

Heinz fancy our everyday low price 1.05 you pay only .69 **1/3 off**
tomato juice 48 fl. oz. tin

Monarch Added Touch all flavours our everyday low price 1.05 you pay only .70 **1/3 off**
cake mixes 18 1/2 oz. box

Scottowels 1 ply, assorted colours our everyday low price 1.15 you pay only .76 **1/3 off**
jumbo towels 1 roll pkg.

Nordica creamed 500 g. tub our everyday low price 1.35 you pay only .89 **1/3 off**
cottage cheese

Green Giant frozen fancy our everyday low price 1.34 you pay only .89 **1/3 off**
sweet peas 2 lb. poly bag

9 oz. box, frozen Green Giant chicken chow mein, beef stew, Salisbury steak or lasagna
boil'n bag entrees
our everyday low price 1.49 **1.39**

frozen, head on, dressed
whole lake trout
our everyday low price 1.78 lb. you pay only 1.42 lb.
20% off

9 oz. box, frozen Green Giant macaroni & beef or spaghetti & meat balls
boil'n bag entrees
our everyday low price 1.19 **1.09**

1 lb. pkg. frozen Highliner Brand Boston bluefish fillets
our everyday low price 1.59 you pay only 1.27
20% off

2 lb. pkg. frozen no-name hake fillets
our everyday low price 2.78 you pay only 2.22
20% off

2 lb. poly bag frozen fancy, french-style Green Giant green beans
our everyday low price 1.68 **1.56**

20 oz. pkg. poly bag frozen Nickerson Brand ocean perch fillets
our everyday low price 2.89 you pay only 2.31
20% off

200 mL aerosol tin deodorant anti-perspirant (light powder)
not as illustrated **Arriid extra dry**
our everyday low price 2.09 **1.79**

907 g box - ready cut macaroni or long spaghetti
Creamette pasta
our everyday low price 1.29 **1.09**

2 lb. pkg. frozen no-name mackerel fillets
our everyday low price 1.98 you pay only 1.58
20% off

(12's) 350 g box double chocolate, chocolate or butterscotch
Weston Wagon Wheels
our everyday low price 1.33 **1.09**

8 oz. tin while supplies last
fresh oysters
our everyday low price 3.59 you pay only 2.87
20% off

Loblaws