

## ON THE HOMEFRONT

By SUSAN DE FACENDIS  
Herald Columnist

Ah, Thanksgiving. Yes, I know, you are muttering now something that sounds suspiciously like: "Huh! What's there to be so thankful about these days!"

So, inflation keeps creeping up; our spoiled-brat premiers won't bring home the constitution; the airport has closed down a scant two weeks before I take my first out-of-province holiday in 19 years; any important mail I place in an official red box is unlikely to go anywhere and I watched a man go berserk in the supermarket last week when one brown bag of purchases totalled \$28.

Well, I still maintain we've had it too easy for too long in North America and are only reaping our just rewards for low productivity and exorbitant wage demands.

What other country in the world can take as a right the ownership of color television, tape decks in cars, a kitchen full of gleaming appliances (while the owners eat a large proportion of their meals at McDonald's or the local pizza or chicken joints), and purchase homes with driveways large enough to park a minimum of two cars?

### EXPRESS OPINION

How many countries are there left where you have freedom of religious and political affiliations - and the right to publicly express an opinion on them?

My children, and yours, have the right to as much education as they may wish to absorb; they are not growing up accustomed to the sounds of gunfire and bombings. They eat real eggs and drink real milk, not the powdered variety and, should I eliminate all fruits from my shopping list, a plentiful, inexpensive variety of vegetables - undoubtedly throwing their peanut butter-and-jelly-fed bodies into a healthy state of shock.

### NEVER THREATENED

I have a brick and mortar home with central heating - not mud floors and tarpaper walls. We have never had to live through earthquakes, famine, drought or floods. We have never been subjected to military coups or invasions. We have never been forced to leave our homes and possessions or go without medical aid if it was needed.

We have an efficient police force, a democratic system of government - and an abundance of agencies to assist us should hard times temporarily befall us.

We have the change of seasons to keep us from boredom. The joy of spring after a long winter, the first snowfall and the spectacular glory of autumn which outshines them all.

We have families and good friends, neighbours who demonstrate their care when a crisis occurs. Yes, it's Thanksgiving and here we are, citizens of Canada. Can you think of anything else to be more thankful for, than that?

## Ballinafad news

# Wedding floral arrangements brighten Sunday service

By WINNIFRED SMITH  
Herald Correspondent

were left for the congregation to enjoy for the Sunday service. The baskets of white daisies intermingled with pink flowers were part of the setting

for the very pretty wedding which took place Saturday in the church.

The young couple taking their vows were Alan White, son of Mr. and Mrs. Percy White, former residents in our area, and Nancy Hartwick, daughter of Mr. and Mrs. John Hartwick of Georgetown. The reception took place at the Georgetown Golf and Country Club.

The U.C.W. were very pleased with the success of their bazaar Saturday morning. The proceeds were above expectations and exceeded those of last year. The beautiful quilt, prepared by the church group of women and the material donated by Rita Shortill helped to swell the funds considerably. Joanne Stevenson purchased the quilt and is quite happy to be the owner.

There were many involved towards the success of the bazaar and the many committees offer their gratitude for help they received.

We were sorry to hear of the recent car accident at the corner of the Ninth Line and Hutton Hills town line Thanksgiving Sunday.

Mr. and Mrs. Alan Trueman and their son were in their car when they were hit by a car that failed to stop at the intersection. The men escaped with minor injuries but Mrs. Trueman suffered fractured ribs and a broken ankle. Happy to report she is recover-

ing nicely at her home. They were wearing their seat belts, she said, which no doubt saved their lives, since the car rolled over a couple of times and was completely wrecked.

The family of Alice Sanderson completely surprised her October 10 when Mr. and Mrs. Howard Briggs gave her a party to celebrate her 25th birthday. It was held in the Ballinafad Community Centre.

Husband Jim and their three children were present as well as the other members of the Sanderson family. Alice's sister Phyllis and her husband and other special friends were invited to share in the celebration and help Alice enjoy all the festivities that goes with a birthday party.

