

A&P reserve the right to limit quantities to normal family requirements!



Prices effective thru Saturday, July 3rd, 1982

Win SUPER BOWL!

2 Trips For Two To The Smurfettes 1 Blue Bandits 0
 Plus 2 Pairs of GREY CUP Tickets to be Drawn at each ARGO Home Game.
 (Complete details at your A&P Store.)
 Fill in this entry form and leave with cashier at any A&P Food Store.

Name.....
 Address.....
 Postal Code:..... Tel No:.....

SAVE .50

BETTY CROCKER, ASST VARIETIES
Super-Moist Cake Mixes
 510 g PKG

.99

OUR REGULAR PRICE 1.49

SAVE .70

REGULAR, FINE OR EXTRA FINE
Nabob Tradition Coffee
 1 LB BAG

2.99

OUR REGULAR PRICE 3.69

SAVE 4.50

REGULAR & SUGAR FREE ASST VARIETIES
Canada Dry Beverages
 CASE OF 24—10 FL OZ TINS

5.49

(6 pack of 10 fl oz btl's 2.09 -Plus btl dep.)

OUR REGULAR PRICE 9.99

SAVE .90

CHARCOAL
Kingsford Briquets
 10 LB BAG

2.99

OUR REGULAR PRICE 3.89

You'll do better at *The Butcher Shop* with Supermarket Prices!

CUT FROM CANADA'S FINEST GRADE "A" BEEF

SAVE 2.20/kg 1.00 lb

T-Bone or Wing 8.80/kg 3.99/lb

OUR REGULAR PRICE 11.00/kg—4.99 lb

SAVE .89/kg - .40 lb

CANADA'S FINEST GRADE "A" FROZEN 6-12 LBS ASP SELF-BASTING TURKEYS OR

Swift Butterballs
2.84/kg 1.29/lb

OUR REG. PRICE 3.73/kg-1.69 lb

SAVE .88/kg - .40 lb

COMBINATION PACK—2 RB ENDS 2 LON ENDS 4 CENTRE CUT CHOPS

Loin Pork Chops
4.39/kg 1.99/lb

OUR REG. PRICE 5.27/kg-2.39 lb

SAVE 2.87/kg-1.30 lb

RUMP, SIRLOIN TIP, INSIDE CUT ROUND

Boneless Beef Roasts
6.59/kg 2.99/lb

OUR REG. PRICE UP TO 9.46/kg-4.29 lb

SAVE 2.65/kg-1.20 lb

OUTSIDE CUT EYE REMOVED.

Boneless Round Roast
6.37/kg 2.89/lb

OUR REG. PRICE 9.02/kg-4.09 lb

A&P REGULAR OR THICK SLICED

Side Bacon
 500 g vac pac **2.39**

OUR REGULAR PRICE 2.99

RIB OR 3-3 1/2 LB CUT TENDERLOIN PORTION

Loin Pork Roasts
4.17/kg 1.89/lb

(BONELESS RIB PORTION 7.25/kg-3.29 lb)

INSIDE CUT

Round Steak
8.36/kg 3.79/lb

CUT FROM CANADA'S FINEST GRADE "A" BEEF

TENDERIZED CUBE OR SAVE 1.54/kg-70 lb

Sirloin Steak
8.80/kg 3.99/lb

OUR REGULAR PRICE 10.34/kg-4.89 lb

MAPLE LEAF, SWEET PICKLED—VAC PAC

Cottage Rolls **4.39/kg 1.99/lb**

MAPLE LEAF, READY-TO-SERVE, VAC PAC

Country Kitchen Hams **10.12/kg 4.59/lb**

MAPLE LEAF REGULAR, ALL BEEF OR B.B.Q.

Wieners **1.79/lb**

MAPLE LEAF, GOLDEN FRY OR SKINLESS

Sausages **2.49/kg**

MAPLE LEAF, SLICED, 7 VAR. INCL. MAC & CHEESE & BOLOGNA

Cooked Meats **1.79/kg**

MAPLE LEAF, SLICED

Cooked Ham **1.59/kg**

LOIN ROAST OR CHOPS (BONELESS 8.13/kg-3.69 lb)

Centre Cut Pork **6.15/kg 2.79/lb**

PORK LOIN RIB PORTION, COUNTRY STYLE

Spare Ribs **4.83/kg 2.19/lb**

SHOPSY, ALL BEEF, OLD VIENNA

Salami **2.99/kg**

ALL BEEF, SLICED

Shopsy Bologna **1.79/kg**

SHOPSY, ALL BEEF

Sausages **2.49/kg**

SHOPSY, COLE SLAW OR

Potato Salad **1.49/kg**

FRESH, LEAN

Ground Beef **4.39/kg 1.99/lb**

MAPLE LEAF, READY-TO-SERVE, REG. OR MINI SIZE

Dinner Hams **7.25/kg 3.29/lb**

BURNS, BREAKFAST

Sausages **3.51/kg 1.59/lb**

MAPLE LEAF, 9 VAR. INCL. BAVARIAN & PEPPERONI

Deli Chubs **1.59/kg**

MAPLE LEAF, SLICE, REG., THICK OR MINT OF MAPLE

Side Bacon **2.99/kg**

SHOPSY, ALL BEEF

Wieners **1.79/kg**

NEW YORK

Strip Loin Steaks **15.41/kg 6.99/lb**

SAVE 1.70 lb.

