

# Miracle Food Mart

**SAVE 50¢**



Our Reg. Price 75¢ each  
100% Vegetable Oil

**CHEFMASTER  
SOFT  
MARGARINE**  
1 lb. tub

**2/\$1**

**SPECIAL!**

**SAVE 30¢**



Our Reg. Price \$1.09  
Bye the Sea

**FLAKED  
LIGHT TUNA**  
6 oz. tin

**79¢** each

**BEST BUY**

**UP TO \$1.29 SAVINGS PER CHICKEN**



Our Reg. Price \$1.12  
Oven Ready

**GRADE A  
FRESH CHICKENS**  
2-3 lb. size  
Limit 3 per Family

**69¢** LB.

**BEST BUY**

**SAVE 60¢**



Our Reg. Price \$1.58  
Product of U.S.A.

**FRESH  
STRAWBERRIES**  
Pint Cup

**98¢**

**SPECIAL!**

Assorted Varieties  
**LIPTON  
CUP-A-SOUP**  
pkg. of 4

Our Reg. Price 79¢

**67¢**

Save 12¢ or 15%

**BEST BUY**

**SAVE 20¢**

Our Reg. Price \$1.19

**NABISCO  
SHREDDIES**  
675 g box

**99¢**

**BEST BUY**

**UP TO 54¢ SAVINGS PER CHICKEN**

Our Reg. Price 82¢  
Frozen Utility Grade

**OVEN READY  
CHICKENS**  
2-4 lb. size  
Limit 3 per Family

**64¢** LB.

**BEST BUY**

Product of U.S.A.  
Washed and Trimmed

**SPINACH**  
10 oz. bag

Our Reg. Price 88¢

**68¢**

Save 20¢

**SPECIAL!**

Regular or Ruffles  
**LAY'S  
POTATO CHIPS**  
300 g bag

Our Reg. Price \$1.47

**1.29**

Save 18¢ or 12%

**BEST BUY**

**SAVE \$1.20**

Our Reg. Price \$6.99

**MAXWELL HOUSE  
INSTANT COFFEE**  
10 oz. jar

**5.79**

**BEST BUY**

**UP TO \$4.20 SAVINGS PER ROAST**

Our Reg. Price \$1.48  
Fresh Ontario Pork

**FRESH LEG OF  
PORK ROASTS**  
5-7 lb. size butt portion

**88¢** LB.

**SPECIAL!**

Product of Mexico  
Canada No. 1 Grade

**GREEN  
SWEET PEPPERS**

Our Reg. Price 98¢ lb.

**68¢** LB.

Save 30¢ lb.

**SPECIAL!**

Regular or Diet  
**SEVEN-UP**  
plus 25¢ deposit  
750 ml. btl.

Our Reg. Price 55¢

**33¢**

Save 22¢ or 40%

**BEST BUY**

Fresh from the Tropics

**LARGE SIZE  
BANANAS**

**3 LB./99¢**

**BEST BUY**

Quaker State  
**10W30  
MOTOR OIL**  
1 litre tin

Our Reg. Price \$1.19

**87¢**

Save 32¢ or 26%

**BEST BUY**

Product of U.S.A.  
Canada No. 1 Grade

**HEAD LETTUCE**  
each

**58¢**

**BEST BUY**

Regular  
**KLEENEX  
TOWELS**  
2 roll pkg.

