



# YOU'LL DO BETTER AT A&P

## at A&P!

Prices effective thru Saturday, May 23rd, 1981  
We reserve the right to limit quantities to normal family requirements

COMMUNICATION think about it - MAY IS HEARING AWARENESS MONTH

LESS THAN 1/2 PRICE SALE!

(Limit 4 cases per family with a minimum \$10. purchase, excluding cigarettes & this product.)

**CASE OF 24 COCA-COLA**  
10-fl-oz tins

**449**  
SAVE 5.10  
(Our Regular Price 9.59)

(Plus bottle deposit)  
**COCA-COLA** 6 pack of 10-fl-oz btls **189**

A GOOD CROP OF STRAWBERRIES IS EXPECTED THIS YEAR!  
Make A&P Your Headquarters for **CANNING SUPPLIES**

SAVE 98¢

Fine, Granulated **WHITE SUGAR**  
4 kg bag

**299**  
(Limit 5 bags per family purchase)  
(Our Regular Price 3.97)

SUPER BUY!

Small Size **PRESERVING JARS**  
dozen

**299**

Fancy **JELLY JARS** dozen **299**

Medium Size **PRESERVING JARS** dozen **339**

SAVE UP TO 96¢

All Popular Canadian Brands **CIGARETTES**

(Limit 3 cartons per family, with a minimum \$10.00 purchase including this product.)

Regular or King Size, 20's or 25's  
**839**  
carton  
(Our Regular Price up to 935)

Facial Tissue, Assorted Colours  
**SCOTTIES TISSUE** box of 200 sheets **89¢**

**THE FARM** at A&P

FOR FRESHNESS & FLAVOUR!  
Product of California, Butter Smooth, Excellent in Salads & Dips

**AVOCADOS**  
3 for **100**

Canada No. 1 Grade, Product of Florida, Tender, Golden, Sweet

**CORN-ON-THE-COB** 4 for **99¢**

SAVE 70¢

Regular, Fine or Extra Fine Tradition **NABOB COFFEE**

1-lb Vac Pac bag **279**  
(Our Regular Price 3.49)

PROCESS CHEESE SLICES **Kraft Singles** 1kg pkg **4.99**

LUNCHEON MEAT **Prem** 12-oz tin **1.49**

SHACK 280 g OR COUNTRY RECIPE 520 g, ASSORTED VAR. **Duncan Hines Cake Mixes** pkg **1.19**

Buy 4-SAVE 71¢

A&P - Sliced **WHITE BREAD** 16-oz loaf

4 for **149**  
(Our Regular Price 55c loaf)

No. 1 Grade, Sunflower, Creamed **BEEMAIID HONEY** 500 g container **149**

GOODHOST **Iced Tea Mix** 500 g container **2.49**

RIO BRAND **Whole Mushrooms** 10-fl-oz tin **69¢**

A&P - ORANGE FLAVOUR **Sunmix Crystals** poly pkg of 2 6.5-oz amt **1.19**

Primo Lasagna 500 g pkg **89¢**  
ASSORTED VARIETIES  
Heinz Relishes 12-fl-oz jar **79¢**  
A&P - CHOICE  
Whole Beets 14-fl-oz tin 3 for **1.00**

Buy 3-SAVE 65¢  
Macaroni & Cheese  
**KRAFT DINNER** 225 g pkg  
3 for **100**  
(Our Regular Price 55c each)

Kellogg's, "New" Large Size (Our Reg. Price 2.49 - SAVE 50¢)  
**RICE** 725 g **199**  
**KRISPIES** pkg

FROZEN, FANCY, ASSORTED CUTS  
**McCain French Fries** 2-lb pkg **89¢**

FROZEN  
**A&P Coffee Rite** 16-oz carton **39¢**  
"FREEZE DRIED" INSTANT  
**Maxim Coffee** 4-oz jar **3.49**

SAVE 24¢  
Martins or A&P Reconstituted **APPLE JUICE**  
48-fl-oz tin **69¢**  
(Our Regular Price 93c)

(Our Reg. Price 1.83 - SAVE 44¢)  
Bathroom Tissue, Assorted Colours  
**LADY SCOTT TISSUE** pkg of 4 rolls **139**

(OUR REGULAR PRICE 4.59 - SAVE 1.10)  
"NEW" - POWDERED LAUNDRY (3 LITRE BOX **3.99**)  
**Bold Detergent** 6 litre box **3.49**

FONDA, WHITE, 9-INCH SIZE  
**Paper Plates** pkg of 70 **1.59**

MAXI SIZE  
**Stayfree Pads** pkg of 10 **99¢**

Contains Rich Brazilian Coffees  
**8 O'CLOCK INSTANT COFFEE**  
10-oz jar **399** SAVE **1.00**  
(Our Regular Price 4.99)

Product of Chile, Sweet, Ribier  
**BLACK GRAPES**  
lb **98¢**

DOLE OR CHIQUITA, GOLDEN RIPE, LARGE SIZE  
**Bananas** 2 lbs **88¢**  
CANADA FANCY, PRODUCT OF CHILE  
**Apples Granny Smith** lb **88¢**

