



# Storewide Holiday Sale

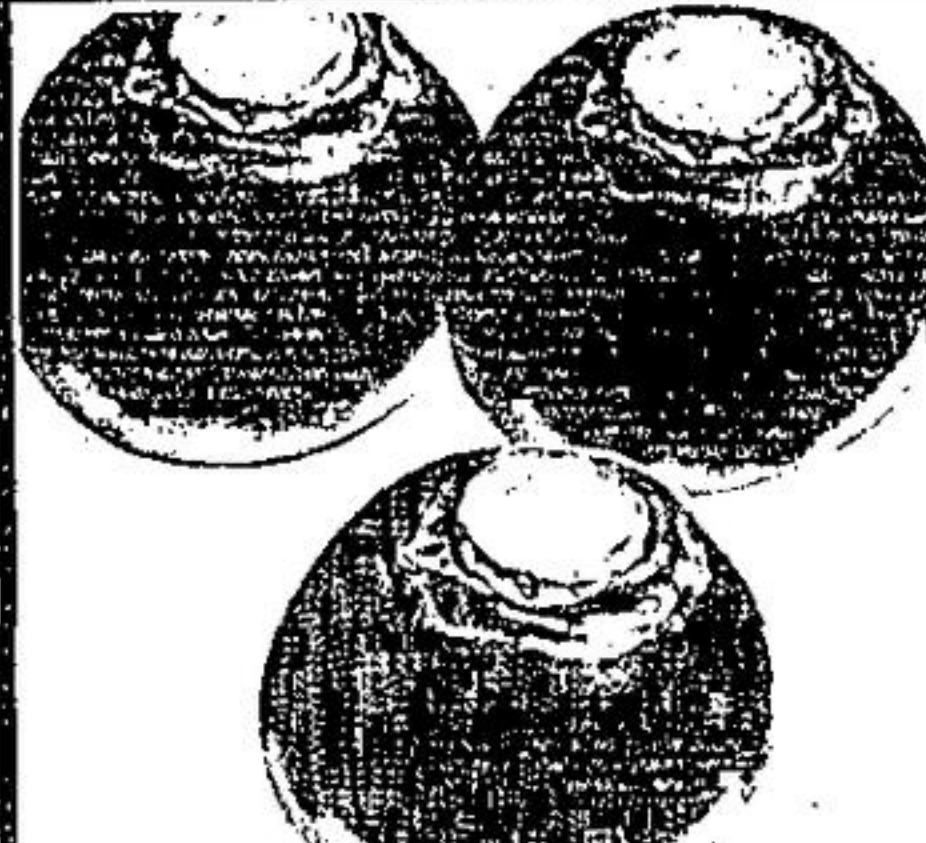
It's Miracle for crunchy, fresh fruits and veg!

Product of U.S.A.  
**FLORIDA WHITE GRAPEFRUIT**  

**8/1.00**  
**BEST BUY**

OUR REG. PRICE 12/1.38  
 PRODUCT OF MEXICO  
**NEW CROP — EASY TO PEEL TANGERINES**  

**12/98¢**  
 Save 40¢ **LARGE SIZE 176**  
**BEST BUY**

Our Reg. Price 98¢ lb.  
 Ontario Grown  
**BRUSSEL SPROUTS**  

**68¢**  
 LB.  
**BEST BUY**  
 Save 30¢

Ontario Grown  
 No. 1 Grade  
**WAXED RUTABAGAS**  

**3/99¢**  
**BEST BUY**

Product of U.S.A.  
**GREEN ONIONS or CELLO RADISH**  
 8 oz Bag  
**3/99¢**  
**BEST BUY**

Ontario Grown  
 No. 1 Grade  
**GREEN CABBAGE**  
 EACH  
**38¢**  
**BEST BUY**

Ontario Grown  
 No. 1 Grade  
**CARROTS or YELLOW ONIONS**  
 2 lb. Bag  
**3/99¢**  
**BEST BUY**

Imported Nuts In Shell  
**MIXED NUTS**  
 LB.  
**1.49**  
**BEST BUY**

Ontario Grown  
 No. 1 Grade  
**POTATOES**  
 10 lb. Bag  
**68¢**  
**BEST BUY**

Ontario Grown  
 No. 1 Grade  
**PARSNIPS**  
 2 lb Bag  
**78¢**  
**BEST BUY**

Product of U.S.A.  
**RED EMPEROR GRAPES**  
 LB.  
**78¢**  
**BEST BUY**

Canadian Grown  
 Fancy Grade  
**RED OR GOLDEN DELICIOUS APPLES**  
 LB.  
**58¢**  
**BEST BUY**

Ontario Grown  
 Fancy Green  
**McINTOSH APPLES**  
 5 lb. bag  
**1.48**  
**BEST BUY**

Product of U.S.A.  
 Canada No. 1 Grade  
**HEAD LETTUCE**  
 EACH  
**58¢**  
**BEST BUY**

