



Christie triscuits

250 g box
\$1.

everyday low price **1.31**



Hunt's tomato sauce

7.5 fl. oz. tins
4\$1.

everyday low price **.37** ea.



all flavoured varieties
Beatrice fruit bottom yogurt

175 g cups
2\$1.

everyday low price **.63** ea.



Breaktime - peanut butter, oatmeal, fruit 'n' nut or coco chip

Dare's biscuits

500 g box
\$1.

everyday low price **1.39**



Schneider's **colby cheese**

12 oz. pkg.
\$2.

was 2.15



Catelli **macaroni & cheese dinner**

225 g box
.39

was .47



spaghetti, thin spaghetti or elbows macaroni.

Romi pasta

2 lb. pkg.
\$1.

was 1.55



Romi, plain

14 fl. oz. jar
spaghetti sauce

2\$1.50

was .89 ea.



Romi, meat or mushroom

14 fl. oz. jar
spaghetti sauce

.89

was .99



Unico grated

4 oz. jar
parmesan cheese

1.23

was 1.33



Arm and Hammer
washing soda

2 500 g boxes
\$1.

was .65 ea.



Downy liquid
fabric softener

3 L plastic jug
\$4.

was 4.29



McNair, glace
red cherries

8 oz. tub
\$2.

was 2.39



McNair
12 oz. cello bag
chocolate flavour chips

1.19

was 1.39



sweetened shredded
200 g cello pkg.
McNair coconut

1.19

was 1.29



Burn's
pure lard

1 lb. bag
.69

was .77



Club House
pure
almond extract

1.5 fl. oz. btle.
.69

was .79



Club House
ground ginger

1.13 oz. tin
.66

was .76



Fleischmann's
corn oil (1/4 lb. squares)
2 lb. pkg.
margarine

2.59

was 2.83



Dietrich
scone rolls

12's poly bag
.85

was .95



frozen, potato, with collage or cheddar cheese
naleyway perogies

12-oz. pkg.
\$1.

was 1.19



Wong Wing, dry garlic rib or pineapple chicken
12 oz. box
frozen dinner

1.35

was 1.55



Vitto frozen
veal parmesan

1 lb. box
\$3.

was 3.29



frozen
21 oz. box
Vitto lasagna

2.29

was 2.77



frozen, raspberry or strawberry
McCain shortcake

25 oz. box
\$2.

was 2.49



Royal no bake
11 oz. box
cheese cake mix

1.50

was 1.63



Green Giant, fancy green or wax
kitchen sliced beans

2 14 fl. oz. tins
\$1.

was .56 ea.



all varieties
Bick's relish

12 fl. oz. jar
.74

was .84



Total, creamy
650 mL plastic btle.
liquid cleanser

1.79

was 1.99



Cheer, powder
laundry detergent

6 L box
\$4.

was 4.19



Johnson's
850 mL plas. btle.
baby shampoo

4.29

was 5.75



Irish Spring
super size bar
deodorant soap

200 g
.69

was .89



Crisco
1 L btle.
vegetable oil

2.17

was 2.29



Nestle, all flavours
(4 x 5 oz. tin) sleeve
mini puddings

1.39

was 1.55



Vitto, frozen
with meat sauce
12 oz. box
meat balls

1.50

was 1.77



Fleischmann's
frozen
16 fl. oz. ctr.
egg beaters

1.50

was 1.59