

was 2.28

save .50

from California seedless

navel oranges

4 lb. bag

1.78



was .99 lb.

save .31 lb.

Ontario or U.S.A. grown garden fresh

brussel sprouts

lb.

688

Pepsodent toothpaste

150 ml tube was 2.09 **1.49**

Zest deodorant toilet soap

2 150 g bath bar was .56 ea **.99**

Arctic Gardens, frozen fancy cooked squash

14 oz box was .52 **.39**

Arctic Gardens, frozen - for stew or soup vegetable mix

2 lb poly bag was 1.29 **1.19**

Rhodes, frozen, white 5 loaves bread dough

5 lb poly bag was 1.99 **1.84**

Totinos, frozen, Crispy crust, pepperoni or deluxe (10) pizza

350 g box was 2.19 **1.99**

Loblaws, mozzarella or brick cheese slices

170 g pkg was 1.05 **.95**

Schneiders mozzarella cheese

12 oz pkg was 2.05 **1.93**

Schneiders farmers cheese

12 oz pkg was 1.92 **1.79**

Achieve (2 x 8 oz. tubs) soft margarine

1 lb sleeve was 1.35 **1.29**

Cedarvale - regular or creamed extra hot horseradish

6 fl oz bottle was .69 **.64**

Loblaws medium coloured cheddar random wt cheese block

per lb. was 2.35 **2.15**

Loblaws Holland, random weight edam cheese

per lb. was 2.87 **2.49**

Dietrich 100% whole wheat bread

24 oz loaf was .73 **.65**

Dietrich soft 'n crusty rolls

12 s poly bag was .75 **.65**

Weston jam filled buns

6's pkg was .85 **.75**

Weston english muffins

8's pkg was .89 **.79**

Tetley, 72's tea bags

8 oz box was 2.05 **1.95**

Maxwell House instant coffee

10 oz jar was 6.99 **6.19**

Nelson country crisp, butter walnut, peanut & honey, buckwheat & honey or toasted almond granola bars

12 x 9 oz box was 1.39 **1.22**

Silkience regular or extra body conditioner

200 ml plus bit was 1.89 **1.59**

Devon spumoni ice cream

2 L tub was 3.45 **3.09**

Weight Watchers strawberry, chocolate or vanilla frozen dessert

1 L tub was 1.85 **1.85**

Weight Watchers process slices skim milk cheese

227 g pkg was 1.21 **1.21**

Weight Watchers (2 x 8 oz. tubs) diet margarine

1 lb sleeve was .99 **.99**

more produce values

Ontario grown no 1 grade rutabagas 2 for .88

produce of U.S.A. avocado pears each .69

produce of U.S.A. mild & tender green onions 3 bunches .89

produce of U.S.A. garden fresh green top carrots 2 bunches 1.00

produce of U.S.A. no 1 grade cucumbers 2 for .88

product of Ontario tray squash each .59

product of Ontario cole slaw 2 for 1.00

Housecleaning?

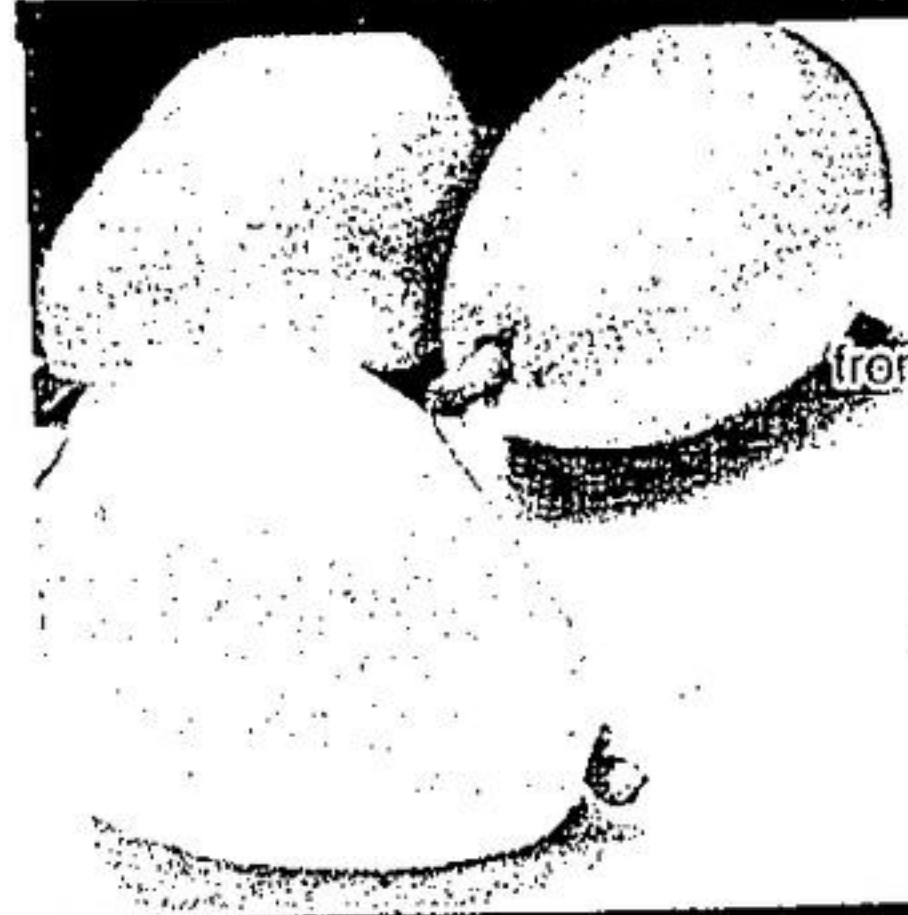
Don't Forget Your Carpets! Rent an Easy-OFF Rug Shampooer or Steam Cleaner from Loblaws. It's Easy, Effective, Safe, and you get professional Results at a fraction of the cost.