Our Reg. Price \$1.37

**99¢**

Save 38¢ or 27%

**BEST BUY**

Product of U.S.A. Florida

**RED OR WHITE  
GRAPEFRUIT**

**8/1.44**

**BEST BUY**

**SAVE WITH OVER 300 SPECIAL PRICES EVERY WEEK!**

Steinberg <b>APPLE PIE</b> Available until Jan. 28 only, 20 oz. pkg.	<b>89¢</b> BEST BUY	Chocolate Chip, Oatmeal, Original Oatmeal, Oatmeal Chocolate Chip or Peanut Butter Chip <b>DAD'S COOKIES</b> 400 g bag	<b>1.15</b> BEST BUY	Assorted Varieties, Duncan Hines <b>COUNTRY RECIPE CAKE MIXES</b> 18 oz. box	<b>95¢</b> BEST BUY	Pride of Canada <b>SLICED COOKED HAM</b> 175 g	<b>1.28</b> SPECIAL!	Product of U.S.A. Canada No. 1 Grade <b>GREEN CABBAGES</b>	<b>2/\$1</b> BEST BUY
 "MIRACLE'S IN STORE BAKERY"	European Style <b>APPLE STRUDEL</b> 14 oz. pkg. (397 g)	Hearth Baked <b>FRENCH BREAD</b> 18 oz. loaf 454 g	<b>2/99¢</b> BEST BUY	Assorted Flavours <b>BRIGHT'S MINI PUDDINGS</b> 4x5 fl. oz. tins	<b>1.09</b> BEST BUY	Pride of Canada <b>SLICED LUNCH MEATS</b> bologna, chicken, mac&cheese 12 oz. pkg.	<b>1.38</b> SPECIAL!	Ontario Crown, No. 1 Grade <b>CARROTS OR YELLOW ONIONS</b> 2 lb. bag	<b>3/99¢</b> BEST BUY
	<b>1.39</b> BEST BUY	Fresh Baked <b>DINNER ROLLS</b> pkg. of 12	<b>79¢</b> BEST BUY	By the piece <b>PORK LIVER</b>	lb. <b>48¢</b> BEST BUY	Pride of Canada <b>SLICED SIDE BACON</b> 1 lb. pkg.	<b>1.38</b> SPECIAL!	Product of U.S.A. Canada No. 1 Grade <b>CELERY HEARTS</b>	<b>88¢</b> BEST BUY
				Fresh Ontario Pork <b>FRESH LEG OF PORK ROASTS</b> 5-7 lb. size, shank portion	lb. <b>98¢</b> BEST BUY	Mortimer's <b>SCOTTISH STYLE HAGGIS</b>	lb. <b>1.98</b> SPECIAL!	Canadian Crown, Fancy Grade <b>B.C. RED OR GOLDEN DELICIOUS APPLES</b>	lb. <b>58¢</b> BEST BUY
				Pride of Canada <b>SKINLESS WIENERS</b> 1 lb. pkg.	<b>1.18</b> SPECIAL!	Product of U.S.A. Florida <b>TEMPLE ORANGES</b>	<b>12/98¢</b> BEST BUY	Product of U.S.A. Green Plant <b>DRACAENA MARGINATA</b> 6" pot	<b>3.99</b> BEST BUY

Assorted Flavours <b>9 LIVES CAT FOOD</b> 6 oz. tin	Our Reg. Price 34¢	<b>29¢</b> BEST BUY	Beef, Chicken or Liver <b>PEP DOG FOOD</b> 25 oz. tin	Our Reg. Price 47¢	<b>39¢</b> BEST BUY	Oven Ready <b>GRADE A FRESH LARGE CHICKENS</b> 3 1/2-4 1/2 lb. size	Our Reg. Price \$1.22	<b>79¢</b> LB.	Meaty <b>PORK HOCKS</b>	Our Reg. Price 58¢	<b>48¢</b> LB.
Assorted Flavours <b>PUSS'N BOOTS FLAVOUR MORSELS</b> 500 g pkg.	Our Reg. Price \$1.17	<b>89¢</b> BEST BUY	Assorted Colours <b>DELSEY BATHROOM TISSUE</b> 4 roll pkg.	Our Reg. Price \$1.49	<b>1.09</b> BEST BUY	Oven Ready <b>GRADE A FRESH ROASTING CHICKENS</b> 5-7 lb. size	Our Reg. Price \$1.32	<b>99¢</b> LB.	Empire or Pioneer <b>SLICED BREAKFAST BACON</b> 1 lb. pkg.	Our Reg. Price \$1.08	<b>98¢</b> BEST BUY
Save 5¢ or 14%			Save 8¢ or 17%			Save up to \$1.93 per Chicken			Save 10¢ lb.		
Save 28¢ or 23%			Save 40¢ or 26%			Save up to \$2.31 per Chicken			Save 10¢ pkg.		

ALL PRICES EFFECTIVE JAN. 23 TO 29, 1980 IN METRO TORONTO • MISSISSAUGA • OAKVILLE • THORNHILL • BRAMPTON • MALTON • MARKHAM • OSHAWA • GEORGETOWN • ORILLIA • BOWMANVILLE • BARRIE • WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

**BEST BUY** A BEST BUY IS AN EXTRA SAVING MADE POSSIBLE BY AN UNUSUAL PURCHASE OR A MANUFACTURER'S TEMPORARY ALLOWANCE

**WE REDEEM ALL FOOD STORE COUPONS INCLUDING COMPETITORS'!**

# CHECK OUT FOR LESS!