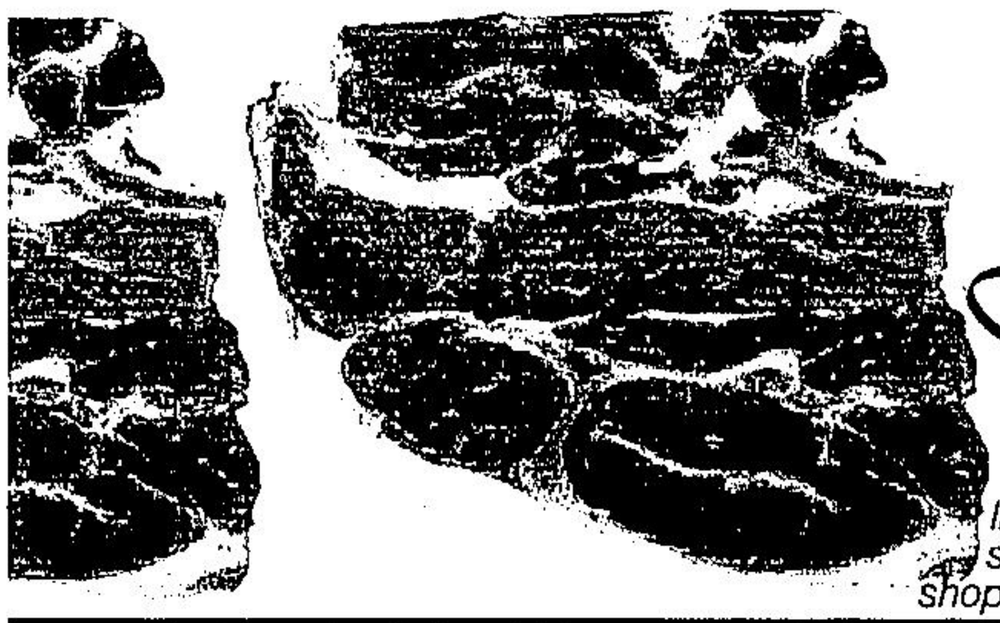


limited supply shop early

fresh lamb chops
shoulder

IMPORTANT: limited supply - shop early

sale price 2.88 lb.

was 3.18 lb.

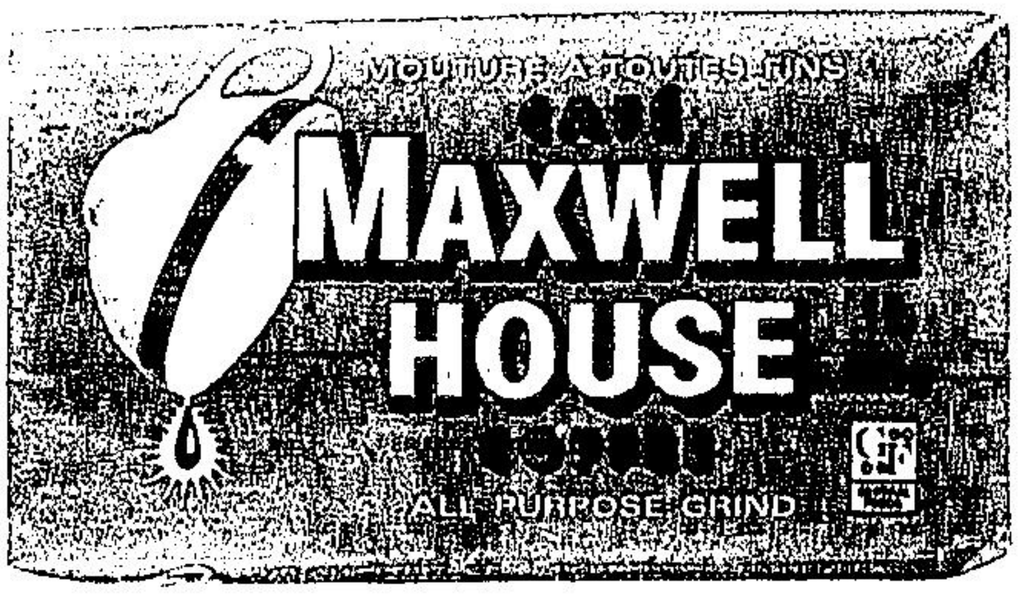
fresh lamb recommended for SCARSDALE DIET

brussels sprouts

Ontario or U.S.A. grown garden fresh

sale price .88 lb.

was price .99 lb.



1 lb. bag all purpose **Maxwell House ground coffee**

was 3.99

2.89

Gillette, Trac II dispenser **razor blades** 5's box carded

was 1.69 **1.39**

Silkience 200 mL btle. (reg. or extra body) **conditioner or shampoo**

was 1.99 **1.59**

Gillette bronze **Right Guard deodorant** 200 mL aero. tin

was 2.25 **1.99**

regular, powder or super dry **Soft & Dri anti-perspirant** 200 mL aero. tin

was 2.73 **1.99**

Gillette razor blades **Atra cartridges** 10's box carded

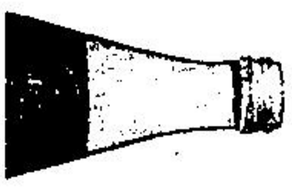
was 3.65 **2.99**

Old Mill, large flake or quick cooking **rolled oats** 1.35 kg bag

was 1.59 **1.29**

Robin Hood, cherry or strawberry **cheesecake graham pie** 385 g pkg.

was 2.19 **1.99**



tonic water, club soda or ginger ale (plus 25c deposit) **Schweppes mixers** 750 mL ret. btle.

was .59 **.49**

Coca-Cola or Sprite (plus 25c deposit) 750 mL ret. btle.

was .59 **.49**

Green Giant fancy assorted **mix 'n match vegetables** 12 fl. oz. tins

2/.99

ready cut elbows, spaghetti or spaghettini **Lancia pasta** 1 kg cello pkg.

was 1.69 **1.19**

Hunt's, 14 fl. oz. tin **tomato sauce**

was .63 **.49**

your personal **take along shopping list**