

We reserve the right to limit quantities to normal family requirements



Prices effective thru Saturday, August 23rd, 1980.

# You'll do better at A&P's PRE-HOLIDAY SALE!

**SAVE 46¢**  
1-Ply, Bathroom Tissue, Ass'ted Colours  
**COTTONELLE TISSUE**  
pkg of 4 rolls  
**1 109**  
(Our Regular Price 1.55)

**SAVE up to 90¢**  
All popular brands  
**CANADIAN CIGARETTES**  
carton  
**7 99**  
(Our Regular Price up to 8.89)  
(Limit 2 ctas per family, with a min. \$10.00 purchase excl. this product.)

**SAVE 54¢**  
**PREM LUNCHEON MEAT**  
12-oz tin  
**99¢**  
(Our Regular Price 1.53)

**SAVE 1.50**  
4.4 litre (plus deposit)  
**Family Pack COCA-COLA**  
6 pack of 750 ml btl's  
**1 199**  
(Our Regular Price 3.49)

COME VISIT  
**THE FARM at A&P**  
California, Sweet, Juicy, Plump  
**SEEDLESS GRAPES**  
**98¢**  
lb

**SAVE 20¢/lb**  
Fresh -- (Boneless lb 1.19)  
**PORK ROAST**  
Shankless Picnic Shoulder  
**99¢**  
lb  
(Our Regular Price lb 1.19)

**SAVE 40¢/lb**  
Fresh  
**BOX-O-CHICKEN**  
Family Pack Contains:  
3 Leg Quarters with backs attach.  
3 Breast Quarters with wings & backs attach.  
3 Wings  
3 Necks & Backs  
3 Giblet Packages  
**79¢**  
lb  
(Our Regular Price lb 1.19)

- NO. 1 GRADE, RED HAVEN, SWEET & JUICY  
**Ontario Peaches** lb 69¢
- MEXICAN, RIPE, SWEET,  
**Juicy Pineapple** each 99¢
- CANADA FANCY, NEW ZEALAND, ALL PURPOSE,  
**Apples Granny Smith** lb 99¢
- NO. 1 GRADE, FRESH DAILY, SNOW WHITE, LARGE SIZE  
**Ont. Cauliflower** each 79¢
- NO. 1 GRADE, ONTARIO, VINE RIPE  
**Tomatoes** 4-quart basket 2.99
- NO. 1 GRADE, FARM FRESH  
**Ont. Potatoes** 6-quart basket 2.89
- NO. 1 GRADE, SWEET, JUICY, CALIFORNIA  
**Bartlett Pears** lb 69¢
- ROASTED IN SHELL -- IDEAL FOR SNACKING  
**Fresh Peanuts** lb 99¢
- SWEET, LARGE SIZE  
**Sunkist Oranges** 12 for 1.98
- ASSORTED  
**Tropical Plants** 6-inch pot 4.99

Cut from Canada Grade "A" Beef  
**PRIME RIB ROAST** First 5 Ribs Only  
**2 49**  
lb  
(Our Regular Price lb 2.99 -- SAVE 50¢ lb)

Fresh -- Great on the "B.B.Q."  
**CHICKEN QUARTERS** Leg Quarters with backs attach. Breast Quarters with backs & wings attach. Mixed Quarters Chicken Halves  
**1 109**  
lb  
(Our Regular Price lb 1.39 -- SAVE 30¢ lb)

**WEEK AT A&P!**  
Picnic Shoulder or Shoulder Butt  
**PORK CHOPS** Great on the B.B.Q. **1 19**  
lb  
(Our Regular Price lb 1.49 -- SAVE 30¢ lb)

RED HOTS, ALL BEEF, DUTCH TREET, DINNER FRANKS, SCHNEIDERS "GREAT ON THE B.B.Q."  
**Wiener** 1lb vac pac **1.59**

FRESH -- SHOULDER BUTT (BONELESS LB 1.39)  
**Pork Roast** **1.09**

CUT FROM CANADA GRADE "A" BEEF (BONELESS LB 1.79)  
**Short Ribs** **1.59**

SHOPIYS -- COLE SLAW OR (330 g CARTON 79¢) (24-OZ CARTON)  
**Potato Salad** **1.29**

SCHNEIDERS 300 g VAC PAC  
**Polish Links** **1.39**

3 VARIETIES (Including English & Smoked lb) 500 g  
**Sausage Schneiders** **1.99**

SCHNEIDERS, SLICED, REGULAR, MAPLE OR THICK 500 g VAC PAC  
**Side Bacon** **1.79**

SCHNEIDERS, SLICED, ASSORTED VARIETIES INCLUDING LUNCHEON, MOCK CHICKEN & MAC. & CHEESE 175 g VAC PAC  
**Cooked Meats** **79¢**

SCHNEIDERS, SLICED, REGULAR, BEEF, THICK OR DUTCH TREET  
**Bologna** 500 g vac pac **1.99**

SCHNEIDERS 375 g BOWL  
**Headcheese** **1.49**

SCHNEIDERS, JUMBO LOOPS (POLISH RINGS LB. 2.29)  
**Polish Sausage** lb **1.99**

SCHNEIDERS 500 g VAC PAC  
**Skillet Strips** **1.69**

**SAVE 1.00**  
Contains rich Brazilian Coffees  
INSTANT COFFEE  
**8 O'CLOCK**  
10-oz jar  
**3 99**  
(Our Regular Price 4.99)

