



**family style fresh shoulder picnic  
boneless pork roasts**

**Sale  
price  
was price  
1.88  
lb.**

**1.58  
lb.**

Calavo  
Brand

**California  
avocado**

**Sale  
price  
was price  
.79  
ea.**

**2.100  
for  
1.100**

*Laura Secord*



(4 x 5 oz. tin) sleeve  
all flavours

**Laura Secord  
mini  
puddings**

**was 1.55**

**.99**



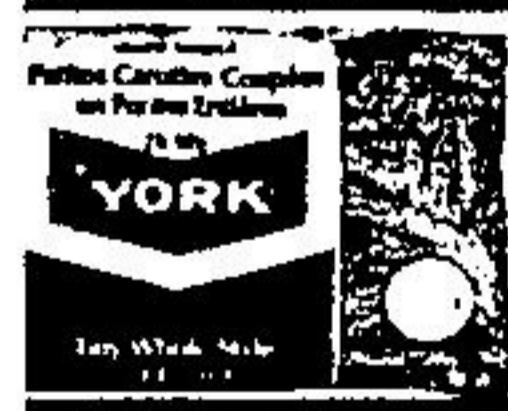
2 lb. poly bag  
York frozen, fancy  
**petite  
peas**

**1.49**



10 oz. box  
York frozen, fancy  
**whole green  
beans**

**.83**



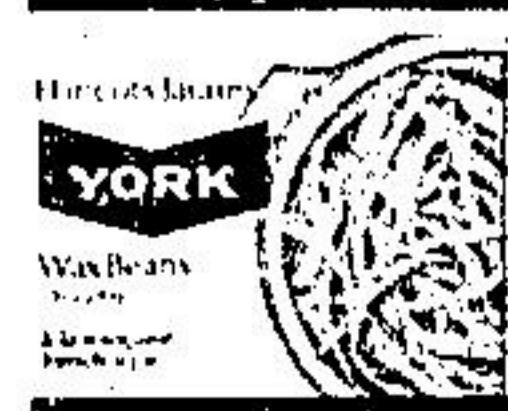
2 lb. poly bag  
York frozen, fancy  
**tiny cut  
carrots**

**1.79**



9 oz. box  
York frozen, choice  
**sliced  
strawberries**

**.63**



10 oz. box  
York frozen, fancy  
**wax  
beans**

**.49**



500 g tin  
Cadbury's instant reg.  
or with marshmallows  
**hot  
chocolate**

**2.75**



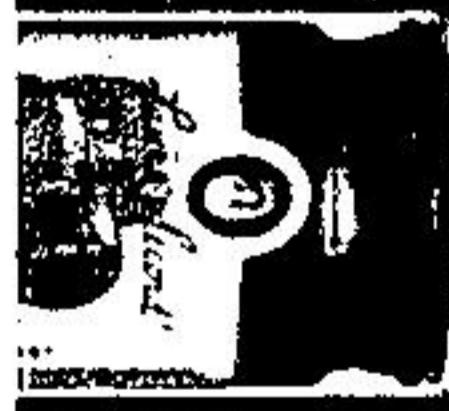
48 fl. oz. tin  
Heinz fancy  
**tomato  
juice**

**.99**



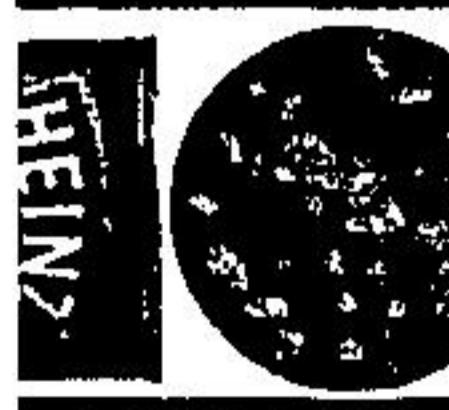
ready-to-serve  
assorted varieties  
**Habitan  
soup**

**5/1.00**



9 fl. oz. jar  
Laura Secord  
all varieties  
**pure  
marmalade**

**.79**



in tomato sauce  
all varieties  
**Heinz  
beans**

**.59**



14 fl. oz. tin  
in tomato sauce  
and cheese  
**Heinz  
spaghetti**

**.53**



16 oz. jar  
prepared  
**Heinz  
mustard**

**.55**

Heinz, strained all meatless varieties	was .33
Infant foods & juices	.31
Billy Bee liquid honey	1.59
Christie's, plain or cheese bits and bites	1.14
McNair, red maraschino cherries	1.25
Chips, semi-sweet chocolate chips	2.09
Chips butterscotch chips	1.97
Melitta filter coffee-maker	6.99
Monarch, all varieties quick loaf mix	1.19
Mazola, no-stick spray-on coating	2.33
Burns' pure lard	.67
Ken-L-Ration dog food tender chunks	2.59
Purina all flavours Tender Vittles	1.29
Baggio's sandwich bags	1.25