

frozen  
New Zealand  
**whole lamb legs**

was ~~2.18~~ **1.78**  
lb.

shank portion  
was ~~2.28~~ lb. you pay **1.98** lb.

frozen  
New Zealand  
**shoulder lamb chops**

was ~~1.88~~ **1.48**  
lb.

frozen  
head-on dressed  
**whole lake trout**

2-4 lb. size  
was ~~1.78~~ **1.38**  
lb.

cut from  
Canada  
grade "A" beef  
**boneless stew beef**

was ~~2.18~~ **1.98**  
lb.

halves or quarters  
Swifts  
Sugar Plum  
semi-boneless  
cooked smoked **hams**

was ~~2.88~~ **2.28**  
lb.

**fumees**  
Maple Leaf

1 lb. pkg  
**Maple Leaf wiener**

was ~~2.18~~ **1.68**  
lb.

Maple Leaf Brand sliced  
**cooked ham** 175 g was 1.85 pkg. **1.58**  
Z & W Foods store packaged  
**polish sausage** was 2.24 lb. **1.98**

sliced 5 specified varieties 175 g was .98  
**Loblaws cold cuts** pkg. was **.78**  
20 ggs 6 specified varieties 250 g was 1.79  
**cooked meat chubs** pkg. was **1.48**

20 ggs sliced  
**summer sausage** 375 g was 2.88 pkg. **2.48**  
20 ggs coarse  
**liver sausage chubs** 800 g was 1.49 pkg. **1.28**

Loblaws mock chicken or  
kunchon meal 500 g was 1.29  
**cooked meat chubs** pkg. **1.18**  
frozen store packaged  
**ocean perch fillets** was 1.29 lb. **1.28**