

Loblaws  
lower  
prices  
on  
beef



# blade steak

bone in  
cut from Canada grade 'A' beef  
Limit 2 blade steaks per family

# 1.38

lb.

why pay  
2.48  
lb.

500 g pkg. - frozen  
Schneiders beef -  
onion, cheese, mushroom  
quarter pound  
burgers  
why pay 2.78  
**2.38**

frozen - 5 oz. pkg.  
no name™ tenderized  
rib eye or  
strip loin  
steaks  
**1.49**

cut from Canada  
grade 'A' beef cross rib  
boneless  
ranch steak  
free - 1 - 30 g pkg. of Lenny's  
beef marinade included with  
each ranch steak purchased  
why pay 3.28 lb.  
**2.28**  
lb.

cut from Canada  
grade 'A' beef  
bone in  
cross rib  
roasts  
why pay 2.78 lb.  
**1.78**  
lb.

cut from Canada  
grade 'A' beef  
blade bone removed  
blade  
roasts  
why pay 2.48 lb.  
**1.48**  
lb.

cut from Canada  
grade 'A' beef  
chuck  
short rib  
roasts  
why pay 2.48 lb.  
**1.48**  
lb.

cut from Canada  
grade 'A' beef  
boneless  
stew  
beef  
why pay 2.68 lb.  
**2.28**  
lb.

cut from Canada  
grade 'A' beef  
boneless  
shoulder  
roasts  
why pay 2.58 lb.  
**2.28**  
lb.

sold only as packaged  
tenderized - 5 lb. pkg.  
frozen no name™  
16 rib eye  
steaks  
**19.98**

sold only as packaged  
5 lb. pkg.  
frozen no name™  
20 beef  
steakettes  
**7.98**

sold only as packaged  
tenderized - 5 lb. pkg.  
frozen no name™  
16 strip  
loin steaks  
**19.98**

sold only as packaged  
5 lb. pkg.  
frozen no name™  
40 beef  
burgers  
**7.98**

Loblaws  
lower  
prices  
on  
poultry



# chickens

frozen predressed  
young utility grade  
2 1/2 to 4 lb. size

# .85

lb.

why pay  
1.08  
lb.

frozen  
Cuddy Brand  
mini gourmet  
turkey breast  
roast  
why pay 3.98 lb.  
**3.68**  
lb.

500 g pkg.  
frozen  
Cuddy Brand  
turkey  
burgers  
why pay 2.48  
**2.18**

fresh  
2 1/2 to 3 1/2 lb. size  
Swiss Chalet  
roasters  
why pay 1.48 lb.  
**1.28**  
lb.

frozen  
Golden Skillet Brand  
chicken  
cutlettes  
why pay 1.48 lb.  
**1.28**  
lb.

frozen  
chicken  
breasts  
why pay 1.78 lb.  
**1.58**  
lb.

fresh  
chicken  
wings  
why pay 1.18 lb.  
**.98**  
lb.

fresh  
boneless  
chicken  
breasts  
why pay 3.98 lb.  
**3.48**  
lb.

frozen  
turkey  
wings  
why pay .85 lb.  
**.68**  
lb.

frozen Swifts  
butterball  
breast of  
turkey  
why pay 3.38 lb.  
**3.28**  
lb.

frozen predressed grade 'A'  
young  
ducks  
why pay 1.48 lb.  
**1.38**  
lb.

frozen predressed  
grade 'A' chicken  
cornish  
hens  
why pay 1.78 lb.  
**1.48**  
lb.

frozen  
chicken  
livers  
why pay .78 lb.  
**.68**  
lb.

Loblaws  
lower  
prices  
on  
pork &  
seafoods



# shrimp

Tai Li Brand  
frozen  
1 lb. pkg.  
peeled and  
cleaned  
100 - 300 count

# 3.98

why pay  
5.98

2.00 off  
large  
1 lb. pkg.

sweet pickled  
centre cut  
back bacon  
roasts  
why pay 2.38 lb.  
**1.98**  
lb.

frozen  
Highliner Brand  
cooked  
fish cakes  
why pay .98 lb.  
**.78**  
lb.

frozen  
store packaged  
sole  
fillets  
why pay 2.38 lb.  
**1.98**  
lb.

500 g pkg.  
ziggy's side  
sliced  
bacon  
why pay 2.18  
**1.98**  
lb.

frozen  
store packaged  
ocean perch  
fillets  
why pay 1.78 lb.  
**1.58**  
lb.

previously frozen  
sliced  
pork  
liver  
why pay .48 lb.  
**.38**  
lb.

frozen Schneiders  
tray pack  
English style  
sausage  
why pay 2.58 lb.  
**1.98**  
lb.

fresh side  
meaty pork  
spare ribs  
why pay 1.78 lb.  
**1.58**  
lb.

shell on  
frozen Treasure  
Isle Brand  
headless  
shrimp  
why pay 7.98  
16 oz. pkg.  
**7.48**

frozen  
Pacific headless  
whole or half  
coho  
salmon  
why pay 4.68 lb.  
**3.98**  
lb.

frozen  
whole head on  
whitefish  
dressed  
why pay 1.38 lb.  
**.98**  
lb.

Loblaws  
cooked smoked  
pork picnic  
shoulder  
why pay 1.58 lb.  
**1.38**  
lb.

Loblaws  
lower  
prices  
on  
cooked meat  
& salads



# cold cuts

Loblaws  
sliced  
5 specified  
varieties  
175 g pkg.

# .58

why pay  
.82

680 g pkg.  
no name™  
cole  
slaw  
**1.38**

680 g pkg.  
no name™  
potato  
salad  
**1.43**

175 g pkg.  
ziggy's sliced  
cooked  
ham  
why pay 1.68  
**1.38**

1 lb. pkg.  
ziggy's  
frank-  
furters  
why pay 2.28  
**1.98**

300 g pkg.  
ziggy's fine  
liver  
sausage  
chubs  
why pay 1.48  
**1.28**

375 g pkg.  
ziggy's sliced  
European  
bologna  
why pay 1.99  
**1.78**

no name™  
3 - 4 lb. pkg.  
sold only as packaged  
Polish  
sausage coll.  
**2.18**  
lb.

no name™  
3 - 4 lb. pkg.  
sold only as packaged  
smoked pork  
sausage links  
**2.18**  
lb.

no name™  
3 - 4 lb. pkg.  
sold only as packaged  
Polish  
sausage links  
**2.18**  
lb.

no name™  
3 - 4 lb. pkg.  
sold only as packaged  
smoked  
sausage coll.  
**2.18**  
lb.

Siena Brand  
salametti  
or  
sopressata  
why pay 3.68 lb.  
**3.28**  
lb.

Siena Brand  
mortadella  
chubs  
why pay 2.38 lb.  
**1.98**  
lb.