

We reserve the right to limit quantities to normal family requirements!



Prices effective thru Saturday, January 5th, 1980

WE REDEEM ALL FOOD STORE COUPONS!

Super Loto, Provincial & Wintario tickets available at A&P Food Stores!

Come on down...
**YOU'LL DO BETTER
AT A&P IN 1980**

SAVE 34¢
Assorted Colours
PAPER SCOTTOWELS
pkg of 2 rolls
99¢
Our Regular Price 1.33

SAVE 30¢ lb
Cut from Canada Grade "A" Beef
BONELESS BEEF ROASTS
Blade, Chuck Short Rib or Shoulder
lb **1.99**
Our Regular Price lb 2.29

SAVE 60¢
Powdered
SURF DETERGENT
6 litre box
2.19
Our Regular Price 2.79

SAVE 30¢
Heinz
KEG-O-KETCHUP
32-fl-oz bottle
1.19
Our Regular Price 1.49

Action Price!
Jane Parker — Sliced, 60% or 100% Whole Wheat or Cracked Wheat
BROWN BREAD
24-oz loaf
2.109
for 1
Stock Up Now!

The Butcher Shop
with supermarket prices.

Our Regular Price lb 89¢
Fresh BOX-O CHICKEN
Family Pack Contains:
3 Leg Quarters with backs attached
3 Breast Quarters with backs & wings attached
3 Necks & Backs, 3 Wings, 3 Giblet Packages
lb **69¢** **SAVE 20¢ lb**

Fresh CHICKEN LEG or BREAST QUARTERS
With backs & wings attached
MIXED QUARTERS CHICKEN HALVES
lb **89¢** **SAVE 30¢ lb**
Our Regular Price lb 1.19

Jane Parker
WIENER ROLLS pkg of 8 **3 for 1.49**
Our Regular Price 63c ea. — Buy 3 SAVE 40c

Regular or Beef
MAPLE LEAF WIENERS 1-lb vac pac **1.59**

Maple Leaf
SLICED COOKED HAM 6-oz vac pac **1.49**

A&P IS A SEAFOOD SHOP!

SEA BUOY, FROZEN
Haddock Portions lb **1.99**

BLUE WATER, FROZEN, THRIFT PACK
Fish Fries 32-oz pkg **3.39**

A&P
SLICED SIDE BACON 1-lb vac pac **1.19**

Sliced, Assorted Varieties
MAPLE LEAF BOLOGNA 1-lb vac pac **1.59**

Previously Frozen
PORK HOCKS lb **49¢**

STORE PACK — BREAKFAST
Burns Sausages lb **1.09**

PREVIOUSLY FROZEN, SLICED
Beef Liver lb **1.29**

BONELESS — CUT FROM CANADA GRADE "A" BEEF
Cross Rib Roast lb **2.29**

BACK TO THE FARM at A&P
FOR SAVINGS AND FRESHNESS!
No. 1 Grade, Ontario Grown, Sweet, Tender
CARROTS lb **12¢**

No. 1 Grade, Ontario, Yellow
COOKING ONIONS lb **12¢**

No. 1 Grade
ONTARIO PARSNIPS 2-lb bag **59¢**

NO. 1 GRADE, ONTARIO, WAXED
Rutabagas lb **15¢**

NO. 1 GRADE, ONTARIO, IDEAL FOR STEW, COLE SLAW, CABBAGE ROLLS
Cabbage lb **19¢**

CANADA FANCY, ONTARIO, CORTLAND, ALL PURPOSE
Apples 5-lb bag **1.69**

DOLE OR CHIQUITA, YELLOW, GOLDEN, RIPE
Bananas 3 lbs **1.00**

CALIFORNIA, SWEET, SEEDLESS, NAVAL
Oranges 5-lb bag **1.89**

ASSORTED COLOURS
Reiger Begonias 4-INCH POT **1.69**

Action Price!
Assorted Varieties
LIPTON CUP-A-SOUP MIX
pkg of 4 envs
59¢
Stock Up Now!

Action Price!
Assorted Varieties, Fancy
STOKELY VEGETABLES
14-fl-oz tin,
3 for 1.00
Stock Up Now!

SAVE 30¢
Jane Parker
ANGEL CAKE
14-oz cake
99¢
Our Regular Price 1.29

ALL VEGETABLE/
Unico Oil 15 litre bottle **2.49**

QUAKER — ASSORTED VARIETIES
Harvest Crunch Bars 200 g PKG **1.19**

PURE STRAWBERRY OR RASPBERRY
E. D. Smith Jams 24-FL-OZ JAR **1.69**

1-PLY BATHROOM TISSUE
Cottonelle pkg of 4 rolls **1.19**

SAVE 18¢
Facial Tissue Our Regular Price 87c
SCOTTIES TISSUE pkg of 200 **69¢**

SAVE 22¢
In Tomato Sauce or with Pork Our Reg. Price 77c
HEINZ BEANS 19-fl-oz tin **55¢**

ALL PURPOSE ACTION PRICE! 2.5 kg BAG
Robin Hood Flour **2.19**

STAFFORD — CHERRY ACTION PRICE!
Pie Filling 19-fl-oz tin **1.29**

A&P — ORANGE FLAVOUR POLY PKG OF 2—6.5-OZ ENVS
Sunmix Crystals **69¢**

MONT BLANC ACTION PRICE!
Mineral Water 750 ml bl **49¢**

SILHOUETTE, SKIM MILK, PLAIN OR FLAVOURS
Delisle Yogurt 500g carton **79¢**

BROAD OR MEDIUM CUT ACTION PRICE!
Primo Noodles 375g pkg **59¢**

TODDLER 24" OR REGULAR 30"
BabyScott Diapers 2.59

PRIMO — PLAIN ACTION PRICE!
Spaghetti Sauce 28-FL-OZ TIN **89¢**

ASSORTED VARIETIES ACTION PRICE!
Habitant Soups 28-fl-oz tin **65¢**

PREM ACTION PRICE!
Luncheon Meat 12-oz tin **1.29**

BATHROOM TISSUE — ASSORTED COLOURS
Delsey Tissue pkg of 2 rolls **59¢**

ASSORTED FLAVOURS, RECONSTITUTED CTN OF 6—10-FL-OZ TINS
Sunpac Juices & Drinks **1.89**

YORK — SMOOTHY ACTION PRICE!
Peanut Butter 1kg jar **2.49**

TREESWEET, UNSWEETENED, PURE ACTION PRICE!
Orange Juice carton of 4 6-FL-OZ TINS **1.59**

FAMILY SIZE, ASSORTED FLAVOURS 15-FL-OZ TIN
Laura Secord Puddings **69¢**

REGULAR OR WINTERFRESH ACTION PRICE!
Colgate Toothpaste 100 ml TUBE **99¢**