

miracle foodmart

SAVE \$2.20



Our Reg. Price \$7.19
COCA-COLA
Case of 24x10 fl. oz. tins

4.99
BEST BUY

SAVE 38¢



Our Reg. Price \$1.47
Assorted Colours
SWANS DOWN
BATHROOM TISSUE
4 roll pkg.

1.09
BEST BUY

UP TO 84¢ SAVINGS PER CHICKEN



Our Reg. Price 94¢
Frozen Utility Grade
OVEN READY CHICKENS
2-3 lb. size

66¢
LB.
Limit 3 per Family
SPECIAL!

SAVE 40¢



Our Reg. Price 12/\$1.68
Product of U.S.A. California
SEEDLESS NAVEL ORANGES
Size 113

12/1.28
SPECIAL!

Assorted Flavours 500 g tub
Our Reg. Price \$1.17
GAY LEA SWISS STYLE YOGURT
Save 20¢

97¢
BEST BUY

SAVE 24¢

Our Reg. Price \$1.33
Assorted Colours
WHITE SWAN TOWELS
2 roll pkg.

1.09
BEST BUY

SAVE 20¢ lb.

Our Reg. Price \$1.48
Oven Ready
GRADE A FRESH YOUNG DUCKS

1.28
LB.
SPECIAL!

Product of U.S.A.
FRESH STRAWBERRIES
pint cup

98¢
BEST BUY

Our Reg. Price \$4.19
CHASE & SANBORN GROUND COFFEE
1 lb. bag
Save \$1.20

2.99
BEST BUY

COUPON VALUE \$1.00

WITH THIS COUPON AND THE PURCHASE OF A Case of 12x12 fl. oz. tins of (Reg. Price \$4.99) Fancy Whole Kernel

GREEN GIANT NIBLETS CORN

3.99 

Limit one coupon per purchase
Coupon valid until Tuesday March 18, 1980
REDEEMABLE ONLY AT MIRACLE FOOD MART

UP TO \$2.40 SAVINGS PER PIECE

Our Reg. Price \$2.68
Pickled
SHOPSY'S CORNED BEEF
Ideal with cabbage
3 lb. avg. size

1.88
LB.
BEST BUY

Ontario Grown, No.1 Grade
CARROTS OR YELLOW ONIONS
2 lb. bag

3/99¢
BEST BUY

Our Reg. Price \$5.99
CHASE & SANBORN INSTANT COFFEE
10 oz. jar
Save 70¢

5.29
BEST BUY

Product of U.S.A. Florida
HONEY TANGERINES

12/98¢
BEST BUY

Blue Bonnet
SOFT MARGARINE
1 lb. tub
Save 8¢

89¢
BEST BUY

Product of U.S.A. Canada No.1 Grade
HEAD LETTUCE
each

58¢
BEST BUY

GULF 10W30 MOTOR OIL
1 litre tin

79¢
BEST BUY

Product of U.S.A. Canada No.1 Grade
RED TOMATOES

58¢
LB.
BEST BUY

SAVE WITH OVER 300 SPECIAL PRICES EVERY WEEK!



Homestyle
APPLE OR RAISIN PIE
20 oz. 567 g

1.39

Old Fashioned
BRAN MUFFINS
pkg. of 6

79¢

Fresh Baked
PAN ROLLS
pkg. of 12

79¢

Premium
SWIFT'S WIENERS
1 lb. pkg.

1.18
BEST BUY

Swift's Premium sliced or
LAZY MAPLE SIDE BACON
500 g (approx. 17.6 oz.)

1.48
SPECIAL!

Product of U.S.A.
FRESH BROCCOLI
each

88¢
BEST BUY

Fresh from the Tropics
LARGE SIZE BANANAS

3lb./99¢
BEST BUY

Premium Sliced
SWIFT'S COOKED HAM
175 g (approx. 6.2 oz.)

1.18
SPECIAL!

Swift's boneless
SUGAR PLUM DINNER HAMS
3 lb. avg. size

2.18
LB.
BEST BUY

Product of Mexico Canada No.1 Grade
GREEN SWEET PEPPERS

LB. 68¢
BEST BUY

Product of U.S.A. Hot House Grown
Canada No.1 Grade English
SEEDLESS CUCUMBERS
each

88¢
BEST BUY

Pure Pork Swift's
LAZY MAPLE SAUSAGES
500 g (approx. 17.6 oz.)

1.68
SPECIAL!

Oven Ready Grade A
FRESH LARGE CHICKENS
3½-4½ lb. size
Save up to \$1.53 per Chicken

88¢
LB.
SPECIAL!

Product of U.S.A. Canada Fancy Grade
GOLDEN DELICIOUS APPLES

2lb./\$1.00
BEST BUY

No.1 Frozen 3-5 lb.
PINK PACIFIC SALMON

1.78
LB.
SPECIAL!
Save up to \$2.00 per Fish

Flaked
GOLD SEAL LIGHT TUNA
6 oz. tin
Save 24¢

Our Reg. Price \$1.19
95¢
BEST BUY

Assorted Colours
WHITE SWAN FACIAL TISSUE
pkg. of 200
Save 24¢

Our Reg. Price 93¢
69¢
BEST BUY

Oven Ready Grade A
FRESH ROASTING CHICKENS
5-7 lb. size
Save up to \$1.12 per Chicken

Our Reg. Price \$1.24
1.08
LB.
SPECIAL!

Oven Ready
GRADE A FRESH CHICKENS
2-3 lb. size
Limit 3 per Family
Save up to \$1.02 per Chicken

Our Reg. Price \$1.12 lb.
78¢
LB.
SPECIAL!

With pork or in tomato Sauce
HEINZ BEANS
14 fl. oz. tin
Save 19¢

Our Reg. Price 63¢
44¢
BEST BUY

Disposable Toddler
PAMPERS DIAPERS
pkg. of 24
Save 40¢

Our Reg. Price \$3.99
3.59
BEST BUY

ALL PRICES EFFECTIVE MAR.12 TO 18, 1980 IN METRO TORONTO•MISSISSAUGA•OAKVILLE•THORNHILL•BRAMPTON•MALTON•MARKHAM•OSHAWA•GEORGETOWN•ORILLIA•BOWMANVILLE•BARRIE-WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

CHECK OUT FOR LESS!

MARCH IS KIDNEY MONTH
HELP THE KIDNEY FOUNDATION IN THE
"FIGHT FOR LIFE"

WE REDEEM ALL FOOD STORE COUPONS INCLUDING COMPETITORS!

BEST BUY A BEST BUY IS AN EXTRA SAVING MADE POSSIBLE BY AN UNUSUAL PURCHASE OR A MANUFACTURER'S TEMPORARY ALLOWANCE