

This week's reason you'll do better . . at A&P!

SAVE 60¢ lb

Cut from Canada's Finest Grade "A" Beef

BEEF ROASTS Blade, Chuck Short Rib or Shoulder

(Our Regular Price 2.59 lb)

SAVE 60¢

Nordica, 2% Partly Skimmed

500 g carton

SAVE 38¢

Kraft Salad Dressing

500 ml jar-



SAVE 82#

Process Cheese Slices

(Limit 3 pkgs per family with a minimum

500 g - pkg of 16

\$10.00 purchase)

(Our Regular Price 2.81)

(Our Regular Price 1.37)

Naleway, Cheddar or Cottage Cheese pkg

SAVE 80c

(Our Regular Price 1.59)

New England or Seafood

(Made with 100% pure vegetable shortening) Jane Parker, Silced

THE BURNER. with supermarket prices.

Loin

Rib Pertion or 3 to 31/2-lb Tenderloin

Portion

SAVE 40¢16 (Our Regular Price 2.09 lb)

(Our Regular Price 2,49)

Regular, All Beef or B.B.Q. MAPLE LEAF

vac pac

(Boneless

lb 2.59)

SAVE 1.00

LOIN ROAST OR CHOPS (BONELESS 15 7.99) Centre Cut Pork 1.99 **Spare Ribs 1.89**

PORK SIDE **Spare Ribs** (BONELESS Ib 2.19) CUT FROM CANADA'S FINEST GRADE 'A' BEEF

Cross Rib Roast \$2.09 EXCELLENT FOR BRAISING

Blade Steaks Ground Beef

Stewing Beef

Beef Liver

SAVE 60¢ Ib

Cut from Canada's Finest Grade "A" Beef

Semi-Boneless

Blade, Short Rib Roast

(Our Regular Price 2.39 lb)

(Our Regular Price 2.79) Golden Fry, Skinless or Bavarian

REGAL BRAND, SMOKED, BY THE PIECE

pkg SAUSAGE

Side Bacon **1.59** MAPLE LEAF, SLICED, REGULAR, THICK OR Side Bacon 500 g vac pac 2.39 Bologna Chunks 1.39 1.69 Cooked Ham MAPLE LEAF, SLICED, 11 VARIETIES INCLUDING MAC. & CHEESE & OLIVE LOAF 175 g VAC PAC

Cooked Meats **1.99** Cottage Rolls

Polish Sausage 1.99 **1.49** Sausage

SAVE 50¢ Ib

Combination Pack - Loin

Contains: 2 Rib End, 2 Loin End, b 4 Centre Cuts

(Our Regular Price 2.19 lb)

(Our Reg. Price up to 2.39) SAVE up to 70c Sliced, 6 Varieties Including Chicken Loaf

vac pac (Our Regular Price 2,99 lb)

MAPLE LEAF, BRISKET, VAC PAC SAVE SOC IL **▶2.49** Corned Beef SHOPSY, BOILABLE BAGS 2.19 Corned Beef SCHNEIDERS, SUCED, REGULAR, MAPLE, THICK Side Bacon 500 9 vac pac 2.79 SCHNEIDERS, RED HOTS, ALL BEEF OR DUTCH TREET Wieners

400 g pkg 2.19 Meat Pies In stores with Deli Shop!

SCHNEIDERS, FROZEN, BEEF, CHICKEN, PORK OR STEAK

Baked Loaves SHOPSY --- COLE SLAW OR

Potato Salad ь 1.09 SUPER BUY!

