

IN THE GYM

The Stewarttown gymnastics team finished their

season after many individuals distinguished themselves in

competition in a meet at Brockville last April 15. Seen here

are team members with coach Cindy Burns: (back row, left

to right) Karen Herrmann, Eileen Carrigan, Deborah

Barnes, Christine Leonard, Liz Majuery, (front row) Leslie

Warners seem set

for Boston marathon

long-distance runners are beginning to travel. At last

weekend's heralded Ottawa marathon, a number of local

Anita and they finished in a time of three hours and 29

Masters age category. The husband and wife due always run

together in their marathons and Courtney says it's a matter

of him, "keeping up with my wife." Anita Warner finished in

a time that enables her to qualify for the prestigious Boston

FIRST OF THE YEAR

and the second marathon they have run since they began

taking up running seriously three years ago. Courtney

Warner is one of the members of the Halton Hills Mayor's

Markham and Carol Passas who are not Master runners but

fall below that age category. Carol was running her first

For the Warners it was the first marathon of the year

Also competing from Georgetown were Brian

marathon next year if she so chooses.

numers participated.

minutes.

Race committee.

With the marathon season starting Georgetown's

Courtney Warner ran the 26-mile race with his wife

Warner and his wife are both able to run in the

Bick, Judy Thomson, Carol Early and Lisa Mitchell.

### Ontario Outdoors

By R.C. (BOB) OLLIVIER

# Thanks Don for your care

Don Taylor of Huttonville fishes the Credit River from Streetsville to fluttonville regularly. He also catches a lot of fish. Last year it was Salmon and Rainbow trout, this year it is only Rainbow.

However, those two rainbow trout Don has caught weighed three pound and 812 pound. As regular readers of this column know, the Dam at Streetsville had a fishway installed last year.

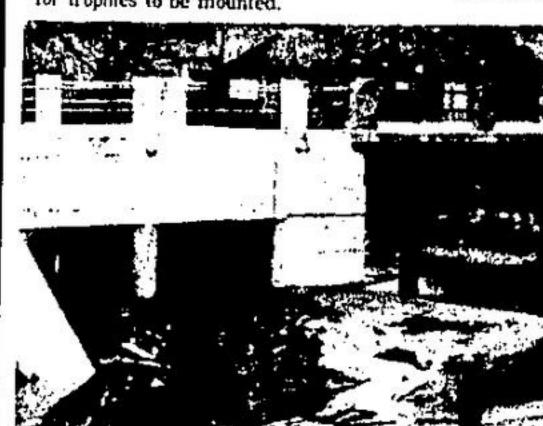
This construction was partly washed away this past spring, with the result the Ministry has stopped all fish from proceeding upriver. Only a few fish made it up and some of them have shown up on fishermen's lines.

Mr. Taylor phoned me last week, and acknowledged the littering problem on our waterways as mentioned in last week's Ontario Outdoors. Thanks for your recommendation Don, and thanks for your care and concern for our outdoors.

PIKE SEASON OPEN

As you well know the pike season opened on the 9th of May, and there have been some good catches. The mouth of the Credit River has given up a few in the five pound category, and Fairy Lake in Acton has also produced well. In northern Ontario the fishing has been good for pike but a little slow for walleye. If minnows are hard to get hold of, or your bait dealer has the wrong size, then be prepared literally. Prepare some minnows ahead of time by pickling them, then storing them in a mixture of Glycerine and water. Dead minnows on a jig work great for active walleye as well pike.

Hook them up through the head from under the jaw and out the top. Remember you are only allowed six waileye a day, so release the rest with care. The same thing applies to Pike, although most people release all their pike except for trophies to be mounted.



Lack of attention and incompletion of the two spillways on the old Paper Mill Dam, cause an unsightly

(Photo by B. Ollivier)

Here is an excellent recipe for pike and the best way I know of to avoid the many bones. Fillet as best as you can, take the fillets and cut into chunks and feed into your blender. Mix the meat with flour and seasoning to make. firm and fry as fish pattles.

If the oll or bacon fat is hot enough and you cook them golden brown they are about the best tasting fish there is, next to walleye possibly. The rain put a damper on the long weekend, but that did not effect the fishing. Even when the rain cleared the wet grounds made it a little uncomfortable, but if you kept your boat seat dry and your line wet, things seemed to work out fine.

CAMPING TIPS The camping season is upon us, and the Conservation Authorities as well as the Ministry of Natural Resources, has gone all out this year with increase in camping activity. If you are new to camping, make sure that you purchase a tent of top quality, or it may ruin your experience and love of camping. Woods and Coleman make top line tents and accessories and the prices won't break the bank. Don't expect to get away cheap mind you. Like everything else it will cost, but the benefits and enjoyment are worth the cost. Read up on camping at your local library or call me for a list of books or sources of information.

**AREA REVEALED** 

Last week I mentioned the closing of another of our focal streams. As this place is now fenced, I feel I can Identify it. The location is the Dam at Stewarttown where fishermen have taken brook trout for many years.

