

specials

prices on these two pages effective until January 5, 1980

mixed nuts



with peanuts
Johnson's
mixed nuts
350 g tin
2.19
was 2.49
save .30

candies



Bassett's
liquorice allsorts
400 g cello pkg.
1.45
was 1.65
save .20

biscuits



Peek Freans
fruit creme, Home Assorted or assorted creme
biscuits
14 oz. bag
1.29
was 1.53
save .24

frozen seafood



High Liner brand
frozen
peeled and deveined
shrimp 12 oz. pkg.
you pay only **1.00** off 5.98
save 1.00

not as illustrated
was 1.55
350 g tin
McNair
blanched peanuts
1.39
save .16

was 3.99
350 g tin
Neilson
cashews
3.59
save .40

was 1.12
Tavener
fruit drops or caramint
candy 200 g tin
.99
save .13

was 1.89
137 g box
Neilson
Invitation mints
1.49
save .40

was 1.19
400 g bag
McCormick's
social tea
1.09
save 10

was 3.79
16 oz. tin
Kjeldson assorted
butter cookies
2.99
save .80

was 2.68
cooked frozen whole
High Liner brand
lobster 200 g in brine pkg.
2.28
save .40

was 3.38
8 oz. pkg.
High Liner brand frozen
cooked shrimp
2.98
save .40

McNair cashews 350 g tin was 3.59 **3.19**
McNair mixed nuts 350 g tin was 2.39 **1.99**
Neilson deluxe mixed nuts 350 g tin was 3.35 **2.89**

Toblerone chocolate bar 85 g pkg. was 1.29 **.99**
macaroons or wafers was 2.19
Neilson candy 12 oz. cello pkg. **1.99**
rosebuds or caramels was 2.19
Neilson candy 12 oz. cello pkg. **1.99**

Jacob's cream crackers 7 oz. pkg. was .59 **.49**
Jacob's biscuits for cheese 200 g pkg. was .95 **.85**
Peek Freans comish wafers 6 oz. pkg. was .83 **.75**

frozen Bluewater brand with shrimp ocean snacks 8 oz. pkg. was 1.78 **1.59**
Luxury brand frozen crab meat 6 oz. pkg. was 3.09 **2.79**
Sau Sea brand frozen shrimp cocktail 2 4oz. jars was 2.18 **1.98**

no-name mineral water 1 litre bottle **.59**

no-name all flavours soft drinks 750 mL ret. btle. (+ 25¢ deposit) **.25**

no-name serviettes 400's pkg. **1.95**

no-name white 9 inch paper plates 70's pkg. **1.19**

no-name chocolate or vanilla frozen cake 13 oz. box **1.95**

no-name frozen deluxe pizza 4 pack 15 oz. box **1.79**