

# Sports Week

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SPORTS EDITOR



EDITOR'S NOTE: This is an open letter to all the people at Participation and to those who have not been touched by them.

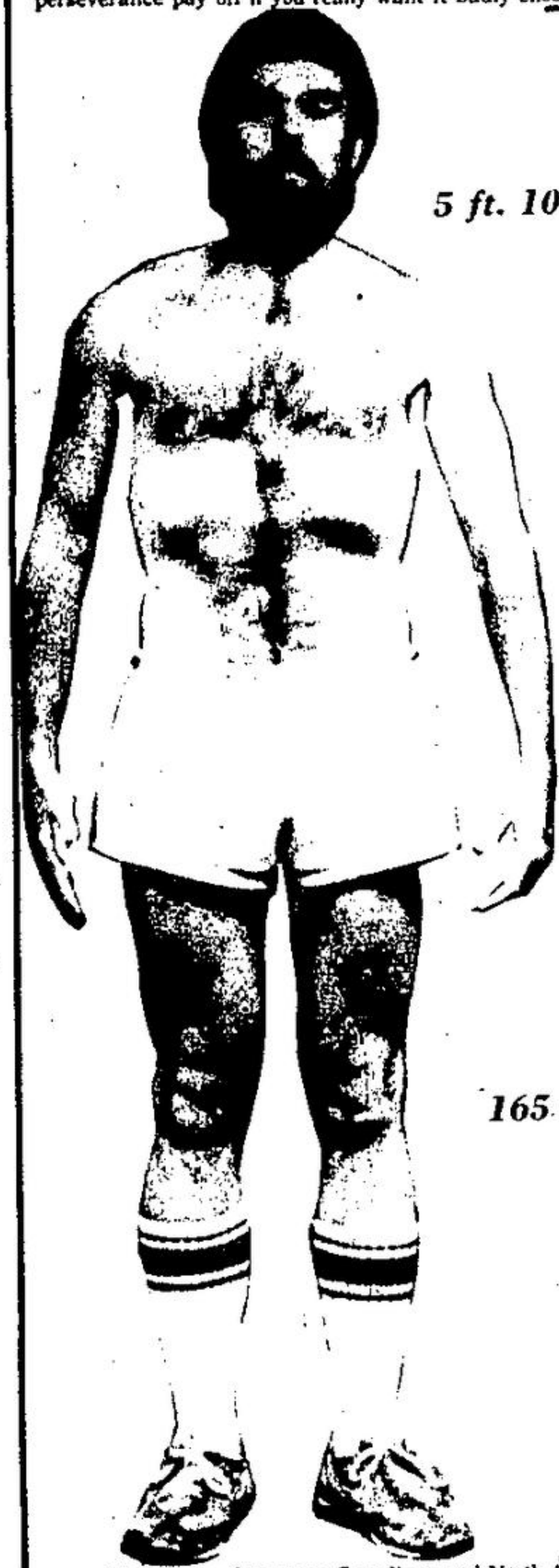
Tuesday, July 29, 1980 9:30 a.m.

Para. 1: Today (yesterday as of publication date) I am 25-years-old.

I have finally joined the Quarter Century Club, as of a few hours ago. I am in the best shape of my career and it is great to be alive.

Three months and one week ago I was 45 pounds heavier and miles and muscles away from the physical stature you see in the accompanying self portrait taken some three hours ago.

I am living proof that hard work, abstinence and perseverance pay off if you really want it badly enough.



5 ft. 10 in.

165 lbs.

Like many other young Canadians and North Americans I fell into the trap of society's good life where every day was a party and every meal a banquet. Eventually it caught up with me too.

Now and for the past two years I have put myself through my own form of spring training, beginning usually when the major league baseball players head south to commence with their annual workouts. The first year lasted until the July 1st long weekend when I wound up by celebrating the 11th birthday of our great and glorious country. This past camp went until my birthday a year ago today when I naturally partook of my own festive occasion. Presently I am a month away from my new target date when I will help a best friend tie the knot at the end of the summer.

All have meant the loss of similar amounts of excess cargo, through dieting and exercising steadily and seriously. No Scarsdale or doctor's diets for me, just plain old common sense cutting back and lots of activity.

Unfortunately the only other times I have undertaken such endeavors I have reverted to my same old larger-than-life self, thus necessitating my third and final attempt. Hence I shall maintain an equal balance between the in-take and out-take of my calorie consumption.

The easy part is taking it off. The hard part is keeping it off. That is not news, but that too is reality.



Tricia Ross, 15, explains to North Halton Golf Club pro John Anderson, how she shot a hole-in-one on the par 3 fourth hole Sunday. She has only golfed a dozen times.



