

Vacation Guide

Barbados-- a place to remember, and return to



Barbados Codrington College, with its park, its pool, its avenue of Palms, its 17th Century Principal's house. Codrington is surely one of the finest sights in the Western Hemisphere.

valley, toward the north centre of the island, surrounded by low hills, is quite charming. The views from such lovely old plantation homes as "Melrose" in St. Thomas and "Moonshine Hall" in St. Georges are panoramic.

In St. Lucy, the northern most parish, is located Mount Gay distillery, one of the producers of Barbados native drink. The sugar cane brandies produced from their rums have been acclaimed among the best in

the world.

Barbados connection with Canada is historic, dating from the time Nova Scotia schooners plied south with cargoes of salt cod in exchange for rum and molasses.

The island is ringed with beaches and where there is sun, sea and sand are to be found luxury villas, swank apartments called apartels, and modern apartments, the latter with all the self catering conveniences.

You can choose a holiday that suits you best from any of a number of tour operators or airline package tour offerings or, if these don't suit, ask your travel agent to put together a plan specially suited to your needs.

Rates range from \$20.00 U.S. to \$200.00 U.S. per person double, there are meal plans, sometimes expressed as part of the rate, usually, depending on the season, available on an A.P., M.A.P. or E.P. Basis, that's

three meals, two meals or no meals.

There is no rainy season, the average rainfall is 60 inches. The water is pure and can be drunk straight from the tap.

Almost two centuries ago, the American historian, Henry Whistler described Barbados as "one of the richest spots of ground in the world and fully inhabited", and so it remains today, a place to remember, and to return to.

Iberia: Flamenco and Fado

It inflation has taken the sunshine out of your life, Portugal and Spain can put it back in again.

Europe's most sensible price and salubrious climate combine to make Iberia's resorts the most popular on the continent and its cities' unmatched treasure troves of consumer goods.

Shoppers will may think they have found Nuvana, and they need not be compulsive or even conspicuous consumers to lose themselves in the cornucopia of goods that awaits.

In Spain, leather goods lead the shopping parade. For the best, look in on Loewe, which operates two large shops (Av. Jose Antonio 8 and Serrano 26) in Madrid.

Handbags, briefcases, luggage, coats, gloves and wallets show superior craftsmanship.

Loewe is strictly the top of the line and, while it may not offer spectacular bargains by Spanish standards, when compared to prices back home they can seem

almost like gifts.

For antiques or wrought iron from Mallorca, drop in on the Rastro (the local "Flores" Market), which reaches its liveliest state of animation on Sunday mornings.

Warning: Use all your negotiating powers, and never pay the first, second or even the third price for anything.

In Portugal, gold (even to-day) rates best buy status. W. A. Sacramento, an ancient and revered emporium at the base of the Santa Justa elevator, merits a visit even if you're only browsing.

For embroideries from Madeira, look in on *Madeira Sa Perla*.

At least four branches in Lisbon (one in the Hotel Ritz, another in nearby Estoril's Hotel Estoril Sol) offer fine buys on handbags, blouses, table linen and rugs.

Remember that both Spain and Portugal observe mid day siesta (approximately 12:30 P.M.) when everything stops. Plan your shopping forays accordingly.

No visitor to Iberia ever goes hungry. Food, inexpensive by European standards, is superbly

cooked. (You could easily get hooked on the seafood.)

Thirsty? Drink up! Spain's sherries have not gained world renown without reason.

And Portugal's *vinho verde* (light, sparkling "green wine") can turn any occasion into a celebration.

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The morning's cool, the sun is rising, and at six a.m. on the beach in Barbados, one can feel the Island slowly coming alive.

As an offtime visitor, one who enjoys strolling, it's become a habit with me to begin each day with a walk along the beach; here I've discovered that the best elements of a Barbadian holiday are quite often beach born. As witness, one early morning, not long ago, near the Southern Palms hotel in St. Lawrence Gap on the south coast between Worthing and Maxwells, I sighted and was much taken with the presence of a particular Barbadian woman.

She was barefoot and her age was indeterminate, yet her denim skirt, shirt and bandanna, in contrasting shades of blue, implied both a uniform and a martial calling, a presumption, considerably supported by the fact that, soldier fashion, she carried a big stick.

As she marched up and down the beach, seemingly on patrol, she appeared, positively "Roosevellian" -- she was in fact to me, so much a portrait of Teddy Roosevelt's advice "to walk softly but carry a big stick", that prompted by my personal devil of curiosity, I stopped her and made inquiry as to what she did, and whether, looking to the proportions of her stick, one might properly call her Roosevelt? Her answer, proffered with a sly smile, was "no", but, she added with a hint of a grin, "since I am 'guardian', you might call me Constable!

What she was guarding I couldn't say, let it suffice, that for the balance of that visit, my every "Good morning Constable", brought me a diffident nod and fleeting smile, so reflective of the charm and friendliness of the people of this pleasant island.

The most easterly of the Caribbean Islands, Barbados is situated at latitude 13° 04' north and longitude 59° 37' west.

The name originated with the Portuguese who christened the land "Los Barbados" after the bearded-like fig trees they found growing there. Barbados' first parliament was established in 1639 and is the third oldest in the Commonwealth.

