

at A&P with CARLOAD SALE!

BUY 4 SAVE UP TO 49¢

Tomato or Vegetable
HEINZ SOUPS
10-fl-oz tin



499¢

for
(Our Regular Price up to 37c each)

JANE PARKER NEW LOW PRICE! PKG OF 12
HOT CROSS BUNS 1.49

Assorted Varieties
HEINZ BEANS

39¢

14-fl-oz tin

Our Regular Price up to 63c
SAVE up to 24c

ISLAND QUEEN
Bonito Chunk Tuna 6½-oz tin **89¢**

INGERSOLL, PROCESS
Cheese Spread 16-oz jar **1.79**

PROCESS
Kraft Velveeta Cheese 500 g PKG **1.99**

VALIANT
Instant Hot Chocolate 500 g pkg **1.69**

PREPARED
French's Mustard 16-fl-oz jar **59¢**

A&P, FANCY
Whole Kernel Corn 12-fl-oz tin **2 for 79¢**

ASSORTED VARIETIES
Bick's Dill Pickles 32-fl-oz jar **1.19**

CHRISTIE
Premium Plus Crackers 450 g PKG **99¢**

A&P The Butcher Shop
with Supermarket Prices!
A&P IS A COUNTRY FARM PORK SHOP!

(Our Regular Price lb 1.28)

Smoked, Cooked
WHOLE HAMS 16 to 20 pound average **89¢**

Shank Portion lb **1.09** Butt Portion lb **1.19**

(CENTRE CUT, ROAST OR CHOPS LB 2.69)
BONELESS, RIB PORTION
Pork Loin lb **2.49**

Ready-to-Serve
SWIFT SUGAR PLUM OR MAPLE LEAF HAMS

SWIFT SUGAR PLUM OR MAPLE LEAF, BONELESS, DINNER STYLE
Hams Ready-To-Serve lb **2.49**

SCHNEIDERS, OLDE-FASHIONED
Hams HALVES lb **3.39**

MAPLE LEAF 175 g PKG
Ham Steaks **1.39**

PORK
Back Ribs lb **2.49**

TOWN CLUB, SWEET PICKLED
Cottage Rolls lb **1.49**

Halves **2.29** Quarters **2.39**

Grade "A", Eviscerated, Frozen, A&P Self-Basting, Maple Leaf Miracle Baste or Swift Deep-Basted
BUTTERBALL TURKEYS All Weights lb **1.18**

(Our Regular Price lb 1.48 — SAVE 30c lb)

Turkeys Young, Grade "A", Eviscerated, Frozen, Vac Pac, All Weights lb **1.08**

Turkey Breasts Swift, Butterball lb **2.49**

Cut from Canada Grade "A" Beef
Rump, Sirloin Tip or Inside Cut Round
BONELESS BEEF ROASTS lb **2.69**

(Our Regular Price up to lb 3.39 — SAVE up to 70c lb)

Round Roast Outside Cut, Eye Removed lb **2.49**

Inside Cut Round Steak lb **2.69**

PRIDE OF CANADA, SLICED 500 g PKG
Side Bacon **1.49**

PRIDE OF CANADA, REGULAR OR ALL BEEF 1-lb vac pac **1.29**

PRIDE OF CANADA, SLICED (CHUNKS LB 1.19)
Bologna 16-oz vac pac **1.29**

PRIDE OF CANADA, SLICED, MACARONI & CHEESE CHICKEN OR LUNCHEON 12-OZ VAC PAC
Cooked Meats **1.39**

BURNS, BREAKFAST
Sausages lb **99¢**

PRIDE OF CANADA, SLICED TRIPLE PACK (VARIETY) 500 g VAC PAC
Cooked Meats **1.89**

BURNS, GOLDEN, COIL
Garlic Sausage lb **1.49**

BURNS, SLICED 175 g PKG
Cooked Ham **1.19**

A&P Sliced Side Bacon 1.29

A&P is a Seafood Shop

FROZEN
Sole Fillets lb **2.59**

FROZEN
Turbot Fillets lb **1.29**

BLUE WATER, FROZEN, BATTER FRIED 12-OZ PKG
Haddock Portions **1.89**

A&P WITH THIS COUPON \$5.00 OFF
The regular price of
A&P — Cut from Canada Grade "A" Beef Boneless
STRIP LOIN STEAKS
box of 8 — 8-oz steaks
Limit one per family
Valid until March 29th, 1980. A&P # 627

SAVE 46¢

Borden, Assorted Flavours
BOUTIQUE ICE CREAM
2 litre carton

1.99

(Our Regular Price 2.45)

YOU'LL DO better WITH
FROZEN FOOD FEATURES from A&P

A&P, Frozen, Fancy
WHOLE KERNEL CORN

1.39

3-lb bag **SAVE 30¢**
(Our Regular Price 1.69)

MINUTE MAID, FROZEN, CONCENTRATED
Orange Juice 16.6-FL-OZ TIN **1.29**

TOTINO'S PIZZA, FROZEN, PEPPERONI OR DELUZE PKG OF FOUR — 5-INCH PIES
"Crispy Crust" **1.79**

RICHS, FROZEN
Coffee Rich 32-fl-oz cin **79¢**

JANE PARKER, FROZEN (PECAN 24-OZ PIE 1.69) (PUMPKIN 24-OZ PIE 1.29)
Apple Pie 26.2-oz pie **99¢**

YOU'LL DO better WITH A&P'S health & beauty aids and general merchandise

A&P
Baby Shampoo 500 ml plastic bl **1.59**

TOOTH PASTE
Pepsodent 100 ml tube **99¢**

DEODORANT, ASSORTED TYPES
Arrid Extra Dry 200 ml aerosol tin **1.99**

DEODORANT, REGULAR OR SUPER
Playtex Tampons pkg of 30 **2.99**

THE PEERLESS (FROM C.N.I.B.)
Corn Broom each **5.99**

SORRENTO
Warmer Server each **6.99**
(While Supplies Last)