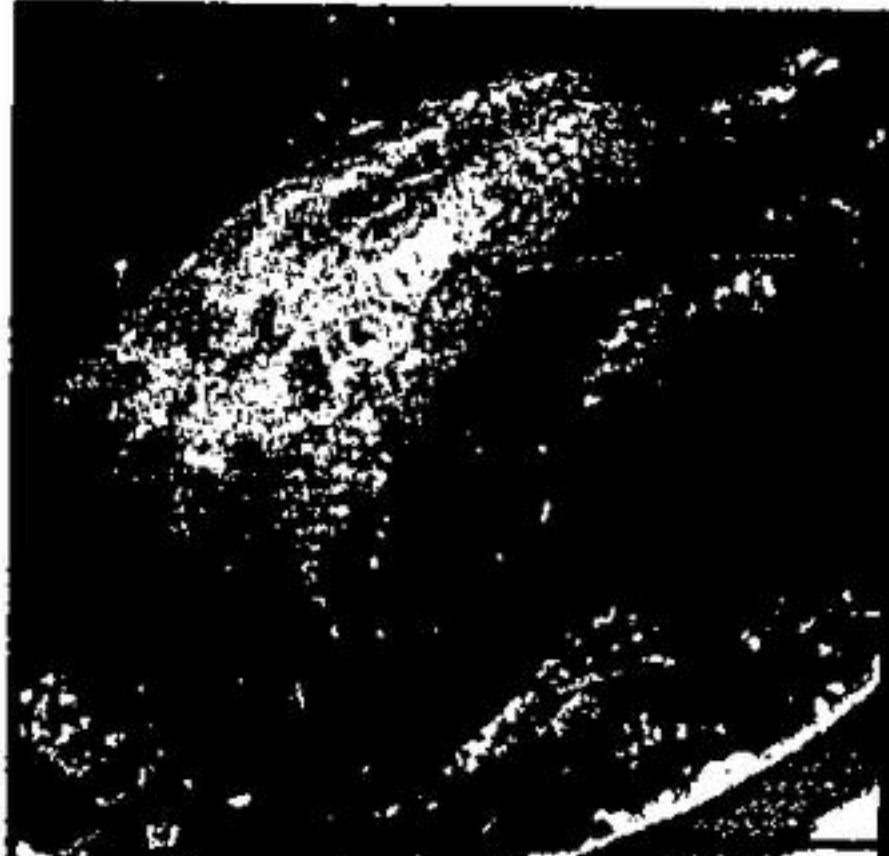


Switch to Loblaws



freshly ground
regular
ground beef
our everyday low price ~~1.88~~ lb.
1.35 lb.
Limit: 5 lbs. reg. ground beef per family



young (frozen pre-dressed, utility under 12 lb. size)
turkeys
our everyday low price ~~1.18~~ lb.
.87 lb.



partly skinned
cooked smoked
hams shank portion
our everyday low price ~~1.38~~ lb.
.98 lb.

