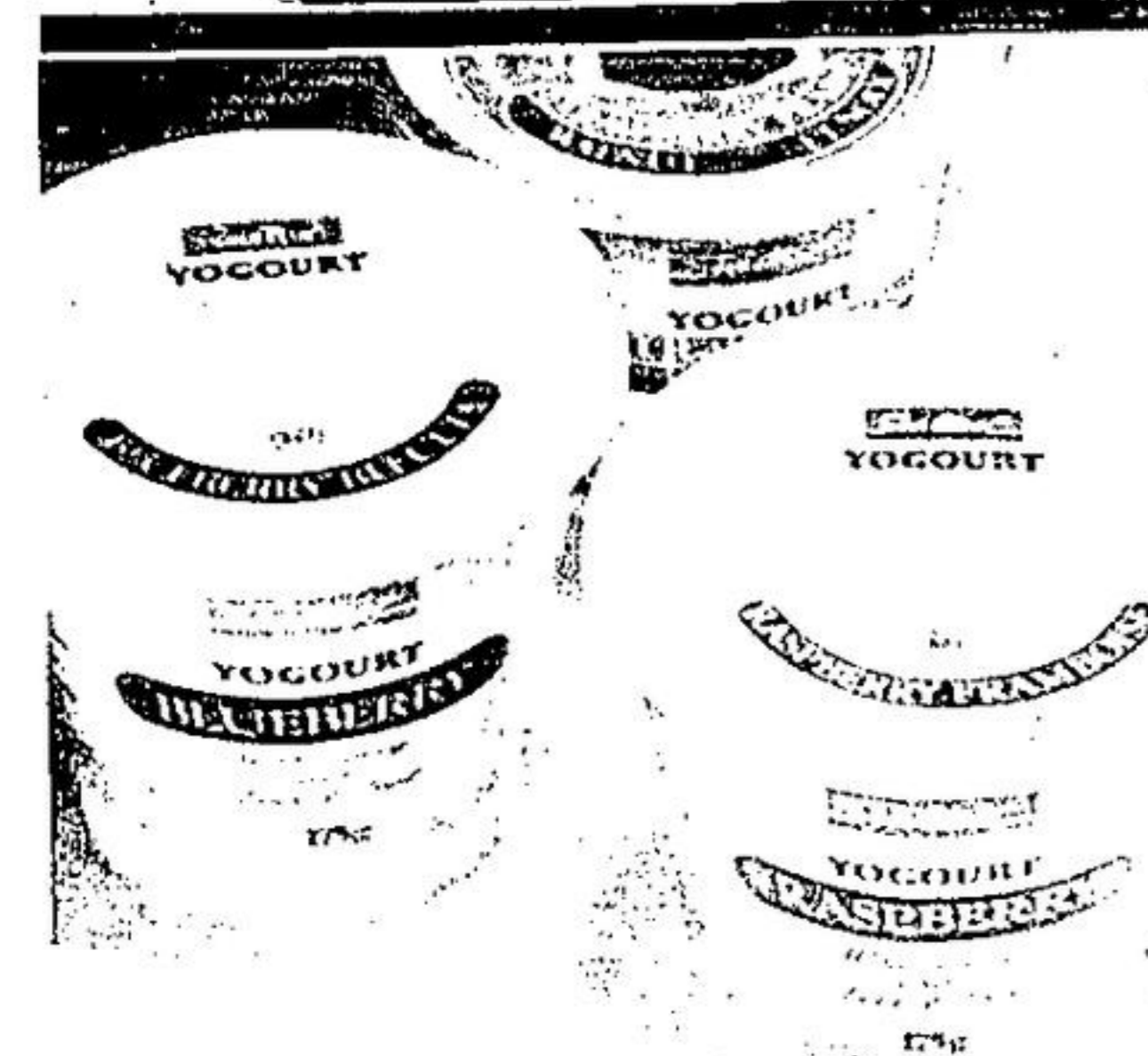




Niagara
frozen
unsweetened concentrated
**orange
juice** 12 1/2
fl. oz. tin

was .69
save
20

49



Premium
Quality
all flavours
**Sealtest
yogourt** 175 g
cup

was .52
save
19

69

grocery
values

Callard & Bowser - all varieties
toffee 200 g box **1.49** was 1.65

Uncle Ben's
converted rice 5 lb. bag **3.75** was 3.99
Bick's - Polska Ogariki no garlic or with garlic 48 fl. oz. jar **1.59** was 1.75
dill pickles
Stafford - cherry pie filling 19 fl. oz. tin **1.43** was 1.53

Johnson & Johnson Carefree "OB" super plus tampons 30's box **2.59** was 3.19
normal or oily flex shampoo 450 mL plas. btl. **2.49** was 2.89
balsam & protein - regular or extra body Flex conditioner 450 mL plas. btl. **2.49** was 2.89

Campana - cocoa butter or olive oil skin cream 240 g plas. jar **1.49** was 1.79
personal size bar ivory toilet soap (4 banded) 400 g **1.11** was 1.21
Heinz strained - (meatless) infant foods & juices 1 1/2 oz. jar **.27** was .29

save on holidays

drinks & mixes

Perrier mineral water non-returnable bottle
24 2/3 fl. oz. btl. **.69**
save **.30**

Apollinaris mineral water 1 L btl. **.79** was .97
Chateau Thierry (15 varieties) syrups 340 mL btl. **1.19** was 1.49

cheeses

Duke Danish camembert cheese 4 1/2 oz. tin **1.09**
save **.23**

Schneiders old smoothy cheese 8 oz. pkg. **1.19** was 1.29
Baden XXX limburger cheese 7 oz. pkg. **1.19** was 1.29

crackers

Weston stoned wheat thins 600 g box **1.59**
save **.20**

Weston rye - light or dark ryvita crisp bread 200 g pkg. **.89** was .99
sesame and onion or golden Weston crackers 300 g box **.89** was .99

Clover Leaf smoked oysters 3 2/3 oz. tin **1.17**
save **.13**

Brunswick Connaisseur in soya oil sardines 3 1/4 oz. tin **.59** was .65
deviled ham or chicken Underwood spreads 4 1/2 oz. tin **.85** was .93

no-name holiday products

no-name garden beverage 1.36 litre bottle **.93**

no-name jelly lime, raspberry or strawberry powders 6 oz. box **.39**

no-name salted cashew pieces 8 oz. cello bag **1.69**

no-name dry roasted peanuts 350 g tin **1.19**

no-name potato chips plain or ripple 200 g bag **.77**