### BALLINAFAD NEWS By LYNNE SINCLAIR Herald Special

The Ballinafad "Bedroom Boutiques" have completed their fall project, "Your Corner of the World", involving macrame. They are now awaiting Achievement Day which will be at the E.C. Drury School in Milton Nov. 12 at 7 p.m. Family and friends are invited to attend.

Ballinafad exhibit is called "Color Cues". The commentator will be Christine Curry. Twelve members have completed this club under the leadership of Mrs. Koperdraad and Shelly Wilson. Everyone has enjoyed this club. Many macrame articles will be displayed at Achievement Day, hope to see you there.

## About the Hills

### Draw winner

Mrs. C.O. MacLeod of Sargent Road, Georgetown, was the lucky winner of the side of beef raffled off by the Elks Lodge. Special guest C.E. Webber of Taunton, England, drew the winning ticket at the Elks Hall Oct. 9. Proceeds from the draw will help send the Lodge-sponsored hockey team to eastern Ontario competitions.

### Hockey draw

Elks Lodge tickets announcing a side of beef draw October have nothing to do with the Minor Hockey association in Georgetown. Proceeds from the draw will, however, send a minor hockey team to Cornwall this weekend for a special fun tourney.

### Auctioneer guest

Harris Wilcox, auctioneer and lay minister from Bergen, N.Y., will be the special guest speaker at the 132nd anniversary service of Burn's Presbyterian Church on Erin's Main Street this Sunday at 11 a.m.

Mr. Harris is well-known in the area and has sold registered cattle in 34 states and three provinces of Canada. Mr. Wilcox has been on the sales staff when 10 world record Holstein prices have been achieved.

The evening service at Burn's will be taken by the Burk's Falls Baptist Church Choir. Everyone is extended a warm welcome to these services at 11 a.m. and 7 p.m.

# Vacation Guide

## Canada cooks in Olympics

The "other" Olympics are over. Now it's time to get down to the real thing - the World Culinary Olympics in Frankfurt Germany, Oct. 24-30.

True to Olympic tradition, the culinary contest is held every four years. But unlike its athletic counterpart, it has received little attention in Canada despite the fact the country's participants have fared well.

Vaulting from nowhere in 1968, the first time Canada entered, to fourth place in 1972, the Canadian contingent cooked its way to second spot in 1976, outranked only by Switzerland and beating out such favored teams as the French and American who tied for third spot.

This year, the Canadian chefs have a reputation to maintain and they are going back with the glitter of gold medals in their eyes.

The Canadian group consists of a four-member national team and a western,

arctic char, Saskatchewan rabbit pie in jelly, Nova Scotia crabmeat salad, Alberta fillet of beef, fiddlehead and tomato salad, Saskatoon berry tartlet and Quebec sparkling cider - all Canadian fare.

The Culinary Olympics is important to Canada as well as to the participating chefs. It allows food producers and sponsors to display, and hopefully sell, their products abroad. Tourism officials appreciate the publicity it generates which raises not only the "concept" of Canada but also assures food-loving Europeans that if they are considering a trip here they can count on eating well.

For the rest of us, there is good old national pride - the knowledge that our chefs and food are among the best in the world.

Four years ago, most Canadians had never heard of the World Culinary Olympics. This year, thanks largely to a successful public relations campaign led by team manager Demers

under the auspices of the CFCC, the group has aroused media interest and a long list of sponsors for an estimated \$130,000 worth of goods and services.

Sponsors confirmed to date are Alberta Agriculture, Saskatchewan Agriculture, Nova Scotia departments of Fisheries and Tourism, Newfoundland department of Fisheries, Quebec ministries of Agriculture, Fisheries and Food, CP Hotels, Canadian Restaurant and Foodservice Association, Air Canada, Catelli Ltd., Corby Distilleries Ltd., Kraft Ltd., Molson Brewery Quebec Ltd., Agriculture Canada and the Canadian Government Office of Tourism.

Captain of the western Canada team is John Reeve, Chef, CP Hotels, Chateau Flight Kitchens in Vancouver; eastern Canada captain is Pierre Pedeches, Banquet Chef, Hotel Ritz-Carlton in Montreal; and central Canada captain is Nick Schweizer, Chef Gardemanger, Royal York Hotel in Toronto.



