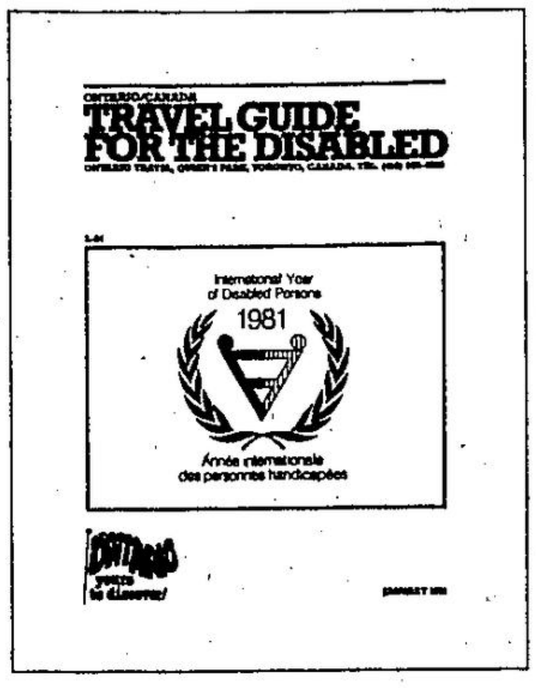
Tourism guide for disabled



TORONTO — The Ministry of Industry and Tourism has produced a new Ontario Travel Guide for the Disabled listing tourist attractions that have special facilities for handicapped vacationers.

The revised and expanded booklet covers more than 100 of the province's major attractions.

Information is given on accessibility of sites and accommodation, including the parking, entrance and washroom facilities. Premises that are accessible with assistance are noted.

Also listed are offices of the Canadian Hearing Society and Canadian National Institute for the Blind, provincial parks which offer comfort stations for the handicapped, transportation services, and service centres along major highways.

Another ministry brochure, Accommodations, includes a wheelchair symbol for those premises with facilities for disabled travellers.

The 100-page guide and brochure are part of the ministry's program in this International Year of the Disabled Persons.

Help in compiling the guide was given by the Ontario Advisory Council on the Physically Handicapped.

Those interested in the guide can obtain a copy from their nearest Ontario Tourism Travel Centre or order one by phoning collect to (416) 965-4008.

Suggestions on further improvements to the publication are being welcomed by the ministry.

Bob Wilson
Manager
Media Relations
Communications Div.
Ministry of Industry and Tourism
900 Bay Street
Toronto M7A 2E1

Dangers of hypothermia

A spill in cold water can lead to hypothermia. Hypothermia is the rapid lowering of body temperature and can result in drowning. Contact your local Red Cross for information on the dangers of cold water and cold water survival skills.

Air Cadets are 40 years old

The Air Cadet movement in Canada dates from April 9, 1941, on which date a Dominion Charter was granted by the Government to the Air Cadet League of Canada.

First aid for employees

St. John Ambulance reminds employers that they must have employees qualified in first aid to meet the standards of the Workmen's Compensation Act. St. John Ambulance is the official first aid training agency for the Workmen's Compensation Board, Ontario. For information about training contact the St. John Ambulance branch listed in your phone book, or the provincial office at 46 Wellesley St. East, Toronto, M4Y 1G5.

Friend for life

Be a "friend for life"! Donate some time as a Volunteer - Driver to your local Red Cross. They're waiting for your call.

Freezer Facts

Casserole timesavers

With cooler weather on the way, it's time to dig out your favorite casserole recipes.

Warm, filling and satisfying, casseroles are a busy cook's best friend. They are easily adapted to large-quantity cooking, so you can make enough for several meals and freeze.

If you double or quadruple a recipe, remember to adjust your seasonings, since they don't always increase proportionately. Black pepper, clove, onion and garlic become stronger during frozen storage and salt loses its flavor, so it may be better to add these on reheating.