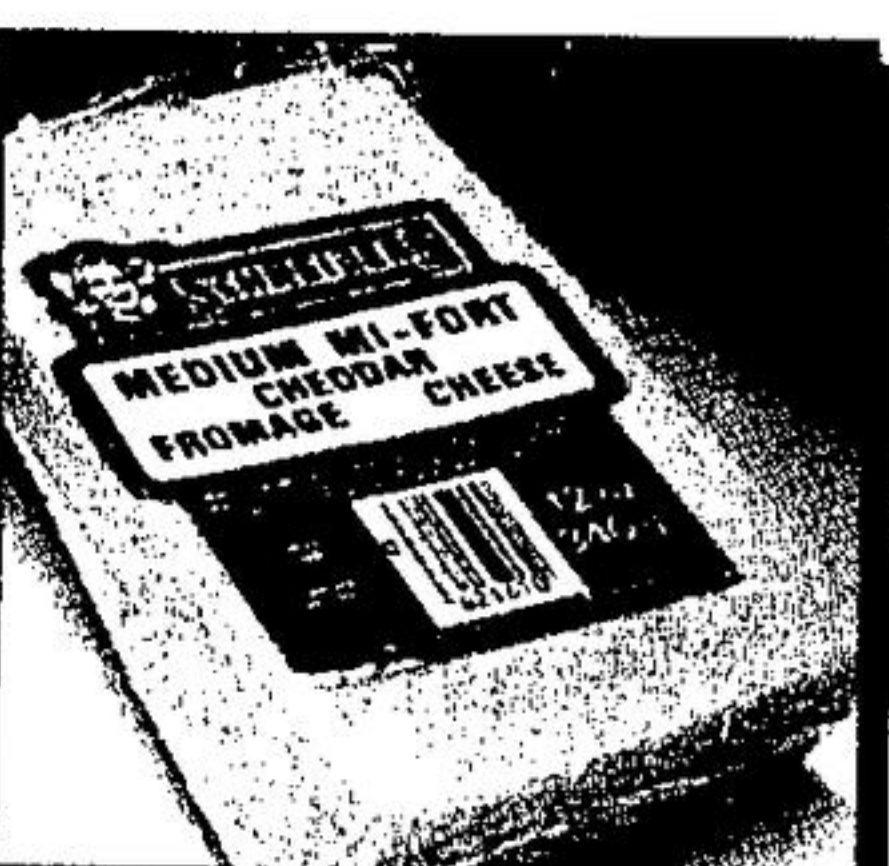


Dole
fruit cocktail
cocktail aux fruits
cocktail
our everyday low price ~~.99~~
.69 19 fl. oz. tin



Green Giant
frozen fancy
niblet corn
our everyday low price ~~1.34~~
.89 2 lb. poly bag

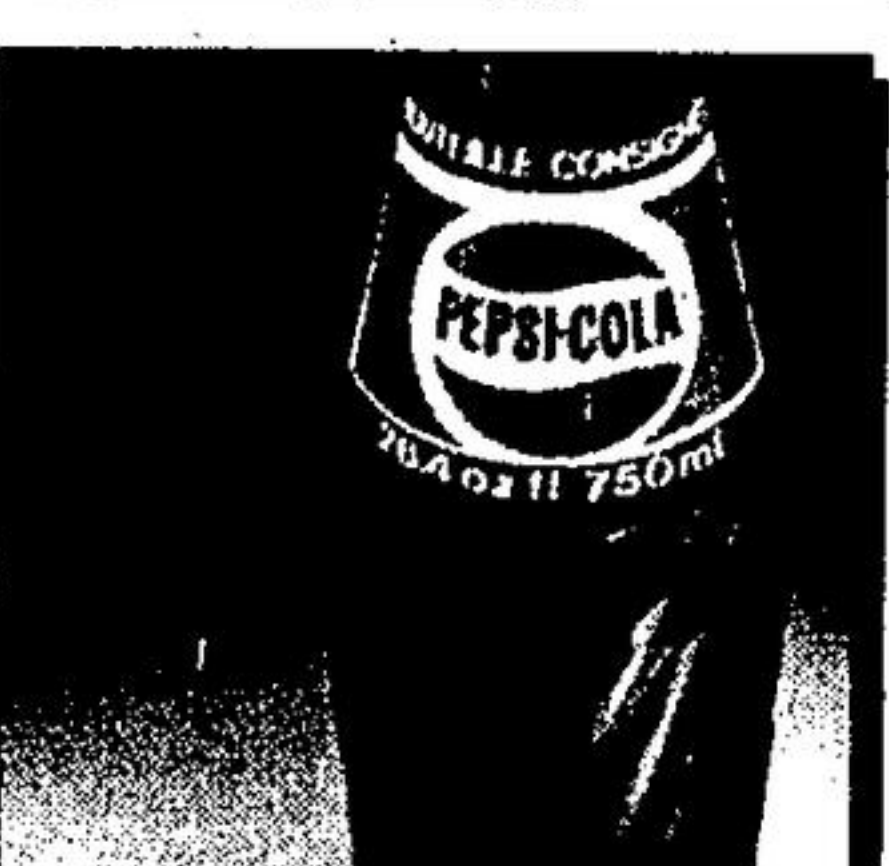
Loblaws or Swifts Sugar Plum semi-boneless halves was 2.48
cooked smoked hams lb. **1.99**
Swifts cooked smoked boneless deli lean ham was 3.48 vac pac lb. **2.99**
frozen British Columbia whole or half pink salmon was 2.38 lb. **1.58**
Loblaws or Swifts Sugar Plum cooked smoked boneless dinner hams was 2.75 lb. **2.38**
Vitto Brand, hot or sweet fresh Italian sausage was 2.08 lb. **1.78**
Loblaws frozen pork sausage meat was 1.52 500 g roll **1.35**
fresh oysters while supplies last 8 oz. tin **2.98**



Schneiders medium
cheddar cheese
our everyday low price ~~2.09~~
1.59 12 oz. pkg.




