

Ontario Outdoors



By R.C. (BOB) OLLIVIER

Mail strike affects anglers

The Ontario Federation of Anglers and Hunters ran into financial difficulties during the last mail disruption. Most likely the same situation will apply this time.

They (OFAH) depend on the mails to distribute memberships, supplies, magazines and news releases to the media. Cash flow is also seriously affected, hence the difficulties.

Why not sell memberships while fishing this year, or while on vacation and mail in later. Or you may drop them in to the head offices at Peterborough, or at my office and I will forward by courier. The Federation is well worth saving and needs the help of ALL outdoors loving people.

NATURAL GRANOLA

Granola, the name that has become synonymous with all outdoor snack foods consumed in the field. The original granola was made solely from natural ingredients, yet now it is manufactured with preservatives and other chemicals added. Rather than buy, many people make their own and have their own proven ingredients according to their own taste and requirements.

The saving over store bought depends on what you add to your trail mix. All so called granola recipes are flexible, but here is a basis to find your own: 6 cups rolled oats, 1 cup each of wheat germ, coconut, peanuts (without salt and skinless), (or use almonds or cashews or mix), sunflower seeds, 1/4 cup brewers yeast, 1 tsp. salt, 1/4 cups honey or maple syrup (or mix equally), 3/4 cup safflower oil, 1 tsp. vanilla, 1 cup raisins.

In a large bowl mix oats, wheat germ, coconut, nuts, seeds, yeast and salt. In cooking pot, mix and warm honey or syrup, oil and vanilla. Pour over dry ingredients and mix well. Spread on two large cookie sheets so mixture is no more than two inches thick. Bake at 300 F. for 30 minutes. Cool, then add the raisins. Store the same as you would breakfast cereal. Preferably in sealed container such as tupperware to keep dry. This food will suffice as a breakfast on the trail or as a snack when hungry. Good ingredients in your granola are important as it will serve as a mid day meal if you do not wish to take time for more than a "coffee boil", and there is no clean up.

CHOOSE SITE WELL

When camping choose your site with great care. Too many times I have seen someone pitch a tent in the most convenient place there was, only to find that a sudden storm would raise the water level and drown out the camp.

Also avoid low, wet or marshy areas. Of course this is the home and breeding ground of mosquitoes. Choose an island or a headland where the wind will blow the insects back from the site and not into it. The prevailing winds are usually from the west or north west, but nearby rock or land formations may alter this. Just remember to consider storms, as they may come around from the west also and you will want some protection from high winds.

SALMON HUNT

The upcoming Great Salmon Hunt sponsored by the Toronto Star and various others, should be better than ever



John Power of the Toronto Star is seen here using a temperature probe to locate prime temperature for catching Coho Salmon. (Photo by B. Ollivier)

this year. The prize money has increased to \$175,000 including the Labette Team Championship.

The top Coho Salmon in 1979 was caught by George Salters at 19.64 pound, and the 1980 big fish was won by Don Hubbard at 19.06. This may be indicative of the time of the run. 1979 saw the late variety or run of Coho, and this should be the case in 1981.

It just may be that the late run of fish have more time to feed and thus grow larger. If this is the case then fish this year could be larger again than 1980. When fish are in the lake, longer may mean larger, and possibly the premature planting of some 129,000 in 1979 could mean extra fish to the fishery if they survived.

Registration for the Salmon Hunt will go on sale in the first part of August and may be obtained from Canadian Tire at the cost of \$10.

Here's lookin' at you, Monica

Royalettes groom a seasoned champ

First baseman Janet MacKay of the Legion Royalettes probably best summed up the talents of her fellow teammate and third baseman, Monica Pollock when she says, "nothing gets by her."

An extremely alert and quick infielder who throws a good peg to first from third, Monica is considered to be one of the best at her position in the league.

Monica stands ready to snag flies, grab bunts or face switch-hitting batters plus the occasional fancy tag of a baserunner at third.

She is the master of faking the throw from third to first while there is a baserunner on third. Two weeks ago she used the play to the team's advantage to stufely a baserunner heading for home plate.

DIDN'T WORK

But sometimes the play doesn't always work. Monica remembers when she faked the throw, went to tag her opponent but she realized the ball had slipped out of her glove and the girl was able to make it to home. Monica says she cried for weeks after.

