

# DAYS SALE at A&P

This week's reason you'll do better at A&P!

We redeem all food store coupons!

**SAVE 1.40**

**GRANULATE SUGAR**

FINE, GRANULATED

**White Sugar**

LARGE SIZE—4 kg BAG

**2 49**

OUR REGULAR PRICE 2.89

**Buy 4 SAVE 1.50**

**Coca-Cola**

TAB, SPRITE OR

**Coca-Cola 750 mL Btls**

(PLUS BTL. DEPOSIT)

**4 for 1 49**

OUR REGULAR PRICE .75 EACH

**BUY 4 SAVE 1.51**

**Silverwood YOGURT**

DESSERT STYLE, ASST FLAVOURS

**Silverwood Yogurt**

175 g TUBS

**4 for 1 49**

OUR REGULAR PRICE .75 EACH

**Buy 2 SAVE 1.49**

**Marlboro**

MARLBORO, WHITE

**Bathroom Tissue**

PKG OF 4 ROLLS

**2 for 1 49**

COMPARE TO CAPRI AT OUR REG. PRICE OF 1.49 EACH

**SAVE 1.54/kg** *The Butcher Shop* **SAVE .70 lb**

**Sirloin Steak** **880/399**

**T-Bone or Wing** **880/399**

Steaks or Roasts

OUR REGULAR PRICE UP TO 10.34/kg-4.69 LB

**SAVE 2.64/kg-1.20 lb**

OUTSIDE CUT, EYE REMOVED

**Boneless Round Roast**

**5 49/2 49**

kg/lb

OUR REGULAR PRICE 8.13/kg-3.69 LB

**SAVE 2.43/kg-1.10 lb**

RUMP, SIRLOIN TIP OR INSIDE CUT ROUND

**Boneless Beef Roasts**

**5 93/2 62**

kg/lb

OUR REGULAR PRICE 8.36/kg-3.79 LB

**SAVE .67/kg-.30 lb**

FRESH, QUARTERS, WITH BACKS & WINGS ATTACHED

**Chicken Breasts**

OR CHICKEN LEGS with backs attached

**2 84/1 29**

kg/lb

OUR REGULAR PRICE 3.51/kg-1.59 LB

**ALPO Dog Food**

14 oz. tin

**3 for 1 49**

REG. 83c EACH BUY 3 SAVE 40c

WHOLE PLAIN, KOSHER, POLSKI OGORKI & GARLIC

**Heinz Dill Pickles**

**1 49**

1 litre jar

OUR REGULAR PRICE 2.09

**SAVE 60**

IDEAL, FANCY, VEGETABLES OR

**Whole Kernel Corn**

**3 1 49**

12 fl oz tin

OUR REGULAR PRICE OF .79 EACH

**BUY 3 SAVE .88**

BEEF, CHICKEN OR IRISH

**Cordon Bleu Stews**

**1 49**

24 fl. oz tin

OUR REGULAR PRICE 2.49

**SAVE 1.00**

FRESH **Lean Ground Beef** **4 39/kg 1 99**

GREAT ON THE B.B.Q. **Round Steak** **7 47/kg 3 39**

GREAT ON THE B.B.Q. **Cube Steak** **7 25/kg 3 29**

TOWN CLUB OR A&P, REG OR THICK SLICED **Side Bacon** **2 59**

SLICED SKINLESS & DEVEINED PREVIOUSLY FROZEN **Beef Liver** **1 96/kg 89**

NEW ZEALAND SPRING, SHOULDER **Lamb Chops** **4 17/kg 1 89**

REGULAR, BEEF OR B.B.Q. **Maple Leaf Wieners** **1 69**

GOLDEN FRY OR SKINLESS **Maple Leaf Sausages** **2 39**

MAPLE LEAF, SLICED **Cooked Ham** **1 39**

MAPLE LEAF, SLICED, 16 VAR INCL MAC & CHEESE **Cooked Meat** **.99**

MAPLE LEAF, SWEET PICKLED **Cottage Rolls** **4 39/kg 1 99**

MAPLE LEAF READY-TO-SERVE SMOKED PORK STYLE **Pork Shoulders** **3 73/kg 1 69**

MAPLE LEAF SLICED REGULAR THICK OR LIGHT OF MAPLE **Side Bacon** **2 99**

SHOPSY, COLE SLAW OR **Potato Salad** **1 69**

OLD VIENNA **Shopsy Salami** **2 79**

ALL BEEF **Shopsy Sausages** **2 69**

FRESH **Chicken Halves** **2 62/kg 1 19**

SWIFTEASY-TO-SERVE BONELESS DINNER STYLE **Sugar Plum Hams** **3 49**

SWIFT PREMIUM **Bologna Chunks** **1 59**

CANADIAN QUEEN, HOT OR SWEET **Sausage Italian Style** **1 89**

**Fresh Chicken Breasts**

**4 17/1 89**

kg/lb

INSTANT, ASSORTED VARIETIES

**Dainty Fried Rice** **2 1 49**

350 g pkgs

OUR REGULAR PRICE 1.05 PKG

CATCH-ALL

**Garbage Bags** **2 1 49**

pkgs of 10

SUPER BUY!