Devon
spumoni ice cream
our everyday low price ~~1.99~~
.99 1L tub
half price



regular or diet
pepsi-cola
our everyday low price ~~.55~~
.27 750 mL returnable btl. (plus .25 deposit)

white Billy Bee creamed honey was 1.19 12 oz. plast. tub **1.09**
with fluoride Listermint mouthwash was 2.24 500 mL. btl. **1.79**
frozen, fancy York asparagus spears was 1.89 10 oz. box **1.77**
fancy, French fried potatoes straight cut or crinkle cut McCain frozen Superfries was 1.09 2 lb. poly bag **.99**
frozen Vitto ravioli was 1.99 16 oz. box **1.79**
frozen Vitto lasagna was 2.39 21 oz. box **2.19**



frozen Swift deep basted pre-dressed Canada grade A
young
butterball turkeys
under 14 lb. size
our everyday low price ~~1.48~~ lb. **1.18** lb.

our everyday low price ~~2.09~~
1.59 12 oz. pkg.

Reynold's heavy duty foil wrap was 3.35 18" x 50' roll, box **3.09**
home assorted, or assorted creme fruit cream was 1.69 400 g bag **1.49**
Peek Frean biscuits was 1.19 200 g bag **1.05**
all varieties Hostess potato chips was 1.33 32 fl. oz. jar **1.27**
with garlic, no garlic, or Polska Ogorki Bick's dill pickles was 2.09 150 mL tube **1.59**
Close-Up toothpaste was 1.05 1 lb. tub **.97**
Lactania, soft, salted soya oil margarine

produce of U.S.A. Ideal with ham
yams
our everyday low price ~~.39~~ lb. **.33**

produce of U.S.A. garden fresh
romaine lettuce
our everyday low price ~~.79~~ ea. **.58** ea.

Siena Brand small mortadella chubs was 1.84 lb. **1.29**
Loblaws cooked smoked boneless mini dinner hams was 2.88 lb. **2.48**
cooked smoked Loblaws breakfast ham slices was 1.58 175 g pkg **1.38**
Swifts Sugar Plum sliced side bacon was 1.78 500 g pkg **1.48**
Canadian fresh lamb loin chops was 4.28 lb. **3.98**
Canadian fresh lamb shoulder chops was 3.28 lb. **2.98**

produce of U.S.A. serve with lemon sauce
fresh broccoli
our everyday low price ~~1.28~~ bunch **.65** bunch

produce of U.S.A. #1 grade celery stalks each **.68**
produce of U.S.A. the salad fruit avocado each **.69**
Prince Edward Island #2 grade mini baking potatoes was 1.09 10 lb. bag **.99**
to garnish most anything produce of U.S.A. lemons 6 for **1.00**
traditional flowering house plant potted mums each **3.99**
3 bloom hydrangeas each **6.99**

frozen, Highliner Brand peeled and deveined shrimp 16 oz. pkg.
our everyday low price ~~9.48~~ you pay only **7.98**
1.50 off

Stokely fancy honey pod peas was .51 ea 2 14 fl. oz. tin **.89**
Stokely, fancy whole kernel corn was .58 ea 2 12 fl. oz. tin **.99**
Stokely fancy cream style corn was .58 ea 2 14 fl. oz. tin **.99**
Purina Cat Chow cat food was 1.39 1 kg box **1.27**
Swan's Down, 1 ply, all colours White swan bathroom tissue was 1.47 4 roll pkg **1.29**
was 1.33 29 cm. x 30 m. roll Saran Wrap box **1.19**

from California large size
navel oranges
our everyday low price ~~.32~~ ea. **.19** ea.

Vachon, (6's) apple turnovers was 1.59 391 g pkg **1.39**
long grain and wild Uncle Ben's rice was 1.48 6 oz. box **1.29**
100% pure Unico vegetable oil was 2.09 1 litre btl. **1.89**
with pork in tomato sauce Loblaws beans was .65 19 fl. oz. tin **.59**
economy, (100's) Mother Parker's tea bags was 1.89 275 g cello bag **1.74**
Club House, stuffed manzanilla olives was 1.63 12 fl. oz. jar **1.49**

Let Easter bloom in every room
5 blooms lilies
our everyday low price ~~5.99~~ ea. **4.99** ea.