

The Beauty Spot

by Barb Presswood

# Some tips from Helen of Troy

Almost everyone has undereye circles to some extent. When choosing a cover up, whether cream, lotion or stick, be sure it slips on easily without pulling on delicate eye area. Select shades that match your skin tone or one shade lighter. you don't want a raccoon effect.

clumping, and mascara from smearing.

many women find cake mascara makes lashes look more natural and is a lot more economical because you have control of exactly how much color you get. Your eyes can shadow and matching ones own eye color.

Brown eyes, try ivy green shadow and brown

Small and sunken. To bring forward, use light shadows, dark ones will only make them smaller and deeper

Round. With liner, draw a thin line on top and bottom without joining the corner. Blend shadow beyond eyelids to the temple area.

Bulging. Light shadow under brow and dark on lids to flatten protruding eyes. Don't use bright colors or too much

to lift drooping lid.

Narrow almond. Never wear false eyelashes and

shadow near nose, and at outer sides darken shades.

Wide set. Wear all makeup close to the nose with outer

transfer old wand to new tube.

DO replace mascara about three months after you . open it (the time bacteria takes to become a problem) and cause eye disease.

SKIN CARE

thoroughly cleansed at least twice a day for fifteen minutes

a week for a soft and dewy complexion. Apply face cream heavily before taking your bath and the hot water will work with the cream to help soften your skin.

down the puffs under the eyes

 If you are plagued with blackheads and spots, wash a potato, cut it in half and rub it all over your face. Components of a potato possess unusual and amazing healing properties of skin disorders.

thoroughly, To get the best benefits from that afternoon nap, cover

your eyelids with cottonballs dampened in a chilled high

another antidote for those dark circles under your eyes. A compress of bread crumbs soaked in milk will help reduce crow's feet.

 For cleansing the face use a sponge or buffer. No matter what type of skin you have, a 5 second treatment will free trapped dirt and debris and remove dry dead skin. Olly skin becomes cleaner and fresher as film disappears. Dry skin becomes smoother, rough flaky skin is buffed away.

# Region wants aid to prevent rail mishaps

Halton regional council has urged the provincial government to make funding available for the preparation of

emergency plans by municipalities concerned about the possibility of major railway accidents similar to last

concerned that the Halton

board may find itself funding

the lunch-hour supervision

unless the ministry relents

since parents do need the

The ministry is reportedly

concerned over the board

charging for the service.

although no one objects to

parent-volunteers charging as

long as the money doesn't

appear on the board books, she

service in many cases.

Lunch supervision

becomes a problem

derailment.

November's Mississauga trail

In Peel, the termination of

the lunch program resulted in

the board having to finance

supervision out of its budget

for consumable goods (paper,

pencils, books), Mrs. Fairfield

said, cutting about a third of

the budget and causing hard-

ships for all students. She fears

a similar situation in Halton

unless the ruling can be

changed to permit a reinstate-

ment of the present, mixed

system, which has proven

satisfactory throughout the

board's jurisdiction.

Council last Wednesday

its planning and business development staff at the request of the Ontario Task Force on Provincial Rail endorsed a report prepared by Study. The report acknowledges that special contingency plans are needed in case a train accident results in the spilling of toxic materials or an explosion of inflammable materials.

The report also suggests that the region should be informed when the railways move dangerous materials through

the area. Other safety regulations the

implemented involving rail of dangerous traffic materials:

-A "hot box" monitoring system along main lines and rolling stocks. A hot box, or faulty brake casing, is believed to have caused the train derailment last November which led to the evacuation of 200,000 people in Mississauga.

-Each railear should have a list of contents fixed on the cars which will not become illegible under extreme heat.

-- Cars should be separated. according to content so that region would like to see

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incompatible and dangerous materials aren't coupled logether.

The report suggests that passenger and materials rail service be increased in the region due to the region's expanding economy and to help cut down on highway congestion and energy

consumption. The report notes that "up to 40 per cent of Halton's labor force commutes to jobs outside Halton each day" and has suggested that the task force study the feasibility of having

VIA rail provide some of the commuter service between Halton and Toronto.

