

Kids cooking to psychic awareness

Herald Special

The Georgetown Y will be offering a variety of programs for all ages from pre-schoolers to adults for this upcoming fall and winter.

The fall and winter brochure will be distributed next Wednesday (Aug. 25) throughout the Halton Hills area. An evening registration will be held at the Y Sept. 8, 6 to 9 p.m. and a Saturday morning registration Sept. 11, 10 a.m. to noon.

Preschool includes Play-school at the Y, St. Alban's in Glen Williams and Speyside School; Pre-Maternelle Francaise for 3-6 year olds who already speak French Tuesday mornings and French Playtime for 4-6 year olds who wish to learn to speak French. Also returning for the fall are: Kinderfun, The Artful Toddler, Pint-Size Pottery, Mom and Tots Creating Together, Kiddies Corner, Kinder Cooking, Parent and Tot Gym and Tiny Tumblers I and II.

Y Gymnastics for boys and girls from 6 to 14 years will be continuing Monday evenings at Centennial School. This program provides an opportunity to participate in gymnastics at a recreational level for those with little or no gymnastics experience.

Teen Aerobics for 13-17 year olds, will be held at the Y Tuesday and Thursday from 4-5 p.m. Why not join the Y's dance fitness program twice a week?

BASKETBALL

Tae Kwon Do for 8-12 year olds will be held Tuesdays at the Y and Thursdays at St. George's Church. Also returning to the Y is Judo I and II Monday evenings for 7-12 year olds. Youth Basketball will commence again in January for 8-13 year olds.

Babysitter's Training for 12-14 year olds will be held Saturday mornings. For Girls Only, which is girls' self-improvement program, including hair care, make-up, skin care will be held Tuesday evenings.

Also 'Treat Yourself', which is for young women from 16 years and over is a

self-improvement course in make-up, hair care and wardrobe. 'Treat Yourself' will also be Tuesday evenings. French Fun for 7-10 year olds is returning for children who wish to use French in a variety of activities after school Thursday from 4 to 5:15 p.m.

The Y is pleased to announce "Kids Cooking" for 6 to 9 year olds Saturdays from 9 to 10 a.m. Also new to the Y is Horseback Riding Lessons for 5-14 year olds. Our riders will be introduced to English riding, theory, care and grooming Sunday afternoons Sept. 19, 26 and Oct. 3. Bus transportation will be provided to Bertin Stables from the Y at 1:15 p.m. and returning at 4:30 p.m.

The Y Ballet program will be held Tuesdays, Sept. 14 to Dec. 14, (14 weeks) and Jan. 16 to May 10 (16 weeks) at Sacre Coeur Church.

There will be classes for all ages from three and a half years to adult, which includes Pre-Primary, Primary, Levels 1-4, Junior, and Adult. Participants may register for the full year (September to May).

RELAXATION

Adult Health and Recreation includes: Be Fit exercise classes for Beginners and Advanced participants; Aerobics, our dance fitness program will be held Monday and Wednesday mornings and evenings; Tuesday and Thursday afternoons and evenings.

Also included in our fall program is Badminton, Ladies Sport 'n Swim, Men's Sport 'n Swim, Social Dance, Tae Kwon Do, Judo and Yoga, which is one of the oldest forms of exercise that will enhance your relaxation process. The Y will also be offering CPR (Heart Saver) Monday and Tuesday evenings at the Y.

Adult education will include Astrology for Fun, Astrology II and III, Bridge, Cutting Your Child's Hair, Dog Training, French, Hand Stitches, Treat Yourself, Quilting, Wok Cooking and Psychic Awareness.

Our workshops will

include a Plant Workshop; A Christmas Flower Arranging, Christmas Wrapping and Gift Ideas Workshop; and Christmas Baking. New to the Y for the fall is the Y Smoke Program. Our Y Smoke program will be held Tuesday evenings at Gordon Alcott Arena Hall. If it is time for you to quit smoking, join the Y Smoke free introductory meeting Sept. 21 at 7:30 p.m. Registrations are taken at the introductory meeting.

Discovery Days will be continuing in the fall with a trip to Niagara-on-the-Lake in September. Elora in October, Seniors Toronto Mystery Bus Tour in November and Christmas shopping to Toronto in December.

Y swim lessons will continue on Sunday evenings for Parent and Tot, Tiny Tots, Otter, Seal, Dolphin, Swimmer, Star I-VI, Terrified Adult and

Adult I and II. Lessons begin on Sunday Sept. 26 at the Indoor Pool. A Y membership swim is held on Sunday evenings from 8:30 to 9:30 p.m. during the Y scheduled aquatics program.

SENIORS CLUB

All adults 55 years of age and over are welcome to the Blue Triangle Club. The club meets on the 1st and 3rd Tuesday of each month at 1:30 p.m. Activities include cards, bingo, guest speakers, trips, special events, socializing. Also the Newcomers Club for new residents in town meets the 3rd Tuesday of the month at the Y at 10 a.m.

Pre-registration is required for all Y programs. It is necessary to register at 89 Mountview Rd. S. Monday to Friday from 9 a.m. to 5 p.m. Call the Y at 877-6163 for further information.

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Steam Era Sept. 3-6

Herald Special

An air of nostalgia will float over Milton this Labor Day Weekend when the 22nd annual Steam-Era reunion occupies Milton Fairgrounds for four days.

Steam-Era is the annual gathering of the 540 members of Ontario Steam and Antique Preservers' Association. It features about 25 antique steam traction engines plus 75 early gas tractors, over 100 gasoline engines, vintage cars and trucks, a saw mill, shingle mill and household and farm antique exhibits that help depict Ontario's agricultural heritage.

The reunion is four days of displays and demonstrations, parades, music and entertainment, competitions in threshing and tractor pulls and contests open to the public.

Special features this year include an antique parade through town at 11 a.m. Saturday, an official opening by Ontario minister of agriculture and food Dennis Timbrell at noon Saturday, a Friday night variety musical show organized by Milton Chamber of Commerce, a country and western talent show Saturday at 8, a gospel music hour Sunday at 8 and a special display.