ON THEIR WAY TO 11 - 1 WIN

The Georgetown girls senior rep soccer team were all over their opponents from Ferris, Sunday afternoon in Ontario Cup play at Cedarvale. They won the game 11-1 with many similar plays to this, where the homeside's offense was just too much for the defense.

## Senior rep girls trounce Ferris to advance to Ontario Cup quarters

It was a long ride home to North Bay for nine young girls who came to Georgetown Sunday to play the senior rep girls soccer team in Ontario Cup action. They took with them the name of Elaine Taylor who gave them a lesson in scoring, six times, and an 11-1 drubbing. By virtue of this victory the winners advance to the quarter finals and will be at home to Thorold August 10 at Cedarvale. From the start of the game Georgetown had control of the team from Ferris, just outside of North Bay. With two players short of the regulation 11, the visitors were at the mercy of the talented locals who spent most of their time in their opponents' end scoring six times in the first half. Four by Taylor. In the second half a tired and demoralized Ferris team gave their best shot and scored to the delight of the spectators. The goal seemed to spark them on, but the diminutive Taylor pounced on several lapses by the defence and made it 8-1 with two more goals. Other Georgetown scorers were Sheila Rafferty, Heather Clarke and Andrea Stevens with one each and Sherri Crossman with two.

## Lack of good pitching costly to bantam baseball team

Baseball is a game where good and bad pitching can mean the difference in winning and losing. Normally strong fielding and hard hitting are not enough. The Georgetown bantam rep hardball team know this to be the case all too well. This week their three main hurlers had plenty of trouble resulting in three big losses, which in one even their catcher pitched in to help. Burlington, the top team in the county-league, trounced the locals there 17-0 Tuesday, then returned here to wallop them again 15-2 Thursday. The Monday previous Oakville dropped them with a 13-4 score. Using a rule that doesn't exist in the Major Leagues, allowing a pitcher to return to the mound after he has left, Georgetown put Budweiser back in to retire the side in the shortened game. Then Dave Doucette came in. He had even more trouble. By the time he had ended the fourth inning and was a third of the way through his fifth inning assignment, 10 more batters had made it around the bases and home to score against him. Jeff Budweiser got the ball rolling until he had arranged for three outs and five position runs in the first frame. Doucette came in next and went out in the fifth after he saw seven runners make it home safe. Bobbie Wilkes and Rembish finished the game. Wilkes and John Fitzgerald scored the runs for Georgetown. Three days before the number two team in the league, Oakville, zapped the bantams 13-4. Craig Budweiser and Wilkes were the pitching duo. Budweiser and his brother Jeff scored singles as did Rembish and Blake Harrison. The team hosts Mississauga tomorrow (Thursday) night at the Fairgrounds. Saturday they are off to a tournament in Byron, near London.

## Smokers roast Dave's BP Sunday in Georgetown flag football action

The rich got richer and the poor, poorer Sunday morning in the GFFL. The Smoke Shop roasted Dave's BP, a squad wrecked by holidays. 49-6. Wimpy's wasted the Halton Hogs 43-0. Dairy Queen dumped the Glen 20-6, and the Greek Tavern beat Fobert's 42-20, in a game that was closer than the score indicates.

Georgetown Industrial Flagfootball League standings for the week of July 27.

DQ	20	WT	L	F	A
Greek's Tavern	7	0	1	257	138
Delrex Smoke Shop	7	0	1	211	116
Wimpy's	5	0	3	234	103
Dave's BP	5	0	3	181	181
Dairy Queen	4	0	4	153	143
Glen Warriors	1	0	7	113	222
Halton Hogs	1	0	7	103	187
Fobert's	1	0	7	96	262

### SMOKERS 40

### DAVE'S BP 6

In the day's opener the Smoke Shop won going away in what should have been a good game. BP was missing several players including their quarterback Jim McGill, and the remaining troops were severely overwhelmed. Chris Sargent had two for the Smokers with Jerry Neil, Gary McGowan, Howard Ferguson, and Charlie Knoepfl adding singles. Knoepfl also had four converts for the winners. BP finally got on the board in the fourth quarter on a 40 yard strike to Scott Mason.

### WIMPY'S 43

### HOGS 0

Wimpy's seem to be sporting more firepower, than the U.S.

