

2nd big week

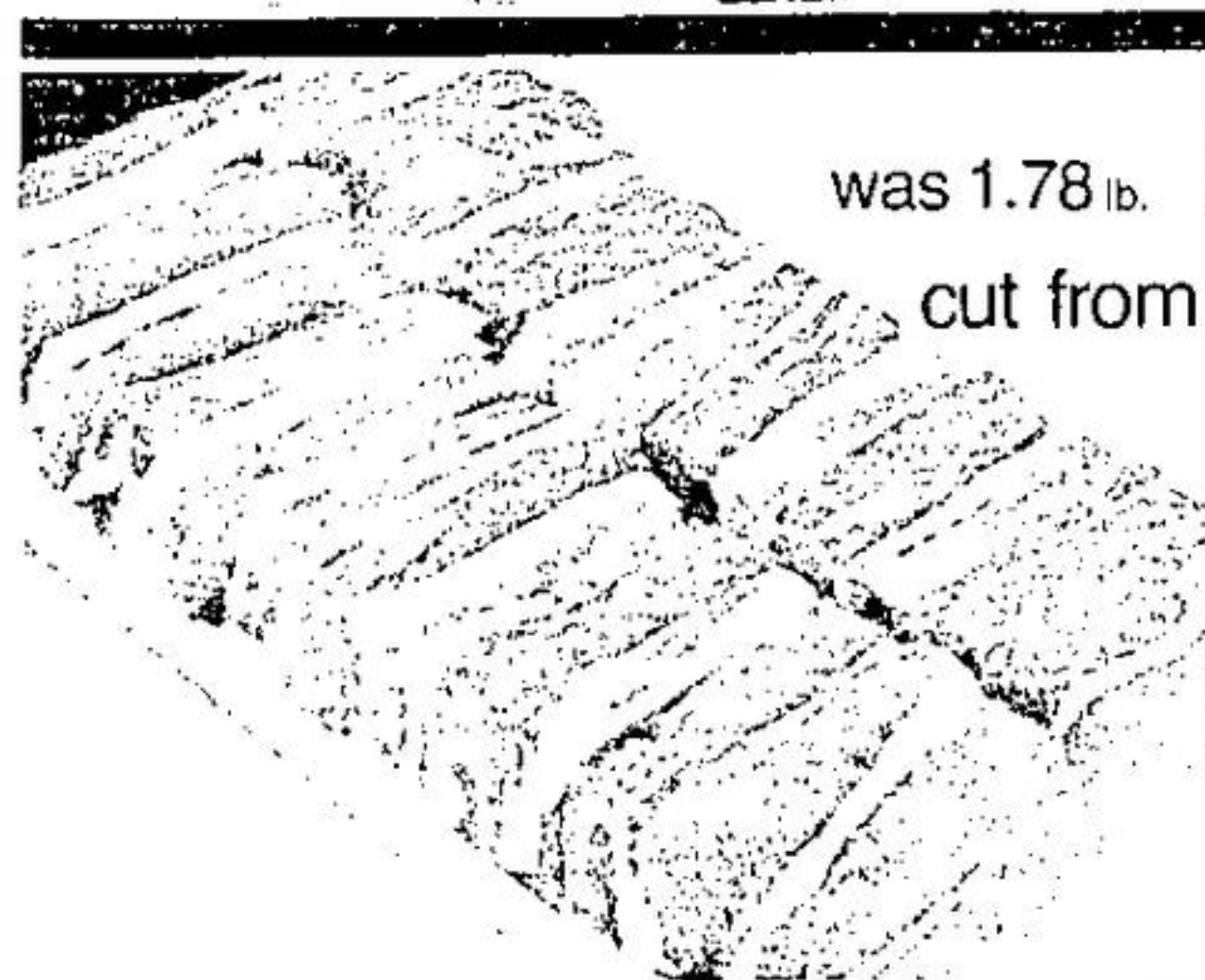
Loblaws

More meat values

cut from Canada grade A beef boneless plate brisket	lb.	was 1.98 1.18
cut from Canada grade beef boneless point brisket	lb.	was 2.78 1.98
Loblaws frozen sausage meat	1 lb. roll	was 1.38 .99
sweet pickled, by the piece end cuts back bacon	lb.	was 1.98 1.78
Swifts sugar plum sliced side bacon	1 lb. pkg.	was 1.68 1.28
Ziggys, 9 specified varieties cooked meat chubs	8 oz. ea.	was 1.49 1.25
