

Paul Hamilton named Jaycees' Outstanding Young Farmer

Automation moves this farm into '80s

By CHRIS AAGAARD
Herald Staff Writer

Acton beef farmer Paul Hamilton, 34, has been named the first local winner of the Jaycees' outstanding Young Farmer award. Mr. Hamilton was presented Thursday with a trophy donated by Georgetown farm machinery dealer Murt Allison.

Although narrowly missing victory among competing Great Lakes area farmers in the Canada-wide contest, Mr. Hamilton edged out Brampton cash cropper Dave McClure

and dairy farmer Les Dolson to become Peel-Halton's recognized best young farmer.

The competition's national winner will be announced later in October during Calgary's annual exhibition and "Round-up 1981" and will be presented with the W.R. Motherwell Award. Dr. Motherwell was Canada's agriculture minister between 1921 and 1930.

Despite the nation's bleak economic outlook and bank trends which threaten many farmers with personal bankruptcy, Mr. Hamilton, who

owns about 600 acres of land (Springham Farm) north of Highway 7 on the Fifth Line, is determined to see his operation grow into the 1980s.

"Farming's a job that I like," he told The Herald during an interview Friday. "It's a real challenge. I like the work and I like working with the livestock."

MOST RENTED

Like many other Halton farmers, most of Mr. Hamilton's land is rented, with some parcels scattered well beyond the 100 acres he actually owns. Excluding woodlots, that land is used as pasture land to nourish about 250 head of cattle, a good many of them sired by his own Simmental bull, Abe.

"About 80 head are kept for breeding," Mr. Hamilton said. "The rest will be sold for market purposes. I expect to purchase 50 more to fatten up any time now."

"The beef business has not been very good lately but there has been some improvement in the prices we get."

However, just as urban breadwinners complain that their paycheques are lagging behind the inflation rate and losing their buying power, Mr. Hamilton pointed out that the

beef prices he gets don't necessarily rise with his expenses.

"We have to deal with high interest rates, too," he said, "and farm machinery is going up 12 per cent a year."

Farm machinery—or rather automation—is especially important to Mr. Hamilton's operation. Springham Farm is basically a one-man operation and without the increasingly complex, increasingly expensive equipment needed to run a farm properly, working those 600 acres would become an insurmountable chore.

It was probably this kind of independence and determination, as well as the admirable way Mr. Hamilton has managed his farm that earned him the Outstanding Young Farmer Award. Current agricultural economics on one hand encourage larger and larger farms—corporate agribusinesses. On the other hand, it makes hiring a full-time helper for one-man operators like Mr. Hamilton most impractical.

"Every year you have more and more investments to make," he said. "You have to work more land to earn more money. And that means more



The success story behind Paul Hamilton's Acton farm, which earned him the Jaycees' Outstanding Young Farmer Award for the Peel-Halton area, centres around beef cattle like these fellows, who agreed to pose for this shot. Mr. Hamilton runs his 600-acre farm as a one-man operation and believes farms need to grow bigger to remain viable businesses under the current doldrums affecting just about every area of the Canadian economy. (Herald photo by Chris Aagaard)

get more stringent. Local winners were chosen from a six-page written questionnaire, but national competitors must submit pictures and detailed resumes of their farms' operations.

NINE OTHERS

Georgetown Jaycee Doug Penrice said that nine area farmers were approached as possible nominees for the local contest. Mr. Hamilton was among 11 other farmers in the regional finals.

Having only found out about the competition during a national Jaycee convention earlier this year, Mr. Penrice explained that the local club wanted to organize some Halton Hills involvement in it before nominations for the competition closed in September.

Next year, the club will start looking for Outstanding Young Farmer candidates in the spring. But back on Springham Farm, Paul Hamilton will be getting ready to tackle some new challenge to further his farm's success.



Ellen Hamilton, 3, is just beginning to appreciate all the hard work which goes into running a large farm like her father's, having recently taken charge of the farm kittens. Still, her favorite animals on the farm are Abe, Paul Hamilton's six year old Simmental bull, and a clutch of rabbits. (Herald photo)

About the Hills

Bureau still needs volunteers

The North Halton Volunteer Bureau has begun its work of referring individuals and groups in need to would-be volunteers, and vice versa. Those seeking volunteer help or wishing to do volunteer work in a wide variety of fields in Acton, Georgetown and Milton can call the bureau at 853-3310. The bureau shares office space with the Acton Community Services Centre at 42 Mill St.

CVCA fall schedule

The day after Labor Day saw the Credit Valley Conservation Authority end most activities at its five main park areas. Meadowdale and Monroa Conservation Areas are open through the fall to walk-in visitors only. Orangeville Reservoir Conservation Area remains open for special events or group camping through reservation; park gates are open for normal workday times, 8 a.m. to 4 p.m. Belfountain and Terra Cotta parks remain open until Oct. 12 weekdays from 8 to 4 and weekends from 8 to sundown. Terra Cotta's swimming and family camping are over for the season, although group camping can be arranged.

machinery and more buildings."

