Holiday party can be success

BE FIRST A FRIEND.. THEN A HOST

As a party host during this festive holiday season, you accept a responsibility to your guests that extends far beyond entertainment; your primary goal must be to see that when the merriment is over, your friends and relatives arrive home safely.

When a guest leaves your party in a drunken state, the odds that he will be involved in a traffic accident are increased seven times. The wise host de-emphasizes liquor at his gatherings...and significantly lessens the chance of hearing tragic news about a guest the morning after.

The Hamilton Automobile Club offers you the following party-planning tips, designed to reduce the danger of alcohol abuse, with best wishes for a happy holiday!

THROUGHOUT THE

Tempt your guests away from the bar with an attractive array of rich, starchy snack erackers and high protein foods such as meats and cheeses. For variety, add hardboiled, pickled or deviled eggs and a tray of crisp, raw vegetables with a cream cheese or sour cream dip. Besides delighting your guests, these tasty treats will reduce the rate at which alcohol is absorbed into the bloodstream. INCLUDE NON-ALCOHOLIC

BEVERAGES

Remember that many people prefer not to consume alcohol. Be considerate to nondrinkers by stocking a supply of non-alcoholic beverages such as fruit juices, soft drinks or coffee for those who choose not to imbibe.

LET GUESTS DO THE MIXING

Set up a self-service bar for the evening - guests tend to drink less and make less potent drinks when serving themselves. Keep several figgers handy as measuring devices, so guests do not have to guess at the "right amount" to

STEER CLEAR OF CARBONATED MIXERS Whether you're serving a punch bowl or mixed drinks, avoid mixing alcohol with carbonated drinks such as ginger ale or cola. Carbonated beverages speed up the body's absorption of alcohol. Stick to water or juices for cocktail mixers and use Juices or lea for your punch base.

WATCHFOR

OVER-INDULGERS Try to divert attention from the bar with dancing, games or conversation. If you notice a guest who is drinking excessively, engage him in conversation or offer him food to slow down his rate of alcohol consumption. Offer to mlx his next drink and go light on the alcohol.

WIND DOWN WITH COFFEE About an hour before the party ends, serve hot coffee with a special snack like pizza or pastries. Coffee will not sober anyone up, but it will allow time for excess alcohol to clear out of the bloodstream. Giving your guests coffee as a substitute for "one for the road" will increase their chances for a safe journey

WHEN THE PARTY'S OVER Even the best host may wind up with an Intoxicated friend at the end of a party. If so, be a true friend and don't let him drive drunk. Offer to drive him home or call a cab; if he resists, keep him at your house to "sleep it off." No tactic is too extreme if it keeps a drunk driver off the road.

Dainty Flower Basket Bouquets for Bridesmaids.



It isps of baby's breath and pink satin streamers. roses, carnations . . . a garden full of soft-colored flowers cascading from a white basket.



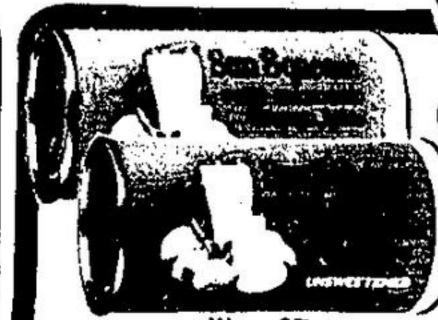
SERVE FOOD EVENING

Club Soda, C Plus Orange, Tonic Water, Sugar Free Gingerate or

Canada Dry Gingerale

24x10 fl. oz. tins Limit 3 cases in any combination Canada Dry Gingerale 6x10 II. oz. bils. \$1.69 plus .60 bottle deposit

SPECIAL!



Was _69 Frozen Concentrated Unsweetened

Sun Squeeze Orange Juice 12.5 fl. oz. tin

Save .38 SPECIAL!

Was \$2.71 lb.

Was .75



Ground Fresh Dally Regular **Ground Beef**

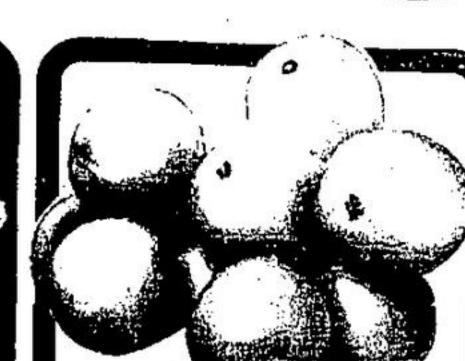
any size pkg. Limit 10 lbs. per family

Save .50 lb.

SPECIAL!



Save .40 lb. SPECIAL!



Product of L.S.A. Navel Seedless Oranges

Size 113

SPECIAL!

Miracle Food Mart Medium

Cheddar Cheese

Save .42 lb.

Chefmaster

100% Vegetable Oil

Margarine

Soft

1 lb. tub

Save .16

SPECIAL!

SPECIAL!

Chase & Sanborn

Save \$120 SPECIAL!

Banquet Mixed Nuts 350g tln

EVERYDAY LOW PRICE

Sour Cream, Salt & Vinegar, Plain Ripple or Barbeque

Potato Chips 200g bag

Save .30

Was \$3.99

Was \$3.49

SPECIAL!

Was \$1.19

SPECIAL

Smoked

Part Skinned Whole

Cooked Hams

19 lb. avg. size shank or butt portion \$1.38 lb. Save up to

\$380 per ham

Was \$1.48 SPECIAL!

Peameal Back Bacon by the piece

SPECIAL!

.68

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.89 .69 Specials available until Jan. 10'81

Coca-Cola 6x750ml blis. plus \$1.50 bottle deposit

Ground

Coffee

1 lb. bag

SPECIAL! Save \$1[∞] Was \$1.39

Budget Wedlock Paper **Plates** pkg. of 70-9"

Save .60

SPECIAL!

Swift's Lazy Maple Bacon

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.40 pkg.

turkey

SPECIAL! Frozen Oven Ready Young Was \$1.38

SPECIAL!

Was \$2.38

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Butterball Turkeys all available sizes While quantities last

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