The language spoken is English, the dialect is Bajan. In size, just 166 square miles - 21 long and 14 wide, the island is divided into eleven parishes. The capital city is Bridgetown.

The east coast is generally described as rugged and Atlantic, the west tranquil and Caribbean. The southern area comprising the Parishes of Christ Church, St. Michael and St. Phillip is fairly flat. St. Georges

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Sunlight's Barbados

WEST PALM
Friendly hotel with 14 one-bedroom apartments a fifteen minute walk to the Beach Club. Guests are welcome to use the facilities of the Traveller's Palm Hotel, a five minute walk away which has a pool, restaurant, bar and mini mart. Sunlight's one bedroom apartments have an air conditioned bedroom with twin beds, living room with studio couch, fully equipped kitchen, patio and private bathroom with tub and shower.

TRAVELLER'S PALM
Casual hotel with 16 modern one-bedroom apartments a fifteen minute walk to the beach. Shopping centre, tennis courts, children's playground and Beach Club. Freshwater pool with poolside restaurant and bar. Mini-mart. Sunlight's one bedroom apartments have air conditioned bedrooms with twin beds, living room with studio couch, fully equipped kitchen, patio, and private bath room with shower.

SUNSET CREST APARTMENTS--Twin cost per person			
WEST PALM		TRAVELLER'S PALM	
TRAVELLER'S PALM	WEST PALM	TRAVELLER'S PALM	WEST PALM
719	720	929	949
699	709	879	899
649	659	849	869
659	669	859	879
689	699	879	899
699	709	889	919
709	719	899	919
699	709	889	919
569	579	649	679
559	569	639	669
549	559	629	659
539	549	619	649
529	539	609	639
519	529	599	629
509	519	589	619
499	509	579	609
489	499	569	599
479	489	559	589
469	479	549	579
459	469	539	569
449	459	529	559
439	449	519	549
429	439	509	539
419	429	499	529
409	419	489	519
399	409	479	509
389	399	469	499
379	389	459	489
369	379	449	479
359	369	439	469
349	359	429	459
339	349	419	449
329	339	409	439
319	329	399	429
309	319	389	419
299	309	379	409
289	299	369	399
279	289	359	389
269	279	349	379
259	269	339	369
249	259	329	359
239	249	319	349
229	239	309	339
219	229	299	329
209	219	289	319
199	209	279	309
189	199	269	299
179	189	259	289
169	179	249	279
159	169	239	269
149	159	229	259
139	149	219	249
129	139	209	239
119	129	199	229
109	119	189	219
99	109	179	209
89	99	169	199
79	89	159	189
69	79	149	179
59	69	139	169
49	59	129	159
39	49	119	149
29	39	109	139
19	29	99	129
9	19	89	119
0	9	79	109

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Attractive 3 or 4 bedroom brick and aluminum home on beautifully landscaped acre with small trout stream. Paved road, large rec room with bar and wood burning stove. Only \$69,900. Call Marg Parker 877-5296. Res. 519-833-9151.

10 ACRE - MINI FARM
Century 3 bedroom log home, recently renovated. Excellent 50' x 40' bank barn plus outbuildings in rural Milton. Vendor retiring, might consider taking back first mortgage. Call Gerry Rotzal 877-5296. Res. 877-3196.

CENTURY HOME
Centre hall plan Victorian brick. High ceiling, foot wide baseboard, two fireplaces, french doors between the living room and den. Main floor den or office, laundry room and family room plus in-law or guest suite. For details call Alice Pokluda 877-5296. Res. 877-0345.

WALKING DISTANCE FROM TRAIN STATION
Excellent 3 bedroom home features bay window in living room, play room for the little ones, partially finished rec room, big lot, detached garage. Asking \$56,900. Call Marg Parker 877-5296. Res. 519-833-9151.

TWO FOR THE PRICE OF ONE
Live cheaply in one half of this home by renting out the other half, each unit has 3 bedrooms, living room, dining room and eat-in kitchen. Asking \$58,900. Call Alice Pokluda 877-5296. Res. 877-0345.

IT WON'T LAST
This attractive 2 storey home with quality broadloom, 4 spacious bedrooms with walk in closets, 3 washrooms, separate dining room with walkout, living room with floor to ceiling fireplace and walkout. Kitchen finished in pine. It is a beauty! Excellent financing, asking price \$67,500. Call Gerry Rotzal 877-5296. Res. 877-3196.

PRICE SLASHED!
Rural residential corner property. Approximately 2000 sq. ft. on main floor, ideal for garage, auto body shop, variety store, etc. Excellent 3 bedroom apartment on 2nd floor for your own use. This property is located north-east of Milton and must be sold now to settle estate. Reduced to \$49,900. Call Gerry Rotzal 877-5296. Res. 877-3196.

2.7 ACRES - BUILD YOUR DREAM HOME
Excellent frontage on paved road. Creek at the side of the property. Close to Katoos Park and 401 for easy commuting. This is a prestigious lot. Asking price \$64,900. Call Gerry Rotzal 877-5296. Res. 877-3196.

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