Before the mill pond filled and was drawn down, the owners would give permission to fish, and when the mill was no longer used is was made available to all.

This is the location of the daily clean-up I have been making, and now Mrs. Ursula Funke-Welters has bought the property and hopes to make a sanctuary of the pond area. The rest has been fenced off to keep out destructive forces and I cannot blame her in one way. Sorry folks but it's our own doing. Honest fishermen are not the ones to blame, but those who (ish on occasion, or only as an excuse to drink and make trouble. But we all must suffer as result, so report

those trouble makers when you see them or take the license

number and report the time, location and that number.

Halton's Scuba Trek club

## Nothing quite like underwater world

hypothermia, Noble says.

HAIR-RAISING

To emphasize how level-

headed a diver must be in

certain situations Noble re-

lated two hair-raising adven-

tures he experienced. Diving

at 70 feet below the surface.

Noble's breathing apparatus

failed and he had to chase

after his partner who was

Luckily they found each

other and slowly shared their

oxygen until the divers

Another time Noble was

diving down an abandoned

underwater mine shaft

where the various maze of

tunnels and the blackness

made sight impossible. The

club president became disoriented and for a moment he

did not know if he was

swimming up or down the

mine shaft. Due to calm

thinking he felt for his air

bubbles and re-oriented his

But every diver in the

Halton Trek club is tested by

the rest of the group to see if

they can withstand pressure

under emergency situations.

They are 'checked out' by the

veterans at Tobermory who

"time is on your side". He

mentioned the amount of

direction this way.

reached the surface.

swimming away from him.

Scuba diving is like visiting another world, but you have to learn to relax before you'll enjoy what you're doing, says Halton's Scuba Trek president Walter Noble.

Noble, of 55 Victoria in Acton, started Scuba diving for the first time nine years ago with his brother-in-law, an instructor of the sport with the Armed Forces. He and his brother-in-law were very active in their diving excursions in the Parry Sound area. As Noble became more confident as a diver he ventured down to the 30 foot mark which is considered a respectable

Since then Noble has dived with friends in a variety of different favorite spots around the province. Some of the areas he frequents are Midland, Lake Muskoka, Kingston, Sarnia, Acton, Lake Simcoe and Tober-

Many of the excursions Noble has been on were with members of the Scuba Trek club which has about 10 active members. He intimates that the small numbers in the club are an advantage because each of the divers know each other well. The close buddy system divers use depends on the experience and 'common sense' of their partner.

BUDDY SYSTEM He says that divers in his club always swim in pairs

because serious problems can occur even to the most experienced divers. "You don't dive with fools," Noble

One four-year veteran was diving with the club and made a series of mistakes which not only threatened his own life but the lives of his fellow divers. Needless to say the gentleman is no longer involved with the Scuba Trek club.

Relaxation is the key to becoming a good diver, Noble says. He's confident that Canadian divers are the most skilled at their sports because of the number of black water and cold water experiences they encounter.

BLACK WATER Black Water is a case where a lake has become very silty because no vegetation grows on the bottom. A good sense of orientation is required to navigate the

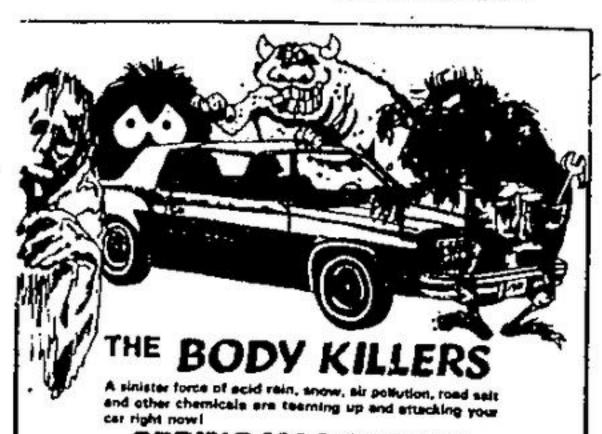
temperature. In Tobermory the thermocline temperature is about 36 degrees Fahrenheit while the warmest temperature above the thermocline is about 58 degrees Fahrenheit, Noble says.

Cold water exists about 30 feet below the surface of lake water and hypothermia, a drastic lowering of the body temperature, can occur to the point where it can kill. The thermocline is a line. below the water where the water always slays the same

> pull equipment away from the rookies, disorient them in the water and study their reactions. Noble stresses that surviy. al underwater is much different than on land because

Tobermory on Georgian studies that have been done Bay is a popular spot for scuba and skin divers but the to analyze diving deaths and he says most occur through area is overpopulated with either inexperience or plain divers, some of them inexperienced divers from the United States with no know-In the Winter the Scuba ledge of the dangers of

lack of common sense such as diving when you are too Trek divers sometimes take to the depths of Fairy Lake for a polar bear swim under the ice. Two winters ago a W-5 television crew recorded the event as pairs of divers swam under the ice using tow lines and tug signals.



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Boston marathon qualifier Anita Warner (left) sits with her husband Courtney and friend Carol Passas. Carol

completed the marathon, which was her first in just over



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