from British Columbia or U.S.A. extra fancy grade red or golden

delicious apples

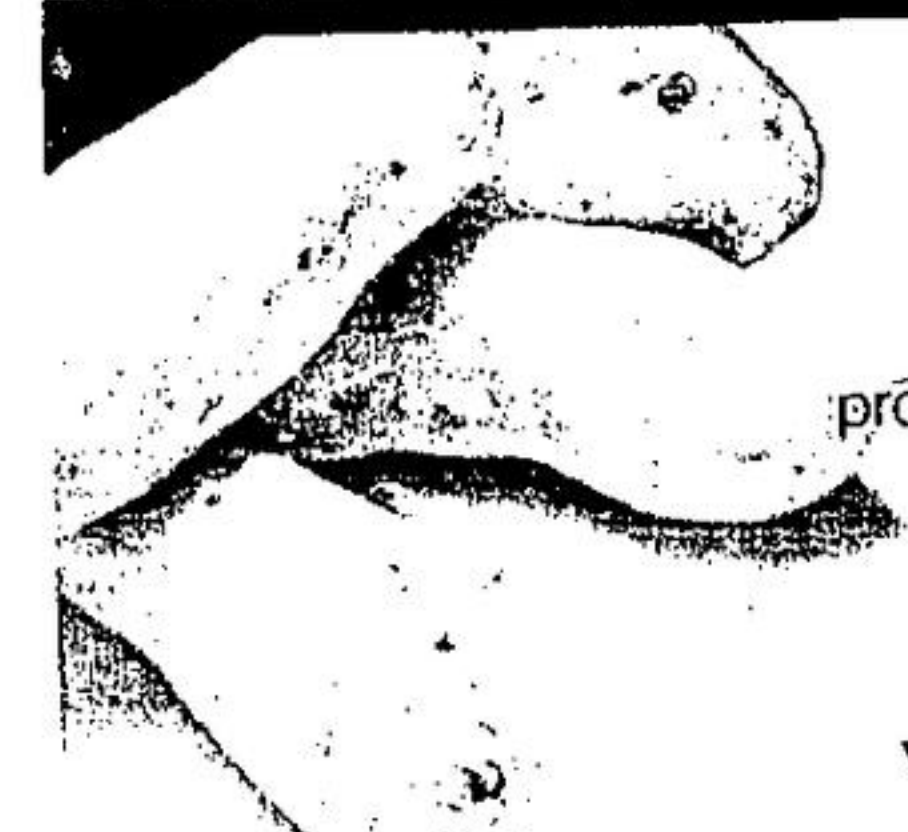
was .79 lb. save .21 lb. **58**



from British Columbia or U.S.A. extra fancy grade

anjou pears

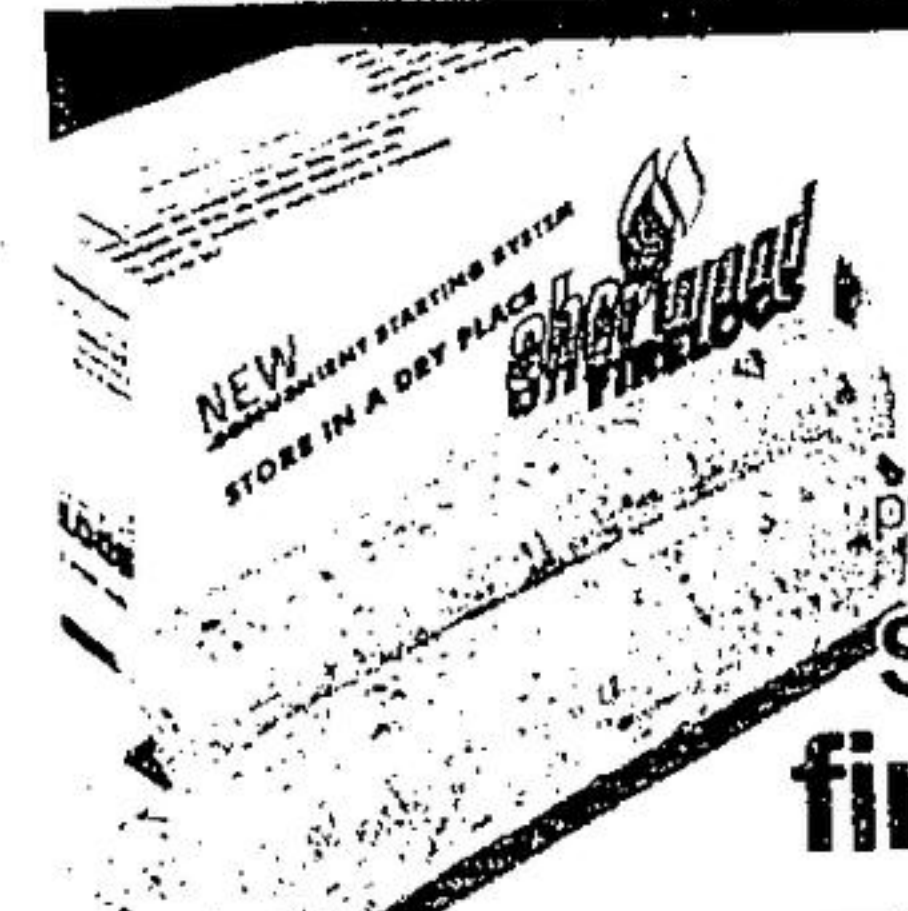
was .79 lb. save .21 lb. **58**



produce of U.S.A. serve mashed or candied

fresh yams

was .39 lb. save .06 lb. **33**



product of Canada pure-wood **Sherwood fire logs**

was 2.39 save .40 **1.99**