

about the your family eat?



Five Roses 2.5 kg bag
whole wheat
flour
our everyday low price ~~1.99~~
1.69



6 oz. box
long grain & wild
**Uncle Ben's
rice**
our everyday low price ~~1.48~~
1.29



McNair
wheat
germ 16 oz.
cello bag
our everyday low price ~~.59~~
.49



24 oz. poly bag
McNair
breakfast
prunes
our everyday low price ~~2.15~~
1.89

McNair
raisins
10 oz. cello bag
(contains
10 - 1 oz. boxes)
our everyday low price ~~1.99~~
1.69

Watchers

TM/MD

who take nutrition seriously



Weight
Watchers frozen
veal, cheese
& tomato

our
everyday
low price

~~3.29~~

pizza 14 oz.
box
2.99

Check these everyday low prices on
16 more Weight Watchers products
available at Loblaws:

calorie-reduced, all flavours
750 mL ret. btle. (+ 25c deposit)
Weight Watchers
soft drinks **.55**

low calorie, all flavours, 242 mL jar
Weight Watchers
fruit spreads **.89**

calorie-reduced, 24 fl. oz. btle.
Weight Watchers
tomato
clam cocktail **.89**

calorie & carbohydrate-reduced, yellow
Cling stone, sliced, 14 fl. oz. tin
Weight Watchers
peaches **1.19**

calorie & carbohydrate-reduced
14 fl. oz. tin
Weight Watchers
fruit cocktail **1.29**

calorie-reduced, 11 fl. oz. btle.
Weight Watchers
tomato ketchup **.75**

low calorie, 13 oz. aerosol tin
Weight Watchers
cooking spray **2.19**

calorie & carbohydrate-reduced
14 fl. oz. tin, halves
Weight Watchers
Bartlett pears **1.29**

calorie & carbohydrate-reduced
halves, 14 fl. oz. tin
Weight Watchers
apricots **1.29**

calorie-reduced, strawberry, chocolate,
or vanilla, 1 L tub
Weight Watchers
frozen dessert **1.85**

with veal, cheese & tomato sauce,
frozen, 13 oz. box
Weight Watchers
ziti macaroni **1.99**

in tomato sauce, frozen
13 oz. box
Weight Watchers
veal
stuffed pepper **3.09**

frozen 13 oz. box
Weight Watchers
chicken creole **3.09**

with veal, cheese and tomato sauce
frozen, 13 oz. box
Weight Watchers
lasagna **2.79**

low calorie, all varieties, 250 mL btle.
Weight Watchers
salad dressing **1.29**

low calorie, 100 packets, box
Weight Watchers
sweetener **1.83**

Weight Watchers: another Loblaws exclusive