Monica Pollock joined the Royalettes in 1977 and was one of the few girls who did not play in competitive leagues before the Royalettes. Monica was 16 when she first joined the club after playing junior and senior Kinsmen baseball.

Monica started at second base but was switched to third base and it was at that position she won the Most Improved Player award for the Royalettes in 1978.

At the Ontario Regions last weekend in Stouffville the Legion Royalettes faced teams which were not any more talented than Georgetown's squad, Monica says. "We could have beat any one of those teams," she says. The team has to start playing more like a unit, but she says it's good to lose because it shows there is room for improvement.

There will be three practice sessions before the Ontario finals are hosted August 14 at the Georgetown Fairgrounds and the Royalettes tend to make full use of the practices.

The Royalettes of 1981 are more of a defensive team than other years and some of the players are not used to playing under tight game situations, she says.

But Monica thinks the Royalettes could come within the top three teams at the Ontario finals and could perhaps have a shot at the championship crown.

Although baseball is Monica's favorite sport, she was active in public school (Centennial) and at high school (GDHS) playing badminton,

track and field and basketball. She's also an umpire and a hockey referee.

Once she remembers tripping over second base as an umpire which made it impossible to see a baserunner round second base and advance to third. Monica would

GIFL action

Peel 'Steels' fourth

By JIM PARKER Herald Special

Peel Steel were the movers this week in the GIFL taking two victories and a tie to jump from sixth place to fourth.

Back to back 7-0 victories over Varian and Family Trust Real Estate got things going. They then met up with Varian for their second encounter which ended up as an eight inning 0-0 tie. Keith Frank was credited with the shutout for Peel Steel chalking up 14 strikeouts on the way.

SHUTOUT

Roy Spear threw the shutout for Varian. Family Trust Real Estate got things going again as they defeated Bob Robson and the Merchants 3-1.

Bob MacDonald, who got help from George Trencs in the seventh, was credited with the victory. The Merchants continued their slide taking it on the chin 8-4 from C and S Plumbing.

Bob McKay's two run double in the second put the icing on the cake for winner Jeff Gimpel who got help from Farmer Chaisson in the fifth.

North Halton Sports kept the pressure on C and S Plumbing defeating them 3-0 in their encounter. Dan Engley was credited with the victory.

The winning run was scored by Larry Peterson after a lead off single, a perfect sacrifice bunt by Phil Dobbin and a clutch single by Bob Marchand.

The only other scoring in this battle of the league leaders came in the fourth when Bob Ingls drove in Doug Anderson with a triple and scored himself on a sacrifice fly to left by Dick Spear.

HARD TIMES

Akers and Clark Real Estate have come upon some hard times recently. Varian squeaked by them 2-1 as Mario Santos chalked up a 3 hit victory. Both runs for the winners by Robert Mossop and Mike Tost were scored as a result of 3 straight 2 out singles off loser Larry Larocque in the fifth inning.

Jim Murphy moved to the mound for Akers and Clarke

umpire in the league the Royalettes play in if she wasn't a member of the team.

The Ontario finals being held in Georgetown should help the Royalettes because the fan support will be behind the local team she says. The

majority of the teams the Royalettes play use a singing, cheerleader type of attempted psych-out which should be nullified by the local fans cheers. Traditionally the Legion girls have been less rah-rah but not less enthusiastic or vocal, says Monica.

Real Estate in their next encounter but this time Inesko Equipment took the game 5-3.

Vince Lefebvre held the downtown realtors at bay throwing 8 strikeouts on his way to the victory.

STRETCH RUN

The stretch run starts this week as the final round of action gets under way. Tonight at 6:30 third place Family Trust Real Estate hosts seventh place Varian in

a crucial playoff positioning game while the slumping Merchants take on the hot Inesko Equipment crew.

At 8:30 Akers and Clarke Real Estate will have tough time bringing their 3 game losing streak to an end as they go against C and S Plumbing.

On the other diamond North Halton Sports are hosting Peel Steel. There will be no games played on the long weekend.

Laing's edge into first place

By H. BOUWMAN Herald Special

Limehouse Laing's Construction picked up three victories this past week to temporarily move into first place.