Canada's national team to the 1980 World Culinary Olympics. (left to right) Jean Sallou, Castel de l'Estrie, Granby, Quebec; Hans-Ulrich Herzog, Prince Hotel, Toronto, Ontario; Fred Zimmerman, Calgary Inn, Calgary, Alberta; and team captain Marcel Kretz, Hotel La Sapiñiere, Val David, Quebec.

central and eastern team, all chosen through regional cook-offs and all members of the sponsoring Canadian Federation of Chefs de Cuisine (CFCC). They will compete in six categories - entrees, hot and cold dinners, buffets, pastries and desserts.

The international panel of experts bases its judging on nutrition and the meal itself, up to 12 points; preparation, including cleanliness, speed and efficiency, 10 points; presentation, 10 points; price value or cost, up to 40 points; plus extra merits for dishes never before submitted.

Chefs competing in the Olympics require more than talent and training. Mingled with the pride of representing their country is an extraordinary amount of stress. It's a place where losing a favorite wooden spoon can send otherwise rational people into a frenzy.

Marcel Kretz, member of the '76 group and captain of this year's team, said, "It's hell. It's hard to believe people can work that hard under that amount of pressure for that period of time."

Winner of countless awards and judge at numerous competitions, Kretz is a natural as team captain. He has had the experience of international competition and, as the person who keeps La Sapiñiere resort in the Quebec Laurentians at the top of the heap in the culinary field, he is also one of the best chefs in the country.

A highlight of the Culinary Olympics, separate from the contest, is the Canada Night Banquet when the Canadian chefs put on an elaborate spread for 600 VIPs, including the press.

While the food entered into the competition is always a secret, the more-than-35-item Canada Banquet buffet is general knowledge. A sampling includes Labrador

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A lot of people in Ontario are saving energy right now. Join your neighbours and save some yourself.

### DRAFT DEFENSE

A 1/4 inch crack along the bottom of a door can leak as much warmth as a hole in your wall the size of a baseball!

Caulking and weatherstripping to plug heat leaks are the best defenses going - because these measures save your valuable energy (and money) from heating the great Canadian outdoors. You can find out more in "Draft Defense", one of a series of brochures we've published to help you save energy.

While you're checking out those gaps in your draft defense, you might want to take a close look at how your home's insulation measures up for winter.

### THE 'R' FACTOR IN KEEPING THE HEAT IN

There's no two ways about it - when it comes to saving energy and money in your home, there's nothing like properly installed insulation.

Check out the "R" factor of your home's present insulation, and proceed from there. You may even qualify for a CHIP grant that will help you carry the cost of insulating.

As you size up your home's insulation, don't forget to look at your furnace with an eye to making it more frugal with energy.

# WAYS TO SAVE ENERGY UNDER YOUR ROOF

### KEEPING THE HOT IN YOUR HOT WATER

That steady "drip-drip" from a hot water tap is more than annoying. One drip per second can send 175 gallons of your hot water a year down the drain.

Fixing that dripping tap is usually simple. There are lots of ways you can cut back on energy waste with your hot water supply - insulate the tank and the first few feet of the hot water outlet pipe. Use your dishwasher only when full. And there are many more ways to save!

Find out about ways to save energy under your roof by sending the coupon below. You'll receive handy, informative brochures that will give you the lowdown on higher energy savings. Follow their advice and you'll be doing your part to make sure that Ontario's energy future keeps on looking good.

And remember - winter's coming!

Life is good, Ontario. Preserve it. Conserve it.



Ministry of Energy  
Hon. Robert Welch,  
Minister



### THE FRUGAL FURNACE

Regular maintenance and some very simple steps are all you need to make your furnace more energy efficient. Have your furnace checked and serviced once a year. Set the thermostat back a few degrees. Check your air filter once a month and replace as needed. Make sure heat registers aren't

blocked by drapes or furniture - use deflectors when registers are under drapes. If you use electric heat, vacuum your baseboard heaters regularly.

There are a lot more helpful furnace tips you can find out about. But now, there are just a few words to be said about keeping yourself in hot water.

Yes! I'm interested in saving energy under my roof. Please send me the following brochures:

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