

# Holiday party can be success

## BE FIRST A FRIEND... THEN A HOST

As a party host during this festive holiday season, you accept a responsibility to your guests that extends far beyond entertainment; your primary goal must be to see that when the merriment is over, your friends and relatives arrive home safely.

When a guest leaves your party in a drunken state, the odds that he will be involved in a traffic accident are increased seven times. The wise host de-emphasizes liquor at his gatherings...and significantly lessens the chance of hearing tragic news about a guest the morning after.

The Hamilton Automobile Club offers you the following party-planning tips, designed to reduce the danger of alcohol abuse, with best wishes for a happy holiday!

### SERVE FOOD THROUGHOUT THE EVENING

Tempt your guests away from the bar with an attractive array of rich, starchy snack crackers and high protein foods such as meats and cheeses. For variety, add hard-boiled, pickled or deviled eggs and a tray of crisp, raw vegetables with a cream cheese or sour cream dip. Besides delighting your guests, these tasty treats will reduce the rate at which alcohol is absorbed into the bloodstream.

### INCLUDE NON-ALCOHOLIC BEVERAGES

Remember that many people prefer not to consume alcohol. Be considerate to non-drinkers by stocking a supply of non-alcoholic beverages such as fruit juices, soft drinks or coffee for those who choose not to imbibe.

### LET GUESTS DO THE MIXING

Set up a self-service bar for the evening - guests tend to drink less and make less potent drinks when serving themselves. Keep several jiggers handy as measuring devices, so guests do not have to guess at the "right amount" to pour.

### STEER CLEAR OF CARBONATED MIXERS

Whether you're serving a punch bowl or mixed drinks, avoid mixing alcohol with carbonated drinks such as ginger ale or cola. Carbonated beverages speed up the body's absorption of alcohol. Stick to water or juices for cocktail mixers and use juices or tea for your punch base.

### WATCH FOR OVER-INDULGERS

Try to divert attention from the bar with dancing, games or conversation. If you notice a guest who is drinking excessively, engage him in conversation or offer him food to slow down his rate of alcohol consumption. Offer to mix his next drink and go light on the alcohol.

### WIND DOWN WITH COFFEE

About an hour before the party ends, serve hot coffee with a special snack like pizza or pastries. Coffee will not sober anyone up, but it will allow time for excess alcohol to clear out of the bloodstream. Giving your guests coffee as a substitute for "one for the road" will increase their chances for a safe journey home.

### WHEN THE PARTY'S OVER...

Even the best host may wind up with an intoxicated friend at the end of a party. If so, be a true friend and don't let him drive drunk. Offer to drive him home or call a cab; if he resists, keep him at your house to "sleep it off." No tactic is too extreme if it keeps a drunk driver off the road.

# Miracle's Happy New Year Specials



Club Soda, C Plus Orange, Tonic Water, Sugar Free Gingerale or

**Canada Dry Gingerale**

24x10 fl. oz. tins  
Limit 3 cases in any combination  
Canada Dry Gingerale  
6x10 fl. oz. btl. \$1.69  
plus .60 bottle deposit

**4.69**

**SPECIAL!**

Was .69  
Frozen

**Sun Squeeze Orange Juice**

12.5 fl. oz. tin

**2/\$1**

Save .38  
**SPECIAL!**

Was \$1.98  
Ground Fresh Daily

**Regular Ground Beef**

any size pkg.  
Limit 10 lbs. per family

**1.48**

Save .50 lb.  
**SPECIAL!**

Was \$1.88  
Frozen Meaty

**Pork Side Spare Ribs**

Party Favourite

**1.48**

Save .40 lb.  
**SPECIAL!**

Product of U.S.A.

**Navel Seedless Oranges**

Size 113

**12/.98**

**SPECIAL!**

Miracle Food Mart Medium

**Cheddar Cheese**

Save .42 lb.

Was \$2.71 lb.

**2.29**

**SPECIAL!**

**Banquet Mixed Nuts**

350g tin

**2.75**

**EVERYDAY LOW PRICE SPECIAL!**

Part Skinned Whole

**Smoked Cooked Hams**

19 lb. avg. size  
shank or butt portion \$1.38 lb.  
Save up to \$3.80 per ham

**1.28**

**SPECIAL!**

Was \$1.48

**1.28**

**SPECIAL!**

100% Vegetable Oil

**Chefmaster Soft Margarine**

1 lb. tub

Save .16

Was .75

**.59**

**SPECIAL!**

Sour Cream, Salt & Vinegar, Plain Rippled or Barbeque

**Lay's Potato Chips**

200g bag

Save .30

**.89**

**SPECIAL!**

Was \$1.49

**.89**

**SPECIAL!**

**Peameal Back Bacon**

by the piece either end

**1.68**

**SPECIAL!**

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**Chase & Sanborn Ground Coffee**

1 lb. bag

Save \$1.20  
**SPECIAL!**

Was \$2.98

Swift's

**Lazy Maple Bacon**

500g

Save .40 pkg.  
**1.98**

**SPECIAL!**

Product of U.S.A. Canada No. 1 Grade

**Red Tomatoes**

1 1/2 lb. tray

**.98**

**SPECIAL!**

Smoked Cooked Centre Cut Ham Steaks **1.78**

Famous for Quality Schneiders Snack Rolls all varieties 250g **.78**

Famous for Quality Schneiders Smokies Sausages **1.68**

300g vac-pack Fully Cooked Alaska King Crab Legs **5.98**

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Product of U.S.A. Green Onions or Cello Radishes **3/.99**

Product of Mexico Canada No. 1 Grade Cucumbers **2/1.00**

Product of U.S.A. Canada No. 1 Grade Head Lettuce **.68**

Product of Ontario Cole Slaw **2/1.00**

**TUDOR BAKERY**

Available at Selected Stores Only

Crusty Rolls pkg. of 8 **.89**

Light or Dark Rye Bread 16 oz. loaf (454g) **.69**

Yeast Donuts pkg. of 6 **.99**

Specials available until Jan. 10'81

Was \$2.49

**Coca-Cola**

6x750ml btl. plus \$1.50 bottle deposit

**2.49**

Save \$1.00  
**SPECIAL!**

Was \$1.48

Frozen Oven Ready Young

**Grade A Turkeys**

20-24 lb. size  
While quantities last

Save up to \$7.20 per turkey

**.98**

**SPECIAL!**

Product of U.S.A. or Mexico

**Tangerines or Tangelos**

**12/.98**

**SPECIAL!**

**DELI SPECIALS!**

Fresh Cole Slaw, Macaroni or Potato Salad **.99**

Famous for Quality Coil Schneiders Polish Sausage **1.99**

Pillars European Style Black Forest Ham **3.99**

Budget Wedlock

**Paper Plates**

pkg. of 70-9"

**.99**

Save .60  
**SPECIAL!**

Was \$1.48

Frozen Oven Ready Young

Grade A Deep Basted Miracle Food Mart or

**Butterball Turkeys**

all available sizes  
While quantities last

**1.18**

Save .30 lb. **SPECIAL!**

Product of B.C. Canada Fancy Grade

**Red or Golden Delicious Apples**

**.58**

**SPECIAL!**

**Dainty Flower Basket Bouquets for Bridesmaids.**

Wisp of baby's breath and pink satin streamers, roses, carnations... a garden full of soft-colored flowers cascading from a white basket.

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