



all colours, 2 ply. **was 1.17**
Jumbo Royale paper towels

1 roll pkg.

.79

grocery values

- Uncle Ben's long grain 3 lb. box **was 2.79**
converted rice 2.59
- Old London plain (100's) 13 oz. box **was 1.77**
melba toast 1.49
- FBI pure 48 fl. oz. glass btl. **was 1.19**
apple juice 1.09
- Kellogg's 525 g box super toasted **was 1.61**
flakes 1.53
- Realmon lemonade (3's) 9.75 oz. poly bag **was 1.29**
crystals 1.15
- Carmae OS, regular, super or super plus 30's box **was 3.25**
tampons 2.89
- Tastor's Choice continental blend 4 oz. jar **was 3.99**
instant coffee 3.74
- E.D. Smith lemon 19 fl. oz. tin **was .87**
pie filling .79
- Flex, balsam and protein regular or extra body 450 mL **was 3.30**
conditioner 2.79
- powdered laundry detergent 12 L. box **was 7.99**
Tide 7.49
- Carnation frozen hash brown 2 lb. poly bag **was .60**
potatoes .59
- Lender's all varieties 12 oz. poly bag **was .79**
frozen bagels .69



Sunlight liquid dish detergent
 500 mL plastic btl.

was 1.09

.79

save 80 iced tea mix 24 oz. bag 1.59 <small>compared to national brand price 2.39</small>	save 48 dessert topping mix 3 oz. box .49 <small>compared to national brand price .97</small>
save 50 mineral water 1 L. bottle .59 <small>compared to national brand price 1.09</small>	save 28 heavy duty soap pads 18 unit pkg. .81 <small>compared to national brand price 1.09</small>
ABC laundry powder 6 L. box 2.89 <small>was 3.19</small>	Jell-O all flavours jelly powders 3 oz. box .33 <small>was .43</small>
Calgonite automatic dishwasher detergent 1.8 kg box 3.49 <small>was 3.79</small>	Bravo tomato paste 5 1/2 fl. oz. tins 1.00 <small>was ea. .40</small>
Dr. Ballard's all varieties luxury dog food 24 oz. tin .77 <small>was .83</small>	7-Up regular or diet 750 mL. ref. btl. .45 <small>was plus 25c deposit .59</small>