

January

Reduced prices on **Weight Watchers** products
 prices effective until Saturday, Jan. 31, 1981 unless otherwise posted



Weight Watchers
 calorie-reduced all flavours - plus 25¢ deposit
soft drinks
 750 mL returnable btl.
 was ~~59~~ **.54**



Weight Watchers
 frozen veal, cheese & tomato
pizza
 14 oz. box
 was ~~3.79~~ **3.19**



Weight Watchers
 frozen - with cheese and tomato sauce
lasagna with veal
 13 oz. box
 was ~~2.89~~ **2.69**



Weight Watchers
 frozen cheese and tomato
pizza
 12 oz. box
 was ~~2.39~~ **2.19**



Weight Watchers
 frozen chicken creole
 13 oz. box
 was ~~3.29~~ **2.99**



Weight Watchers
 frozen - in tomato sauce
veal-stuffed peppers or cabbage rolls
 13 oz. box
 was ~~3.39~~ **2.99**

Plus... **more slim prices**
 prices effective until Tues. Jan. 20, 1981 unless otherwise posted



fresh country cut by the package
chicken parts
 Contains 3 headquarters with whole back 3 boniqueters with whole back and neck 3 wings 2 giblets
 was 1.36 lb. **.88**



frozen New Zealand whole lamb legs
 was 2.18 lb. **1.98**



Del Monte stewed tomatoes
 19 fl. oz. tin
 price effective until Jan 31, 1981
 was .83 **.78**



freshly ground lean ground beef
 was 2.78 lb. **2.48**



fresh boneless chicken breasts
 was 3.98 lb. **3.68**



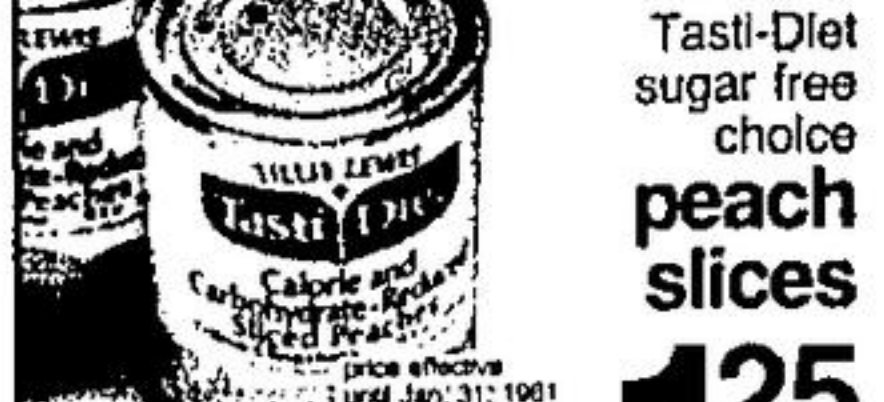
Tast-Diet sugar free choice apricot halves
 price effective until Jan 31, 1981
 14 fl. oz. tin
 was 1.49 **1.39**



cut from Canada grade 'A' beef inside round
 tenderized cube steaks
 was 4.18 lb. **3.68**



frozen Seal Fresh Brand store packaged sole fillets
 was 2.99 lb. **1.99**



Tast-Diet sugar free choice peach slices
 price effective until Jan 31, 1981
 14 (1 1/2 oz.) tin
 was 1.35 **1.25**



frozen freshwater dressed head on whole whitefish
 was 1.59 lb. **1.19**



back attached fresh chicken legs
 was 1.95 lb. **1.65**



ziggys regular or filter grind coffee
 1 lb. tin
 price effective until Jan 24
 was 4.69 **4.44**