

## Cookbooks help newlyweds get acquainted with entertaining

Of all the purchases a soon-to-be-married person makes, that first cookbook may well be her—or his—best friend! For people starting out in their first home or apartment (and this applies to single people as well as newlyweds), there's no better investment than a good basic cookbook.

Such classics as *The Joy of Cooking* and *The Settlement Cookbook* have graced the kitchens of many people over the years, and their food-stained pages attest to their inestimable value to generations of cooks.

How many inexperienced cooks have gotten over such

hurdles as their first Thanksgiving dinner, or that momentous first meal for the in-laws, with the help of these books, or others like them.

In recent years, with the awakening of the American palate to international influences, the task of the novice cook has become increasingly

complex.

Despite the recent swing back to wholesome cookery which celebrates the natural flavors and aromas of food, the surge of interest in cuisines from all parts of the globe continues unabated.

Thus, the newly wedded pair may find themselves expected to have mastered *Veal Cordon Bleu* and *Beef Wellington* before they've learned how to roast a chicken.

And, they may receive as perfectly well-intentioned presents cookbooks written for people with a tremendous interest in food and, all too often, the time and pocketbook to match.

These books should not be abandoned, by any means, for they contain within them a tremendous knowledge of the art and craft of cookery that anyone who is interested in food would do well to probe.

However, if you don't feel you are "up to" mastering the complexities of the recipes they offer, don't despair. There are many alternatives to be explored.

Most bookstores carry a wide selection of cookbooks that range from the mundane to the exotic. Depending on your interests, you may want to take home one or several: a good, basic, all-around cookbook that will stand you in good stead for years to come is a "must," but let your taste buds guide you in the choice of

one or more others to add variety to your diet.

If your passion is Italian food, or if you received a wok as a shower present, and don't know what to do with it; or if you're a vegetarian or must cook for someone on a low-salt, low-cholesterol or low-sugar diet, you will find an ample selection of volumes from which to choose.

If you expect to be doing a great deal of entertaining, a wise investment for you might be a book that not only details

recipes for a wide variety of occasions, but which devotes a chapter or two to planning the event—whether it's a buffet for 50 or a cozy dinner for four.

Such a book is the recently published *Entertaining: Step-by-Step Menus for Every Occasion* by Robert Carrier (A & W Publishers, Inc.). Lavishly illustrated with color photographs, *Entertaining* is a thorough guide which both the novice and the experienced chef-party-giver will appreciate.

Carrier offers a wide variety of menu suggestions for a multitude of occasions—everything from a Sunday brunch to a Fondue Party to a Barbecue.

There are menus designed with economy in mind and easy-to-prepare one-dish menus. Game Dinners to warm an autumn evening and

Summer Meals, European style. All in all, a treat... not only for the newlyweds but for their guests as well!

Entertaining in a thoroughly elegant fashion is the theme of Sara Stamm's *The Park Avenue Cookbook* (Doubleday & Co., Inc.). Elegant, however, is not always difficult—which point the author proves with *reclat* time and again.

Stamm, too, provides suggested menus—hers run the gamut from "The Great American Cocktail Party" to thoroughly *intime*, thoroughly

enjoyable "Romantic Dinners" to dinners for "Holidays Great and Small"—everything from St. Patrick's Day to Derby Day to an unforgettable menu for a once-in-a-lifetime occasion.

Stamm's recipes are as varied as Bell Peppers Stuffed with Corn and Roast Pheasant, *Tournedos Dauphinois* and Chicken Curry. Delicious!

An increasingly popular phenomenon is smaller-format paperback cookbooks, which are inexpensive enough to buy in multiples. Dell has recently released half a dozen such books, all written with an eye to flavorful dishes which are both economical and easy-to-prepare—in other words, the ideal guides for people who have little time to invest in cooking.

## Chance of a lifetime for new brides

Is there really a pot of gold at the end of the rainbow? Can a fairy godmother magically appear and turn a pumpkin into a dazzling glass coach? Or a Cinderella into a fairytale princess? Breathes there a soul who has not dreamed at one time or another that such fantasies could come true?

Perhaps nowhere was there more dramatic evidence of our love for such Cinderella stories than our recent preoccupation with the royal wedding of Prince Charles and Lady Diana.

### Making of a princess

Never mind the fact that even in her childhood, Lady Diana called the Queen, "Auntie." In our minds, Lady Diana was a Cinderella becoming a princess in perhaps the most beautiful wedding of the century.

There is another Cinderella story in the making. But, no one knows who the heroine will be. Not yet. And, this Cinderella probably will not come from a royal family. Instead, she will be from a city or town in the U.S. And, her "glass coach" will be a magnificent white Cadillac Cimarron.

### In the works

Alfred Angelo, Inc., makers of Alfred Angelo and Bridalure gowns, and one of the most respected companies in the bridal industry, is busy planning that Cinderella story now.

And, any bride can enter a drawing and win that white Alfred Angelo Cadillac Cimarron when the first bridal gown she tries on is an Alfred



**THE CINDERELLA STORY** is every young girl's fantasy—one which is going to come true for one lucky bride in the near future! Simply by trying on an Alfred Angelo or Bridalure wedding gown first (no purchase is necessary), she will become eligible to enter a drawing for a magnificent white Cadillac Cimarron, the modern version of the traditional "glass coach." And what bride-to-be could resist the opportunity to don a gown such as this, designed by Michele Piccione for Alfred Angelo. Available in both white and ivory, it features silk floss Venise lace, embroidery, knit chiffon and Venise lace flowers. It's the look of a lifetime, for a once-in-a-lifetime event!

Angelo or Bridalure wedding gown.

That's all. No purchase is required, and she may enter the drawing in any one of several thousand bridal retail shops nationwide that are participating in the Alfred Angelo Cadillac promotion.

According to company President, Edythe Piccione, "We realize that weddings in this coming year will be more elegant and glamorous than ever. Likewise, more brides

than ever before are planning large, traditional formal weddings. Even brides who may be marrying for the second time."

"What more beautiful way to make that most memorable day in one's life as perfect as possible," Mrs. Piccione said.

"And, if she is very lucky, she may be our very own Cinderella and drive away from her reception in the car of her dreams—our white Alfred Angelo Cadillac."



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