

GHS

Continued from page A4

Taras, Constance Taylor, Mike Taylor, John Anderson, Pambeck, Kathy Tuck, Joanne Tucker, Wendy Vandermeer, David Ward, Mike Williams, Val Williams, Kelvin Williamson, Albert Win-
ton, Lora Vestal, Dean Zilber, graduates were awarded the following Grade 12 diplomas:

George Adams, Diane Alden, Merrill Albert, Elias Alexander, Gordon Allan, Peter Allen, Ruth Alworth, Pam Anderson, Pamela Arthur, Jackie Ash, Mike Ash, Eivira Babic, David Bacc, Steve Baker, Guy Bakock, Kimberley Banks, Kevin Banks, Michael Banks, Christine Barclay, G. Ann Barefoot.

Patricia Beach, Donna Boehm, Andy Bredon, Richard Behrman, Susan Blagley, Marilyn Bird, Donna Blackmore, Tara Bludd, Christine Boissonault, Jennifer Braden, Harold Branch, Gary Britton, Greg Brown, Steve Brown, Karen Bruton, Roberta Burke, Susan Burwell, Penny Bydevente, Bruce Callaghan, Natalie Campbell, Rick Cannon, Susan Cameron, Don Casselman, Kristi Lyn Champ, Jacqueline Chapman, Kelly Chapman, Lisa Chaiten, Margaret Clark, Paul Clark, Rod Cook, Lisa Corland, Lori Corbett, David Corrie, Carol Cotler, Stuart Cotler, Carolyn Coulter, Toni Court, Graham Culverhouse, Alan Cunningham, Christopher Cunningham, Vicki Summitt, Garry Cuthbertson, Charles Cutrara, Sean Dalton, Marilou Davis, Sandy De Coste, John DeHans, Robert DeKor, Margaret DeOliviera, Catherine Dobson, Robin Dodokin, Kris Doherty, Gordon Dolg, Gail Doucette, Steve Doucette, Theresa Doucette, Pam Douglas, Janet Doyle, Paul Duguay, Debbie Dwyer, Shirley East.

Linda Lee Edwards, Jon Ellis, Lawrence Eutenier, Dawn Evans, Karen Fallow, Paul Farugia, Lisa Faulkner, Angela Feice, Steven Ferguson, Gregory Finnmore, Sherry Finucan, Lenard Fisher, Geoff Forquison, Shelley Foster, Julie Fountain, Christine Foyne, Marnie Galbraith, Cathy Gage, Laurie Anne Gage, Lisa Gallan.

Karen Gassner, Jacqueline Gignac, Kevin Gillespie, Hugh Griebelin, Jennifer Gordon, Arlene Gramade, Kent Green, Carolyn Greenham, Wayne Griffiths, Elizabeth Groskorih, Charlene Grummond, John Har-
son, Cynthia Halderson, Tammy Hancock, Philip Handy, Jack Harlow, Rosemary Hartley, Laurie Harlborn, Susan Haslam, Bonnie Hatcher, Trudy Hawkins.

Christine Hay, Connie Hay, Christine Hayes, Linda Hayes, Mark Heidemann, Janine Henderson, Scott Hewitt, Graham Hill, Gregory Hill, Russell Hillier, Jackie Hodgson, John Hoddahl, Sharon Hollingshead, Rob Horning, Lyndon Hounsell, Mark Hulsing, Wayne Hume, Andy Hunter, Joanne Hunter, Peter Isomidis.

Isabel Jackson, Lorissa Jefferson, Marylou Jeffrey, Soren Jensen, Margaret Joseph, Shelley Johnson, Carole Johnson, Vicki Johnston, Marilyn Jones, Michael Jones, Patty Kaiser, Judy Kavanagh, Debbie Keane, Heather Kelington, Karen Kennedy, Betty Kennedy, Lori Ken-
ner, Bev Kooch, Brad Kerr, Tim Kerr.

Lori King, Marcus Knoespe, Andy Kovacs, Patti Kowalchuk, Susan Kriksen, Linda Kuehnappel, Teresa Lamb, Jeanne Larocque, Roland Larose, Gregory Law, Andrew Leuz, Thomas Loupil, Mark Lindner, Carole Lorne, David Lough, Sandra Lovgrove, Shane Lowin, Troy Lowry, Michele Lynda, Brenda MacDonald, Kimberley MacDonell.

Heather MacEachern, Tammy Mackay, Peter MacKinnon, Ian MacLaren, Malcolm MacLeod, Trisha MacPherson, Lesline Matland, Dwayne Matby, Sandra Marschuk, Robert Marks, Paul Marrows, Stephanie Marsh, Ronald Martin, Robyn Maybee, Kieran McAuley, Barbara McBean, Corry McChure, Isabel McChure, Ken McChure, Shelley McChure.

Heather McDonald, Catherine McGowan, Gary McLean, John McPhail, Stuart McPhail, Diane Nelson, Paul Mercer, Brian Metler, Michelle Mielum, Michelle Miller, Andrea Milne, Jennifer Milne, Mike Mitchell, Ruth Mitchell, Linda Moriarty, Robert Murray, Sandra Muscky, Jack Mowat, Lynn Muir, Kenneth Mulrhead.