There have been a number of recent additions to Springham Farm. Mr. Hamilton has added a 63 by 84-foot cattle shelter to the existing barn, a move he thinks will allow him to double his herd this winter. Just beyond the barn stands an impressive new silo and up the driveway a bit sits the farm's round boller, an acquisition which enables him to harvest his hay crop almost single-handedly.

An automatic feeder has also been an enormous time-saver. Usually Mr. Hamilton gets most of his additional help during spring seeding and the fall corn harvest.

Behind every one-man farm is a great family. Mr. Hamilton lives with his wife, Sheila, and daughters Ellen, 3, and year and a half-old Laura in a bungalow at the front of the property. Meanwhile, further back on the original farmstead, live Mr. Hamilton's parents, Ward and Yvonne. Ward Hamilton moved to the

farm about 40 years ago, Mr. Hamilton explained, adding that his own deep involvement began when he was about 12 years old. He's been running the farm since he was 19, although there was a period when he worked long hours as a backhoe operator for a construction firm.

Gradually, the farm's operation became full-time and the backhoe career was shelved.

When the farm's success is

mentioned, invariably Abe's name frequently pops up. The six-year old, 2,400-pound bull seems to continually produce hearty calves which Mr. Hamilton corn-feeds early and brings up to market weight at 14 to 15 months of age.

As the Outstanding Young Farmer competition moves from local and regional contests to the national final, the competition requirements

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5 Give just enough
10 Century plant
11 Garland
12 Acclivity
14 Calif. county
15 Biblical patriarch
16 Bo Derek's rating
17 Train sked abbr.
18 Vaquero's drink
20 Fed
21 White House name
22 Newfoundland Cape
23 Backbone
26 Clementine's father
27 Argot
28 Beaver's property
29 Including
30 Verdi opera
34 Decay
35 Buck's mate
36 Kind of trumpet
37 Without conscience
38 Cheryl or Diane
40 Paint ingredient

41 Key
42 Settle up
43 Equal
DOWN

1 Concubines' residence
2 Nodded sailor's sweetie
3 Kentucky Derby symbol
4 Born (Fr.)
5 With leg hurting
6 — uproar (unruly)
7 Overwrought
8 Ad agency asset
9 Balcony
12 Famous miser
18 Lamblike
19 Poem division
20 House-keeping problem
23 Egyptian symbol
24 Observatory site in Calif.
25 Awaiting
26 Other half
28 Am. misadventurary doctor
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32 Spoon
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Q. Why is the cellulite inch loss creme making so much news?
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Q. How long-lasting are the results?
A. Unlike weight loss treatments that depend on body perspiration for their effects, normal drinking does not replace the lost inches. The general excitation of body functions is frequently experienced for some time after treatment.

Q. How much weight will I lose?
A. Virtually none. Inches are lost through tissue strengthening and inner body response, not through weight loss.

Q. If I lose inches not pounds — where did they go?
A. The body has its own cleansing system to dispose of undesirable toxins. The wrap tones and firms adipose tissue (fat cells) it has no effect on muscle.

Q. How often can I enjoy an inch loss creme?
A. As often as you like. It is a wonderful incentive to start sensible dieting when used in conjunction with a series of treatments at weekly, bi weekly or monthly intervals.

Q. Has the cellulite inch loss creme been approved by the FDA?
A. It is not the function of the FDA to approve any product — only to disapprove any harmful products. Body Wrap Creme complies fully with FDA stipulations concerning permitted ingredients and carries an FDA warranty.

Q. How long has the inch loss Program been available?
A. European salons have been using a similar creme for several years with wide acclaim. A creme was first tested in the United States about 12 years ago, and introduced for general use only about three years ago after many improvements and refinements were made.

Q. Why do I feel so energetic and alive after a Body Wrap?
A. Fat cells are storage areas for energy. Nearly all the surplus energy you get from food is stored as fat. This wonderfully efficient fuel can store 30,000 calories in only 8 1/2 pounds of adipose tissue. After a wrap, the bloodstream receives a new source of energy building material. The skin has a normal redness from the heat for a few minutes after the wrap, just as there is redness after a warm bath.

Q. Why do so many models who are slim, use a cellulite inch loss creme?
A. Before a model appears in a bathing suit, she'll schedule a Body Wrap at her favorite salon. That way she'll be sure to look beautifully smooth, firm and tight for the camera's lens. A model just can't afford extra lumps and bumps in the wrong places, even if she's not overweight. Many women who aren't models care just as much about their appearance and would use a similar program if they would find a salon in their area.

Q. Why does inch loss creme seem to help clients feel better as well as look great?
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