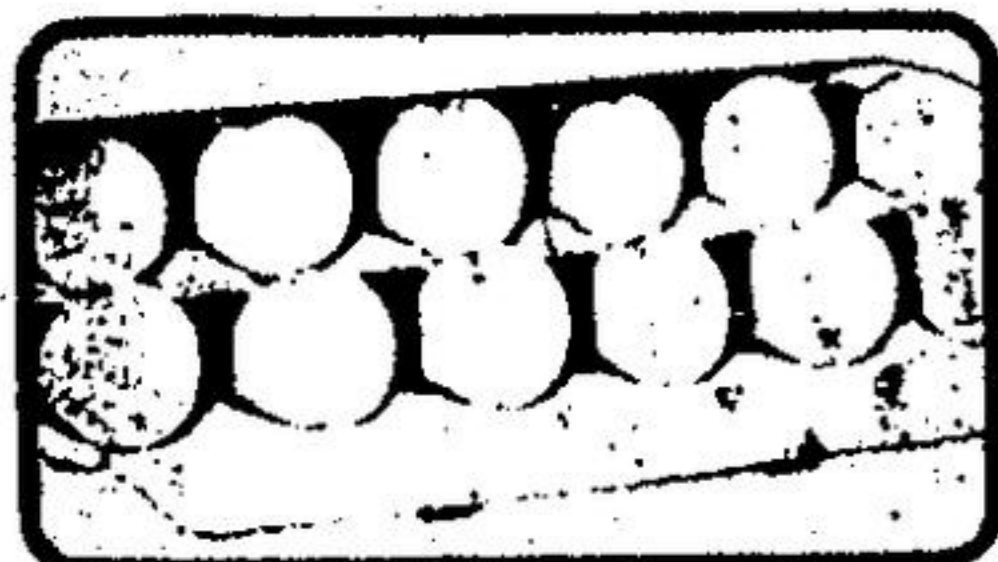


WE REDEEM ALL FOOD STORE COUPONS!

NATIONAL BRANDS SALE!



Super Buy! Astor PKGS

Grade "A" **LARGE EGGS**
dozen

1.109

Save .40 Astor PKGS

Daytime pkg of 30, Overnight pkg of 22, Extra Absorbent pkg of 24

PAMPERS DIAPERS
pkg

3.59
(Our Regular Price 3.99)

Super Buy! Astor PKGS

Powdered **FAB DETERGENT**
12 litre box

6.99

Save 1.70 Astor PKGS

Mountain Dew, Regular or Diet **6-PACK OF PEPSI-COLA**
750 mL bottles

2.39
(Plus htl deposit)
(Our Regular Price 4.09)

You'll do better at **The Butcher Shop** at **A&P** with supermarket prices

SAVE 1.99/kg .90 lb

Cut from Canada's Finest Grade "A" Beef
Semi-Boneless

BLADE ROAST
or Chuck Short

RIB ROAST

3.28/kg / 1.49 lb
(Our Regular Price 5.27/kg — 2.39 lb)

SAVE 1.98/kg .90 lb

Boneless BEEF ROASTS
Blade, Chuck Short Rib or Shoulder

3.73/kg / 1.69 lb
(Our Regular Price 5.71/kg — 2.59 lb)

SAVE 1.54/kg .70 lb

BLADE STEAKS
Excellent for Braising

3.73/kg / 1.69 lb
(Our Regular Price 5.27/kg — 2.39 lb)

SAVE .66/kg .30 lb

LOIN PORK CHOPS
Combination Pack — Contains:
2 Rib Ends, 2 Loin Ends, 4 Centre Cuts

3.51/kg / 1.59 lb
(Our Regular Price 4.17/kg — 1.89 lb)

SAVE .44/kg .20 lb

PORK LOIN ROASTS
Rib Portion or Tenderloin
Portion 3 to 3 1/2-lb Cut

3.51/kg / 1.59 lb
(Our Regular Price 3.95/kg — 1.79 lb)
(Boneless Rib 4.17/kg — lb 1.89)

FRESH, MEDIUM

Ground Beef **3.95/kg / 1.79 lb**

BONELESS

Cross Rib Roast 4.17/kg / 1.89 lb

SHOULDER CUTS (STRIP OR CURED 4.41/kg — lb 2.29)

Stewing Beef 4.17/kg / 1.89 lb

APPROXIMATELY 50% MEDIUM GROUND BEEF AND 50% GROUND PORK COMBINATION

Ground Meat 3.28/kg / 1.49 lb

MARY MILES, SLICED

Side Bacon 500 g vac pac 1.99

Maple Leaf, VAC PAC

Bologna Chunks 2.62/kg / 1.19

(Our Regular Price 2.29)

REGULAR OR THICK SLICED

A&P Side Bacon 500 g vac pac **1.99**

BURNS PRIDE OF CANADA, GRADE "A", FROZEN, BASTED, WITH POP-UP TIMER, ROASTING

Chickens 3.06/kg / 1.39

SWIFT, READY-TO-SERVE, DINER STYLE, MINI, VAC PAC

Hams Sugar Plum 5.71/kg / 2.59

MARY MILES, SMOKED, CANADIAN

Back Bacon 6.59/kg / 2.99

CANADIAN QUEEN, HOT OR SWEET, ITALIAN STYLE

Sausage 3.51/kg / 1.59

SHOPS — FRENCH COLE SLAW OR

Potato Salad 100 g .24 / 1.09

(Our Regular Price 1.79)