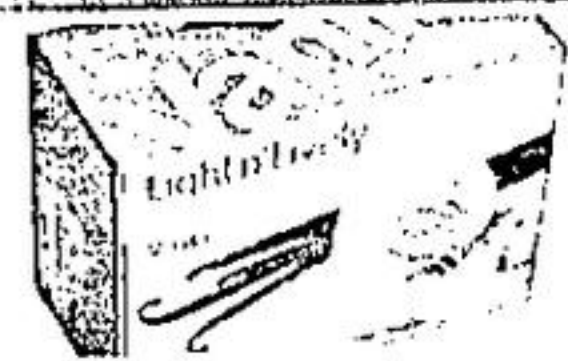
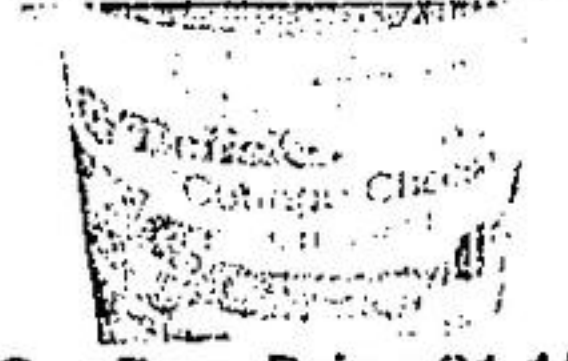
Ontario Grown  
**ZEBRA PLANTS**  
 6" Pot  
**3.99**  
**BEST BUY**

Product of Ontario  
**APPLE CIDER**  
 64 Fluid Oz  
**98¢**  
**BEST BUY**

## NO-NAME PRODUCTS

<b>SALTED CRACKERS</b> 1 LB BOX	<b>75¢</b>	<b>COFFEE WHITENER</b> 16 OZ. JAR	<b>1.29</b>
<b>CHOCOLATE CHIP COOKIES</b> 700G BAG	<b>1.47</b>	<b>LONG GRAIN RICE</b> 10 LB. BAG	<b>3.99</b>
Raspberry or <b>STRAWBERRY JAM</b> with pectin 24 FL. OZ. JAR	<b>1.09</b>	<b>MACARONI &amp; CHEESE DINNER</b> 7 1/4 OZ. PKG.	<b>27¢</b>
<b>TABLE SYRUP</b> 750 ML. BTL	<b>95¢</b>	<b>ALL PURPOSE FLOUR</b> 10 KG BAG	<b>5.29</b>
<b>WHITE VINEGAR</b> 160 FL. OZ. JUG	<b>1.35</b>	<b>BAKING POWDER</b> 500 G TIN	<b>1.09</b>
with Pork <b>BEANS IN TOMATO SAUCE</b> 19 FL. OZ. TIN	<b>48¢</b>	<b>BAKING SODA</b> 500 G BOX	<b>45¢</b>
with Cheese <b>SPAGHETTI IN TOMATO SAUCE</b> 14 FL. OZ. TIN	<b>61¢</b>	Store Packed Beef & Pork <b>NO NAME SAUSAGES</b>	LB. <b>1.28</b>
<b>CHICKEN NOODLE SOUP MIX</b> PKG OF 6	<b>75¢</b>	By the piece <b>NO NAME SIDE BACON</b> either end	LB. <b>88¢</b>
Choice Reconstituted <b>APPLE JUICE</b> 48 FL. OZ. TIN	<b>89¢</b>	Store Packed Frozen <b>NO NAME BEEF STEAKETTES</b> with soy	LB. <b>1.18</b>

## DIET FOODS

 Our Reg. Price \$1.97 <b>LIGHT 'N LIVELY ICE MILK</b> 2 litre ctn. <b>1.59</b> Save 38¢ or 19% <b>BEST BUY</b>	 Our Reg. Price \$1.15 <b>DELISLE COTTAGE CHEESE</b> 500 g tub <b>89¢</b> Save 26¢ or 22% <b>BEST BUY</b>
From Sunflower Oil <b>ACHIEVE SOFT MARGARINE</b> 1 lb. tub Our Reg. Price \$1.29 <b>1.19</b> Save 10¢ or 8% <b>BEST BUY</b>	Assorted Varieties Packed In It's own Juice <b>DOLE PINEAPPLE</b> 19 fl. oz. tin Our Reg. Price .79¢ <b>69¢</b> Save 10¢ or 12% <b>BEST BUY</b>
Plain <b>OLD LONDON MELBA TOAST</b> 13 oz. box <b>1.39</b> <b>BEST BUY</b>	Maple Leaf Processed <b>SKIMMILK CHEESE SLICES</b> 8 oz. pkg. <b>99¢</b> <b>BEST BUY</b>
Sugar Substitute <b>SUGAR TWIN</b> 800g box <b>1.45</b> <b>BEST BUY</b>	Assorted Flavours <b>AYLMER DIET PUDDINGS</b> 4x4. 8 fl. oz. tins <b>1.19</b> <b>BEST BUY</b>

ALL PRICES EFFECTIVE FROM WEDNESDAY, NOV. 14 TO TUESDAY, NOV. 20, 1978 — WE RESERVE THE RIGHT TO LIMIT QUANTITIES. FOR YOUR NEAREST MIRACLE FOOD MART STORE CHECK THE WHITE PAGES OF YOUR TELEPHONE DIRECTORY.

**WE REDEEM ALL FOOD STORE COUPONS INCLUDING COMPETITORS'!**

**BEST BUY**  
 A BEST BUY IS AN EXTRA SAVING MADE POSSIBLE BY AN UNUSUAL PURCHASE OR A MANUFACTURER'S TEMPORARY ALLOWANCE.

# miracle foodmart