

YOU'LL DO BETTER AT A&P

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A&P reserves the right to limit quantities to normal family requirements!
We redeem all food store coupons!

at A&P


Prices effective thru Saturday, July 31st, 1982.

Win **2 Trips For Two To The SUPER BOWL!** (A&P)

Plus 2 Pairs of GREY CUP Tickets to be Drawn at each ARGO Home Game. (Complete details at your A&P Store.)

Fill in this entry form and leave with cashier at any A&P Food Store.

Name: _____
Address: _____
Postal Code: _____ Tel No: _____



PRICE 1/2


LIMIT 3 cases per family

SPRITE OR
Coca-Cola Case of 24
10 FL OZ TINS

469

SAVE 5.30
6 pack of 300 ml. bits 2.09-plus bit deposit

OUR REGULAR PRICE 9.99



SUPER BUY!

SUN SQUEEZE, CONC. CLEAR
Frozen Lemonade
12.5 FL OZ TIN

39



SAVE .52

Bye the Sea
CHUNK LIGHT

CHUNK LIGHT, IN OIL OR WATER
Bye The Sea Tuna
6.5 OZ TIN

99

OUR REGULAR PRICE 1.51



SAVE .50

Miracle Whip
1 LITRE JAR

KRAFT SALAD DRESSING
Miracle Whip
1 LITRE JAR

199

OUR REGULAR PRICE 2.49

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Soccer Raiders win 2 in Major Mosquito action

Spitfires 4
Blazers 6
Goals: Scott Cunningham (2), Martin Barnard, Keith Ackroyd.
Senior Raiders 7
Astros 6
Goals: David Harris (2), Stewart Innes (2), Michael Miedema, Neil Beveridge, Michael Baker.
Chargers 13
Panthers 9
Goals: Scott Brander (3), Marus Hoising (3), Rudy Tilstra (3), Timothy Racinsky (2), Michael Rodillo, Don Honard.
Panther's stars: Stephen Hretchka, Grant Kelly, Duane Coleman.
Panthers 6
Spitfires 2
Goals: Rony Bastien (3), David Presswood (2), Duane Coleman.
Stars: Ryan Carney, Alain Thibault.
Senior Raiders 6
Blazers 2
Goals: Steward Innes (3), Michael Baker (2), David Harris.
Stars: Ford Fraser, Neil Beveridge, Michael Miedema.
Goals: John Burston (2).

Minor Titans scoring

Titans 6
Thunderbolts 5
Goals: Chris Stoddart 4, Chris McWilliams, Derek Treffry.
Stars: Jeffery Miedema.
Goals: John Wilson (3), Philip Rehburg, Jason Kanapa.
Iguanas 4
Challengers 3
Goals: Stuart Vogt (3), Matthew Remedios.
Stars: Alan Laroque, Ken Best, Scott Deforest.
Goals: Danny Succo, Stevens Waters, Michael Gulsto.
Green Machine 7
Raiders 6
Raiders' goals: Andreas Schirm (4), Justin Sketcher (2).
Stars: Peter Andrews, Stephen Mills, Ruben Hulzenga.
Iguanas 5
Thunderbolts 3
Goals: Matthews Remedios (3), Stuart Vogt (2).
Stars: Steven Hawes, Chris Sommers, Jeremy Felse.
Goals: Brad Bray, David Inglis, Tod Axford.
Titans 1
Raiders 1
Goals: Donald Guest 5, Simon Burns (2), Chris McWilliams (2).
Stars: Derek Treffry, Kelly Graham.
Goal: Andreas Schirm.
Stars: Brian Terrel, Stephen Mills, David Schouten.

Jaguars on the prowl

GAME I
Blue Bombers 1
Scorers: Joe Bilik.
Stars: Stephan Holmes, Michael James, Michael Laroque.
Jaguars 2
Scorers: David Fuller (2).
Stars: David Albano, Peter Blencour, Stephen Lang.
GAME II
Green Machine 5
Scorers: Paul Lalonde (2), Aaron Constant (2), Marcus Wittich.
Stars: Paul Sevenster, Stephen Birtley, Todd McGivern.
Rapid Fire 0
Stars: All the team.