Mary Miles Wieners 1-lb vac pac **1.29**

PORK LOIN RIB PORTION, COUNTRY STYLE

Spare Ribs 3.73/kg / 1.69

FROZEN, INDIVIDUALLY WRAPPED, PORK

Tenderloin 7.25/kg / 3.29

MAPLE LEAF, BRISKET, VAC PAC

Corned Beef 5.05/kg / 2.29

MAPLE LEAF, SWEET PICKLED, VAC PAC

Cottage Rolls 3.73/kg / 1.69

SWIFT, SLICED, MACARONI & CHEESE, CHICKEN LOAF, DUTCH LOAF, BOLOGNA

Cooked Meats 175 g vac pac .89

BROOKFIELD, PURE PORK

Swift Sausages **3.28/kg / 1.49 lb**

PORK LOIN ROAST OR CHOPS (Boneless 5.05/kg — lb 2.29)

Centre Cut 4.17/kg / 1.89

Maple Leaf, Sliced

COOKED HAM **1.19**
175 g vac pac

CORN OIL MARGARINE, QUARTERS

Fleischmann's 1-lb pkg **1.29**

PLAIN (ASSORTED FRUIT FLAVOURED — 300 g TUB 1.29)

Delisle Yogourt 500 ml **1.29**

SILVERWOOD, ORANGE OR ASSORTED FLAVOURS

Popsicles pkg of 12 **1.59**

MIRACLE "CORN OIL"

Soft Margarine 1.19

Economy (Our Reg. Price 2.19 — SAVE .40)

MOTHER PARKERS TEA BAGS pkg of 200 **1.59**

MINTS

Tomato Sauce 14-oz tin **.59**

HELLMANN'S REAL

Mayonnaise 500 mL jar **1.49**

READY CUT MACARONI OR LONG SPAGHETTI 400 g PKG

Creamettes Pastas .59

ORANGE FLAVOUR 348 g PKG OF 4 DYS

Tang Crystals **1.59**

Assorted Flavours

MARTINS FRUIT DRINKS 48-oz tin **.69**

McCormick's, Choc. Chip, Sunwheat, Digestive, Shortcake, Fruit & Honey

WHOLE WHEAT BISCUITS

400 g tin tie bag **1.59** **SAVE .46**
(Our Regular Price 2.05)

Bathroom Tissue, Avocado, Blue or Gold

DELSEY BOUTIQUE

pkg of 4 rolls **1.39** **SAVE .60**
(Our Regular Price 1.99)

GDMHA

Con't from B6

Assists: John Moore, Jason Haladyn.

Young's Pharmacy 13
Goals: Eric Bradbury 1, Chad Davies 2, Marcus Wittich, Jason Morey 4, Brad Gray 2.

Assists: Dustin Thompson 4, Eric Bradbury 3, Chad Davies, Derek Tibbitts, Shean Jacobs 3, Marcus Wittich 2, Brad Gray 7.

Harris Systems 8
Goals: Peter Gombocz 4, Allan Fudge, Claude Johnston.

Assists: Andrew West 2, Peter Gombocz, Allan Fudge 2, Jeff Lane 2, Claude Johnston.

BANTAM

Millers TV 8
Goals: Dean Morgan 2, Brad Klavkals, Mike Gopill 2, Brent Hutt 2, Brian Peacock.

Assists: Gord Portelli, Alex Frankow, Heath Lockhurst 3, Dean Morgan 3, Brian Peacock, Jim Bick, Brad Klavkals.

McPhersons Esso 1
Goal: Brad Postorby.
Assist: James Gray.

Criterion Carpets 5
Goals: Graig Banks, Neil White, Mark Campbell, Mark Pusiak, Dean Paul.

Assists: Graig Banks 2, Mark Pusiak 2, Larry Taylor 2, Dave McKinnon, Neil White.

Elks Lodge 3
Goals: Jeff Talbot 3.
Assists: Terry Flynn, Allan Bray.

A.E. LePage 1
Goals: Tim Fleming 3, Shawn Coffey, Dave Eros, Craig Lucas, Andy Skok.

Assists: Jeff McNiven 3, Dave Eros, Shawn Coffey, Bryan Krafceck, Craig Lucas, Brian Crouch, Jamie Hodgins.

Superior Glove 2
Goals: Steve Joy, Dave Collier.

Assists: Dave Allen, Jeff Kent, Mike Howie, Steve Joy.

Dockeray Plumbing 4
Goals: Leland Young, Thomas Gross 2, Andreas Thunich.

Assists: Mike Tyler, Ian Munro, Andreas Thunich, Gord Marinko.

Business Truck Centre 4
Goals: Mike Hurley 2, Jeff Shoultice, Peter Egger.
Assists: Dave Reynolds 2, Stuart Morgan 2, Mike Hurley, Gord Paterson.

Curling notes

Con't from B3

Gain went to Guelph, where they won the high game score of the day. They also had a great time.

North Halton hosted a Business Girls Bonspiel this weekend. The Jackie Ladies Wear trophy was won by Mary Horchak's rink from Guelph. Second place was won by Anne-Lorraine Thiesen's rink from Burlington. Third and fourth places were won by North Halton rinks.

Peggy Darmody and her team of Sharon Wood, Joan Trimble and Patti MacLaren took third place. Karin Henderson with Jane Burrows, Ellen Burns and Doris de Hueck placed fourth. The day was a huge success and everyone had a great time.

Also curling this weekend were Al Dean and his rink of Mark Perigo, Mike Makovnyk and Paul Wilson. They were runners up in the U event Bonspiel in Burlington. They had a very good, but rather hectic two days.

Coming up soon, the Ladies Annual Spring Break Bonspiel. This will take place on Wed. March 24, and anyone who wants to watch is welcome.

The day ladies are taking a rest for March break and will start back again on March 30.

Good curling and see you on the ice.

Happy Birthday

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SEND OUR SPECIAL BIRTHDAY BOUQUET

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