

# 'Marathon of Hope' brings cancer help

"Marathon of Hope", Terry Fox's courageous crusade to raise money for cancer research, has been adapted as the official name for the new research programs made possible through the generosity of Canadians from coast-to-coast.

"Terry's concern for advancement in cancer research, which raised over \$16 million from every segment of our society, made it feasible for the National Cancer Institute of Canada to create research programs not presently undertaken in Canada and which could stimulate further progress in this field," explained Dr. Ruth Alison, president of the Canadian Cancer Society.

"We spent a great deal of time consulting with leading Canadian research scientists to develop avenues that could best aid investigators in Canadian cancer research. We then met with Terry and his mother to obtain concept approvals."

To date, three programs have been developed by the National Cancer Institute of Canada under the auspices of the Canadian Cancer Society as a result of Terry Fox's efforts: the Terry Fox Special Initiatives Program, the Terry Fox Special Cancer Research Fund, and the Terry Fox Training Centre Establishment Grants.

The Terry Fox Special Initiatives Program is designed to develop new dimensions and encourage innovation in cancer research in Canada. It will

identify exceptional cancer research investigators and provide them with additional and special measures of support to enable them to undertake a wider range of research activities.

The Terry Fox Special Cancer Research Fund will facilitate the immediate expansion and strengthening of the cancer research base across Canada. Medical schools and similar facilities will be asked to identify critical factors and problems that limit their ability to develop innovative cancer research programs. Funds will be made available to help expedite these programs.

High quality, unprecedented cancer research in Canada depends on attracting astute, young people into the field. The Terry Fox Training Centre Establishment Grants will provide special support to selected centres allowing them to attract promising, outstanding

investigators into cancer research.

"Cancer research not only requires dedication but bright minds and the proper facilities for any advancement, no matter how minuscule," commented Dr. Ray Bush, president of the National Cancer Institute of Canada. "That one minuscule discovery could be the key needed to beat cancer. We hope these programs will spur such a discovery."

The NCI board of directors has established a committee of local and international cancer researchers to finalize and monitor these programs. Dr. Louis Simonovitch, geneticist-in-chief at The Hospital for Sick Children in Toronto, has been appointed chairman of the NCI's "Marathon of Hope" research programs.

Details on funding, eligibility requirements and the administering of the "Marathon of Hope" research programs will be finalized and announced in December.



## GREEN-THUM'N

by Elli Dryden

Since both previous columns were trying to catch the holiday spirit, I feel equal time should be given to fresh flowers and house decorating.

It is difficult to describe how to design, but with suggestions and your own imagination, success will prevail. It has been said that keeping candles in the fridge or freezer will allow them to burn longer with less dripping. Not being a little old candlemaker, I cannot vouch for that item. Try getting away from your basic Christmas colors by decorating with browns, pinks, wines, etc. Do keep flames away from greens or silks by using a hurricane cover and flame out when not in use.

By now the kids may have gathered pine cones, all shapes and sizes can be used. This is a good time to experiment with different widths of velvet ribbons, fresh

mistletoe and holly, or -based in grocery chains, stored in fridge or cool area for freshness until ready for use. When designing with silks remember they are highly flammable as with most ribbons and pine cones. Make sure there is water at all times in containers of fresh cuts.

The best live flowers to use will be carnations and ball mums because of their longevity. If using fresh poinsettias cut from plants, cauterize to prevent "bleeding". Simply done by using a flaming candle and sealing open end with wax.

### FRESH CUTS

When working with a variety of dishes for fresh cuts, use Oasis (green) blocks or cylinders, for silks and dries use Solar (brown) blocks or cylinders, both types taped into containers. Wet oasis thoroughly before designing.

The most popular designs for centre pieces are round or wide fan shapes, but that is not to say these are the only shapes to use.

Fruits, nuts, tiny Christmas tree bells or balls can be integrated into your arrangements as can be nativity figures. Holly, candy canes and spider mums help to create unusual sights, you may even want to try a little typhophobia, better known as baby's breath.

At all times, be generous with fresh cedar or pine boughs and cones.

### STRAWBASE

If doing wreaths, material choice is tremendous. Straw can be used as a base for green wreaths, or just straw decorations. Candy, cone, braided cloth, ribbon wreaths, etc. Does that give you a couple of ideas?

There is nothing wrong with using one-color themes throughout your decorating schemes. Use all shades and hues of the one color and see what happens.

Try to get materials that are not highly flammable after all, better to be fewer decorations than losing all.

There are many new trinkets and items on the market today, but shop wisely because some items are not worth the price, others are badly put together or dangerous, and you will be using them only for a short time.

Decorate creatively, if you have a colonial house, dig out that old trunk, dust it off, empty contents, tie a bright sash and bow around it and fill it with logs, placed by a fireplace. Voilà, what more can I suggest? So without further ado, I shall leave you with your creative juices flowing and hope you will bear with me one more Christmas column, after that your all off the hook while resting up after the hoopla.

### Carpool advice

Interested in arranging a carpool for commuting to work? The provincial ministry of transportation and communications is hosting a morning seminar for Halton employers tomorrow (Thursday) from 8:45 a.m. to 12:15 p.m. at the Holiday Inn in Oakville. Members of the ministry's "Ridesharing" team and other advocates of carpooling and vanpooling will explain the advantages of employer-sponsored ridesharing programs. For more information, contact Michele Harding at 248-7296.

**ICE TIME AVAILABLE**  
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