A delicious fish story from Bermuda

By LEO J. CALLAHAN HAMILTON, Bermuda -Don't get rumbled if, after you empty your bowl of Bermuda fish chowder, you ask for the recipe and only

get a polite refusal. Chances are, the cook won't part with the recipe. especially if it has been in the family for several generations. To give it away so frivolously would be tanta-

mount to heresy. Although Bermuda has no national dish, fish chowder is perhaps the closest thing to it. In fact, making good Bermuda-style fish chowder is serious business, at times even competitive to the point where some cooks hide the recipes so they won't get stolen

Seemingly, every household has its own fish chowder recipe, each one calling for Bermuda onions, potatoes, carrots, celery and fish heads. The seasonings hardly differ - curry powder, cloves, thyme, bay leaves, clove garlic - but beyond that, each recipe goes its own way And therein lies the secret because getting the right taste, the one that sets each concection apart from all the rest, always requires a pinch of something extra. One of the island's European chefs freely admits that his pinch is eognac.

The signature of Bermuda fish chowder is always written with a few splashes of black rum and sherry pepper, Without them, Bermuda fish chowder realty isn't . well, Bermuda fish chowder.

The best part of it all is that Bermudians aren't given to selfishly hoarding their culinary creations. They might not readily give away those jealously guarded family recipes but they're quite wil-

Call Rick at

For All Your Travel Needs

Acton Travel Ltd.

L7J 2M2

UREAU

COCHRANE TRAVEL BUREAU

Main St North

Mon. - Wed.

Thursday

Saturday

Friday

P.O. Box 102

56 Mill St. E., Unit C

877 0722

453 0470

ling, even eager, to snare with visitors everything they whip up. In the case of local fish chowder, nearly every restaurant and out-of-theway oasis serves it. Then, too, it's not unusual to hear a taxi driver singing the praises of his own fish chowder

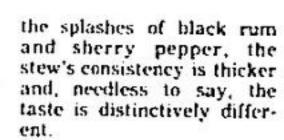
and then spontaneously invite you home for a cup of the stuff. A word of advice: If such an invitation ever comes your way don't turn it down. Another word of advice: Bermuda fish chowder isn't

elegant looking so don't let

the looks of your first bowldiscourage you. It's the taste you'll be after anyway, and that more than makes up for

the untidyness. There are other Bermuda dishes a visitor can try, too. One of the best liked is mussel pie: shucked mussels, potatoes and Bermuda onions, all coarsely ground, seasoned and thickened to slew consistency. The mixture is then wrapped in a

pastry and baked. Then there's conch stew. Similar in some respect to fish chowder, right down to



Bermudians don't just steak their shark. They also hashit. The local recipe calls for only parsley and chopped hot bird peppers mixed with boiled shark meat. What gives the hash its consistency and unique taste is the shark liver oil, extracted and collected by frying the liver. Another of the less-pretty creations, shark hash might not easily be found on restaurant menus, but when it is

it shouldn't be passed up. Maybe the secret of the goodness of all the local dishes is the Bermuda onion; maybe not. Whatever the case, if you pass up the chance to partake of the few culinary creations Bermuda offers, you'll go home from the Onion Patch shortchang-



your travel needs. 877-0103

Hallon Hills Shopping Centre 235 Guelph Street Georgetown, Ontario L7G 4AB

HAMILTON, BERMUDA - Princess Hotel executive chef. Guy Lecomte, is French but has learned the Bermudian art of fish chowder preparation. In a matter of hours this assortment of fish and vegetables will be reduced to a tangy chowder to set before the guests.

WHY TRAVEL **INSURANCE?**

TRAVEL INSURANCE A GREAT TRAVELLING COMPANION. LLOYD'S THE PERFECT FRIEND TO TAKE ALONG.

ACCIDENT: If you suffer a mishap white on a plane, train, bus, boat, taxi, automobile or, indeed anywhere.....your friend, Travel Insurance, will ease the pain because you will be covered from the time you leave until you arrive home. Even if that accident is a sunburn or an insect bite.

SICKNESS: Travel Insurance will look after you through a sickness that might otherwise cause you considerable expense in excess of your Government Health Insurance Plan. This protection for you and your family will take the sting out of to-day's high cost of medical and hospital care.

BAGGAGE & PERSONAL EFFECTS: Proper coverage can mean the difference between a wonderful holiday and an expensive misadventure. Your luggage can get lost, damaged, burnst or stoten.....Let your friend, Travel insurance, worry about it.

TRIP CANCELLATION: Your travel agent can arrange a wonderful vacation for you at substantial savings through special airfares and "package" holidays but sickness, bodily injury or death occurring to you or to someone close to you can disrupt your travel plans.

