted varieties **14.95**
floor plants each

product of Ontario Canada #1 grade **1.30**
bosc pears kg **.59**

product of U.S.A. **1.94**
brussels sprouts kg **.88**

product of U.S.A. **1.08**
egg plant kg **.49**

product of Ontario **.69**
celery stalks each

30% off the lowest priced holidays

save & fly \$5 travel coupons...one free with every \$50. Loblaws order complete details in store

AIR CANADA TOURAM INC.

here are just a few examples...

date	destination	stay	Hotel	reg. low \$ price	max. no. coupons	per person save \$
Dec. 4/82	Nassau	7 nights	Bahama Beach	450	27	135
		14 nights		550	33	165
Jan. 2/83	Freeport	7 nights	Atlantic Beach	550	33	165
		14 nights		750	45	225
Jan. 9/83	Hawaii	7 nights	The Waikikian	970	58	290
		14 nights		1210	73	365
Apr. 9/83	Tampa	7 nights	Pelican Point	675	40	200
		14 nights		875	52	265

Save & Fly Holiday Package Pricing Policy: Air Canada Touram Inc. Save & Fly Package. The package price includes: round-trip airfare, hotel accommodations, ground transportation, breakfast, and taxes. Package price is per person, double occupancy. Single occupancy surcharge applies. Package price is based on current rates. Package price is subject to change without notice. Package price is based on current rates. Package price is subject to change without notice. Package price is based on current rates. Package price is subject to change without notice.