POWDERED

**Oxydol Detergent** **4 49**

6 litre box

OUR REGULAR PRICE 5.29

**SAVE .80**

FABRIC SOFTENER

**Bounce** **3 49**

pkg of 40 sheets

REGULAR SIZE, DEODORANT

**Zest Soap** **1 49**

banded pack of 4 bars

DISHWASHER DETERGENT

**Calgonite** **3 49**

1.4 kg box

BATH SIZE, BEAUTY, BANDED

**Dove Soap** **1 49**

pack of 2 70 g bars

BRavo

**Napolitana Sauce** **1 49**

2 1/4 fl oz tin

CLOVERLEAF, RED

**Sockeye Salmon** **2 49**

7.75 oz tin

ROASTED, REGULAR OR AUTOMATIC DRIP

**Sanka Coffee** **3 49**

1 lb vac pac bag

RAMEN SUPREME, BEEF OR CHICKEN

**Instant Noodles** **4 1 49**

85 g pkgs

PORK IN TOMATO SAUCE, PORK & MOLLUSCS

**Heinz Beans** **1 49**

2 1/4 fl oz tins

A&P REGULAR OR MINIATURE

**Marshmallows** **1 49**

2 10 oz pkg

A&P BRAND

**Mandarin Oranges** **1 49**

2 10 fl oz tins

A&P ALUMINUM

**Wonderfoil Wrap** **2 49**

12 inch by 75 foot roll

**SUPER BUY!**

IDEAL

**Whole Potatoes** **3 1 49**

19 oz tin

**Buy 3-SAVE 1.36**

ASSORTED VARIETIES—500 g CELLO PKG

**Lancia Pastas** **3 1 49**

3 pkgs

OUR REGULAR PRICE .95 EACH

**SUPER BUY!**

ASST VARIETIES, "POUCH PACK"

**Quick As A Wink Cake Mixes** **3 1 49**

227 g pkgs

CHASE & SANBORN

**Coffee** **2 49**

1 lb bag

**SUPER BUY!**

CHOICE, ASST VAR INCL PEAS & CARROTS

**Libby's Vegetables** **3 1 49**

10 fl oz tins

OUR REGULAR PRICE UP TO .69 EACH

**BUY 7 SAVE UP TO .58**

**Soccer**

By RANJIT REEL  
Herald Special  
MINOR MOSQUITO  
Thunderbolts 3  
Raiders 1  
Goals: Alan Campbell, John Wilson, David Ingalls.  
Goals: Nick Zubacs, Titans 11  
Pineview 4  
Goals: Chris Stoddart (5), Chris McWilliams (2), Martin Davison (2), Stephen Murray, Donald Guest.  
Stars: Brent Yaremy, Shawn Collison.  
Goals: Blaise Mullins (2), Scott McDowell, Peter Boettcher.  
Invaders 2  
Iguanas 2  
Goals: Brent Presswood (2), Scott Compton.  
Stars: Danny Brennan, Steven Robinson, David Scida.  
Goals: Stuart Vogt, Matthew Remedios.  
Stars: Geoff Lawson, Ken Best, Sean Cotton.  
Invaders 4  
Green Machine 1  
Goals: Brent Presswood (3), Steven Robinson.  
Stars: David Hodson, Gerald Horner, David Scida.  
MAJOR MOSQUITO  
Chargers 2  
Senior Raiders 1  
Goals: Scott Brander (2).  
Goals: David Harris.  
Stars: Ford Fraser, Richard Mathews.  
Chargers 5  
Astros 1  
Goals: Ronny Tilstra (2), Rudy Tilstra, Scott Brander, James Gage.  
Astros 4  
Renegades 3  
Goals: Glyn Owen, Rob Scarrow (2).  
Panthers 1  
Renegades 3  
Goals: David Schandelmeyer, Greg Shoultice, Mark Russell.  
Panthers 6  
Renegades 2  
Goals: David Schandelmeyer (2).

By JEAN MANNING  
Herald Special  
Ballinafad 1  
Falcons 2  
Goalscorers: Ballinafad - Kevin Howse, Falcons - David Andrews, Bruce Danson.  
Referee: Larry Hawes.  
A very close and exciting game with the Falcons getting the deciding goal in the final seconds.  
Bluebombers 3  
Thunderbolts 0  
Goalscorers: Bluebombers - Daryl Starsfield 1, David Rivard 2.  
Referee: Barry Mills.  
Quite a tough game resulted in a 3-0 win for the Bluebombers.  
Blizzards 5  
Reds 0  
Goalscorers: Blizzards - Paul McKosman 2, Doug Sheppard 3, Jonathan Burns 3, Shawn Kerman 1.  
Referee: John Andrews.  
The Blizzard had a strong game against tough Red defenders, giving them an 8-0 win.  
Golden Eagles 6  
Firebirds 1  
Unfortunately the Golden Eagles could not manage to raise a full team at game time so a 1-0 win was recorded for the Firebirds. The players then played a very good "friendly" with a few borrowed players from the sidelines.  
Referee: Jim Richardson.

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