Loblaws, regular or thick sliced bologna	1 lb. pkg.	was 1.58 1.38
Loblaws or Swifts sugar plum, cooked smoked dinner hams	lb.	was 2.85 2.48
Z & W Food, store packaged polish sausage	lb.	was 1.98 1.68
frozen Highliner Brand shrimp peeled and deveined	16 oz. pkg.	was 8.88 7.98



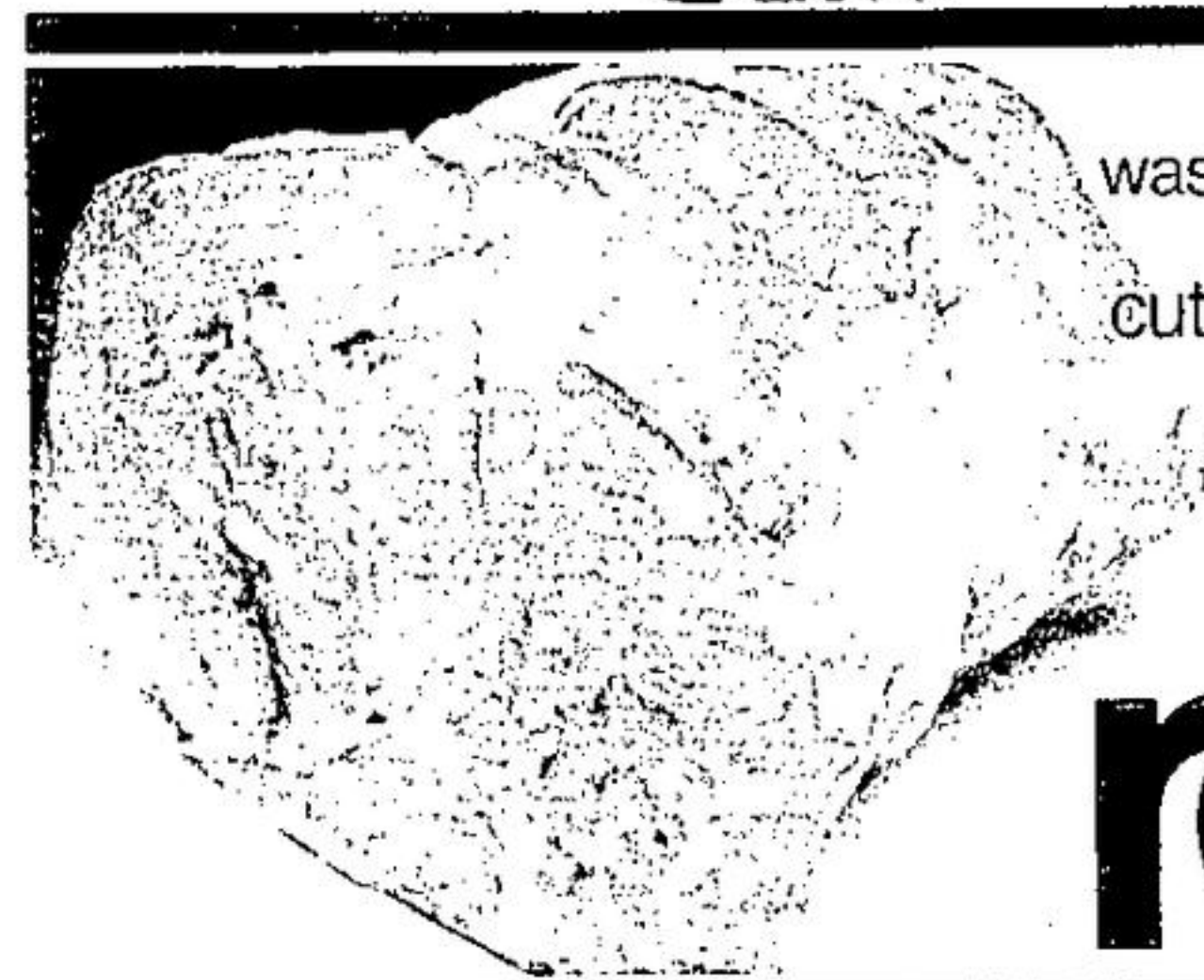
was 2.08 lb. **save .70 lb.**
blade bone removed cut from Canada grade 'A' beef chuck
blade or short rib roasts lb. **1.38**



