

SAVE  
**\$1.20 lb.**

Our Reg. Price \$2.48 lb.  
Cut from the Chuck  
Best Quality Canada Grade A Beef

**BLADE  
STEAKS**  
Best when Marinated  
or Slow Cooked

**1.28**  
LB.

**SPECIAL!**



Limit 4 per Family

**miracle**  
foodmart

Our Reg. Price \$2.48 lb.  
Cut from Best Quality  
Canada Grade A Beef

**CROSS RIB  
ROASTS**  
Ideal Oven Roasts  
4-6 lb. size

**1.78**  
LB.

**SPECIAL!**



UP TO  
**\$4.20**  
SAVINGS PER ROAST

**SPRINGTIME SAVINGS**

SAVE  
**24¢**

Our Reg. Price 73¢  
**PANTRY SHELF  
APPLE DRINK**  
48 fl. oz. tin

**49¢**

**SPECIAL!**



Our Reg. Price \$1.59  
Assorted Flavours  
**FRONTENAC  
ICE CREAM**  
2 litre Ctn.  
Limit 2 per Family

**99¢**  
EACH

**SPECIAL!**

SAVE  
**60¢**

Our Reg. Price \$1.28 lb.  
Product of Chile  
**RED EMPEROR  
OR BLACK RIBIER  
GRAPES**

**98¢**  
LB.

**SPECIAL!**

SAVE  
**30¢ lb.**

**Tudor Bakery**

European Style  
**APPLE  
STRUDEL**  
14 oz. (397 g)  
Available until  
May 24 only  
**1.39**  
SPECIAL!

Available until May 24 only  
Hearth Baked  
**FRENCH  
BREAD**  
18 oz. loaf (454 g)  
**2/99¢**  
SPECIAL!

Available until May 24 only  
Fresh and Soft  
**DINNER  
ROLLS**  
pkg. of 12  
**79¢**  
SPECIAL!

Mira Mart  
**TOMATO KETCHUP**  
25 fl. oz. jar  
**99¢**  
SPECIAL!

Plain  
**RAGU  
SPAGHETTI SAUCE**  
25 fl. oz. jar  
**1.19**  
SPECIAL!

Kraft  
**MIRACLE WHIP**  
1 litre jar  
**1.85**  
SPECIAL!

Freeze dried or Decaffeinated  
**TASTER'S CHOICE  
INSTANT COFFEE**  
8 oz. jar  
**6.39**  
SPECIAL!

Orange Pekoe  
**SALADA  
TEA BAGS**  
pkg. of 50  
**1.69**  
SPECIAL!

**KELLOGG'S  
CORN FLAKES**  
875 g box  
**1.19**  
SPECIAL!

SAVE  
**30¢**

Our Reg. Price \$1.39  
**NORDICA 2%  
COTTAGE CHEESE**  
500 g tub

**1.09**

**SPECIAL!**

Our Reg. Price \$3.78 lb.  
Cut from Best Quality  
Canada Grade A Beef

**NO CAP  
RIB STEAKS**

**2.78**  
LB.

**SPECIAL!**

SAVE  
**\$1.00 lb.**

Product of U.S.A. Canada No. 1 Grade  
**CALIFORNIA NEW  
WHITE POTATOES**  
10 lb. bag

**1.98**  
SPECIAL!

Product of U.S.A.  
**WHOLE  
WATERMELONS**  
15 lb. avg. size Each

**2.98**  
SPECIAL!

Product of South Africa Canada Fancy Grade  
**GRANNY SMITH  
APPLES**

**78¢**  
LB. SPECIAL!

Product of U.S.A. Canada No. 1 Grade  
**HEAD  
LETTUCE**  
each

**78¢**  
SPECIAL!

Product of U.S.A. Canada No. 1 Grade  
**GREEN CABBAGE**  
Each

**68¢**  
SPECIAL!

Product of U.S.A. California  
**FRESH  
STRAWBERRIES**  
pint cup

**98¢**  
SPECIAL!

Product of U.S.A. Canada No. 1 Grade  
**RED TOMATOES**

**78¢**  
LB. SPECIAL!

Product of U.S.A. California  
**VALENCA  
ORANGES**  
Size 113

**12/1.68**  
SPECIAL!

Product of U.S.A. Canada Fancy Grade  
**ANJOU PEARS**

**58¢**  
LB. SPECIAL!

SAVE  
**36¢**

Our Reg. Price \$1.35  
**BEATRICE  
FRUIT BOTTOM  
YOGURT**  
500 g tub

**99¢**

**SPECIAL!**

Our Reg. Price \$2.18 lb.  
Cut from Best Quality  
Canada Grade A Beef

**SHORT RIB  
CHUCK ROASTS**  
4-6 lb. size

**1.38**  
LB.

**SPECIAL!**

UP TO  
**\$4.80**  
SAVINGS PER ROAST

COUPON VALUE 40¢

WITH THIS COUPON AND THE PURCHASE OF  
A 1.5 kg JAR OF (Our Special Price \$3.19) of

**SQUIRREL  
PEANUT BUTTER**

**2.79**  
miracle  
WITH COUPON

Limit one purchase per Coupon  
Coupon valid until Tuesday May 27, 1980  
REDEEMABLE ONLY AT MIRACLE FOOD MART

Our Reg. Price \$2.88 lb.  
Cut from Best Quality  
Canada Grade A Beef

**STANDING  
RIB ROASTS**  
King of the roasts 4-6 lb. size

**2.48**  
LB.

**SPECIAL!**

UP TO  
**\$2.40**  
SAVINGS PER ROAST

**Miracle  
+ Wendy's  
+ Pepsi**  
**Value Plus Days**  
May 14 - June 3.

Save on  
good family  
Eating at  
Wendy's

Save on  
Pepsi  
Value Packs  
at Miracle



Canadian Cystic  
Fibrosis Foundation  
GIVE A CHILD THE BREATH  
OF LIFE FIGHT CYSTIC FIBROSIS

PRICES EFFECTIVE UNTIL TUESDAY MAY 27, 1980 EXCEPT BAKERY ITEMS UNTIL SATURDAY MAY 24, 1980 IN  
METRO TORONTO • MISSISSAUGA • OAKVILLE • THORNHILL • BRAMPTON • MALTON • MARKHAM • OSHAWA •  
GEORGETOWN • ORILLIA • BOWMANVILLE • BARRIE • WE RESERVE THE RIGHT TO LIMIT QUANTITIES.