You may then lose all or part of your holiday investment and also incur extra costs. Your Lloyd's Travel Insurance will protect you against these non-refundable charges and extra expenses.

So take a holiday from worry. Arrange for full financial recovery of losses involving yourself and your family.

Make Travel Insurance your constant travelling com-

AT TED TYLERS AND VOYAGEUR, YOUR PEACE OF MIND IS OUR POLICY.

Lloyd's London



Ted Tyler Travel Service ACTON 853-1553

% IKAVEL DISCOUNT ON TOURS, CRUISES & CHARTERED FLIGHTS WITH WARDAIR, LAKER & SUNFLIGHT. AND MANY MORE EXCITING PACKAGES TO THE CARIBBEAN & FLORIDA WHEN ARRANGING YOUR HOLIDAYS

WITH COCHRANE TRAVEL BUREAU

74 Main Street N. Moore Park Plaza

Georgetown 877-0222

453-0470

OFFER GOOD THROUGH 1980

OFFICE HOURS: Man., Tues., Wed., 9-4 p.m. Thurs. & Fri, 9-9 p.m. Sal, 9-6 p.m.

Carousel Special

ESCAPE THE COLD TO SUNNY SAN JUAN, PUERTO RICO

HOTEL CONTINENTAL 7 Nights accomodation

HOTEL CARIB-INN

7 nights accomodation

Save up to \$120.00 per couple

Save up to \$140.00 per couple

FLY WITH WARDAIR 747

* These prices do not include the latest fuel surcharges imposed by airlines



Halton Hills Shopping Centre 235 Guelph Street Georgetown, Ontario L7G 4A8, Telephone:

877-0103

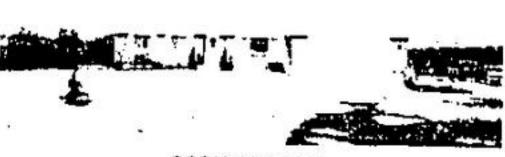




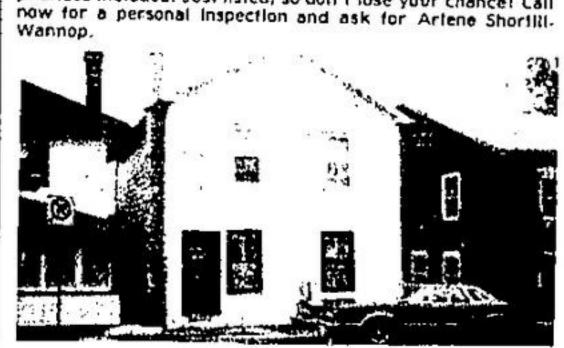
For Sale

A NEW LISTING!

A LOVELY COUNTRY SETTING Is what you have with this four bedroom bungalow, just ten minutes north of Georgetown. The three and one-third acre lot has young hardwood bush between you and the road. Sectusion plus privacy and comfortable country living. Call Arlene Shortil-Wannop for a personal viewing.



ROOM TO ROAM In this spacious three bedroom bungalow on an acre lot just north of Ballinatad. Main floor family room with angel stone fireplace and walk-out to cedar deck overlooking acres of open fields. Also has a main floor laundry room. All ap. pllances included. Just listed, so don't lose your chance! Call



DETACHED - \$42,900.00.

This 2 storey home with 3 bedrooms, large eat-in kitchen, family room, double drive is only 5 minutes to "GO" Train. Call Sandra Hurley for more information.



JUST \$49,900,00.

This lovely brick and aluminum home boasts eat-in kitchen, dining room, lovely rec room, backs onto farmland and just 25 minutes to Brampton, CAll Sandra Nairn,

LOOKING TO BUILD? The ideal in town building lot really does exist! This property

features 97 feet of frontage and is 135 feet deep with curb already installed. Within a five minute walk from downtown and a beautiful view, what more could you ask for? Rob Allison has the information to answer your question about your new home location.



TWO-STOREY DREAM

is a two-storey dream house with ground floor family room. the home of your dreams? Picture a gorgeous fireplace, cedar dekc. 4 bedrooms, 2 bathrooms and a excellent neighbourhood... for just \$74,900.00. Call now for a personal inspection and ask for Carol McMurray

NORTH GEORGE TOWN

45 Acres scenic recreation land, pond sites. Asking \$75,000. Call Norm Sinclair.



COUNTRY LIVING APPEAL TO YOU?

You can do it in this four bedroom sidesplit northwest of Georgetown. The half acre lot backs onto open farmland which is great for the outdoor living. House is immaculate: also includes family room with fireplace, walk-out from kitchen and dining room onto cedar deck which overlooks pand and open fields. Don't be cooped up any longer. Come to the country. Call John Caton for more details. Asking \$87,000.00.