Undercook casseroles being prepared for the freezer to allow for additional cooking when you reheat, particularly casseroles containing macaroni, spaghetti, noodles and rice which become softer during freezing.

Always cool casseroles quickly and freeze immediately to avoid bacteria.

You can shape the mixture to fit the particular dish you want to use for reheating, simply by lining that dish with an open medium-size "Glad" freezer bag made from freezer-thick polyethylene.

Scoop in the mixture until dish is 3/4 full, then press it out until it roughly fits the dish. Remove as much air as possible and close the top of the bag with the twist-tie provided. Label and freeze right in the dish. When solid, remove from dish and return to freezer.

Storage times vary, depending on the ingredients. Casseroles high in fat or with shell fish have a short storage life. Generally, the sooner you use any frozen casserole the better.

If you have questions on freezing or would like our free brochures, write to the Glad Home Freezing Centre, 2166 Queen Street East, Toronto, Ontario M4E 1E4.

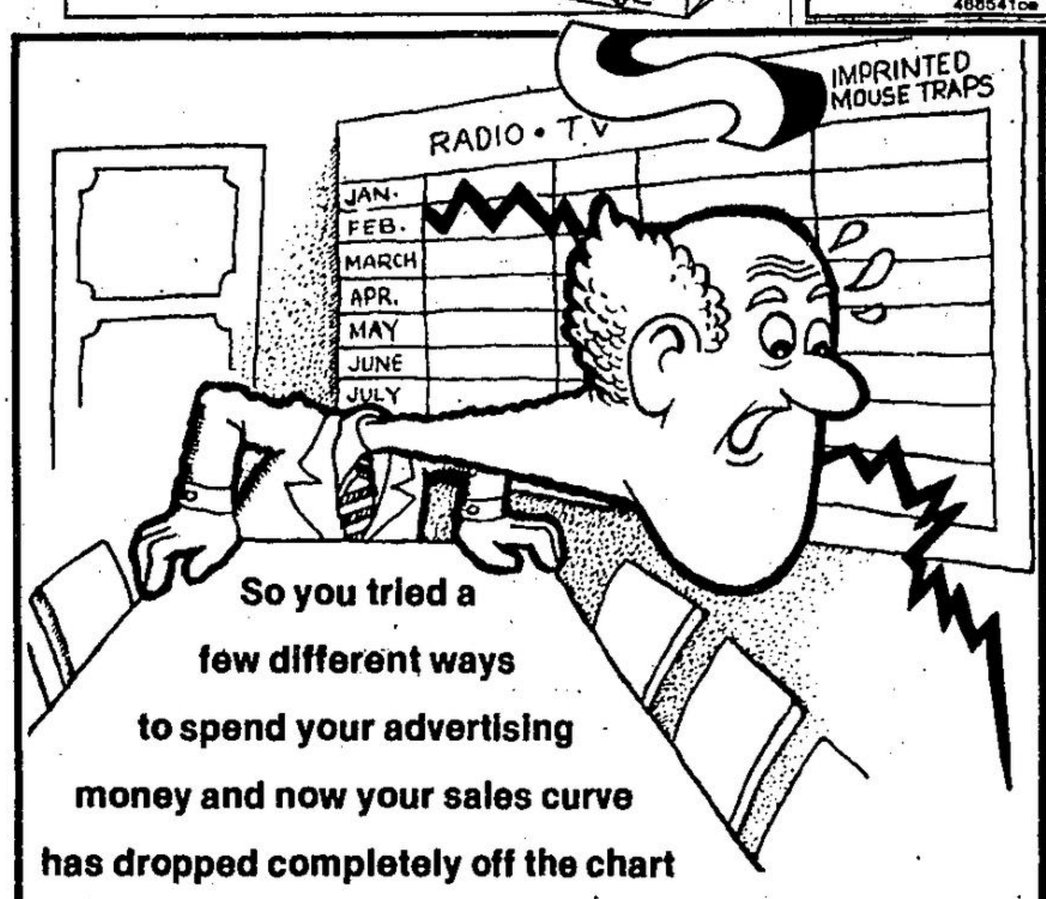
EVERYBODY NEEDS A FRIEND...