Capri

LUNCHEON MEAT

12-oz

BUY 2, SAVE 47¢

Red Kidney Beans, Deep Browned Beans, Creem Style Corn or Whole Kernel Corn (12-fl-ex)

LIBBY'S VEGETABLES

(Our Regular Price 73c each)

SAVE 40¢

Humpty Dumpty, Assorted Varieties

POTATO CHIPS

(Our Regular Price 1.39)

BUY 3, SAVE 424

Chicken Noodle

CAMPBELL'S SOUP

(Our Regular Price 47c each)

Instant, With Chicory

ENCORE COFFEE

French's - Turkey Onion, Brown Gravy or Yorkshire Mix

210 g pkg

SAVE 80¢

Assorted Variaties

CATELLI PASTAS

(Our Regular Price 1.79)

Ready-to-Serve, Assorted Varieties

HABITANT SOUPS 14-fl-oz tin Catelli, Plain

SAUCE

SPAGHETTI

"Chicken Magic", - B.B.Q. Honey Garlic or Sweet & Sour

COATING MIXES

Champion, Assorted Varieties 25.5-or tin DR. BALLARD'S

BUY 3 - SAVE 30#

Luxury, Assorted Varieties

MISS MEW CAT FOOD

(Our Regular Price 2 for 85c)

YOU'LL DO BETTER AT A&P

Campbell's, Fancy TOMATO JUICE

In Tomato Sauce LIBBY'S

PURE

BUY 2-SAVE 39# **SAVE 1.48**

Beatrice, Assorted Flavours FRUIT BOTTOM YOGOURT

(Our Regular Price 69c each)



(Our Regular Price 5.47)

YOU'LL DO BETTER AT ALP

GIRLS

soccer

Continued from page B4 Tigers * Militon 2 Camalia Syned led Milton

to a victory on her two goals. Both teams are commended for a fine game. Spikes 1 Royals 0

Jenny Melville scored the lone goal of the game, giving the Spikes a victory. Chantal Desrosier, Jenny Gallagher, Shannon O'Donnell, Carol Mitchell, Tanya Morrow and Kim Jones are commended for their fine play. Spikes 0

Bolton 2 Deeplie some fine play, the Spikes were downed by two goals. Noteworthy players are Michelle McEachern, Bonnie Clark and Joanne Gravelle.

Invaders 3 Acton 0 With Lisa Mason holding two goals and Sandy Rahn one goal, the Invaders push-ed their way to another win. Noteworthy players were Jenny Elmslie, Andrea Sybersma and Susan Camp-

Invaders 4 Hillsburg Stingrays 0 Kelly Taylor, Jackie Tancoo, Sandy Rahn and Lisa Mason teamed up and each nelted a goal for the Invaders. Noteworthy players are Julie Taylor, Kerry McCashew and Stephanie

Hanman. PEE WEE Golden Engles 1 Acton Cellics 9

Nancy Mustard netted the lone goal of the game giving the Golden Eagles a victory. Noteworthy players were Leslie Wroblewski, Sheri Dockeray and Jane Taylor. BANTAM Eagles 2 Pineview 1

Sarah Belshaw and Karen Fokkens each netted a goal for the Eagles. Goal scorer for Pineview is unknown. Early in the second half, Karen Fokkens was downed with a knee injury, which cut the game short due to lack of light. Both teams are commended on a great game, and to the fact that good sportsmanship is not

Mosquito soccer

> MOSQUETO BOYS By. K.R.Zander Herald Special Mauraders 7

Goals: Andrew Brown, Paul Taylor, John Marcini-uk, Michael Wilde, Craig Nicolucci 2, Bobbie Scarrow. Blissards 0 Lead Feet 3

Goals: Terry Smith 2, Scott McKay, Stars: Mike Bray, Gary Stewart, Scott Cunningham. Mustangs 2 Goals: Nell Munro, Doug

> Pirates 3 Invaders 2

Manlet Goals: Gord Anderson 3, Steve Fletcher J. Stars: Tim Michell, Mark Hurricanes 2

Goals: Jason Bell, Tim Bermett. Stars: Greg Hagan, Jamie McDyre, John Devries.

Volcanoes I

Gonia: Kieth Ackroyd,

Mauraders *

Drillers 4 Pirates 2

Leslie Lumsden.

Steelers 1 Goal: Mike Johnston. Stars: Romy Kempton, Marty Powers. Hounds 1 Goal: Greg Sholdice. Stars: The whole team



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