Product of California, Ripe, Luscious  
**STRAWBERRIES**  
Fresh Sweet  
pint **68¢**

PRODUCT OF CALIFORNIA, GREEN, TENDER BUNCH  
**Fresh Broccoli** **98¢**  
PRODUCT OF CALIFORNIA, Tender, Sweet, Fresh Bunch  
**Carrots** each **68¢**

SAVE 40¢ lb  
**The Butcher Shop** with supermarket prices  
SAVE 90¢ lb  
Combination Pack  
**PORK LOIN CHOPS**  
Contains: 2 Rib End, 2 Loin End, 4 Centre Cut  
lb **149**  
"Great on the B.B.Q."  
(Our Regular Price 1.89)

**LOIN PORK ROASTS**  
Rib Portion or Tenderloin Portion 3 to 3 1/2-lb cut **149**  
Centre Cut lb **1.79**

PORK LOIN RIB PORTION "GREAT ON THE B.B.Q."  
**Spare Ribs** COUNTRY STYLE lb **1.59**  
COMBINATION - APPROX. 50% MEDIUM GROUND BEEF & 50% GROUND PORK "GREAT ON THE B.B.Q."  
**Ground Meat** lb **1.49**  
FRESH "GREAT ON THE B.B.Q."  
**Lean Ground Beef** lb **1.99**  
PREVIOUSLY FROZEN, SLICED  
**Beef Liver** lb **99¢**

Cut from Canada's Finest Grade "A" Beef  
**BONELESS ROUND ROAST**  
Outside Cut, Eye Removed  
lb **229**  
(Our Regular Price 3.19)

Cut from Canada's Finest Grade "A" Beef  
**BONELESS BEEF ROASTS**  
Rump, Sirloin Tip or Inside Cut Round lb **249**  
(Our Reg. Price up to 3.39 lb - SAVE up to 90c lb)

CUT FROM CANADA'S FINEST GRADE "A" BEEF FULL SLICE "GREAT ON THE B.B.Q."  
**Round Steak** lb **2.59**  
MAPLE LEAF, SLICED, REG. THICK OR HINY OF MAPLE  
**Side Bacon** 300 g vac pac **1.69**  
MAPLE LEAF, REG., BEEF OR B.B.Q. "B.B.Q. FAVOURITE"  
**Wieners** 1-lb vac pac **1.49**  
FROZEN  
**Sole Fillets** lb **1.89**

LESS THAN 1/2 PRICE  
Maple Leaf, Sliced - Regular, Beef, Thick, Garlic or Wax Bologna, Chicken Loaf, Pickle & Pimento, Luncheon, Macaroni & Cheese, Pepper Loaf or Assorted  
**COOKED MEATS** 375 g vac pac **99¢**

**Houses now out of reach - MP**

A Canadian family which one year ago could carry a \$50,000 first mortgage on an income of \$28,201 now needs an income of \$32,213 to do so, according to Brampton-Georgetown MP John McDermid.  
Rising mortgage interest rates have pushed home ownership out of the reach of most young couples, the Conservative MP told the House of Commons Tuesday, since the average family income in Canada is now \$28,000 a year.  
The Commons nevertheless failed to unanimously endorse Mr. McDermid's bill for debate as it is necessary, thus rejecting his motion to have Prime Minister Pierre Trudeau fire Finance Minister Allan Rock and the minister responsible for housing, Paul Cosgrove.  
The two, Mr. McDermid said, should be replaced with ministers who are genuinely concerned about the plight of citizens who must renew their mortgages and those who find they cannot afford their own house.

**MP John predicts long nights**

Herald Special  
Canada's economic constitution will be as important as the country's legal one during debates in Parliament's spring session which this week kicks off a series of discussions described by Brampton-Georgetown MP John McDermid as critical to the future of Canada.  
Mr. McDermid said last week he expects late nights and heated debates over economic hassles and constitution discussions.  
Mr. McDermid arrived in Ottawa Tuesday to begin what could be one of the longest, heaviest sessions in the last few years.

NO SURPRISES  
The Brampton-Georgetown MP and his Progressive Conservative Party met Wednesday in caucus to discuss strategy but its tactics won't come as much of a surprise.  
Mr. McDermid said the PCs already have met a number of times in the past month to prepare for the issues that lie ahead.

That will include: a Young Offenders Bill which would make young criminals responsible for their actions, legislation to shorten the federal election by 12 days, and a Freedom of Information bill which will go to the House of Commons for final approval.  
But the major source of debate in the Commons over the next three months should focus on the economic situation which has seen interest rates skyrocket, unemployment soar, and western provinces - especially Alberta - squirm under the final approval of the controversial oil and gas act.  
Canada's constitution package will also return to the forefront during the session, back after Supreme Court consideration. Parliament will give it a two-day review before sending it to England, if the court rules it legal.  
Mr. McDermid said that interest rate increases will be one of the Conservative Party's prime concerns.

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