> 43 ACRES - SMINUTES TO GO TRAIN \$125,000.00.

This property has everything that anyone could possibily ask for. Twenty five acres of pasture land, remaining acre in bush, with view of 180 degrees for some 30 miles. There is two artesian wells bubbling out of thee ground, both making possible pond sites and great drinking water. All this on the Niegra Escarpment and only 5 minutes to Georgetown Phone John Caton

John Caton

Norm Sinclair

Sandra Hurley

Sandra Nairn

Mullen Place New Designs!!



GRACIOUS MANOR EXTERIOR NEW HOME MULLEN PLACE LATE SUMMER OCCUPANCY

Create a lasting impression of beating the prestige by adding your personal touch. Four bedrooms, 2-4 piece and 1 piece bathroom, main level family room with tireplace, main floor laundry. Call Sandra Nairn and Sandra Hurley. Asking price based on 2100 square feet located on lot 9. - \$124,200.00.

THREE BUILDING LOTS FOR SALE

Build your dream home starting this spring. We have three wooded and cleared building difes. Town water, septic tank, Lot 5 - \$39,000.00, Lot 6 - \$41,000.00 and Lot 9 - \$38,000.00. Call Sandra Naira and Sandra Hurley.

NORTH on Mountainview from Hwy. No. 7. Sales office open Sundays 12:00 - 4:00 p.m.

BUILDING? 'Fifty minutes from C.N. Tower, the heart of the city. Fortyeight acres has a twenty-five mile view in three directions. Land is situated on the edge of the Niagra Escarpment Asking \$62,500.00.



BE HOME FOR SPRING

Come and see this Immaculate 3 bedroom semi which could be your home by spring, \$57,900. Call Eleanor Langdon.

10 ACRES—NEAR ACTON Start your own mini farm, already approved for livestock and has 400 feet of highway frontage. Priced at \$54,500.00. CAII



A LOT OF HEAVEN

in this executive home on a ravine lot in town. Four large bedrooms. Living room, family room and recreation room, ALL include fireplaces for your relaxing enjoyment. Walkouts to back yard and many more exciting extrast. Call now for a personal viewing of the property and ask for Arlene Shortill-Wannop.

DOWNTOWN AND HIGHWAY COMMERCIAL Contact John Caton for Information on two separate land investment parcels. Highway 7 - 70 toof frontage and Main Street - 55 foot frontage,

THE HOME YOU HAVE EARNED \$76,900.00.



The unique brick arches at the front of this three bedroom backsplit make a very distinctive entrance. There is also a professionally finished recreation room and central air conditioning. Call Eleanor Langdon.

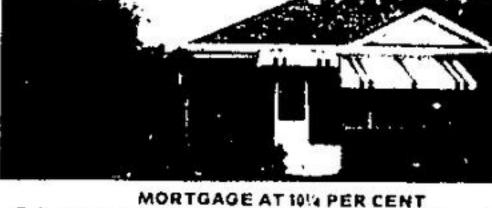


GORGEOUS DETACHED \$74,900.00

Nothing to do but move into this Georgetown gem. It's spacious and immaculate, features like main floor family room and mud room, finished rec room, kitchen walk-out and central air. Make it a must to see. Call Sandra Nairn for a personal inspection.

INCOME PROPERTY

Triplex with lots of parking, garage with pit for the "do-It" yourselfer and just five minutes to Brampton. Call Sandra Hurley for full details.



This lovely brick bungalow is sure to please with its new kitchen cupboards and counter, bright cheery dining area, separate living room with picture window, huge rec room with wet bar, extra bathroom and even a 4th bedroom and kitchenette off the rec room. Asking \$57,900.00. Call Sandra Nairn.

25 ACRES - \$75,000.00. Highway 7 frontage. Recreational land in the Niagra Escarpement. Good for summer camp or ethnic group. Contact John Caton for more information.



"ADDED ATTRACTION THIS SUMMER" Four bedrooms, 2 baths, main floor family room, den with tireplace, kitchen, living room and dining room. This home is a must to see, new wall to wall carpet last year and recently decorated. Enjoy all of these features now and appreciate the 16'x32' inground pool this coming July. Righti Call John Calon for all the information.

Stephen P. Saxe Limited, Realtor

170 Guelph Street, Georgetown, Ontario

877-2493 838-2708 877-7976

Eleanor Langdon Tom Cooper F.R.I. 877-9620 **Howard Caton** 877-6564 Coring De Paoli 877-6050 Don McMillan 854-2435 877-1268 Wendy Saxe 877-2984 877-1380 Rob Allison 877-4072 Arlene Shortill-Wannop 877-3163 Carol McMurray 877-7137

