

assorted
**Lancia
pasta** 2 lb.
cello
bag

our everyday
low price **1.27**

.87



Bravo - plain
**spaghetti
sauce** 28 fl.
oz. tin

our everyday
low price **1.19**

.89



Canadiana Stone Ground
**100% whole wheat
or country bran
bread** 24 oz.
loaf

our everyday
low price **.79**

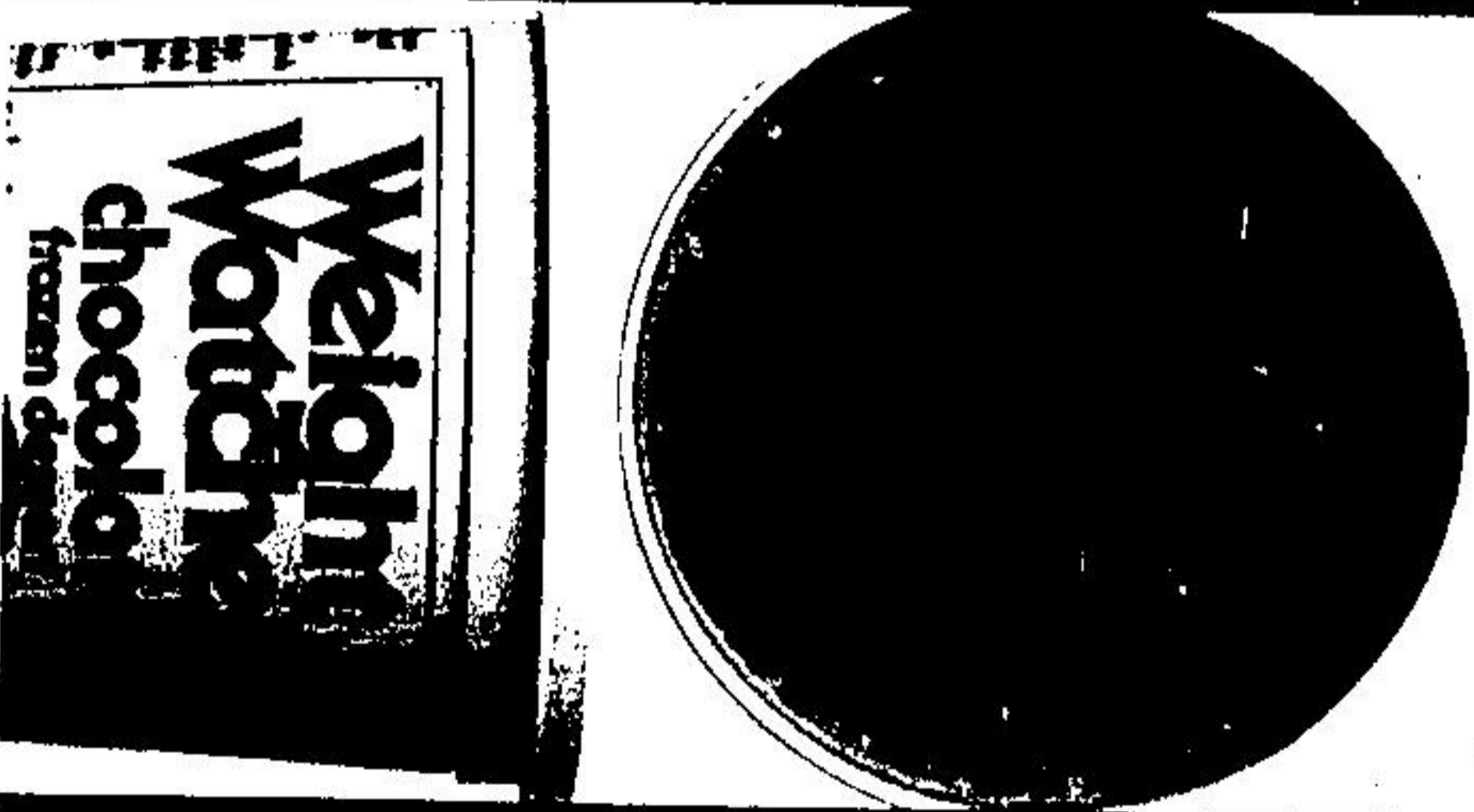
.59



Billy Bee
**liquid
honey** 16 oz.
squeeze
beehive

our everyday
low price **1.77**

1.39



Weight Watchers calorie -
reduced
**frozen
dessert** 1 L tub
chocolate,
vanilla or
strawberry

our everyday
low price **1.85**

1.49

**more meat
values**

fresh turkey drumsticks	lb	was 1.48	1.18
fresh turkey thighs	lb	was 1.68	1.38
fresh or previously frozen turkey breasts	lb	was 2.18	1.88
3 1/2 to 4 1/2 lb size	lb	was 1.08	.75
Loblaws sliced cooked meats variety pack	375 g pkg	was 1.68	1.48
Schneiders sliced 10 spec varieties	175 g each	was .98	.85

Schneiders regular or all beef sliced bologna	500 g pkg	was 2.29	1.88
ziggys 9 specified varieties	250 g each	was 1.64	1.49
ziggys cooked meat chubs	1 lb. pkg	was 1.98	1.68
ziggys frankfurters	375 g pkg	was 1.88	1.68
ziggys sliced european bologna	1 lb	was 1.98	1.68
Z & W Foods store packaged polish sausage	375 g pkg	was 1.98	2.18
no name sliced cooked ham	2 lb pkg	was 3.89	1.98
frozen no name breaded sole fillet portions	2 lb pkg	was 3.68	1.88
frozen no name cod fillets	2 lb pkg		

**more grocery
values**

(24 x 10 fl. oz. tin) Coca-Cola	case	was 7.99	6.49
traditional flavour or nacho cheese	125 g pkg	was .89	.75
Frito Lay tostitos	20 oz box	was 4.75	4.55
Tetley (180's) tea bags	400 g bag	was 1.65	1.55
chocolate flav eclairs or mallows	500 g box	was 1.12	1.05
Weston biscuits	48 fl oz tin	was 1.97	1.79
bran crunchies			
Nabisco cereal			
Bright's Calif. unswt. vitaminized prune nectar			

laundry detergent powder	6 L box	was 3.89	3.69
Tide	4 roll pkg	was 1.59	1.39
Royale 2 ply, all colours bathroom tissue	30's box	was 3.25	2.89
regular Babyscott diapers	24's box	was 3.39	2.89
toddlers super absorbent Babyscott diapers	2 reg bars	was .45 ea.	.83
Zest deodorant toilet soap	13 oz. poly bag	was 1.14	.99
Salada rise 'n shine (4's) orange crystals	15 oz family size tin	was .79	.59
Laura Secord, all flavours pudding	64 fl oz btl	was 1.89	1.79
FBI pure unswt. from concentrate orange juice			