Heather Mulder, Linda Murdock, Derek Murphy, David Murray, Janice Murray, Susan Murray, Aaron Murray, Grant Nairn, Dalton Newcombe, Perry Nichol, Georgia Norman, David Norion, Beth Olsh, Anthony Oram, Maria Otis, Tammy Pad-
da, David Parnis, Bruce Paterson, George Parker, Lianne Payne.

Sherrin Peacock, James Peardon, Stephen Peggie, Michael Petro, Karen Perry, Scott Poutosco, Cindy Pettibone, Kevin Phillips, Linda Phillips, Janet Poirier, Leona Poot, Craig Porter, Saskia Post, Terry Pot-
truff, Sheila Frouse, David Price, Shelley Puzoska, Elizabeth Ram-
say, Larry Roaume, Brian Reed, Scott Reed, Jeff Rees, Dean Reynolds, Nicholas Reynolds, Randy Ricci, Gordon Richardson, Tim Richardson, David Rich-
mond, Kenneth Riddle, Rhonda Ritchie, Julie Robbins, Mark Roberts, Yves Roussele, Robert Rush, Vickie Sacco, Ashlee San-
ders, Michael Sander, Phillip Saunders, Penny Savage, Susan Scarborough.

Jennifer Schenk, Joyce Schreiber, Ingrid Schubert, Michael Schwab, Kelly Schwab, Rod Schwab, Allan Schweyer, John Scott, Richard Scott, Cindy See, Donna Sokers, John Sellar, Kurt Sequena, Claire Shepherd, Greg Simons, Bruce Patrick, Jeff Smith, Paul Smith, Elaine Somers.

Karen Sparkes, Sandra Spiegler, Steve Spiegler, Marco Spier, Jamie Stoen, Michael Strebula, Chris Steinfatt, Kim-
berley Stewart, Barry Stone, Patricia Stoyles, Frances Streuter, Len Stuart, Denise Stubbs, Sheila Surikaw, Lisa Suter, Lisa Takahashi, Steve Tancoo, Dan Taylor, Debra Tesak, Cheryl Thompson.

Shelley Thacko, Kirsten Tor-
wick, Gerhard Trevisanus, Rick Tuzo, Scott Turner, Kirsten Tyler, Don Van Dyke, John Van Goch, Tim Varney, Wendy Verboon, John Verhey, Teresa Verschuere, Arthur Vieira, Rita Vignola, Victoria Rosemary Vito, Susan Waldman, Herb Walker, Heather Wallace, Kenneth Ward, Jeffrey Water-
worth.

Kathy Webb, Janice What-
mough, John Wheeler, Jacqueline Wickens, Brenda Wieland, James Wilcox, Christina Williamson, Duane Wilson, Todd Wilson, Rod Wilberly, James Wiltmeter, Hans Wolter, Jeffrey Wood, Patricia Wray, Sherri Wright, Michael Yach, Gary Yates, Christine Young, Christine Zilio.

BIGGEST SALE EVER, OUR LOWEST PRICES

We reserve the right to limit quantities to normal family requirements

Days Sale! A&P

Prices effective thru Sat., October 30, 1982 only.

Cut from Canada's finest GRADE 'A' BEEF!

SAVE .66/kg .30 lb

BLADE, CHUCK SHORT RIB OR SHOULDER

Boneless Beef Roast

4.39/kg / 1.99 lb

OUR REGULAR PRICE 5.05/kg-2.29 LB

SAVE UP TO 1.36

REGULAR OR KING SIZE

Canadian Cigarettes

CARTON OF 20'S OR 25'S

11.39

OUR REGULAR PRICE UP TO 12.75

WARNING: Health and Welfare Canada advise that cigarette health increases with amount smoked and inhaling.

SAVE .70

BEATRICE, 2% PARTLY SKIMMED

Cottage Cheese

500 g TUB

.99

OUR REGULAR PRICE 1.69

SAVE .70

SAVAHIN, 4 VARIETIES INCL TURKEY

Frozen Dinners

11 OZ PKG

.99

OUR REGULAR PRICE 1.69



COMBO PACK CONTAINS: 2 RIB END, 2 LOIN END, 4 CENTRE CUT CHOPS

SAVE .89/kg .40 lb

Loin Pork Chops

4.39/kg / 1.99 lb

OUR REGULAR PRICE 5.27/kg-2.39 LB

SAVE 1.32/kg-.60 lb

FRESH

Medium Ground Beef

3.95/kg / 1.79 lb

OUR REGULAR PRICE 5.27/kg-2.39 LB

SAVE .66/kg-.30 lb

EXCELLENT FOR BRAISING

Blade Steaks

3.95/kg / 1.79 lb

OUR REGULAR PRICE 4.61/kg-2.09 LB

SAVE .89/kg-.40 lb

GRADE "A", FROZEN, PRIDE OF CANADA.