They edged the Huttonville Hawks twice by 10-9 and 3-2 scores and outlasted the Petrohauk Oilers 14-11.

The Indusmin Rockets moved back into first place Sunday night as the Ballinafad Blue Jays defeated their game 8-0. Abtibi-Price had defeated Indusmin 8-5 earlier in the week, and then toppled Huttonville 8-3 on Sunday.

In the week's only other game the Ballinafad Blue Jays moved out of the basement by taking a 16-5 victory over Petrohauk Oilers.

Earl Maltby held a hot bat for Laing's Construction as he knocked in 8 runs in three games. The game on Sunday against Huttonville was a real thriller as the Hawks took a 2-0 lead into the 7th inning on Mark O'Neil's solo blast over the left field fence.

Limehouse finally got on the scoreboard as Garry Maltby slammed a triple to score Ken Starkey. Bill Fisher followed with a double and Earl Maltby followed with a triple.

Huttonville added their 2nd run in the sixth inning. Both pitchers, Peter Blacklock and Brad DeForest pitched a good game.

Last Tuesday night the Hustlers took an early 7-1 lead before the Hawks scored six runs to tie the game. The Hustlers added 3 more runs in the 7th while the Hawks managed 2 in the 8th to finish 10-9 in favor of Limehouse.

Laing's Construction held on for their 14-11 victory over

the Oilers on Earl Maltby's 4 for 5 at the plate with 2 singles and 2 homers. Carl Reed had a inside the park homerun while John Case contributed a double and triple for 3 r's.

The Oilers Garnet Case pitched well in relief for 5 innings while knocking in two runs. Jamie Morton stroked a timely single to send two more runners across the plate for the Oilers.

Abtibi Price upset the 1st place Rockets 8-5 as Bret Byers went 4 for 4 with 2 singles, a double and triple.

Brian Moore pitched a strong game while John Wilson played very well defensively as well as managing two doubles. Barry Dempsey hit for a double and triple while Butch Jennings scored twice



When it comes to playing third base for the Royalettes, Monica Pollock (above) stands well apart from her teammates. Here she's seen moving away from a team huddle during a break in recent game action. (Herald photo)

on 2 singles for Indusmin.

The Petrohauk Oilers moved back into their familiar basemen position as the Ballinafad Blue Jays defeated them 16-5 as Goro Smith crossed the plate 3 times

The regular season schedule ends this week with 1st place still up in the air.

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- | | | |
|---|---|---|
| <p>Blizzards 3
Bullets 1</p> <p>Goals - Rob Gregory, Brent Presswood, Jamie Flikkema.</p> <p>Stars - Andrew French, Shawn Collison, Paul Kiss.</p> <p>Goals - Billy Dawson.</p> <p>Stars - Brad Burnett, Kyle Pinkerton, Greg Socha.</p> | <p>Golden Eagles 3
Blizzards 0</p> <p>Goals - Shawn Clark 2, Brent Yaremy.</p> <p>Stars - Whole team</p> | <p>Golden Eagles 6
Blizzards 0</p> <p>Goals - Shawn Clark 3, Steve Mills, Brent Yaremy, Ruben Hutzenga.</p> <p>Stars - Dave Haffey, D'Arcy Mofat, Robert Groulx.</p> |
| <p>Torpedos 8
Bandits 0</p> <p>Goals - John Wilson 4, Scott Compton 2, Steven Robinson, Dougie Kent.</p> <p>Stars - Peter Andrews, Jason Kanapka, David Scida.</p> <p>Stars - Mark Coubert, Shawn Bamer, Chris Somers.</p> | <p>Golden Eagles 3
Blizzards 0</p> <p>Goals - Shawn Clark 2, Steve Mills, Brent Yaremy, Ruben Hutzenga.</p> <p>Stars - Dave Haffey, D'Arcy Mofat, Robert Groulx.</p> | <p>Golden Eagles 6
Blizzards 0</p> <p>Goals - Shawn Clark 3, Steve Mills, Brent Yaremy, Ruben Hutzenga.</p> <p>Stars - Dave Haffey, D'Arcy Mofat, Robert Groulx.</p> |

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