**SAVE 30¢**  
Savarin, Assorted Varieties  
**FROZEN DINNERS**  
11-oz pkg  
**99¢**  
(Our Regular Price 1.29)

**GREAT! - on Jane Parker bread**  
White Label, 100% Vegetable Oil,  
**SOFT MARGARINE**  
1-lb tub  
**59¢**

**SAVE 90¢**  
Powdered,  
**ABC DETERGENT**  
6 litre box  
**2 49**  
(Our Regular Price 3.39)

- Assorted Varieties 14-oz tin  
**DEL MONTE 2 for 79¢**  
**VEGETABLES**
- DEL MONTE, FANCY  
**Fruit Cocktail** 14-oz tin 79¢
- DEL MONTE, FANCY  
**Sweet Potatoes** 19-oz tin 69¢
- ASSORTED VARIETIES PKG OF 4-5 OZ TINS  
**Del Monte Pudding Cups** 1.19
- SUGAR SWEETENED, ASSORTED FLAVOURS  
**Koolaid** 4-oz pouch pkg 2 for 99¢
- DETERGENT  
**Ivory Liquid** 500 ml plastic btl 1.09

- Sliced, Crushed, Tidbits 19-oz tin  
**DEL MONTE PINEAPPLE** **69¢**
- PINEAPPLE-GRAPEFRUIT OR PINEAPPLE-ORANGE Action Price!  
**Fruit Drinks** Del Monte 48-oz tin 79¢
- FANCY  
**Apricots** Del Monte 14-oz tin 69¢
- FANCY HALVES OR SLICES ACTION PRICE!  
**Del Monte Peaches** 14-oz tin 79¢
- ASSORTED VARIETIES  
**Burns Dinners** 24 oz. tin 99¢
- DRY ROASTED  
**Beaver Peanuts** 325 g jar 1.49

- Jane Parker, Sliced 24-oz loaf  
**CRACKED WHEAT BREAD** 2 for **1 09**
- BEATRICE, 2% PARTLY SKIMMED  
**Cottage Cheese** 500 g carton 1.19
- KENT, FROZEN, CONCENTRATED  
**Orange Juice** 12.5-oz tin 59¢
- ASSORTED VARIETIES INCLUDING CHOCOLATE CHIP  
**Dad's Cookies** 450 g tin tie bag 1.19
- SPECIAL BLEND, ORANGE PEKOR PKG OF 60  
**McConnell's Tea Bags** 1.69
- SIMINI, 100% PURE  
**Vegetable Oil** 3 litre plastic jug 3.49

- White, Yellow, Decorated  
**VIVA TOWELS** pkg of 2 rolls **1 19**
- MAXI PADS  
**New Freedom** pkg of 30 1.99
- FACIAL TISSUE, ASSORTED COLOURS  
**Scotties Tissue** box of 200 sheets 69¢
- BROAD OR MEDIUM CUT ACTION PRICE!  
**Primo Noodles** 12-oz pkg 69¢
- PRIMO, MUSHROOM OR MEAT ACTION PRICE!  
**Spaghettini Sauce** 28-oz tin 1.39
- ORANGE FLAVOUR POLY PKG OF 4-3/4 OZ ENVS  
**A&P Sunmix Crystals** 99¢

## Annual walk-a-jog-athon returns Sept. 20

The second Annual Georgetown and District YM-YWCA Walk-a-Jog-athon will take place September 20 at Georgetown's Fairgrounds Park.

Come on out with the family and get a bit of exercise and, at the same time, support the Y's activities here in Georgetown and abroad. As an added incentive, two bicycles will be awarded to the boy and girl who achieve the most sponsorships.

"It's not strenuous," says Joanna Dobbin, Y president, "and this year we're having live entertainment. People can come out and make a picnic of it."

A maximum of 20 laps may be walked, but for children under eight, this is reduced to five laps.

"If the whole family walks together, says Joanna, "you may have to do as few as two or three."

Sponsor sheets and information will be available at the Y's Sinclair Avenue office and the Georgetown library at the end of August.

"This is one of our major fund raising events," said Joanna, "and the money is used in so many worthwhile ways. I really do hope to have a good turn-out this year."

Call the Y at 877-8183 for more details and any information on how you can help.

## Region may hire health planner

A new staff position proposed for Halton region's social and family services department could mean better planning for department projects and improved communications between departments and elected officials, according to a report released to the health and social services committee last Tuesday.

Calling for the establishment of a full-time co-ordinator of planning and research, the report suggests that some regional studies are being done by administrators who have other priorities.

The report notes that regional staff may not have the time to conduct thorough studies. At the moment, the report says, the region cannot quickly gather and analyze "current issues" for comment from staff and councillors. Nor has the region delved into new, pressing social concerns such as the aging population in Halton, falling household sizes and rising unemployment.

One of the most important functions of the planning co-ordinator will be the development of a "human services plan" called for in the official plan.

"The human services plan will mean getting more involved in a lot of areas which we don't have the time or the expertise to devote to now," health and social services committee chairman Walter Mulkeiwich told The Herald Thursday. "These areas would include day care and family counselling."

Coun. Mulkeiwich said that the committee would be looking "ideally for a graduate from a social planning field" if the position is ever opened in the regional administration. The report recommends that the candidate should have the "ability to communicate clearly and effectively with professionals and elected officials."

The planning co-ordinator will mean getting more involved in a lot of areas which we don't have the time or the expertise to devote to now," health and social services committee chairman Walter Mulkeiwich told The Herald Thursday. "These areas would include day care and family counselling."

The committee recommended that the proposal for the co-ordinator be discussed in the management study. Meanwhile, the health and social services committee has made no decision yet on who to appoint as the new medical officer for Halton region.

"We may not have a candidate for the next council meeting," Coun. Mulkeiwich said, "but we're moving ahead."