REGAL BONELESS

Dinner Hams
4.39 lb. / 1.99 lb.

PURE CORN

Mazola Oil **2.19/litre**

LEMONADE FLAVOUR

Realemon Crystals **1.49/poly pkg of 3 92 g pouches**

CHUNK LIGHT

Island Queen Tuna **1.19/6.5 oz tin**

CHEFMASTER

Corned Beef **1.79/330 g tin**

NO. 1 GRADE, CREAMED, WHITE

Beemaid Honey **1.99/500 g cont**

OUR REGULAR PRICE 2.33

VALIANT

Iced Tea Mix **2.79/24 oz cont**

SEASONED GREEN OR WAX

Del Monte Beans **.69/14 fl oz tin**

ASST VARIETIES INCL. BEEF RAVIOLI & ROLLER COASTERS

Chef Boy-Ar-Dee Pastas **1.69/30 fl oz tin**

CHEF BOY-AR-DEE, SINGLE

Cheese Pizza Mix **1.59/15.1 oz pkg**

HUNT'S

Tomato Paste **.39/5.5 fl oz tin**

OUR REGULAR PRICE .58

PLAIN, WITH GARLIC OR POLISH

Bick's Dill Pickles **2.49/1.5 litre jar**

FRITO LAY, ASSORTED VARIETIES

Potato Chips **1.19/200 g pkg**

PURE SPRING, REGULAR OR SUGAR FREE VARIETIES

Beverages **.49/750 mL btl**

Plus Btl Deposit

KRAFT, ASSORTED VARIETIES

B.B.Q. Sauces **1.29/16 fl oz jar**

POWDERED

Oxydol Detergent **3.99/6 litre box**

OUR REGULAR PRICE 5.29

SUPER BUY!

STRAINED, MEATLESS VAR. OF FOODS & JUICES

Gerbers Baby Food

3.99/4.5 fl oz jars

Soccer

GIRLS ATOM SOCCER

Smurfettes 1
 Blue Bandits 0
 Still looking for their first win, the Bandits had trouble getting out of their end in the first half. Although dominating the second half, the Bandits were unfortunate to lose by one goal scored by the Smurfettes' Sheri Nairn. Good progress was shown by the Bandits' Angela Fitzsimmons, Aileen Dobbie and Maureen Turner. Nicole Spicer, Sacha Reid and Liz Weststeyn played very well for the Smurfettes.

Cougars 3
 Martians 1
 Sara Cook of the Martians opened the scoring. The Martians held the Cougars in their end for much of the game, but Doreen Bergama (2) and Nicole Remedios, on breakaways, helped to give the Cougars a win. Sara Cook, Karen Fear and Marianne Longo kept the Martian attack going, while Cludy Brennand, Tricia Oosterhof and Janet Rattenbury were very good team members for the Cougars.

Hornets 3
 Thunderbirds 0
 The Hornets and Thunderbirds met in a very close, exciting first half, but then the Hornets opened up the scoring with goals by Debbie Mitchell (2) and Michelle Smith. Playing well for the Hornets were Sheri Cave, Sheila Braam and Andrea Corscullen.

PEEWEE

Invaders 4
 Goals: Nina Fear, Allison Irvine 3.
 Noteworthy players: Wendy Heaton, Julie Hubbert, Diane Savard.

Team D 1
 Goal: Barb Savage.
 Noteworthy players: Christine Krafczek, Tammy Woodstra, Laura Steen.

Geminis 3
 Goals: Nancy Mustard, Charlene Van Cleef 2.
 Noteworthy players: Nancy Mustard, Charlene Van Cleef, Jodi Ellard.

Flames 6
 Noteworthy players: Lisa Green, Jenny Melville, Angie Gray.

Geminis 3
 Goals: Brenda James, Chris Harris, Charlene Van Cleef.
 Noteworthy players: Brenda James, Michelle Barnard, Michelle McEachern.

Invaders 1
 Goal: Sandy Rahn.
 Noteworthy players: Chris Wilcox, Jacinta Halovanic, Carol Anne Mitchell.

Flames 2
 Goals: Annie Powers, Janice Jickling.
 Noteworthy players: Stephanie Green, Janice Jickling, Michelle Bailey.

Team D 8
 Noteworthy players: Lesley Campbell, Tammy Woodstra, Susan Campbell.

Geminis 3
 Goals: Michelle Barnard, Charlene Van Cleef 2.
 Noteworthy players: Trina Bassett, Chris Harris, Darla Gillespie.

Team D 6
 Noteworthy players: Lisa Mason, Sue Campbell, Kim Daquano.

Invaders 4
 Goals: Sandy Rahn 3, Wendy Heaton.
 Noteworthy players: Carol Anne Mitchell, Sandy Rahn, Chris Wilcox.

Flames 6
 Noteworthy players: Annie Powers, Tracie Peggle, Mary Ellen Moore.

STANDINGS

PTS.	PTS.
Geminis 6	6
Invaders 4	4
Flames 2	2
Team D 8	8

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