### GREEKS 42

### FOBERT'S 20

The Greeks, Rick Fisher and John Karolidis had the other TDs with two point conversions by Paul Wilson, Dean Scallen and Allen. Fobert's have spent much of the season wallowing near the bottom of the league in standings, but this week they came up with an outstanding effort. In the end the Greeks had too much ammunition and pulled away in the second half. James Allan and Rob Rivers had two touchdowns a piece for the Greeks. The Glen came back in the second half when Jim Bou-

langer kept his streak alive with another TD, but as is usually the case that contributed the whole wad as far as navy, of late and they kept it rolling by bombing the Halton Hogs this week. Dave Warman continued his cross country training by taking off on touchdown journeys of 100 and 80 yards each. Bob Morrow and John Clark also had two TDs each. Bob Lockwood and Dave Robertson had two point conversions to cap the rout. Fobert's have spent much of the season wallowing near the bottom of the league in standings, but this week they came up with an outstanding effort. In the end the Greeks had too much ammunition and pulled away in the second half. James Allan and Rob Rivers had two touchdowns a piece for the Greeks. The Glen came back in the second half when Jim Bou-

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The Glen was concerned. They were scoreless the rest of the way. Tracy Stevenson put it away



GET YOUR HAND OFF MY FLAG

## New coach and system for Raiders

By MARK CLAIRMONT Sports Editor  
Sports Week has learned that Gerry Inglis, the man who led the Georgetown Raider Intermediate A hockey club to several league and championship titles as coach during the late 1960's and early '70's including their most recent crown the year before last when they also advanced to the Eastern Canadian finals, has agreed to return to the team to head up a multiple-coaching staff for the 1980-81 season that will attempt to recapture for the team the pinnacle position in the seven-team loop which they relinquished this past winter campaign.

Team management will make the appointment official to the public Friday at a press conference where they will also unveil plans for their annual celebrity contest, midway through their schedule, that will pit some of Inglis' past Raider prodigies against what will be his present prodigal sons.

It is also expected that Midland will be announced as a new entrant in the Major Ontario Intermediate A League. As well the team's regular season schedule will be made available. The team opens training camp Sunday morning September 14 at 10 a.m. at the Gordon Alcott Arena.



GERRY INGLIS

### SOLE CONTROL

Although the club gave Inglis sole coaching control, both indicate that one, two or possibly three other men, likely players, will help with the team's playing duties as assistants, although Inglis hesitates in referring to them as such. He says they will be co-coaches on an equal basis. Names being bandered around for the as yet undecided position as fellow-mentors for the winning coach in the Raiders' history, include the team's all-star goaltender for the past two years, Peter McDuffe, and defenceman John Boyce who was substitute coach for Steve Blundy last season.

Raider general-manager Dave Kentner said the team was looking for a coach that "had a proven track record and the respect of the players."

Inglis, who coached midget and junior teams here in town before taking over behind the Raider bench where he brought many of them along to his intermediate team, says he is glad to get back where he can go after the Canadian championship Hardy Cup again. He said that over the years he has had some good teams that have deserved to win the big one, but haven't.

As is the trend in recent years with National Hockey League teams, many are opting for more than one-man-run-on-ice teams. "It's such a responsible demanding job where you give your entire life for a season," says Kentner. "Everything else has more than one for the job. There are 20 players, six training staff, and a dozen or more executives. So, why only one coach?"

Inglis, a stonemason on the "downward side" of life's age scale, agreed with the new wave of coaching theory. Since he only attended two of the Raiders' games last year, he will have a lot of catching up to do.

"To be involved in the game of hockey today is very difficult. You need two or three coaches to keep the players interested and enthused. Many have played a lot of hockey and you need more guys (coaches) on the ice," for practices.

"It could backfire," admits Inglis but by having playing coaches will "generate more feeling in the club...and make the game more fun."

Club first vice-president Finn Poulstrup says that if the new coach is ready with the team then the rest of the organization will be right there behind him.

Doug Tate, a former great with the team, has been talking with GM Kentner about the old vs new Raider game slated for late January or early February. The game will feature this year's team against one comprised of the likes of Tate, Tom Gilbert, Keith Pallet, Brad Butterworth, Bill Curry, Paul Robinson and Glenn Inglis.

This game will replace what in the past two years has been an international match with the Austrian and Czechoslovakian national teams who have been on tour in Canada.

## Pickells and Danard take more open karate championships

Two former area karate champions, Bill Pickells and Debbie Danard, continue to win despite leaving town. They now live in Brampton.

At the Port City Open Karate Championships in Oswego New York, they won all the events they entered. Danard, who just received her black belt on May 31 of this year, won both the ladies black belt Kata and fighting titles, before claiming the grand championship in both events. Danard would have had to fight Pickells for the grand championship, but boyfriend Pickells said enough was

enough and opted out of such a match. Pickells claimed the men's black belt kata title.

The two had just competed in two other tournaments earlier in the United States. In an Ohio State event, Danard was second in the ladies black belt kata and Pickells took top honors in the men's black belt kata division.

At the United States Karate grand nationals in Miami Beach, Danard was second in the ladies black belt fighting while Pickells took second in the men's black belt kata.