While it urged spur and regular line expansion for goods movement in the region, the report says the railways should establish an environmental policy and is especially concerned over the effects rail traffic will have on

sensitive areas". Council will forward the report to Margaret Scrivener, chairman of the rail policy task force.

the region's "environmentally

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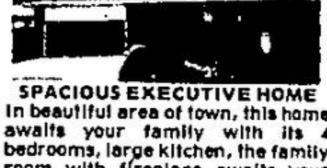
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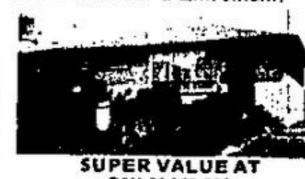
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FACE BRIGHTNER Ladies, if you've had a restless night or under a lot of stress and your complexion has dulled or you have deep shadows under your eyes, here's a new way to brighten your face and keep you from looking and feeling as hopeless as a silent movie queen. Several companies make a new smooth white liquid to conceal shadows. It acts as a primer under foundation and actually highlights your natural skin tones. It will tone down a ruddy complexion. Here are some ideas on mascara since over seventy six per cent of all women in all age brackets wear mascara according to recent surveys. In fact I bet if you were stranded on a desert island and had only one cosmetic with you it would be mascara! Types of mascara are two basic types. Water based. Makes lashes look thicker and it's easily removed with soap and water. It needs to be reapplied more often than waterproof mascara. Which is truly long lasting, but it's more difficult to remove. You need a special cleaner. How to remove it? Take a cotton ball and eye makeup remover or cleaner, close your eye and stroke downward; open eye and stroke outward, underneath gently. Here's a little hint when using a fresh tube of mascara, remove the brush from the container five minutes before applying mascara, that way it keeps lashes from

Remember cake mascara. Well, it's coming back and look more dramatic when using colored mascara with eye

For instance blue eyes, try smoky grey shadow and greyish mascara.

Green eyes, try mauve shadow and mascara.

Drooping. Dark shadow upward at outer corner of eye

avold dark liner and shadows. Soft colors. Close set. To widen the space between eyes, use light

half bare. NEVER share mascara, spit on a mascara brush or

To preserve a good complexion, the face must be

each time. Try rubbing pure olive oll over your skin at least twice

Alternating warm and cold compresses will help tone

 An effective treatment for dry skin is to apply regular sweet coffee cream, leave it on until dry, and then rinse

quality witch hazel. A compress of lemon juice mixed with warm water is warned. Mrs. Fairfield said she is

Herald Sepcial The Halton Board of Education wants the ministry of education to change a recent ruling that board-sponsored

lunch programs must end. Board members supported n motion Thursday by Oakville trustees Jackie Cutmore and Ann Fairfield calling for a release from a recent ruling on lunch programs which interprets the act as it was written years ago, according to the two

members. The fact that the board can no longer sponsor lunch programs has thrown principals and superintendents into a quandry, Mrs. Fulrfield said. Some have interpreted the message as meaning teachers and principals must now supervise noon-hour lunches at school since parent-run, userpay systems appear to be in violation of the ministry edict. Others see the parent-run system as acceptable because funds don't go through the board's hands and the parents look after the entire scheme. Still other interpretations are possible and no one under-

stands it, Mrs. Fairfield said. It's a case of too much government, she said. Teachers and principals see the possibility that they may again be called upon to supervise as a step backwards and are indignant about it. If the question isn't straightened out, boards will find themselves in trouble when it comes time to negotiate new contracts, she

# Locals help out

also serve on the Centre's board of directors.

Oakville, Oaklands serves mentally handicapped persons in Peel and Halton, helping them fit into their communi-

capped during the summer.

# Oakland

"The past year has been a very fruitful one for the Oaklands Regional Centre," chairman Les Griffiths of Halton Hills said at the

Two other Halton Hills residents, Reverend Peter Barrow and Ruth Mitchell,

The Centre has been actively

growing in the community, Mr. Griffiths said. This year, a workshop on basic living was organized, classrooms for students with behavior related learning disabilities were rented at Morden Public School and a number of camps and recreational facilities are open to the mentally handi-

Mr. Griffiths said that

centre's annual meeting June

Located on Bond Street in

Oaklands would have to expand its volunteer corps "if we are to continue giving the programming we want to our residents, and If we wish to upgrade and innovate our programming."

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