FISH & CHIPS



TAKE OUT EAT IN

- Halibut • Shrimp
- Cod • Chicken

Skipper Fish & Chips
Georgetown Market Place
877-0239

You'll do better at **The Butcher Shop** with supermarket prices

CUT FROM CANADA'S FINEST GRADE "A" BEEF

SAVE 1.54/kg .70/lb

T-Bone or Wing 880/kg / 399/lb

STEAKS & ROASTS OR

Sirloin Steak

OUR REGULAR PRICE 10.34/kg—4.69/lb

SAVE .89/kg - .40/lb Swift Butterballs 284/kg / 129/lb OUR REGULAR PRICE 3.73/kg-1.69/lb	SAVE 2.64/kg - 1.20/lb "GREAT ON THE B.B.Q." Strip Loin Steaks 1431/kg / 649/lb OUR REGULAR PRICE 16.95/kg-7.69/lb	SAVE 3.09/kg - 1.40/lb RUMP, SIRLOIN TIP OR INSIDE CUT ROUND Boneless Beef Roasts 637/kg / 289/lb OUR REGULAR PRICE 9.46/kg-4.29/lb	SAVE 2.87/kg - 1.30/lb OUTSIDE CUT EYE REMOVED Boneless Round Roast 615/kg / 279/lb OUR REGULAR PRICE 9.02/kg-4.09/lb
SCHEIDERS, REGULAR, BEEF OR COUNTRY MAPLE Mini Sizzlers 500g pkg 229 SCHEIDERS, BEEF OR PORK Meat Pies 250g twin pack 119	WHOLE, PREVIOUSLY FROZEN, "GREAT ON THE B.B.Q." Turkey Legs 218/kg / .99/lb	WHOLE, PREVIOUSLY FROZEN, "GREAT ON THE B.B.Q." Turkey Breasts 439/kg / 199/lb	FRESH, "GREAT ON THE B.B.Q." Lean Ground Beef 439/kg / 199/lb INSIDE CUT Round Steak 770/kg / 349/lb
WITH THIS COUPON 1.00 OFF THE PRICE OF A Schneiders Olde Fashioned Half Ham LIMIT ONE COUPON PER HAM PURCHASE. VALID UNTIL JULY 31st, 1982. V.C.	CANADIAN QUEEN Canned Hams 1 1/2 lb tin 349 MARY MILES, HOT OR SWEET Italian Style Sausage 4 1/2 lb tin 189 MARY MILES, SLICED, MINCED HAM OR VARIETY PACK 375g vac pac 199 RED HOTS, ALL BEEF, B.B.Q. DUTCH TREET OR DINNER FRANKS 1 lb vac pac 179 SCHEIDERS, SLICED, REGULAR, THICK OR COUNTRY MAPLE Side Bacon 500g vac pac 279	SCHEIDERS, HALVES Olde-Fashioned Hams 10 7/8 lb 489 SCHEIDERS, SLICED Cooked Ham 175g vac pac 169 SCHEIDERS SLICED, 1/2 VAR. INCL. MILD & CHEESE & MOCK CHICKEN Cooked Meats 175g vac pac 99 SCHEIDERS, 9 VAR. INCL. BEERWURST & POLISH Mini Deli Chubs 250g size 179 SCHEIDERS, LOOPS Polish Sausage 4 3/4 lb 199	SCHEIDERS, REGULAR OR ALL BEEF 500g vac pac 199 WHOLE, 10 LB AVERAGE Strip Loin Beef 13 2/3 lb 599 Swift's Wieners 1 lb pkg 169

ROLLER COASTERS OR MINI BITES, PASTAS Chef Boy-Ar-Dee 16 fl oz tin .99	SPAGHETTI, THIN SPAGHETTI OR ELBOW MACARONI 1 kg pkg .89	HUMPTY DUMPTY, REGULAR OR RIPPLE Potato Chips 300g pkg 1.89
AYLMER, CHOICE BARTLETT, PEAR HALVES OR Fruit Cocktail 10 fl oz tin .79	ROMI PLAIN (WITH MEAT OR MUSHROOMS) 79 1/2 oz jar .69	KRAFT, ASSORTED VARIETIES B.B.Q. Sauces 16 fl oz bit 1.29
AYLMER, CHOICE Tomatoes 19 fl oz tin .89	CREAM OF MUSHROOM Heinz Soup 2 10 fl oz tin .99	ORANGE FLAVOUR Tang Crystals poly pkg of 2 184g envs 1.49
CHOICE, ASSY VAR. INCLUDING CREAM STYLE CORN Aylmer Vegetables 10 fl oz tin .89	PURE CORN Mazola Oil 3 litre cont 5.99	SUGAR SWEETENED, ASSORTED FLAVOURS Kool Aid 135g pouch .69
STOKELY, NEW ORLEANS STYLE OR DARK RED Kidney Beans 14 fl oz tin SAVE .20 .59 OUR REGULAR PRICE .79	ASSORTED VARIETIES Bick's Relishes 375 mL jar SAVE .36 .79 OUR REGULAR PRICE 1.15	BABY DILLS, SWEET MIXED, YUM YUMS, SWEET ICICLES Bick's Pickles 500 mL jar SAVE .30 1.49 OUR REGULAR PRICE 1.79

SAVE .70

CHARCOAL
Kingsford Briquets

699

20 lb bag

OUR REGULAR PRICE 7.69

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