Millions of children die each year, alone and hungry.

This Hallowe'en, join Kermit and The Rovers, UNICEF's ambassadors of friendship, in showing you care.

When the Trick or Treaters knock at your door give generously. Your help can make a world of difference.

A FRIEND IS SOMEONE WHO CARES. SUPPORT UNICEF THIS HALLOWE'EN



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FOR MORE INFORMATION CALL **877-2201**

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COMING EVENTS

— ARE YOU A SINGLE PARENT wishing to meet parents without partners. Call Angie — 877-4107 or Darlene — 877-3245. 4475cetf

— THE SALVATION ARMY pickup service, every Tuesday. Call — 877-8622. cetf

— REGULAR open meetings of Alcoholics Anonymous every Friday night at 9 p.m. at St. John's United Church, Everyone welcome. cetf

— SATURDAY, OCTOBER 31, at 2 p.m. The Erewhon Theatre will perform PADDINGTON BEAR — a play for KINDERGARTEN to GRADE SIX STUDENTS. Admission is free but tickets must be picked up by October 30. Tickets are moving fast so hurry!!! 4695430ce

— "Y" P.D. DAY TRIP — for 5-12 yr. olds. Oct. 23 - to Bronte Creek Fee $12.00. Extended care $2.50 extra. Register 89 Mountainview Road South, 877-6163.

GOALS — A goal of the Baha'i Faith — to establish once again the strength of the family unit as a basis of society. For information on the Baha'i Faith, write Box 91, Georgetown or phone 876-6138. 416140ce

— SOCCER CLUB end of season Buffet Dance Oct. 9, 8:30 p.m. Legion Hall. Tickets $6.00 each. 423239ce

— AL ANON Family Group meetings at St. John's United Church, Guelph St. Daytime group will meet Wednesday at 1:30 p.m. and Tuesday evenings at 8:30 p.m. Al Anon tactfully offers help to anyone who needs to learn how to live with all the many difficulties which alcoholism can create or aggravate. For further information call 877-3013 or 877-3255. cetf

— "Y" DISCOVER DAYS to Weall & Cullen Garden, Whitby, Wednesday, Oct. 14, 9 a.m. - 5 p.m. Fee $25.00. Preregister at "Y" office, 89 Mountainview Road South. — 877-6163. 45640ce

An Invitation to:
Arts & Crafts of Georgetown
39TH ANNUAL EXHIBITION & SALE
Sat. Oct. 17, 1981
10:00 a.m. - 4:00 p.m.
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North Halton Golf & Country Club
Maple Ave. W. Georgetown
ADMISSION: $1.00
Buffet Luncheon
Coffee & Doughnuts
Guest Artists
Craft Demonstrations
Door Prizes.
468541ce

BIRTHS

Paul McNeil and Sherry Armstrong are pleased to announce the safe arrival of their son, Jason John Paul, born September 11, 1981. 463240ba

KRUGER — Rod and Lynda are happy to announce the safe arrival of their son, on Monday, Oct. 5, 1981 weighing 7 lbs, 15 ozs. at 2:45 p.m. A brother for Jennifer and Christina. 470541bnf

HESSELINK — Toni Dianna arrived Sept. 17, 1981 in the Georgetown and District Memorial Hospital. She weighs 8 lbs. 7 ozs and is the 8th grandchild for Mrs. D. Hesselink, 22nd for Mr. and Mrs. S Adema. Proud parents are Bob and Mary Hesselink who express special thanks to Dr. Bourns and the Georgetown OB. Staff. 481040bnf

SNELL — Dale Avery finally arrived Monday, September 28, 1981. The proud parents are Ken & Ruth and big brother Blair. Grandparents are Mr. and Mrs. Roy Snell of Georgetown and Mr. and Mrs. John Rutledge of Orangeville. The great grandparents are Mrs. Z. Fimbow of Georgetown and Mrs. W. Rutledge of Guelph. Many thanks to the terrific OB Staff of the Georgetown & District Memorial Hospital and to Doctors Thompson and Ford.