Roasting Chickens

2.62/kg / 1.19 lb

OUR REGULAR PRICE 3.51/kg-1.59 lb

GLAD

Garbage Bags

3.99 (pkgs of 40)

OUR REGULAR PRICE 5.99

SAVE 2.00

ALL PURPOSE, REGULAR OR UNBLEACHED

Five Roses Flour

1.99 (2.5 kg bag)

OUR REGULAR PRICE 3.15

SAVE 1.16

INSTANT

Nescafe Coffee

4.99 (10 oz jar)

OUR REGULAR PRICE 5.99

SUPER BUY!

KELLOGG'S

Special 'K' Cereal

2.19 (475 g pkg)

OUR REGULAR PRICE 2.59

SAVE .40

SWIFT PREMIUM, REG OR ALL BEEF

Sausages 250 g pkg **1.99**

SWIFT PREMIUM READY TO SERVE VAC PAC SUGAR CURED

Dinner Hams 770 kg / 3.49 lb

SWIFT PREMIUM

Sizzlean 250 g pkg **1.69**

CANADIAN QUEEN SLICED MEAT CHICKEN CAPER SAUCE

Cooked Meats 375 g vac pac **1.69**

CANADIAN QUEEN SLICED MINCED HAM OR VAR PACK

Cooked Meats 375 g vac pac **1.99**

MARY MILES-VAC PAC

Bologna Chunks 351 kg / 1.59 lb

CANADIAN QUEEN, HOT OR SWEET-TRAY PACK

Sausage Italian Style 417 kg / 1.89 lb

SICED, PREVIOUSLY FROZEN, SKINLESS & DEVEINED

Beef Liver 196 kg / .89 lb

TOWN CLUB OR A&P, REG. OR THICK SLICED

Side Bacon 500 g vac pac **2.49**

SWIFT PREMIUM

Wieners 1 lb vac pac **1.49**

SWIFT LAZY MAPLE, PURE PORK

Sausages 500 g tray pack **2.29**

SWIFT PREMIUM SLICED, 4 VAR INCL. BOLOGNA

Cooked Meats 175 g vac pac **.99**

SWIFT PREMIUM SLICED

Cooked Ham 175 g vac pac **1.79**

SWIFT PREMIUM SUGAR PLUM OR LAZY MAPLE, SLICED

Side Bacon 500 g vac pac **2.89**

ROAST OR CHOPS-CENTRE CUT

Pork Loin 615 kg / 2.79 lb

PORK LOIN RB PORTION/COUNTRY STYLE

Spare Ribs 483 kg / 2.19 lb

FRESH-RIB OR 3 TO 3 1/2 LB TENDERLOIN PORTION

Pork Loin Roasts 4.17/kg / 1.89 lb

(BONELESS RIB PORTION 5.27/kg-2.39 lb)

IN STORES WITH DELI!

SCHNEIDERS, 4 VAR OF MEAT LOAVES

Cold Cuts .55 / 100 g / 2.49 lb

QUADELCO, AUSTRIAN

Edam Cheese .59 / 100 g / 2.69 lb

MAPLE LEAF

Flakes of Ham 184 g tin **1.89**

DEL MONTE

Pineapple Juice 48 fl oz tin **1.29**

MEATBALL IRISH BEEF HOT CHILI

Puritan Stews 24 FL OZ TIN **1.99**

OUR REGULAR PRICE UP TO 2.79

ASSORTED CREAMS

400g TIN TIE BAG

Peek Frean Biscuits **1.99**

OUR REGULAR PRICE 2.29

PACIFIC RIM

Pink Salmon 7.75 oz tin **.99**

PURINA

Puppy Chow 2 kg bag **2.99**

ORANGE PEKOE

Red Rose Tea Bags PKG OF 60 **1.99**

OUR REGULAR PRICE 2.33

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500 g JAR

Peanut Butter **1.49**

OUR REGULAR PRICE 2.29

FROZEN, DESSERT TOPPING

Cool Whip 500 mL tub **.99**

ORIGINAL SEAFOOD, GOURMET

Purina Cat Chow 1 kg bag **1.79**

MAPLE LEAF PURE

Tenderflake Lard 1 lb pkg **.89**

KAM

Luncheon Meat 12 oz tin **1.69**

YORK, SMOOTHY OR CRUNCHY

Peanut Butter 500 g jar **1.99**

ALUMINUM FOIL

Reynolds Wrap 12" x 50' roll **1.89**

ASST VAR INCL CHOICE PEAS

Aylmer Vegetables 14 fl oz tin

2.99 (BUY 2 SAVE .59)

OUR REGULAR PRICE UP TO .79

MCCAIN, FROZEN, CONCENTRATED

Orange Juice 12.5 fl oz tin

.99 (SUPER BUY!)

STOUFFER, FROZEN

Mac & Cheese 12 oz pkg

1.19 (SAVE .60)

OUR REGULAR PRICE 1.79

STRAINED, MEATLESS VAR OF FOODS & JUICES

Gerbers Baby Foods 4 1/4 fl oz jar

3.99 (BUY 3 SAVE .18)

OUR REGULAR PRICE .39 EACH