

GBA 'T'-ball scores

Hilton Hills
Credit Union Mets 22
vs
A.E. LePage Cubs 19
Mets: Two home runs by Jim Kavanaugh and a triple by Steven Walsh led the Mets to another win over the strong hitting Cubs. Collin McDonald continues to improve at the plate with three hits while Julie Scarlett was impressive at first base. Jim Kavanaugh was the game's outstanding player.

Cubs: The Cubs were led by Falzal Mirza with two homers and Blaine Kennedy with one. This was a close and exciting game with an outstanding catch by Falzal Mirza to hold the Mets in the second inning. Christa Fuller played aggressively as a fielder and was the game's outstanding player for the Cubs.

Nell's Music A's 22
vs
Elks Angels 21
A's: A much needed win for the fast improving A's in this close game. Good base running by Charlie Snook and solid fielding by Brady Chandler and Ryan Ward led the A's in this important game. The outstanding player for the A's was Jason Lanthier.

Angels: Strong defensive plays by Sharlene Kyte, backed by eager team support saw the Angels go down to another one run defeat in one of the season's closest games. Doubles by Grant Goodfellow and Laura Doyle. Outstanding Angel Sharlene Kyte.

Hilton Hills
Credit Union Mets 27
vs
Elks Angels 27
Mets: The league leading Mets were held to a tie by the tough Angel defense. Jim Kavanaugh continues to produce the big hits with two home runs. Mark Aldridge, Ryan Hay and Colin Mountain played strong defensive games in the infield. Chris Penrise was the Mets' outstanding player.

Angels: A rare double play by Steven Boyle, backed by ever increasing team effort resulted in an exciting finish to a very well played game. Home runs were by Grant Goodfellow, David Vanderby and Jason Ogden. Doubles by Stephen Boyle, Ryan Hutchins (2), Jason Ogden, Angela Sheppard. Outstanding players - total team effort.

A.E. LePage Cubs 25
vs
Nell's Music A's 24
Cubs: Jenny Lorito played an excellent game for the Cubs defensively, along with James Young, Kelly Campbell and Sherie Peacock. Triples by James Young and Falzal Mirza. Jenny Lorito was the game's outstanding player.

A's: Another close game for the A's resulted in a narrow loss. The improving A's played an outstanding game defensively keeping the hard hitting Cubs at bay until the last inning. Courtney Ward and Kristen McElhone and John McDonald led the A's defensively while the outstanding player for the A's was Cori Baker.

YOU'LL DO BETTER AT A&P
A&P reserves the right to limit quantities to normal family requirements!



Prices effective thru Sat., August 21st, 1982.

Here's your chance to ring up BIG SAVINGS in every department.



YOU'LL DO BETTER AT A&P

ENRICHED WHITE BREAD **BUY 4 SAVE .63**

A&P, SLICED
White Bread
16 OZ 450 g LOAF

4 for 1.49
made with 100% pure vegetable shortening

OUR REGULAR PRICE .53 LOAF

chefmaster **BUY 4 SAVE .63**

PARCHMENT WRAPPED
Chefmaster Margarine
POUND

4 for 1.49

OUR REGULAR PRICE .59 LB

KRAFT Super Krunch **SAVE 1.40**

KRAFT, SUPER KRUNCH, SMOOTH OR CRUNCHY
Peanut Butter
750 g JAR

2 249

OUR REGULAR PRICE 3.89

Campbell's **BUY 5 SAVE .66**

CREAM OF TOMATOES
Campbell's Soup
10 FL. OZ. TIN

5 for 1.49

OUR REGULAR PRICE .43 EACH

YOU'LL DO BETTER AT A&P

CHEFMASTER
Corned Beef **SAVE 1.20**

1.49
330 g tin

COMPARE TO HEREFORD AT 2.69

MEADOW GOLD, ASST FLAVOURS
Ice Cream **SUPER BUY!**

1.49
2 litre carton

LIBBY'S PURE, WHITE SWEET OR UNSWEET, PINK
Grapefruit Juice **SAVE .20**

1.49
48 fl oz tin

OUR REGULAR PRICE 1.69

ASST OR CHOCOLATE CHIP
A&P Cookies **SAVE .50**

2.49
900 g tin tie bag

OUR REGULAR PRICE 2.99

JELL-O, FROZEN, ASST FLAVOURS
Pudding Pops **SAVE .60**

2.49
pkg of 12

OUR REGULAR PRICE 2.99

SCHNITZERS, PURE, CRISPY CRUST LARD OR
Crispy Flake Shortening **Buy 2 SAVE .85**

2 1.49
1 lb pkgs

COMPARE TO OUR REG. PRICE ON CRISCO OF 1.17 LB

THE FARM
AT A&P
For Freshness & Savings

CANADA NO. 1 GRADE, PROD. OF ONTARIO
Green Cabbage

3 for 1.49

PROD. OF U.S.A., LARGE, SWEET
Fresh Blueberries pint **1.49**

PROD. OF ONTARIO FRESH IDEAL IN CAESAR SALADS
Romaine Lettuce 3 for **1.49**

CANADA NO. 1 GRADE, PROD. OF CALIFORNIA SWEET LG SIZE
Fresh Cantaloupe each **.99**

CANADA NO. 1 GRADE, PROD. OF ONTARIO LONG GREEN
Seedless Cucumbers 2 for **1.49**