ENGAGEMENTS

CATER — BARCLAY
Mr. & Mrs. Wm. Barclay are pleased to announce the engagement of their daughter, Shaaron, to Mr. James Cater (both of Georgetown). Marriage to take place June 1982.

FORTHCOMING MARRIAGES

THOMS — WILCOX
Mr. and Mrs. Gerard Wilcox announce the forthcoming marriage of their daughter, Elizabeth, to Stephen Thoms, son of Mr. and Mrs. Murray Thoms of Stewarttown. The ceremony will take place on October 24, 1981 at 3:30 p.m. in Holy Cross Church.

CARDS OF THANKS

— We would like to thank all our friends, neighbours, relatives and organizations for their thoughtfulness, cards, flowers and donations in the loss of a husband, father and grandfather. Special thanks to Rev. Graham Bland and McClure-Jones Funeral Home for their help. Your thoughtfulness will always be appreciated.
— Edna Korzack and family.

— The family of the late Ann Timleck wishes to thank relatives, friends, neighbours and particularly the former neighbours of Normandy Blvd. for their kindness and thoughtfulness during our recent bereavement. Also many thanks to Reverend Peter Barrow and McClure-Jones Funeral Home.
— Jack Timleck, Jim, Barry, Ed, Jackie Newcombe, Nancy Haines and Mary.

MEMORIAMS

PUCKERING — In loving memory of our dear friend, Margaret Emily Puckering who passed away October 10, 1968.
Tenderly we treasure the past
With golden memories
That will always last.
— Sadly missed by Elsie, Gib Bailey and Family 468740m

PUCKERING — In loving memory of our dear wife and mother Margaret Emily Puckering, who left us October 10, 1968.
As time unfolds another year
Memories keep you always near.
— Lovingly remembered by her family, husband Lovell & her children David, Sheryl & son-in-law Bill.

DEATHS

BEAN, Henry Herbert (Bert)—On Saturday, October 3, 1981 at Georgetown and District Memorial Hospital. Bert Bean of Glen Williams, in his 98th year. Husband of the late Elizabeth Sutton and dear father of Doris (Mrs. R. McKay) of Scarborough. Rested at the McClure-Jones Funeral Home, 34 Edith Street, Georgetown, where funeral and committal service was held Tuesday, Oct. 6, 1981. Interment Riverside Cemetery, Weston, Ontario.

CLARK, Gordon, R.—Suddenly on Sunday, Oct. 4, 1981 at his residence in Georgetown, Gordon Clark in his 54th year, son of the late James and Annie Clark and brother of Wilfred. Rested at the McClure-Jones Funeral Home, 34 Edith Street, Georgetown, where funeral service was held Tuesday October 6, 1981. Interment Greenwood Cemetery.

McCORMACK, Elsie I. (former employee of the Provincial Secretaries Department 1936-1974)—On Tuesday, October 6, 1981 at the Toronto General Hospital. Elsie I. McCormack of Toronto. Daughter of the late James L. and Alena McCormack, Brantford. Dear sister of Marion (Mrs. J. Young) of Georgetown, G. Charles McCormack of Delray Beach, Florida, and the late Lawrence R. McCormack, Brantford. Also lovingly remembered by her niece & nephews. Resting at the McClure-Jones Funeral Home, 34 Edith Street, Georgetown on Friday evening, October 9. A private family funeral & committal service will be held Saturday morning. Cremation follows. In memory contributions to The Ontario Society for Crippled Children would be appreciated.

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