



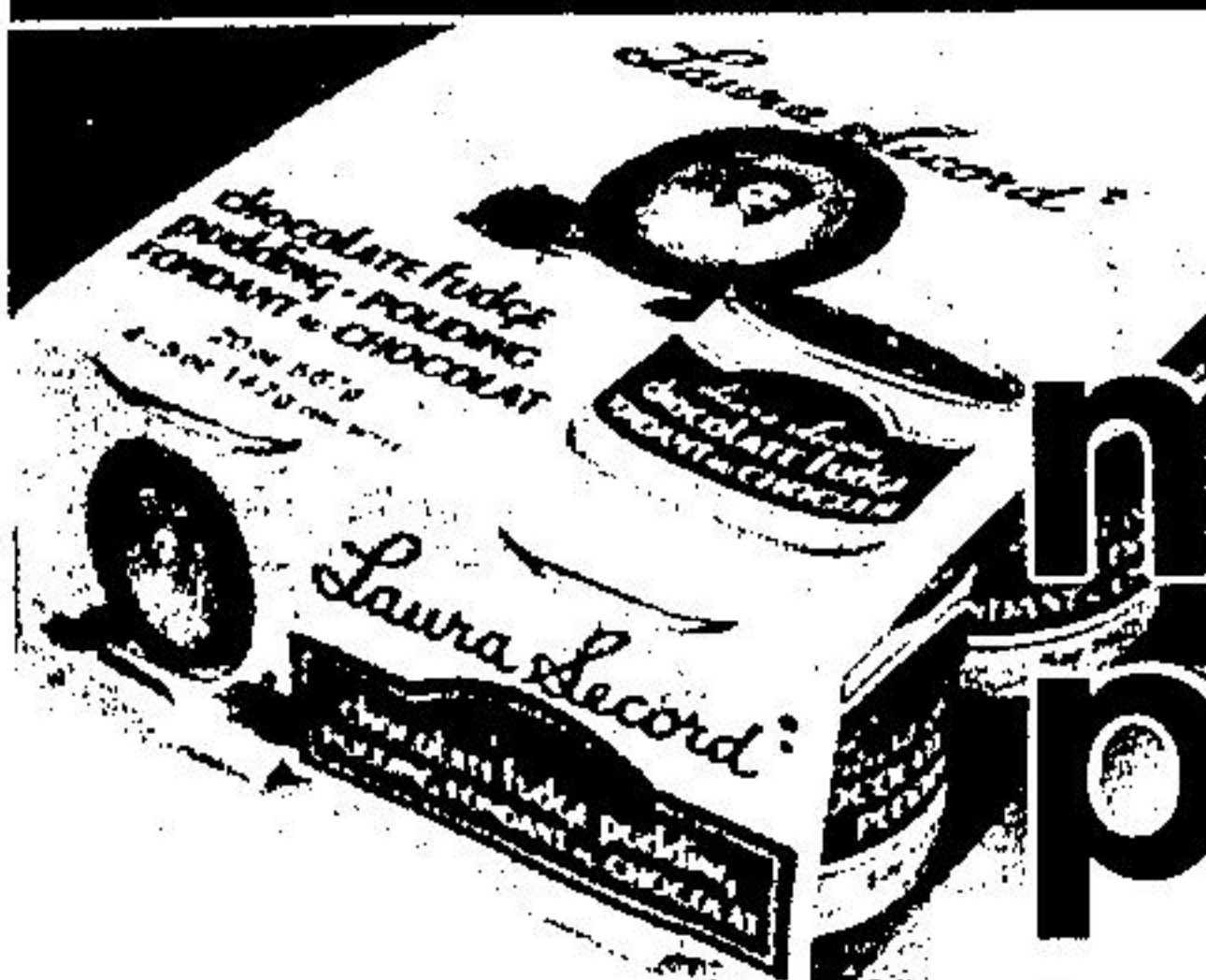
Bye the Sea

was 1.03  
save .26

**flaked  
light tuna**

6 oz. tin

**.77**



Laura Secord  
all varieties

was 1.39  
save .40

**mini-  
puddings**

4 x 5 oz. tins  
(sleeve)

**.99**

winterfresh or regular  
**Colgate toothpaste** 100 mL tube **.99** was 1.39  
normal or oily  
**condition shampoo** 450 mL pl. btle. **2.09** was 2.39  
extra protection  
**Condition II conditioner** 450 mL pl. btle. **2.09** was 2.39  
coloured vegetable oil (1/4's)  
**Blue Bonnet margarine** 3 lb. box **2.43** was 2.59  
Loblaws  
**hamburg or hot dog rolls** 12's pkg. **.72** was .82  
Viking half loaf  
**dark rye bread** 16 oz. pkg. **.69** was .85

Bick's sliced  
**pickled beets** 24 fl. oz. jar **.89** was .96  
St. Lawrence  
**corn oil** 1.5 L pl. btle. **3.35** was 3.59  
Polskie Ogorki with garlic or no garlic  
**McLaren's dill pickles** 32 fl. oz. jar **1.09** was 1.19  
sweetlets fancy  
**Green Giant small peas** 14 fl. oz. tin **.51** was .57  
bonus pack - orange, grape or lemon  
**Wylers crystals** 748 g tin **1.79** was 1.89  
Melitta 6 cup  
**coffee filter** 40's box **.99** was 1.09

Melitta filter  
**coffee maker** 1 unit boxed **5.29** was 5.99  
Five Floses  
**all purpose flour** 2.5 kg bag **1.69** was 1.89  
all varieties  
**Duncan Hines cake mixes** 18.5 oz. box **.99** was 1.05  
powder  
**Oxydol detergent** 6 L box **3.59** was 3.79  
J.B Brand  
**frozen apple cider** 12 1/2 fl. oz. tin **.83** was .89  
Aunt Jemima frozen - all varieties  
**jumbo waffles** 10 oz. pkg. **.79** was .88



Ontario grown #1 grade  
**Bosc pears** 2 pounds **.99**  
from P.E.I. #2 grade  
**baby baking potatoes** 5 lb. bag **.49**  
produce of U.S.A. garden fresh  
**green-top carrots** 2 bunches **.99**  
produce of U.S.A.  
**fresh yams** 3 pounds **.99**

**breaded sole fillets** no-name frozen 2 lb. pkg. **3.89**  
**breaded sole fillet portions** **3.**

**breaded cod fillets** no-name frozen 2 lb. pkg. **3.58**  
**breaded cod fillet portions** **3.**

**fish & chips** no-name frozen 2 lb. pkg. **2.28**  
**cooked fish & chips** **2.**

from California  
**Emperor variety red grapes** was .99/lb. save .31/lb. **.68** lb.

Ontario grown garden fresh  
**brussels sprouts** was .99/lb. save .41/lb. **.58** lb.

Ontario grown fancy grade  
**red spartan apples** was 1.39 save .20 **1.19** 3 lb. bag