CANADA NO. 1 GRADE, PROD. OF ONTARIO YELLOW COOKING
Onions 10 lb bag **1.49**

PROD. OF ONTARIO, BUNCH GREEN ONIONS OR
Fresh Radishes 4 for **1.49**

SAVE .50

PROD. OF ONTARIO, DELICIOUS IN SALADS
Fresh, Snow White Mushrooms

1.49
12 oz pkg

OUR REGULAR PRICE 1.99

CANADA NO. 1 GRADE, PROD. OF ONTARIO
Corn 4 quart basket **1.35**

PROD. OF SOUTH AFRICA SWEET LG SIZE 88 S
Juicy Oranges 10 for **2.99**

PRODUCT OF FLORIDA, GREAT IN SALADS
Avocados 2 for **1.49**

CANADA FANCY, PROD. OF SOUTH AFRICA
Grenny Smith Apples lb **.99**

CANADA FANCY, PROD. OF CALIFORNIA
Red Grapes lb **.99**

PROD. OF U.S.A., RIPE, SWEET, JUICY
Whole Watermelon each **2.99**

CANADA NO. 1 GRADE, PROD. OF ONTARIO SWEET JUICY
Pears 4 quart basket **2.99**

CANADA NO. 1 GRADE, PROD. OF ONTARIO IDEAL IN SALADS
Sweet Green Peppers 4 for **.99**

PROD. OF CALIFORNIA, SWEET, RIPE
Fresh Strawberries quart **1.99**

CANADA NO. 1 GRADE, PROD. OF ONTARIO
Fresh Peaches 1.95 kg/lb **.89**

PROD. OF CALIFORNIA, CUT PORTIONS AVAIL.
Melons 1.30 kg/lb **.59**

SEVERAL CHOICE COLOURS
Reiger Begonias 4 inch pot **1.49**

You'll do better with Baked Goods From A&P

Health and Beauty Aids and General Merchandise

You'll do better with Frozen Foods From A&P

JANE PARKER **BUY 2-SAVE .89**

Plain Donuts 2 pkgs of 8 **1.49**

OUR REGULAR PRICE 1.19 PKG

Halo Shampoo 350 mL plast bot **1.49**

SUN SQUEEZE CONC., CLEAR OR PINK
Frozen Lemonade 6 6.25 fl oz tins **1.49**

JANE PARKER
Pound Cake 510 g cake **1.49**

JANE PARKER
Fudge Brownies 284 g pkg **1.49**

JANE PARKER
Lemon Meringue Pie 624 g size **1.49**

JANE PARKER
Chelsea Buns 8 pkgs of 8 **1.49**

JANE PARKER
Pecan Twirls 2 pkgs of 6 **1.49**

DOG FOOD
Gaines Meal 2 kg pkg **2.49**

COFFEE SUBSTITUTE
Sip 'N Savour 10 oz jar **3.49**

DOG DINNER
Gaines Select 8 kg bag **10.49**

ASST VAR INCL DIGESTIVE AND COCONUT
Pally Quality Biscuits 3 150 g pkgs **1.49**

MOTHER PARKERS ORANGE PEKOE
Tea Bags pkg of 75 **1.49**

TEXAS PRIDE, NON-ALCOHOLIC 6 pack of 355 mL tins **3.49**

MOUTHWASH
Colgate 100 500 mL bot **1.49**

TOOTH PASTE
Ultra Brite 2 50 mL tubes **1.49**

HAI KARATE, REGULAR
Shave Cream 300 mL aerosol tin **1.49**

PEPSODENT, ASSORTED
Toothbrushes 2 for **1.49**

MAXI SIZE, REGULAR OR SUPER
Stayfree Pads pkg of 10 **1.49**

DISPOSABLE
Bic Lighters 2 for **1.49**

DISPOSABLE
Bic Razors 2 for **1.49**

AA, C & D SIZES (9 VOLT PKG OF 1)
Duracell Batteries pkg of 2 **2.49**

A&P
Tube Socks pair **1.49**

A&P, CONTROL TOP
Pantyhose pkg **1.49**

A&P
Sponges pkg of 6 **1.49**

SINGLE THIN PROCESS, BLACK DIAMOND 250 g pkg **1.49**

REG. OR UNSALTED, CORN OIL SOFT MARGARINE pkg of 2 8 oz tubs **1.49**

SEALTEST, SMOOTH & CREAMY 500 g ctn **1.49**

HOLIDAY
Orange Drink 50 fl oz bot **1.49**

WELCH'S, FROZEN, CONCENTRATED 12 fl oz tin **1.49**

FARM HOUSE, FROZEN, ASST VARIETIES 12 oz pkg **1.49**

FROZEN, "BOIL N BAG", ASST VAR INCL RICE N BROCCOLI 10 oz pkg **1.49**

BLUE WATER, FROZEN, BOSTON BLUE 8 oz pkg **1.49**

BLUE WATER, FROZEN, TANGLED COD 15 oz pkg **1.49**

FROZEN
Mackerel lb **.49**

SUN SQUEEZE, FROZEN, CONCENTRATED 3 12.5 fl oz tins **1.49**

SAVE .50

SAVE .30

BUY 3 SAVE 1.18

VALIANT
Iced Tea Mix 24 oz cont **2.49**

OUR REGULAR PRICE 2.99

VALIANT, ASSORTED
Flavour Crystals 17 oz pkg **1.49**

OUR REGULAR PRICE 1.79

BLUE WATER, FROZEN
Fish Cakes 3 200 g pkg **1.49**

OUR REGULAR PRICE .89 EACH

YOU'LL DO BETTER AT A&P

YOU'LL DO BETTER AT A&P

YOU'LL DO BETTER AT A&P

LOSE 17 TO 25 POUNDS IN JUST 6 WEEKS
CALL TODAY FOR A FREE CONSULTATION

DIET CENTER

70 MILL ST.
877-2900
877-2277

HOURS:
Monday to Friday
8:00 a.m. - 12:30 p.m.
3:30 p.m. - 5:30 p.m.
Saturday
9:00 a.m. - 12 Noon
Nutritional Behaviour Classes
Thurs: 7:30 p.m. - 8:30 p.m.