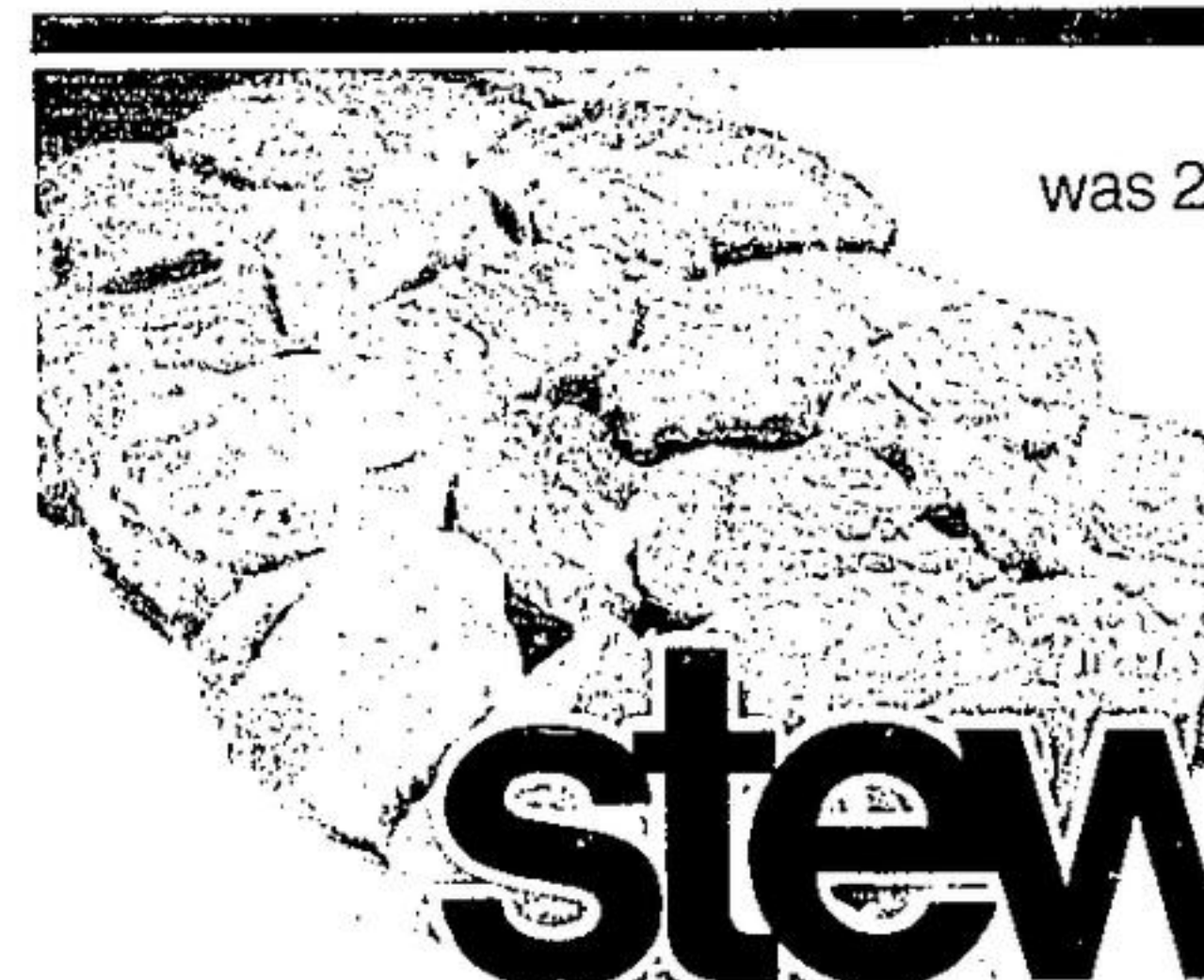
was 1.78 lb. **save .80 lb.**
cut from Canada grade 'A' beef
bone in short ribs lb. **98**
ideal for braising

More grocery values


Shirf scalloped potatoes	350 g box	was 1.49 1.39
Loblaws stewed tomatoes	2 14 fl. oz. tins	was .51 ea. .79
ready to serve - tapoca or rice Nestle pudding	15 oz. tin	was .79 .59
plus 25c deposit Canada Dry ginger ale	750 mL rot. bil.	was .55 .49
(3's) all flavours Hawaiian Punch crystals	213 g pouch	was .81 .75
Quaker cereal - all varieties Harvest Crunch	800 g box	was 2.25 2.09
Catelli lasagna	500 g box	was .97 .85
Hunt's tomato sauce	28 fl. oz. tin	was .87 .79
Unico tomato paste	2 5-1/2 fl. oz. tins	was .37 ea. .69
Gaines dog meal	4 kg bag	was 3.29 3.09
Gravy Train Gaines dog food	8 kg bag	was 7.59 7.19
Gaines beef burgers	2 kg box	was 3.49 3.29
all varieties Miss Mew cat food	3 6 oz. tins	was .33 ea. .89
Sunlight powder laundry detergent	6 L box	was 3.45 3.15
double deodorant - regular bar Irish Spring toilet soap	2 95 g bars	was .47 ea. .83
Black Diamond mozzarella cheese	12 oz. pkg.	was 2.06 1.99
coloured or white Sweetheart cheese curds	14 oz. pkg.	was 2.09 1.99
Schneiders colby cheese	12 oz. pkg.	was 1.92 1.79
ready-to-serve dill or onion Kraft dip	8 oz. tub	was .89 .83
Gay Lea sour cream	250 mL tub	was .75 .65
Loblaws mild coloured cuts - random weight cheddar cheese	per lb.	was 2.25 2.05
Dutch cuts - random weight Loblaws gouda cheese	per lb.	was 2.87 2.49



was 2.28 lb. **save .60 lb.**
cut from Canada grade 'A' beef
boneless shoulder roasts lb. **1.68**




was 2.38 lb. **save .50 lb.**
cut from Canada grade 'A' beef
boneless stew beef lb. **1.88**



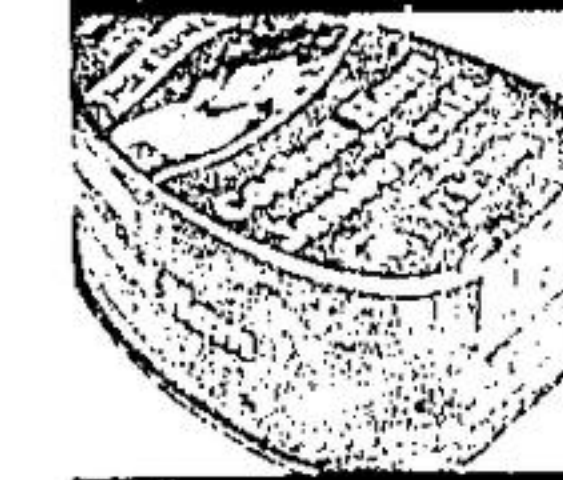
frozen pre-dressed young Canada grade 'A' over 20 lb. size
Swifts - deep basted
Butterball or Maple Leaf Miracle Baste turkeys lb. **1.28**



Heinz condensed
tomato soup 10 fl. oz. tin **.19**
was .32 save .13



frozen pre-dressed Canada grade 'A' over 20 lb. size
young turkeys lb. **1.08**
was 1.38 lb. save .30




Pride of Canada
Burns' ham 1 1/2 lb. tin **3.69**
was 4.19 save .50




frozen pre-dressed Canada grade 'B' all sizes in stock
young turkeys lb. **.98**
was 1.35 lb. save .37



Catelli spaghetti or ready cut macaroni
pasta 2 lb. box **.99**
was 1.29 save .30



Loblaws or Swifts Sugar Plum semi-boneless, cooked
smoked ham halves lb. **2.28**
was 2.58 lb. save .30



Stokely
Van Camp in tomato sauce with pork
beans 19 fl. oz. tin **.59**
was .69 save .10